

1 **Safeguarding the welfare of Scottish farmed Atlantic**
2 **salmon: current practices and future prospects**

3
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9 by

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UNIVERSITY of
STIRLING



Declaration

12

13 This thesis has been composed in its entirety by the candidate. Except where specifically
14 acknowledged, the work described in this thesis has been conducted by me, and has not
15 been submitted for any other degree or qualification.

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57

58

Abstract

59 Farmed fish welfare has become a growing priority as aquaculture continues to expand to
60 meet global demand. The Scottish salmon farming industry is a prime example of this
61 growth, reaching record highs in production and intensification over recent years. The
62 compelling evidence for fish sentience highlights the ethical imperative of safeguarding the
63 welfare of the millions of animals involved. Achieving appropriate levels of salmon welfare,
64 however, presents considerable challenges. Animal welfare is a complex, multi-faceted
65 concept, the intricacy of which is only further amplified when dealing with the anadromous
66 life cycle of Atlantic salmon. The aim of this PhD was to provide industry-relevant
67 contributions towards the monitoring and safeguarding of farmed salmon welfare. An
68 additional aim was to validate or further refine a novel on-farm welfare assessment tool that
69 provides the most benefits in this manner. Chapter 1 provides the context for this study,
70 outlining key concepts of animal welfare, the importance of farmed salmon welfare, and
71 various factors, indicators, and considerations that are important for farmed salmon welfare.
72 Chapter 2 addresses the complexity of enhancing farmed salmon welfare by conducting a
73 survey on the Scottish salmon farming sector, consulting industry professionals to better
74 understand their current welfare concerns and research priorities. Chapter 3 investigates
75 what role welfare standards can play in providing assurances for farmed salmon welfare, as
76 well as how welfare practices within the industry have changed over the years, through
77 examining changes in farm site compliance to these standards. Chapter 4 assessed the
78 effectiveness of Qualitative Behavioural Assessment (QBA) in capturing changes in the
79 behavioural expressions of Atlantic salmon following exposure to a stressful event. Chapter
80 5 summarises the findings from these studies, outlining how Chapters 2 and 3 informed the
81 development of the QBA experiment conducted in Chapter 4 and the significance of QBA's
82 validation. Chapter 5 then develops on these findings, proposing a direction for future
83 research regarding the potential for behavioural welfare assessment tools to utilise computer
84 vision and machine learning technologies. The results from this thesis highlight the potential
85 that non-intrusive, remote, animal-based welfare indicators have in improving the monitoring
86 and management of farmed salmon welfare. In particular, QBA shows great potential as a
87 unique welfare indicator within aquaculture. This is the first study to demonstrate QBA's
88 sensitivity to changes in the behavioural expressions of Atlantic salmon and highlight the
89 unique insights it offers into salmon welfare.

Conferences & Presentations

90

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Publications

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394 CHAPTER 1. General introduction and literature review

395 1.1 Animal welfare – background and general concepts

396 With aquaculture continuing to expand to meet the demands of a growing global population,
397 fish welfare has now cultivated a place amongst the industry’s list of priorities. Animal
398 welfare science is a broad topic, encompassing everything that affects the physical and
399 emotional state of an animal, its ability to cope with the surrounding environment, and its
400 overall quality of life (Webster, 2016). How welfare is defined will largely determine how it is
401 assessed and, consequently, what information is obtained from subsequent studies (Fraser
402 *et al.*, 1997; Huntingford and Kadri, 2009). One of the challenges in defining a concept like
403 welfare is keeping it within the realms of which it can be objectively evaluated (Ashley, 2007;
404 Dawkins, 2015). This is because ideas regarding consciousness are often central to welfare
405 (Dawkins, 1990, 1998, 2015; Fraser *et al.*, 1997), and the subjective nature of a conscious
406 experience is combined with our bewilderment as to how these experiences arise from brain
407 tissue in the first place (Dawkins, 2015). As a result, direct measurements of individual
408 experiences cannot yet be made if we are to maintain an objective standard. If animal
409 welfare is to be studied empirically, we must then take this problem into account and look for
410 the closest correlates of consciousness (Dawkins, 2015). We can then attempt to use other
411 information from the animal, such as physiological or behavioural data, to make links and
412 validated inferences from their functional states in determining how the subjective
413 experiences of animals are likely to be influenced (Fraser *et al.*, 1997; Mellor, 2012).

414 Mistaken notions about the concept of welfare have often led to difficulties in defining and
415 assessing welfare (Dawkins, 1998). Instead of expecting welfare to be this single,
416 quantitative expression that is always valid, Dawkins advocates that welfare should be
417 regarded “as a trait having multiple attributes and being different under various
418 circumstances” (Dawkins, 1998, p. 307). In this approach, welfare is equated to assessing
419 the safety rating of a building, rather than measuring the height. Accordingly, no single
420 welfare measure is considered reliable enough in isolation (Ashley, 2007). There are instead
421 a variety of “measures”, or indicators, all of which need to be considered together while
422 assessing this multi-faceted concept. In determining which indicators are important for
423 welfare, three different but overlapping views have been established (Fraser *et al.*, 1997;
424 Fraser, 2003):

425 **1) A functions-based approach:** Focusing on the animal’s ability to physically adapt to its
426 current environment with normal functioning of physiological and behavioural systems,
427 allowing for sufficient health and growth.

428 **2) A feelings-based approach:** Focusing on the subjective mental state, where animals
429 should be free from negative experiences such as prolonged and intense fear or pain while
430 also experiencing pleasures.

431 **3) A nature-based approach:** Focusing on the ability of an animal to lead a natural life and
432 express their inherent biological nature through the development and use of their species-
433 specific adaptations.

434 **1.2 Arguments between the approaches**

435 **1.2.1 On a function-based approach**

436 The concerns of an animal's welfare are often closely related to its overall condition,
437 including directly measurable variables such as disease, injury, or death (Broom, 1991;
438 Dawkins, 1998). Measuring an animal's health as a correlate to its welfare also avoids the
439 dilemma of measuring the subjective experience of an animal (Dawkins, 2015).

440 There is the argument that biological functioning itself is important, regardless of how it may
441 affect an animal's subjective experiences (Fraser *et al.*, 1997). Strictly following this
442 reasoning, the well-being of an animal depends not on what it prefers, but also on the things
443 that benefit the animal whether or not the animal is consciously aware or in pursuit of them
444 (Broom, 1991). Broom provides such examples of how the welfare of an individual could be
445 considered negatively impacted without any suffering occurring:

446 1) Injuries without feeling any pain due to endogenous analgesic opioids (or artificial
447 analgesics); the argument here is that the state of the animal is affected, and the injury itself
448 is an indicator of poor welfare.

449 2) Difficult housing conditions could impair an animal's immune system function and
450 increase susceptibility to disease. Even without disease developing, one could argue that the
451 state of the animal is directly affected and is thus an indicator of poor welfare.

452 3) Housing conditions could involve sensory deprivation to the point where the animal
453 develops minimal "normal" behaviour, which the animal copes with by self-narcotizing. The
454 endogenous opioids may mean the animal is not suffering, but the modification of its own
455 state to cope with the conditions could again be seen as an indicator of poor welfare.

456 The concept of welfare used in these examples encompasses concerns that go beyond
457 suffering, and puts additional value on the state of the individual regardless of how it
458 perceives its own welfare. Determining whether such an approach is valid or not becomes
459 more of a debate of ethics and morality, rather than science. Many argue that, in the case of

460 animal welfare, it would be best to apply the precautionary principle (Jones, 2013; FAWC,
461 2014; Sneddon, 2015). This involves situations where there is an issue of potential harm (in
462 this case, an impaired functional state), and the significance of this cannot be determined by
463 scientific knowledge alone. When applying the precautionary approach in this case, the
464 importance of the potential harm is assumed, and care should be taken in preventing this
465 from occurring.

466 In conceptualising welfare solely in terms of biological functioning, there is no obvious point
467 in the continuum of bodily responses where welfare can be determined as impaired (Fraser
468 *et al.*, 1997). There is no way of calibrating what threshold of a physiological variable, in
469 isolation, is compatible with poor or good welfare (e.g., changes in hormones, corticosteroid
470 levels, neurotransmitters) without evidence directly relating the variable to the animal's
471 health or behaviours of aversion / attraction (Dawkins, 1998).

472 Another issue with a strictly function-based approach is that animals can be in good health,
473 but still suffer when prevented from performing certain behaviours (even when there is little
474 to no risk to fitness) (Dawkins, 1990). Dawkins argues that, if an animal perceives itself to be
475 in great danger when it cannot perform certain behaviours, then it will suffer even if it is not
476 actually in danger.

477 **1.2.2 On a feelings-based approach**

478 The subjective experience of an animal is arguably of ultimate concern in animal welfare
479 (Dawkins, 1990, 1998, 2015; Fraser *et al.*, 1997). Certain symptoms of poor welfare that fall
480 under this category, such as pain and fear, are suggested to have evolved in many animals
481 as a defence mechanism against threats to survival (Dawkins, 1998). These 'defences' are
482 unpleasant by design; pain evolved because, by being unpleasant, it keeps an animal away
483 from the larger "evolutionary disaster" of death. Fear evolved to come into play before
484 physical injury occurs; pain helps avoid death, fear helps avoid pain and/or death (Dawkins,
485 1998). Natural selection produced such mechanisms to act on the animal at earlier and
486 earlier stages, long before their health and fitness is in danger. Since emotional states have
487 such a fitness value (Korte, Olivier and Koolhaas, 2007), it is reasonable to assume that
488 many animals have evolved such traits. It is therefore important to consider welfare
489 measures outside of the obvious ones of disease and injury (Dawkins, 1998).

490 An important consideration with unpleasant states is determining the point at which these
491 are deemed to negatively impact the animal's overall welfare. While pain, fear, hunger,
492 boredom, and other relevant states can obviously have negative effects on welfare, there is
493 no justification for deciding that such affective states always compromise an animal's welfare
494 when they are "an unavoidable part of normal animal life" (Huntingford *et al.*, 2006, p.335).

495 To be completely free of these unpleasant states is idealistic (Korte, Olivier and Koolhaas,
 496 2007; Green and Mellor, 2011). One should attempt to decide at what point the frequency or
 497 severity of these unpleasant states significantly impact an animal's overall welfare; i.e., when
 498 an animal is suffering. Dawkins (1990) suggests that suffering occurs when there is an acute
 499 or prolonged experience of an unpleasant mental state because the animal is unable to
 500 respond in a way that would normally reduce risks to life and reproduction in those
 501 circumstances. The 'Allostasis' model, introduced into the animal welfare discussion by
 502 Korte et al. (2007) falls into this more dynamic view of considering the animal's welfare
 503 (Figure 1-1).

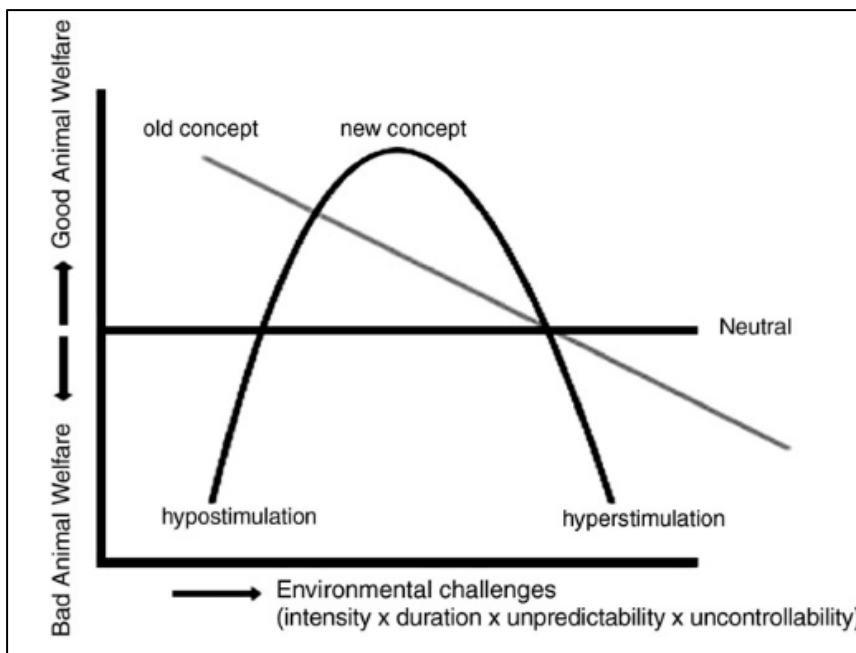


Figure 1-1. Comparison of animal welfare concepts in relation to increasing environmental challenges. The straight line is based on older concept of homeostasis, whereas the inverted U-curve is based on the concept of allostasis. Source: (Korte, Olivier and Koolhaas, 2007).

504 Rather than focusing on maintaining the animal's physiological, behavioural, and emotional
 505 affective states within this constant range that is accepted as some stable equilibrium (i.e.,
 506 maintaining 'homeostasis'), the ability for the animal to change their coping strategies in
 507 anticipation to incoming (along with currently existing) challenges / stressors is what matters
 508 the most (Korte, Olivier and Koolhaas, 2007; Green and Mellor, 2011). Therefore, the
 509 primary concern should be avoiding situations where the challenges presented are too
 510 much, or perhaps too little, for the animal to cope with.

511 Limiting welfare to a solely feelings-based approach presents its own issues. There is first
 512 the problem of gaining empirical information on the subjective experience of an animal. This
 513 approach is also solely dependent on the animal having conscious experiences in the first
 514 place (Huntingford *et al.*, 2006). In addition, focusing solely on emotional state disregards
 515 how closely linked health is to welfare. In the example of a habitual smoker, smoking

516 cigarettes causes pleasure and relieves distress; the lung damage causes little immediate
517 suffering, and there are no grounds to determine whether the future suffering outweighs the
518 pleasure (Fraser *et al.*, 1997). A strictly feelings-based approach could possibly lead to the
519 conclusion that, in some cases, cigarettes have a net improvement in welfare, even though
520 they drastically impair health.

521 **1.2.3 On a nature-based approach**

522 Closely related to the feelings-based approach, this concept brings forward the argument of
523 how an animal's welfare can be compromised even in perfect health, and that "what is
524 natural is inherently good" (Huntingford *et al.*, 2006, p.334). However, the cost felt by an
525 animal when deprived of 'natural' conditions may differ depending on the type of neglect that
526 has occurred.

527 Preventing a certain behaviour that has little consequence to the animal's fitness may have a
528 different cost to the animal than artificially depriving it of commodities and / or preventing it
529 from performing innate behaviours (Dawkins, 1990). Dawkins (1990) provides an example of
530 a bird that normally migrates being kept in a cage. Although it may be well cared for, and its
531 chances of survival are far higher than its wild counterparts, the bird is unable to fulfil its
532 strong motivations to fly. Since the bird has not evolved to meet its new conditions, this may
533 mean that the bird's welfare is compromised regardless of its physical health. This example
534 could be extended to any other species where innate behaviours may be restricted due to
535 husbandry conditions.

536 Although the inherent biological nature of an animal is an important consideration for their
537 welfare, living a natural life gives no guarantee that the full range of ethical concerns in the
538 animal's welfare will be satisfied (Fraser *et al.*, 1997). Animals kept in entirely 'natural'
539 environments may still suffer greatly if its adaptations are insufficient to meet the challenges
540 they are exposed to, including severe temperatures outside of their thermoregulatory ranges
541 (Fraser *et al.*, 1997). Aggressive competition and predation are also unavoidable parts of
542 natural life for many species, which are arguably detrimental to their welfare. Additionally,
543 there are major empirical and conceptual problems that arise when defining the 'nature' of a
544 given animal (Fraser *et al.*, 1997). Therefore, although a nature-based concept is an
545 important factor when considering the welfare of an animal, it cannot by itself provide
546 sufficient guidelines for defining and assessing welfare.

547 **1.3 Integrating the three approaches into one concept of welfare**

548 As apparent in the examples given above, these three different approaches involve a
549 considerable but incomplete overlap, and separately they can lead to conflicting conclusions

550 on how an animal's welfare should be judged (Fraser *et al.*, 1997; Huntingford *et al.*, 2006;
551 Fraser, 2008). Fraser (1997) makes an important point that, while science may be able to
552 provide empirical information relevant to welfare, it cannot turn such conflicting confusions
553 into purely empirical matters by choosing one conception of animal welfare to the exclusion
554 of others. Fraser concludes that, if the research is to address the major ethical concerns
555 regarding animal welfare, then the conception which scientists adopt must reflect the whole
556 range of ethical concerns existing in society (Function, Feelings, and Nature).

557 In working towards improving animal welfare, an integrated approach will need to be utilised
558 that considers the three different approaches together, balancing different benefits and
559 seeking options to address all three views (Fraser, 2009). This approach has already been
560 touched on in the first paragraph of this review. It is understood that affective experiences
561 are not solely a reflection of the animal's functional state; they can also have a direct impact
562 on the animal's functional state (Green and Mellor, 2011; Hemsworth *et al.*, 2015). The two
563 approaches are intimately connected with each other (see Figure 1-2). Attempts can and
564 should be made to use a combination of physiological and behavioural data to make as
565 many validated inferences on the animal's subjective experience as possible.

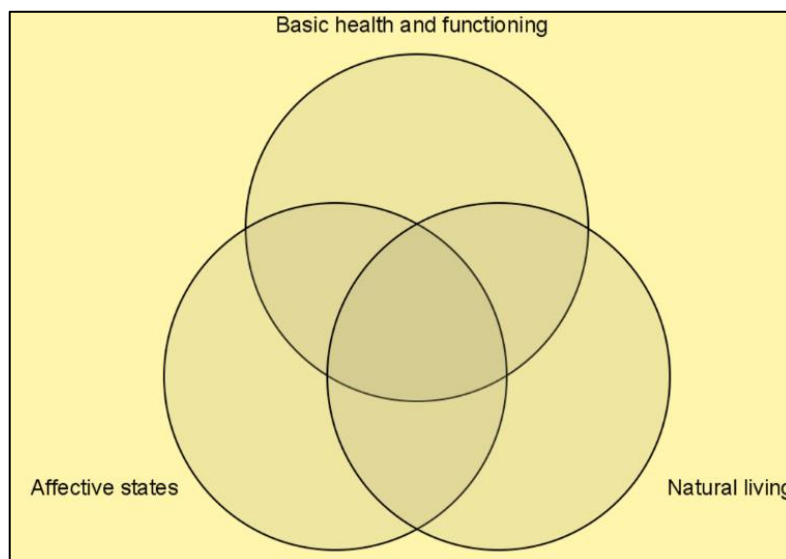


Figure 1-2. The three conceptions of animal welfare and their overlapping nature (Fraser, 2009).

566 In integrating these three concepts together, it could prove useful to recognise that there are
567 three classes of problems which may arise when the adaptations possessed by an animal do
568 not fully correspond to the challenges posed by its current environment (Fraser *et al.*, 1997).
569 Situations where animals are placed in artificial conditions are often those which produce a
570 degree of disconnection between the animal's natural behaviour, affective states, and basic
571 health and functioning (Fraser *et al.*, 1997; Fraser, 2009). This disconnect is often
572 responsible for the disconnect between these three concepts of welfare explored so far.
573 Figure 1-3 below illustrates how these different approaches may be considered together.

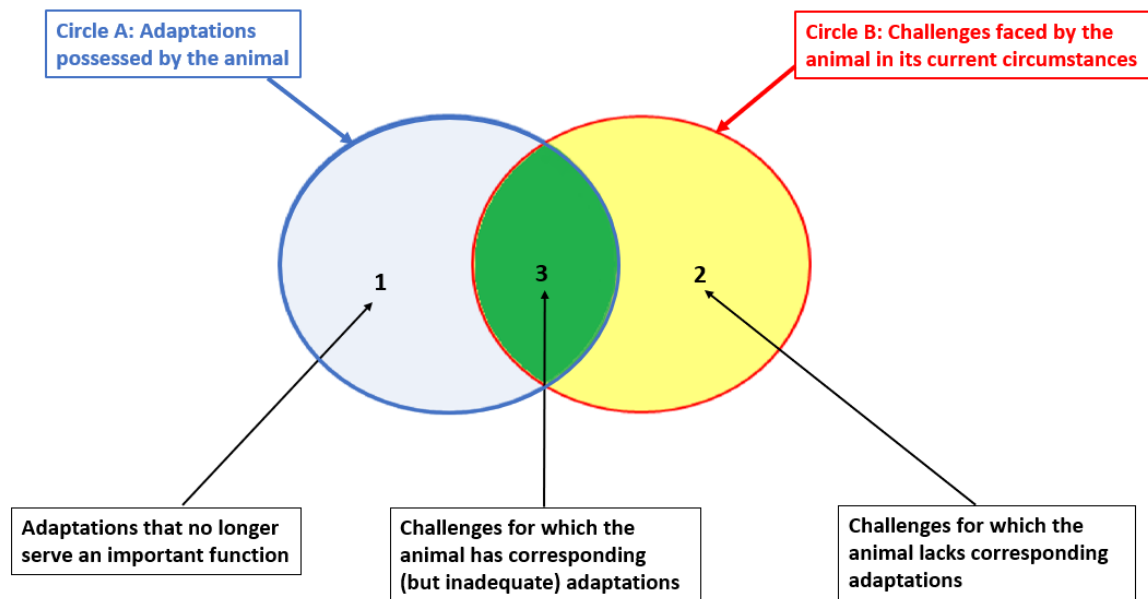


Figure 1-3. Personalised version of the conceptual model by Fraser et al. (1997), illustrating the three broad classes of problems that may arise when the adaptations possessed by the animal (Circle A) make an imperfect fit to the challenges it faces in the circumstances which it is kept (Circle B).

574 Circle A represents the adaptations of the animal, which can involve anatomy, physiology, or
 575 behaviour; this can also include affective states (hunger, cold, fear, pain etc.) that motivate
 576 the animal to act in certain ways. Circle B represents the challenges that the animal is facing
 577 in its current circumstances, which can include any challenging condition (exposure to cold
 578 temperatures, pathogens, predators, malnutrition, sensory deprivation etc.) (Fraser *et al.*,
 579 1997).

580 Area 1 to the left of the overlap involves examples where animals possess adaptations that
 581 no longer serve a significant function in their current environment. Here, unpleasant
 582 subjective experiences may arise, yet these may not be accompanied by significant
 583 disruption to biological functioning, such as a bucket-fed calf experiencing a strong,
 584 frustrated desire to suckle even though it's well fed (Fraser *et al.*, 1997).

585 Area 2 to the right of the overlap involves examples where the environment poses
 586 challenges for which the animal has no corresponding adaptation. An example of this is how
 587 some species of fish fail to avoid certain contaminants (phenol, selenium) even at life-
 588 threatening levels. These problems may cause serious biological functioning impairment, yet
 589 the animals may show no accompanying effects on their subjective experience (Fraser *et al.*,
 590 1997).

591 Area 3 in the central overlap area involves examples where the animal faces challenges for
 592 which the animal has corresponding but inadequate adaptations. For example, fluctuating
 593 ambient temperatures for which the animal's thermoregulatory adaptations are inappropriate.
 594 In this case, the animal's affective experience as well as its functional state are impacted

595 (the animal both feels and functions poorly) (Fraser *et al.*, 1997). This model is one way of
596 conceptualizing an integrated approach to the three ranging views of welfare concerns that
597 must be addressed by animal welfare research.

598 From this, a working definition of welfare could be: 'The state of an individual with regards to
599 their physical condition and accumulation of positive and negative subjective experiences
600 over time'. It is important here to recognise that giving a certain value to any aspects within
601 this definition will inevitably involve some degree of subjectivity. Therefore, each aspect
602 (physical condition, 'positive' experiences [i.e., pleasure], 'negative' experience [i.e.,
603 suffering]) should all be given equal weight when considering the welfare status of an
604 animal.

605 **1.4 Fish neurophysiology and behaviour – arguments for or against** 606 **their ability to perceive their own welfare**

607 For the purpose of this chapter, it is important that the working definitions for the following
608 terms are clearly outlined:

Cognition: The broader mental action of acquiring, processing and transforming sensory data into information which the organism involved can then conceptualise.

Consciousness: An 'umbrella' term, used to **describe the varying degrees of awareness found within organisms.**

Awareness: The ability of an entity to sense events, objects, or sensory patterns and respond to them. This, however, does not necessarily imply an understanding of the events themselves, or a capacity to feel, perceive, or experience on a subjective level.

Sentience: A specific branch of consciousness that involves more complex, private, and subjective experiences. Rather than simply being 'aware' of one's surroundings, **a sentient individual is also 'aware' of itself within the context of those surroundings. This 'self-awareness' allows an understanding behind one's surroundings and what they mean to the individual themselves.** Consequently, this then includes the capacity of an individual to specifically feel, perceive, or experience on a subjective level (i.e., to experience pleasure or suffering).

609 There is an ongoing debate that certain levels of consciousness, even to the point of
610 sentience, are the sole prerequisite for the consideration of welfare in an animal (Dawkins,
611 1990, 2004; Chandroo, Duncan and Moccia, 2004; Broom, 2007). This view disregards that
612 the general state of an animal may have any inherent value. Determining whether this
613 exclusive approach is valid, or if an all-inclusive approach (both feelings and function matter)
614 is more appropriate, becomes a matter of opinion rather than scientific debate. Nevertheless,

615 if it can be determined that fish are sentient and therefore capable of perceiving their own
616 welfare, then the welfare of fish is of our concern regardless of which approach is taken.

617 **1.4.1 Inferring consciousness from complex behaviours**

618 When the nervous system of a species attains a certain level of complexity during evolution,
619 it is assumed that animals are able to develop 'primary consciousness', where they can form
620 and act upon internal neural representations of their internal and external environment for
621 the purpose of directing the animal's behaviour (Chandruo, Duncan and Moccia, 2004).

622 Indirect evidence for such conscious, motivational affective states come from neuro-
623 anatomy, neuro-physiology, and behaviour, with animal behaviour being one of the best
624 windows into an animal's subjective state (Chandruo, Duncan and Moccia, 2004). It is
625 important to recognise, however, that behavioural changes can arise because an animal is
626 either mentally aware of a situation, or because changes occur in the neurophysiology of the
627 animal without any conscious awareness. For an animal to be able to be aware of its own
628 circumstances, this may require some degree of cognitive sophistication (Braithwaite,
629 Huntingford and Van den Bos, 2013).

630 This cognitive ability can be identified in animals by testing whether learned information is
631 retained by an animal as procedural (reflexive response) or as declarative (flexible and
632 adaptive response, i.e. consciously perceived) (Chandruo, Duncan and Moccia, 2004):
633 Procedural representations involve simply reacting to a stimulus without awareness about
634 the consequences of the response. Declarative representations involve selective attention to
635 internal and external stimuli, anticipation, expectation and goal directed activity, therefore
636 allowing for increasingly flexible behaviour and adaptive responses.

637 **1.4.2 Fulfilling criteria for consciousness – evidence for declarative representations in** 638 **fish**

639 It has been argued that such declarative representations are required for consciousness to
640 occur (Taylor, 2001; Chandruo, Duncan and Moccia, 2004). Studies have shown the ability
641 of Siamese fighting fish to gather information on the relative fighting abilities of other
642 conspecifics simply through the observation of aggressive interactions between other
643 individuals (Oliveira, McGregor and Latruffe, 1998; McGregor, Peake and Lampe, 2001).
644 The behavioural responses of the observer fish were sensitive not only to changes in the
645 level of aggressiveness displayed by previewed fish, but also to the outcome of a conflict
646 (McGregor, Peake and Lampe, 2001). Individual recognition and the ability to assess the
647 fighting ability of future opponents in order to flexibly alter their fighting strategy, based solely
648 on observation, is unlikely to be remembered as a procedural representation. Another

649 example of this ability is the recognition of dominant aggressors in Atlantic salmon and body
650 darkening as a submissive communication in order to avoid costly fights (O'Connor, Metcalfe
651 and Taylor, 2000). To use observational learning through visual cues would suggest that
652 these fish can retain memories as declarative representations (Chandross, Duncan and
653 Moccia, 2004).

654 In a study by Bass and Gerlai (2008), zebrafish that had not been previously exposed to
655 predatory fish exhibited a significantly elevated fear response (increased number of jumps)
656 to their natural predator (Indian Leaf Fish). This was not evoked by the sight of an allopatric
657 predator (Compressed Cichlid). Such a difference in responses to two predatory fish of
658 similar size and capabilities demonstrated that zebrafish were capable of selectively
659 responding to different stimulus fish species without prior exposure to either kind. Although
660 this does not provide direct evidence for consciousness in fish, it further fulfils one of the
661 prerequisites for consciousness (having higher cognitive capabilities, i.e., declarative
662 representations). Behavioural changes that may have a protective function in response to
663 potentially damaging/painful events are also important indicators of a negative affective
664 component (such as pain or fear) that could be associated with the sensory experience
665 (Sneddon, 2009).

666 **1.4.3 Nociception and pain perception in fishes**

667 A major consideration in determining sentience within fish is on their ability to construct
668 cognitive representations of noxious events (i.e., to feel pain). This is because pain is an
669 affective experience which requires the animal to have conscious awareness (Rose, 2002).
670 An important distinction to be made in understanding pain is its difference from nociception
671 (Rose *et al.*, 2014). To experience pain, animals must respond to potentially painful events in
672 a way that shows the animal is not simply exhibiting a nociceptive reflex (i.e. changes in the
673 behaviour are not just a reflex response) (Sneddon, 2003; Sneddon, Braithwaite and Gentle,
674 2003a; Sneddon, 2015). Sneddon (2015) outlines two key criteria in establishing pain
675 perception, which are characteristic of declarative representations:

- 676 1) A whole-animal response to painful events: nociception of a painful stimulus is
677 conveyed to the CNS, where central processing occurs and innervates
678 motivational/emotional behaviour and learning. Behavioural and physiological
679 alterations occur outside of simple reflexes, with long-term responses including
680 avoidance and protective behaviours. These reactions should also be reduced by the
681 use of analgesics or painkillers.
- 682 2) The pain experience should influence the animal's future behavioural decisions on
683 such an event, such as seeking analgesia or paying a cost to reduce its pain, or

684 avoiding the noxious stimulus and learning to avoid future encounters (adaptive
685 responses).

686 In a study assessing the responses of trout to injections of noxious stimulants in the lip, fish
687 exhibited profound differences in their behaviours between treatment groups (Sneddon,
688 Braithwaite and Gentle, 2003a). Fish injected with a venom or acid took more than double
689 the time to begin ingesting food again, in comparison to the control/saline injected fish.
690 Those injected with venom or acid also performed anomalous behaviours, including 'rocking'
691 and, specifically those in the acid group, rubbing of their lips into the gravel and tank walls.
692 Performances of anomalous behaviours during painful events usually occur within the short
693 time period where the pain is the most intense (Sneddon, Braithwaite and Gentle, 2003a).
694 Coincidentally, the rocking behaviour performed by the trout was observed only in the 1.5
695 hours after injection. The researchers argue here that such behaviours as rocking and
696 rubbing of the affected area are complex in their nature, and as such may not be simple
697 reflexes. This study concluded that the behaviours of teleost fish can be adversely affected
698 to the point where such behaviours strongly suggest a significant level of discomfort.

699 There is further evidence for fish withdrawing from noxious events. In a study by Chervova
700 and Lapshin (2011), common carp withdrew from electrical stimulation, with reduced
701 avoidance responses after anaesthetic was administered (while normal motor activity was
702 unaffected). In another study, goldfish learned to avoid electric shocks (Yoshida and Hirano,
703 2010). These two studies provide examples of teleost fish finding a noxious stimulus so
704 aversive that they altered their behaviours to avoid it. In addition, the avoidance response to
705 a novel object was seen to be impaired in rainbow trout treated with a noxious stimulus
706 (Sneddon, Braithwaite, & Gentle, 2003b). To determine whether this impairment was due to
707 the fish being 'distracted' by the experience of pain, this impairment would be able to be
708 reversed with the administration of some form of pain relief. The study found that providing
709 analgesic decreased the impairment of the avoidance response, resulting in a return of the
710 avoidance behaviour to the novel object. Changes in behaviours that occur in fish after
711 potentially painful treatments, which are then reduced by painkillers, strongly suggest that
712 such behaviours are a direct result of the painful experience (Mettam et al., 2011; Sneddon,
713 2003). The studies presented above provide solid arguments that fish are capable of pain
714 perception.

715 **1.4.4 Arguments against pain perception in fish**

716 Certain views, however, criticise these approaches to demonstrating pain perception in fish,
717 and instead propose comparative neuroanatomical studies for forming their basis behind
718 why pain perception is not possible within fish (Rose, 2002; Rose *et al.*, 2014). Rose argues

719 that 'implicit' learning is a virtually universal ability of vertebrate and invertebrate animals,
720 and that this type of learning does not demonstrate a capacity for consciousness (Rose,
721 2002). Rose also provides examples in which unconscious humans, due to massive damage
722 in the cerebral cortex, can still show facial/vocal/limb responses to nociceptive stimuli (Rose,
723 2002), as well as associative learning or Pavlovian/instrumental types of learning being
724 within the capacity of decorticate, decerebrate, and spinally transected animals (Rose *et al.*,
725 2014). The position here is that behavioural responses to noxious stimuli do not by
726 themselves necessitate the existence of conscious awareness of pain or feelings (Rose,
727 2002; Rose *et al.*, 2014).

728 Brown (2015) and Sneddon (2015) argue otherwise, stating that it would be unreasonable to
729 separate the physical detection of pain (nociception) from the emotional or cognitive
730 responses as they are part of an integrated motivational system which has evolved to reduce
731 chances of injury. As Dawkins (2001) suggests, consciousness is a Darwinian adaptation
732 which has evolved by natural selection. Even the simplest emotional responses to an
733 affective state (e.g., pain or fear) are widespread amongst vertebrates, which is to be
734 expected considering the great fitness value that comes with such an integrated system
735 (which is to protect the animal from future harm).

736 Rose (2002) also affirms that human capacities of language and consciousness have
737 resulted from the later, very separate evolutionary development of a complex and enlarged
738 brain. The cerebral hemisphere size and complexity of the mammalian brain is presented
739 here as the principle difference from that of other vertebrates, with the development of the
740 neocortex being the distinguishing feature. Rose advocates that the existence of
741 consciousness requires widely distributed brain activity that is complex and temporally
742 coordinated, and thus requires extensive neurological 'hardware' and 'software' to
743 accomplish this function (Rose, 2002). Evidence is presented to demonstrate that the
744 capacity for human conscious awareness is dependent on the human neocortex, satisfying
745 such functional criteria due to its unique structural features. It is then maintained that, since
746 the brains of fish lack the complexity in the structural features required for the generation of
747 consciousness as we understand it, they are therefore incapable of perceiving pain (Rose,
748 2002).

749 Some argue that such a comparative analysis between fish and human is inappropriate
750 (Braithwaite and Huntingford, 2004; Brown, 2015). This "Hardware-dependent explanation"
751 (Dawkins, 1998, p.324) taken by Rose assumes that conscious experiences are unique to
752 specific brain structures (the neocortex in this case) and ignores the possibility that, in

753 species that are very different from us, other brain pathways could give rise to
754 consciousness (Dawkins, 1998; Brown, 2015).

755 Such an anthropocentric approach is flawed for the following reasons. Instead of following a
756 linear progression from inferior to superior vertebrates with humans at the current peak, the
757 evolution of vertebrates is random with highly diverse groups each having their own
758 specialisations (Brown, 2015). Each species is specifically tuned to match the niche it
759 occupies. The biological complexity of the animal should therefore not be defined by how
760 closely related the animals are to humans, but by the niche they occupy and the problems
761 they face during their daily existence (Brown, 2015).

762 Many scientists believe that there are multiple levels of consciousness (Primary, Secondary,
763 and Tertiary), and the sorts of processing associated with fear and pain are almost definitely
764 associated with the primary-process consciousness that are likely widespread amongst
765 vertebrates (Panksepp, 2005). It is perfectly reasonable to conclude from Rose's rationale
766 that fish are not capable of perceiving pain in the same capacity of conscious awareness as
767 humans are. However, to make a definitive conclusion on a fish's general capability to
768 perceive pain at any level from a comparative analogy to humans is flawed for the simple
769 reason that the two are too different from each other in terms of evolutionary life history.
770 Rose makes the important point himself, stating that to the extent that human and fish brains
771 differ, the properties of putative consciousness in humans and fishes will differ as well (Rose
772 *et al.*, 2014). While it is likely that fish experience consciousness in a different manner to that
773 of humans, it is arguably a leaping assumption to then claim that they are incapable of
774 perceiving any kind of pain.

775 **1.4.5 Additional evidence and final points**

776 Ultimately, all of the measures currently proposed for identifying consciousness in fish have
777 yet to directly accomplish this, as posited by Rose (2002) and Dawkins (1998). Dawkins
778 (1998) made the argument that, although rats and humans have striking similarities in
779 response to situations like hunger and cold, it does not follow that they are both consciously
780 experiencing hunger and cold. There is still the possibility that these measures (e.g.
781 avoidance behaviours) could be occurring in animals which simply use the same neural
782 pathways that humans use for automatic unconscious actions, programmed to respond
783 adaptively for the simple benefit of the animal's fitness (Dawkins, 1998). Either conscious
784 experiences are present in some level in many vertebrates, or basic physiological and
785 behavioural mechanisms existed long before consciousness evolved, and all that
786 consciousness did was enhance the ability to deal with longer time scales or greater
787 complexity (Dawkins, 1998).

788 A recent study by Corder et al. (2019), however, has provided a way of gaining empirical
789 evidence that conscious experiences are present in a vertebrate. This study identified a
790 distinct neural ensemble in the basolateral amygdala of rats that encodes the negative
791 affective valence of pain. These results have begun to refine our neurophysiological
792 understanding behind the multiple dimensions of pain and reaffirm that the measures used
793 to examine affective states and behavioural changes in rats (some through analogy from
794 human behaviour) were appropriate. If such work is replicated in the brains of other
795 vertebrates, such as fish, this could provide an important stepping-stone in proving their
796 sentience. However, the fact that we have not yet been able to definitively prove that fish are
797 sentient does not mean that the consideration of conscious experiences should be ruled out
798 of the science of fish welfare, especially when the arguments provided here strongly point
799 towards that fish are capable of perceiving unpleasant states to at least some extent.

800 **1.5 Importance of welfare in fish farming – salmon as a case study**

801 **1.5.1 Animals in a rapidly growing industry**

802 Aquaculture has played a vital role in global food security for decades (Tidwell and Allan,
803 2001). With increasing demand for affordable, healthy food, the contribution of aquaculture
804 to the total global production of aquatic animals (capture fisheries and aquaculture
805 combined) has risen from 26% in 2000 to 59% in 2020, increasing to 88 million tonnes (FAO,
806 2022). The growth of the Scottish salmon industry has reflected this development through
807 increased intensification of production practices. Since 1990, there has been at least a six-
808 fold increase in the number of juvenile fish produced per m³ of water (Ellis *et al.*, 2016). In
809 2021, production of Scottish Atlantic salmon reached an all-time high of 205,393 tonnes, with
810 more than 50 million smolts transferred to sea in the same year (Munro, 2022). This total
811 tonnage of Scottish farmed salmon, relative to the number of employees on-site, has
812 increased 11-fold within seawater and 6-fold within freshwater between 1985-2016 (Ellis *et*
813 *al.*, 2016).

814 The increasing reliance on aquaculture as a food source, and the resultant intensification of
815 the industry to meet these demands threatens the ability of farms to maintain appropriate
816 conditions for fish. The ethical implications alone in dealing with millions of animals on a
817 yearly basis provides a compelling argument for the importance of farmed salmon welfare.
818 Accordingly, fish welfare has gained increasing attention alongside this rapid growth (Ashley,
819 2007). Salmon welfare is now a significant factor in the industry's success, affecting public
820 perception and consequently product acceptance and marketing (Broom, 1999; European
821 Commission, 2016). Furthermore, production efficiency, product quality and quantity are also
822 directly related to welfare standards (Southgate and Wall, 2001; FSBI, 2002). In addition to

823 the ethical and financial incentives behind safeguarding salmon welfare, the welfare of any
824 fish is also governed by a legal framework within the UK.

825 **1.5.2 Welfare legislation**

826 On the international level, farmed fish have received little to no serious legal protection or
827 consideration during husbandry or on-farm practices (Giménez-Candela, Saraiva and Bauer,
828 2020). It was only in 2008 that the World Organisation for Animal Health (OIE) adopted
829 standards on the welfare of farmed fishes in the OIE Aquatic Animal Health code. As no
830 enforcement body was involved in this, however, the OIE's codes and standards are still
831 recommendations with no legal binding weight (Giménez-Candela, Saraiva and Bauer,
832 2020).

833 The first main pieces of legislation introduced to cover UK farmed animal welfare were the
834 Protection of Animals Act 1911 and the Protection of Animals (Scotland) Act 1912 (Voas,
835 2008). Considering the recent establishment of fish farming at the time, this legislation was
836 not intended to cover farmed fish. However, under the latest legislation, the Animal Welfare
837 Act (2006) and the Animal Health and Welfare (Scotland) Act (2006), farmed fish are
838 covered as 'vertebrates'. This offers fish basic protection against unnecessary suffering and
839 places a duty on those responsible to ensure the needs of fish are met.

840 In comparison, the first legislative protection for farmed animal welfare in the EU began in
841 1974 with the Protection of Animals in Slaughterhouses Act (UK Parliament, 1974), and it
842 was only until 2009 that fish were recognised as sentient beings under the original Article 13
843 of the Treaty on the Functioning of the European Union (TFEU) (Council of the European
844 Union, 1998). Still in the UK today, the definition of 'farmed animal' under the Welfare of
845 Farm Animals (England) Regulations (2007) (and similar legislation in Scotland and Wales)
846 explicitly excludes fish. Similarly, the general principles laid down in EU legislation also leave
847 room for interpretation, or are not applicable to fish welfare. The Council Directive 98/58/EC
848 concerning the protection of animals kept for farming purposes lays down the minimum
849 standards under which farmed animals (including fish) are allowed to be bred and kept on
850 farms. However, only specific articles must be applied to fish, with Article 4 (in which further
851 requirements are laid down on farming conditions) explicitly excluding fish (Council of the
852 European Union, 1998). Fish are, therefore, not yet offered the more detailed welfare
853 protection provided to most terrestrial farm animals.

854 In addition to general aspects of farming in the UK, the Welfare of Animals (Transport)
855 (Scotland) Regulations 2006 (and equivalent legislation in England and Wales) applies to
856 fish, requiring drivers of vertebrate animals to be trained and certified appropriately to
857 prevent unnecessary suffering during transportation. The Welfare of Animals (Slaughter or

858 Killing) Regulations (1995) requires sufficient training for those carrying out slaughter
859 methods to again prevent any unnecessary suffering. Provisions for controlling fish health
860 and disease are covered in the Aquatic Animal Health (Scotland) Regulations 2009 (and
861 similar legislation in England and Wales). The current Animal Welfare Acts regarding
862 husbandry, transport and slaughter of fish place a duty on those responsible for the fish to
863 ensure their needs are met. These needs, set out in legislation, have been particularly
864 influenced by the principles of the 'Five Freedoms', outlined in the Brambell Committee
865 Report (Brambell 1965, cited in Voas 2008). These five freedoms are:

- 866 1) Freedom from thirst, hunger, and malnutrition.
- 867 2) Freedom from discomfort due to environment.
- 868 3) Freedom from pain, injury and disease.
- 869 4) Freedom to express normal behaviour for the species.
- 870 5) Freedom from fear and distress.

871 These freedoms, although basic, are based on fundamental, timeless principles (Webster,
872 2016). However, the Five Freedoms alone are not sufficient to ensure proper animal welfare.
873 For example, the temporary elimination of such unavoidable parts of life (such as fear, pain,
874 thirst, hunger, discomfort etc.) does not by itself generate positive experiences for the animal
875 (Mellor, 2016). This is reflected in the legislation; although the Animal Welfare Act includes a
876 vague "duty of care" to promote going beyond simply avoiding negative conditions, there is
877 currently no explicit requirement to promote positive animal welfare (e.g., through
878 enrichment). One could argue that current legislation only requires fish welfare to, at best, be
879 neutral. There is also no current legislation that dictates any specific conditions under which
880 fish should be kept (FAWC, 2014).

881 Attempts to strengthen the principles of the five freedoms by adding this detail can often
882 have the opposite effect: the more one expands the argument by adding examples, the more
883 likely one is to leave things out (Webster, 2016). In the context of welfare legislation,
884 however, the Five Freedoms could provide the ethical guidelines from which the legislation
885 of species-specific needs could be built upon. In addition to explicit requirements for positive
886 welfare, this could include the general requirements of the sort included in the Welfare of
887 Farmed Animals Regulations (of which fish are currently excluded): staff competence, record
888 keeping, maintenance and testing of equipment could also be extended to farmed fish
889 (FAWC, 2014). The numerous incentives to improve farmed salmon welfare, along with
890 regulating bodies wishing to avoid additional legislative control, has encouraged the Scottish
891 salmon industry to adopt various standards that promote salmon welfare beyond what is
892 required by the current legislation (FAWC, 2014).

893 **1.5.3 Welfare standards – certification schemes and codes of good practice**

894 Several salmon farming standards currently exist, each with their own set of requisite criteria
895 permitting certification. Criteria for these standards varies, with different emphasis on
896 sustainability, product quality, and welfare. Certifying around 70% of Scottish salmon farms,
897 the 'RSPCA Welfare Standards for Farmed Atlantic Salmon' are specifically focused on
898 salmon welfare assurance (Rey Planellas, Little and Ellis, 2019; Salmon Scotland, 2020a;
899 RSPCA, 2021). This certification scheme provides detailed species-specific requirements for
900 health management, husbandry practices, equipment, feeding, environmental quality,
901 vaccination, transport, slaughter and harvest, and handling. RSPCA welfare standards are
902 based on scientific, veterinary, and practical expertise, utilising numerous animal based
903 welfare indicators along with indirect, environmental welfare indicators (Noble *et al.*, 2018).

904 Another salmon welfare relevant standard is the GLOBAL G.A.P. Aquaculture standard,
905 which is part of an integrated assurance scheme that can be applied to any farm system; this
906 specific 'module' provides an extensive checklist for measures which maintain fish welfare
907 along all points of the production chain (GlobalG.A.P., 2017). This includes monitoring stock
908 origin, health management, feeding, welfare risk assessments and numerous other
909 procedures on the farm. The focus of this standard, however, is largely on staff training,
910 record keeping, and maintaining equipment and farming routines (primarily a list of
911 environmental or resource based indicators) and consequently does not comprehensively
912 cover how to assure animal welfare (Noble *et al.*, 2018). The Code of Good Practice for
913 Scottish Finfish Aquaculture (Scottish Salmon Producers Organisation, 2015), while similar
914 to the GLOBALG.A.P. standard, includes many more production stage-specific requirements
915 for fish welfare. This includes water quality, monitoring recommendations and biosecurity.
916 The top six producers of salmon in Scotland (Scottish Salmon Company, Scottish Sea
917 Farms, Mowi, Cooke Aquaculture, Loch Duart, Grieg Seafood), all of which are members of
918 Salmon Scotland, subscribe to this Code of Good Practice.

919 The Best Aquaculture Practices (BAP) Certification Standards and Guidelines for Salmon
920 Farms is an international certification scheme developed by the Global Aquaculture Alliance
921 (GAA) (Global Aquaculture Alliance, 2016). While the majority of this standard emphasises
922 environmental standards, an 'Animal Health and Welfare' chapter is included. Its
923 requirements include a brief list of behavioural indicators, adequate facilities and water
924 quality management, morphological deformities, and handling procedures. Although
925 primarily focused on environmental impacts from aquaculture, the ASC Salmon Standard
926 also has certain criteria relevant to fish welfare, requiring regular veterinarian visits, health
927 and water quality management plans, disease monitoring, and mortality limits (ASC, 2019).

928 All of these standards recognise that certain factors, such as water quality, are key to fish
929 health and by effect to fish welfare. Accordingly, they contain general requirements to
930 monitor and maintain such factors. How these standards focus on welfare, however, varies
931 significantly (FAWC, 2014). Due to the voluntary nature of these welfare standards, salmon
932 farming companies are free to obtain whichever specific accreditation they deem most
933 appropriate for them. This has allowed for inconsistencies between certification schemes,
934 with no clear benchmark for welfare standards currently existing. The FAWC (2014) states
935 the importance of having welfare related labelling clearly reflect what welfare standards have
936 been achieved. This way, consumers can identify such standards and comparisons between
937 products can be made, and such uniformity would inevitably drive up standards in the whole
938 industry (FAWC, 2014).

939 **1.6 Factors influencing welfare**

940 There are a number of key welfare concerns that are associated with practices that are
941 central to fish farming (FAWC, 2014; Noble *et al.*, 2018). To ensure a comprehensive
942 appraisal of farmed salmon welfare, it is important to cover the entire production process so
943 that any factors which may influence their welfare are considered. Bergqvist and
944 Gunnarsson (2013) describe how threats to salmon welfare in the production process can be
945 divided into four stages: breeding, growth period, capturing alongside transportation, and
946 slaughter. First, eggs and sperm are extracted from anaesthetised fish, followed by
947 incubation in oxygenated freshwater, hatching, and then rearing in flowing water (Santurtun,
948 Broom and Phillips, 2018). Fingerlings, known as parr, are transferred to larger freshwater
949 tanks or cages, where they remain until smoltification (a physiological adaptation from
950 freshwater to seawater). These smolts are then transported to large, floating cages in
951 sheltered bays or sea lochs (sea cages, which are less sheltered), where they grow for one
952 to two years before slaughter. Alternatively, a small proportion of salmon are grown in large
953 enclosed tank systems throughout their entire life (Santurtun, Broom and Phillips, 2018).

954 Noble *et al.* (2018) distinguishes welfare concerns (or 'needs') between those that are
955 'ultimate', which are immediately essential for welfare and survival (e.g. respiration,
956 thermoregulation, body integrity, nutrition), or 'proximate', which improve the ability for long
957 term success (e.g. behaviours that improve body control or strength, exploratory behaviours
958 that improve chances of finding food). While some of these concerns or needs are critical for
959 the salmon at all life stages (e.g. respiration), the importance of some behavioural needs
960 may depend on one or more life stages (e.g. sexual behaviour), or as a form of preparation
961 for a later life stage (e.g. salmon jumping behaviour) (Noble *et al.*, 2018). This means that,

962 while certain factors influence welfare on a continuous basis and must always be monitored,
963 others may not be crucial at every moment.

964 **1.6.1 Breeding and genetics**

965 Genetic aspects (e.g. variation) and reproductive practices (e.g. handling, environmental
966 effects during hatching, larvae feeding) are critical to fish welfare (Bergqvist and
967 Gunnarsson, 2013). Selective breeding has shown to have positive welfare effects,
968 producing less aggressive and less excitable Atlantic salmon which would be better suited to
969 artificial rearing conditions and handling (Håstein, Scarfe and Lund, 2005). Selection has
970 also produced disease-resistant fish (e.g. for vibriosis, furunculosis) (Håstein, Scarfe and
971 Lund, 2005; Brown *et al.*, 2008). However, the effects of genetic manipulation on fish welfare
972 depend on which genes are modified, and there are concerns about unforeseen phenotypic
973 consequences such as deformities which could impact feeding or respiration (Håstein,
974 Scarfe and Lund, 2005). Numerous malformations of the spine, common in farmed fish, are
975 considered in part to be effects of hereditary factors (e.g. inbreeding) (Bergqvist and
976 Gunnarsson, 2013). Intensive manual handling of broodfish can also be a stress to the fish,
977 and anaesthetics prior to handling to account for this must also be considered in the interest
978 of their welfare (Cooke, 2017).

979 **1.6.2 Growth period**

980 For most fish in aquaculture, their growth period represents the longest stage in the life of
981 the fish (Bergqvist and Gunnarsson, 2013), with farmed Atlantic salmon being grown for as
982 long as three years (longer than many terrestrial farm animals) (FAWC, 2014). This stage in
983 the production process accordingly requires significant consideration, as chronic welfare
984 issues can have a much larger welfare impact (FAWC, 2014). Intensive aquaculture
985 production can threaten fish welfare by subjecting fish to certain stressful environmental (e.g.
986 water quality) and health conditions (e.g. physical injury, infectious diseases) (Oliva-Teles,
987 2012). Such conditions compromise the functional and affective state of the fish. In addition,
988 fish behaviour is also closely related to the production process, with numerous implications
989 for welfare (Conte, 2004; FAWC, 2014). Although these various factors that affect salmon
990 welfare have been divided into different stages, they interact with each other (Ashley, 2007;
991 Santurtun, Broom and Phillips, 2018) and should therefore be considered together rather
992 than individually.

993 *1.6.2.1 Health and nutritional factors*

994 Poor health causes immediate impacts to welfare due to the diminished functional state of
995 the animal. Physiological stress can potentially lead to further hazards to welfare through a

996 number of mechanisms. This includes impaired responses to further stress, negative social
997 interactions, reduced feeding, reductions in immunocompetence, and consequently
998 increased susceptibility to pathogens, disease and further suffering (Ashley, 2007). Good
999 welfare thus involves minimising and preventing the occurrence of such stressors (e.g. injury
1000 and disease, all of which have a potential to occur within many aquaculture practices
1001 (Ashley, 2007).

1002 **Disease:** Farmed salmon are vulnerable to a variety of harmful infectious diseases (e.g.,
1003 parasites, bacteria, fungi and viruses) and non-infectious diseases (e.g., disorders related to
1004 poor husbandry conditions). Each disease is capable of causing signs that are clear
1005 indicators of poor welfare and potential suffering (Bergqvist and Gunnarsson, 2013; Cooke,
1006 2017; Noble *et al.*, 2018). The impact of a disease on the health and welfare of salmon in a
1007 cage will depend on the type, intensity, and duration of the disease, along with the
1008 proportion of fish affected (Noble *et al.*, 2018).

1009 **Non-infectious diseases (environmental, nutritional, and hereditary):** Diseases
1010 associated with production practices in Atlantic salmon are often a product of poorly
1011 managed nutritional, environmental, or hereditary factors (Ashley, 2007). Nutritional
1012 diseases arise from toxins, deficiencies of micronutrients, or even malnutrition (lacking or
1013 excessive). These diseases include

- 1014 1) Cataracts due to deficiencies in histidine (Ersdal, Midtlyng and Jarp, 2001; Santurtun,
1015 Broom and Phillips, 2018)
- 1016 2) Numerous factors implicated with spinal deformities, such as phosphorous deficiencies
1017 leading to scoliosis (Silverstone and Hammell, 2002; Håstein, Scarfe and Lund, 2005)
- 1018 3) Rancid feed can cause fatty liver syndrome (Håstein, Scarfe and Lund, 2005)
- 1019 4) High-energy diets have also been linked to fatty deposits in the cardiac ventricles of
1020 farmed salmon, potentially predisposing them to cardiac disease (Santurtun, Broom and
1021 Phillips, 2018)

1022 Opercular deformities have been associated with inappropriate ambient temperatures while
1023 rearing fry (Poppe, Barnes and Midtlyng, 2002), while lower jaw deformities have been
1024 linked to the use of triploids (Amoroso *et al.*, 2016). Other soft tissue malformations,
1025 including eye lesions, swim bladder deformities, and heart deformities (e.g. hypoplasia or
1026 *situs inversus*) have also been reported in farmed Atlantic salmon (Håstein, Scarfe and
1027 Lund, 2005; Ashley, 2007).

1028 Apart from likely causing some level of suffering, diseases that impair the function of the
1029 salmon, such as cardiac abnormalities, often lead to reductions in size and stress tolerance.
1030 As a result, these salmon are typically the first to die during stress related practices (Håstein,

1031 Scarfe and Lund, 2005; Ashley, 2007). Fin damage is another common ailment with farmed
1032 Atlantic salmon that involves various lesions to the fin, and is usually a result of abrasion
1033 with the environment or aggressive interactions (Turnbull, Richards and Robertson, 1996;
1034 Ashley, 2007). Like many other non-infectious diseases, fin damage can increase
1035 susceptibility to infectious diseases by other pathogens and parasites, further compromising
1036 salmon welfare (Turnbull, Richards and Robertson, 1996; Ashley, 2007).

1037 **Infectious diseases (bacteria and viruses):** Farming fish in dense populations within
1038 exposed environments inevitably leads to outbreaks of infectious diseases (Robertsen,
1039 2011). The use of vaccines has helped prevent bacterial diseases, such as vibriosis and
1040 furunculosis, from devastating Atlantic salmon farming (Robertsen, 2011; Noble *et al.*, 2018).
1041 Viral diseases, however, present a much larger threat to the health and welfare of farmed
1042 Atlantic salmon (Ashley, 2007; Noble *et al.*, 2018). This is largely due to the lack of effective
1043 vaccines that are available (Noble *et al.*, 2018). Viral diseases (and the involved viruses) that
1044 are of particular importance in salmonids include (Ashley, 2007; Robertsen, 2011; Noble *et*
1045 *al.*, 2018; RSPCA, 2018a)

- 1046 1) Infectious pancreatic necrosis (IPNV)
- 1047 2) Infectious salmon anaemia (ISAV)
- 1048 3) Heart & skeletal muscle inflammation - HSMI (Piscine orthoreo virus)
- 1049 4) Pancreas disease (Salmonid alphavirus / Salmon pancreas disease virus)
- 1050 5) Cardiomyopathy syndrome – CMS (Piscine myocarditis virus)
- 1051 6) Salmon gill poxvirus (SGPV)
- 1052 7) Viral haemorrhagic septicaemia – VHS
- 1053 8) Infectious haematopoietic necrosis (IHNV)
- 1054 9) Sleeping disease (SAV)

1055 Although salmon appear to have a strong innate immunity against viruses, owing to their
1056 well-developed interferon system, these viruses have caused high mortalities in salmon
1057 farming (Robertsen, 2011). This suggests that one of two situations which may be occurring:
1058 Viral outbreaks may be due to the introduction of new pathogens, the mutation of existing
1059 pathogens, or new routes of contact between hosts. Alternatively, the conditions presented
1060 by certain production systems may be resulting in changes (suppression) in immunity.
1061 Avoiding situations which lead to the suppression of the immune system, in order to help
1062 prevent the prevalence of such infectious diseases, is therefore a priority in safeguarding
1063 salmon health and welfare.

1064 **Infectious diseases (parasite and fungi):** Amoebic gill disease (AGD) is another serious
1065 disease issue threatening farmed Atlantic salmon, caused by the amoeba *Neoparamoeba*

1066 *perurans* infecting the gills (Powell, Reynolds and Kristensen, 2015; Noble *et al.*, 2018). This
1067 disease causes massive inflammation of the gills, affecting respiration, reducing appetite,
1068 and leading to severe mortality rates if left untreated (Powell, Reynolds and Kristensen,
1069 2015; Noble *et al.*, 2018).

1070 Another widespread threat to the health and welfare of salmon are sea lice *Lepeoptheirus*
1071 *salmonis* (Ashley, 2007; Stien *et al.*, 2013; Powell, Reynolds and Kristensen, 2015; Cooke,
1072 2017). At the initial infective copepod stage, where feeding on the salmon has yet to occur,
1073 salmon already exhibit a primary stress response, evident by elevated blood cortisol and
1074 glucose (Stien *et al.*, 2013). Once sea lice develop to the feeding stage, these parasites
1075 cause damage to the fish's skin, scales, and mucous. The loss of such physical and
1076 chemical barriers to the environment compromises osmoregulation and can act as a vector
1077 of disease to the fish. This, in addition to inflammatory responses, changes in appetite,
1078 osmotic disturbances, and delayed healing of injuries means that sea lice can severely
1079 impact fish health and welfare and eventually lead to mortalities (Håstein, Scarfe and Lund,
1080 2005; Ashley, 2007; Stien *et al.*, 2013).

1081 Infection with the *Saprolegnia* oomycete can cause serious disease conditions (e.g.
1082 development of serious skin, fin, and tail lesions) in the freshwater stages of salmon
1083 production, being particularly severe at times when the fish's resistance to infection is
1084 compromised (Cooke, 2017; Noble *et al.*, 2018; RSPCA, 2018).

1085 **Disease treatment and vaccination:** Although the prevention and treatment of disease is
1086 an integral part of safeguarding salmon welfare, their welfare must also be monitored and
1087 protected during these practices as they can also be stressful to the fish (Huntingford *et al.*,
1088 2006). Delousing treatments, bath treatments, and vaccinations can involve handling out of
1089 water, the use of anaesthesia, and injections, all of which can cause severe stress to the fish
1090 if done poorly (Ashley, 2007; Berg, Haagensen and Horsberg, 2012; Stien *et al.*, 2013).

1091 **Feeding practices:** Successful feeding is rewarded by replacing the feeling of hunger with
1092 satiation, and fish have shown strong anticipatory behaviour for preferred food sources,
1093 indicating an emotional qualitative component of wanting/liking (Warburton, 2003).
1094 Inappropriate diets also increase disease susceptibility and negatively alter the behaviour of
1095 fish (Oliva-Teles, 2012; Cooke, 2017; Sloman *et al.*, 2019). Adequate nutrition for Atlantic
1096 salmon at their species and life stage-specific needs is therefore a key component in
1097 protecting their welfare (Oliva-Teles, 2012; Noble *et al.*, 2018).

1098 1.6.2.2 Environmental factors

1099 **Water quality:** The physico-chemical characteristics of water (i.e. 'water quality') have a
1100 profound impact on the biological functioning in Atlantic salmon (Brown *et al.*, 2008), and
1101 they are accepted as one of the most significant environmental factors for salmon welfare
1102 (Huntingford *et al.*, 2006; Bergqvist and Gunnarsson, 2013; FAWC, 2014; Cooke, 2017;
1103 Noble *et al.*, 2018; Santurtun, Broom and Phillips, 2018; Sloman *et al.*, 2019). Safeguarding
1104 the health and welfare of salmon through water quality requires appropriate levels of O₂,
1105 metabolic wastes (CO₂, Ammonia/Nitrite), salinity, toxins, temperature, and pH (Conte, 2004;
1106 Huntingford *et al.*, 2006; FAWC, 2014; Noble *et al.*, 2018). Many of these parameters
1107 interact with each other, with optimal ranges depending on numerous factors. For example,
1108 CO₂ levels and its effects are affected by pH, temperature, hardness of water, water flow
1109 and stocking density (Brown *et al.*, 2008; FAWC, 2014). The available dissolved oxygen in
1110 water depends largely on temperature, salinity, aeration, and partial pressure of oxygen in
1111 the air in contact with the water (Brown *et al.*, 2008; FAWC, 2014). Biofouling (algae
1112 accumulation on nets) can affect movement of free water (Brown *et al.*, 2008). Poor water
1113 flow can also cause localised O₂ depletion and CO₂ accumulation in sea cages, while algal
1114 blooms can affect pH balance and collapsed blooms can deplete O₂ levels and release
1115 ammonia (Cooke, 2017). With insufficient oxygen levels, hypoxia can cause a stress
1116 response in salmonids (McNeill and Perry, 2006; Remen, 2012), and salmon can die within
1117 minutes of not respiring (Stien *et al.*, 2013). Respiration can also be limited during handling
1118 or from non-functional gills as a result of injury, disease, or parasites (Noble *et al.*, 2018).

1119 Imbalances of these parameters can cause direct harm to the fish through disruption of
1120 physiological functions, such as ionic regulation, gill and kidney function, or by destroying the
1121 fish's mucous coating (Conte, 2004). Poor water quality can also affect a salmon's
1122 immunocompetence, growth, and survival (Santurtun, Broom and Phillips, 2018).

1123 Temperature is another important environmental factor influencing salmon biology (Stien *et*
1124 *al.*, 2013; FAWC, 2014; Noble *et al.*, 2018a). Being poikilothermic, the body temperature of
1125 salmon is regulated by ambient water temperature, which can therefore only be controlled by
1126 swimming to other available areas with the most appropriate temperature (Noble *et al.*,
1127 2018). Temperature, together with oxygen, determines the metabolic rate of salmon and acts
1128 as a controlling factor for the salmon's physiological performance, including their capacity for
1129 dealing with other stressors (Stien *et al.*, 2013).

1130 Temperature and light have other direct implications for salmon behaviour and welfare.
1131 Oppedal *et al.* (2007) found a behavioural trade-off in Atlantic salmon between preferences
1132 for temperatures in a thermally stratified environment and attraction to brighter parts of the

1133 cage. Crowding due to competition for favourable conditions (e.g. appropriate temperature
1134 and light levels) could likely be a more serious welfare concern than stocking density in and
1135 of itself, and sites with strong vertical temperature stratifications should take the possibility of
1136 such schooling densities occurring into account (Oppedal, Juell and Johansson, 2007).
1137 When salmon transition from freshwater to seawater, appropriate photoperiods, temperature,
1138 and salinity conditions are required for proper timing and completion of events such as
1139 smoltification and sexual maturation (Brown *et al.*, 2008).

1140 Being anadromous, Atlantic salmon are also under threat from osmotic stress, particularly
1141 during the transfer of smolts to sea. Fish that are not physiologically ready to move to
1142 seawater can suffer from hyperosmotic stress, often dying as a result (FAWC, 2014; Noble
1143 *et al.*, 2018). Conversely, there is the danger of smolts reverting back to freshwater
1144 physiology if kept in freshwater for too long (Stien *et al.*, 2013; FAWC, 2014; Noble *et al.*,
1145 2018). Smoltification, however, is becoming a more effectively managed process through
1146 which the industry is using environmental and dietary manipulation in an attempt to increase
1147 uniformity of fish before transfer to seawater (FAWC, 2014).

1148 **Stocking density:** The deterioration of water quality is also directly proportional to the
1149 biomass and metabolism of the salmon in relation to the volume and turnover of water
1150 (Håstein, Scarfe and Lund, 2005). The impact that the stocking density has on fish welfare is
1151 difficult to assess, due its complex nature and the numerous interrelated factors involved
1152 (Håstein, Scarfe and Lund, 2005; Bergqvist and Gunnarsson, 2013). However, stocking
1153 density is closely related to water quality (Ashley, 2007; FAWC, 2014) and affects other
1154 aspects of fish welfare at all life-cycle stages (Håstein, Scarfe and Lund, 2005; Bergqvist and
1155 Gunnarsson, 2013; FAWC, 2014; Cooke, 2017). In addition to deteriorating water quality,
1156 inappropriate stocking densities can severely impact the welfare by increasing agonistic
1157 behaviours between individuals, leading to poor body condition and increased stress levels
1158 (Turnbull *et al.*, 2005; Cooke, 2017; Santurtun, Broom and Phillips, 2018).

1159 Reduced access to food is another possible consequence of inappropriate stocking density
1160 which, in combination with open wounds and increased stress levels, can lead to increased
1161 susceptibility to disease (Cooke, 2017). The FAWC (2014) also suggest that sufficient space
1162 is required to permit normal behaviour and minimise pain, stress and fear of the fish,
1163 although this will depend on a number of conditions. While Turnbull *et al.* (2005) found that
1164 densities above 22 kg/m³ impaired the welfare of Atlantic salmon, the authors determined
1165 that the various factors connected to density means that this value may be appropriate for
1166 some farms but not others depending on different farm practices and conditions.

1167 **Predators:** Aside from injuring or killing salmon in sea pens, the presence of predators can
1168 also have major welfare impacts by causing fear and stress (FAWC, 2014; Cooke, 2017).
1169 This is often manifested by behavioural changes and/or reduction in feeding (Cooke, 2017).

1170 **Environmental enrichment:** In addition to stocking density, Sloman et al. (2019) asserts
1171 the importance of environmental enrichment for the welfare of fish under our care. The
1172 natural environments of fish often have spatial and temporal variations in variables such as
1173 temperature, light levels, and current speeds (Oppedal, Dempster and Stien, 2011), while
1174 the environments that farmed fish tend to experience (e.g. tanks and sea cages) are simple
1175 in design and relatively uniform in comparison (Huntingford *et al.*, 2006; Noble *et al.*, 2018).
1176 Gradients are important for fish to optimize certain factors (temperature, current velocity etc.)
1177 and acquire certain information (regarding hazards, feed acquisition etc.) (Noble *et al.*,
1178 2018). In order to permit fishes to perform more natural behaviours, then how they are
1179 housed must be taken into consideration (Sloman *et al.*, 2019). This raises questions
1180 whether such environments allow sufficient variation for the needs and preferences of the
1181 captive fish (FAWC, 2014). Fish in their natural habitats exhibit preferences for specific
1182 environments, and there are reports linking improved culture performance from
1183 accommodating for fish's behaviours (Conte, 2004). Environmental and feeding enrichment
1184 strategies used during rearing of Atlantic salmon appear to also improve their survival rates,
1185 and may help to reduce any deleterious behaviour (Brown, Davidson and Laland, 2003;
1186 Ashley, 2007). A study from Näslund et al. (2013) suggests that enrichment may also
1187 improve salmon welfare by helping to reduce the impact of stressors experienced in
1188 hatcheries. Tank design, water flow, and the availability of shelters are some of what need to
1189 be considered relative to the species (Huntingford *et al.*, 2006; Sloman *et al.*, 2019).

1190 **1.6.3 Behaviour**

1191 Many stressors are intimately linked with the behaviour of salmon; while stress can initiate
1192 behavioural changes, forced behavioural changes can also cause stress of their own to the
1193 fish (Conte, 2004). Managing this species-specific behaviour, either by supporting the
1194 behavioural needs of salmon or by preventing deleterious behaviours, is therefore critical to
1195 ensuring their welfare (Conte, 2004; Bergqvist and Gunnarsson, 2013; Noble *et al.*, 2018).
1196 Fish behaviours that are known to be affected by stressors include feeding responses,
1197 avoidance behaviours, orientation and taxes (movement in response to a stimulus),
1198 swimming performance, and aggression (Conte, 2004; Huntingford *et al.*, 2006). There are a
1199 number of concerns involving the behaviour of Atlantic salmon which are discussed below:

1200 **Aggression and competition:** Agonistic behaviour to conspecifics has often been recorded
1201 in farmed fish, particularly in a species with hierarchal social orders like Atlantic salmon

1202 (Ashley, 2007; Brown *et al.*, 2008; Bergqvist and Gunnarsson, 2013). As aforementioned,
1203 this behaviour is often a result of improper stocking conditions (inappropriate densities /
1204 feeding methods or heterogeneity in size of fish), which can directly affect the welfare of
1205 lower ranking subordinates by feed deprivation (due to being outcompeted) and injuries from
1206 other individuals, leading to poor growth, increased stress and vulnerability to disease
1207 (Conte, 2004; Huntingford *et al.*, 2006; Ashley, 2007; Bergqvist and Gunnarsson, 2013). Fin
1208 damage in such situations is generally attributed to increased aggression from conspecifics
1209 (Håstein, Scarfe and Lund, 2005; Cooke, 2017; Santurtun, Broom and Phillips, 2018); since
1210 the fins of salmonids seem to be highly innervated, and may function as mechanosensory
1211 organs, biting/damage to fins is likely to be painful (Santurtun, Broom and Phillips, 2018).
1212 Agonistic behaviour and outcompeting during feeding times also means that the increased
1213 feed intake by dominant individuals, at the expense of subordinates, causes a size
1214 divergence within the group of salmon (Santurtun, Broom and Phillips, 2018). This can lead
1215 to a positive feedback situation in which size disparity further increases agonistic behaviour,
1216 and the welfare of lower ranking individuals is impacted further.

1217 **Behaviour control:** Salmon must also be able to freely control their bodily movements and
1218 positioning, including regulation of buoyancy and movements away from stimuli/perceived
1219 dangers (Stien *et al.*, 2013; Noble *et al.*, 2018). When this ability is hindered (e.g. when fish
1220 are crowded or handled), there are significant increases in O₂ consumption, catecholamine,
1221 cortisol and serotonin levels, and avoidance behaviours which all indicate stress and
1222 potential fear (Noble *et al.*, 2018).

1223 **Social contact:** The social needs for predictable interactions between Atlantic salmon vary
1224 through their life stages, being territorial and aggressive during freshwater periods and
1225 changing to schooling behaviours at smoltification (Stien *et al.*, 2013; Noble *et al.*, 2018). In
1226 a study by Fernö and Holm (1986), the frequency of aggression in juvenile Atlantic salmon
1227 was found to have a negative correlation with stocking density. The increase in density was
1228 suggested to hinder the establishment of territories between the salmon, which the study
1229 proposed was the source of their aggressive behaviours.

1230 **Rest:** Having opportunities to reduce activity levels is important for maintaining normal body
1231 functioning in salmonids (Farrell, Johansen and Suarez, 1991; Stien *et al.*, 2013). Salmon
1232 post-smolts reared at higher water velocities have exhibited signs of poor welfare which
1233 include reduced growth, skin and fin damage, and lower expression of the behavioural
1234 repertoire observed in fish at lower velocities (Solstorm *et al.*, 2015, 2016).

1235 **Suppression of behaviour (sexual / feeding / migratory / exploratory):** Maturing wild
1236 Atlantic salmon seem to exhibit an inherent need to migrate to rivers where they can perform

1237 sexual behaviours that include courtship, choosing of mates, and spawning (Thorstad *et al.*,
1238 2011). Confinement to a sea cage may cause suffering if salmon migratory behaviour is
1239 based on an intrinsic drive which the salmon are then unable to fulfil (Ashley, 2007). In the
1240 wild, fry and parr constantly explore their environment, and this exploratory behaviour also
1241 enables the fish to learn the location of refuges within their range (Brown *et al.*, 2008).

1242 Salmon are selective feeders with an ability to distinguish between different types of feed
1243 (Brown *et al.*, 2008), and this could provide an opportunity for enrichment via feeding
1244 methods (e.g. live prey for salmon parr; (Brown, Davidson and Laland, 2003). Aside from
1245 aggression, abnormal behaviours (e.g. atypical swimming) often result from the suppression
1246 of certain behavioural needs (Ashley, 2007), which is indicative of stress and poor welfare as
1247 the animal makes constant unsuccessful attempts to remedy its situation (Bergqvist and
1248 Gunnarsson, 2013).

1249 **1.6.4 Handling, transport, and slaughter**

1250 The time periods involved in handling, transport, and slaughter are relatively brief compared
1251 with the growth period. However, these activities can be damaging, stressful, and result in
1252 very poor welfare (Chandroo, Duncan and Moccia, 2004; Håstein, Scarfe and Lund, 2005;
1253 Huntingford *et al.*, 2006; Bergqvist and Gunnarsson, 2013). These activities therefore require
1254 significant consideration. The concerns related to these procedures are closely linked to
1255 many of the factors previously mentioned, a number of which (e.g. water quality, injuries) are
1256 more likely to result in harsher consequences due to the conditions involved.

1257 **Handling and transport:**

1258 The handling and transportation of salmon, whether it be from freshwater to seawater, to
1259 stunning and killing facilities, or for routine inspection, is an unavoidable part of the farming
1260 process (Brown *et al.*, 2008; Bergqvist and Gunnarsson, 2013; Santurtun, Broom and
1261 Phillips, 2018), and involves a number of potential stressors which can affect salmon welfare
1262 differently.

1263 These stressors include: crowding, handling, pumping, poor water quality, removal from
1264 water, exhaustion, injuries, confinement, and spread of disease (Chandroo, Duncan and
1265 Moccia, 2004; Håstein, Scarfe and Lund, 2005; Huntingford *et al.*, 2006; Bergqvist and
1266 Gunnarsson, 2013; Santurtun, Broom and Phillips, 2018).

1267 Short-term crowding of fish prior to management procedures, such as transport, can be one
1268 of the most stressful stages for salmon (Santurtun, Broom and Phillips, 2018). There are
1269 potential decreases in O₂ levels and water quality, along with increased chances of injury

1270 through abrasion and possible increased stress responses to further stressors (e.g. net
1271 capture) (Ashley, 2007). Along with pumping, handling, and grading of salmon, crowding
1272 provides opportunities for damage to the epithelial layer (FAWC, 2014; Santurtun, Broom
1273 and Phillips, 2018). Such injuries from these practices often lead to an increased risk of
1274 infection owing to the loss of the salmon's physical and chemical barriers (scales, skin and
1275 mucous coat) (Conte, 2004; Ashley, 2007). This is coupled with the fact that such physical
1276 disturbances often evoke the neuroendocrine stress response, resulting in increased blood
1277 cortisol levels which (if kept at high levels over long periods of time) is associated with
1278 decreased disease resistance (immunosuppression; Huntingford *et al.*, 2006; Santurtun,
1279 Broom and Phillips, 2018). Consequently, the spread of disease often becomes a serious
1280 health and welfare concern during these practices. Transporting or handling salmon usually
1281 leads to the fish being out of water for short periods, which can also elicit maximal
1282 emergency physiological responses in fish (Ashley, 2007). In addition to physiological
1283 stressors and the risk of external wounds, excessive weight when handling fish out of the
1284 water can lead to further injuries from compression, including spinal damage (Conte, 2004).

1285 During transportation, poor water quality can adversely affect a salmon's
1286 immunocompetence, seawater tolerance, growth, and survival (Santurtun, Broom and
1287 Phillips, 2018). Maintaining appropriate O₂ levels, pH, temperature, and salinity are
1288 important in preventing physiological stress to the salmon (Huntingford *et al.*, 2006; Cooke,
1289 2017). The build-up of metabolic wastes in confined spaces, such as ammonia and CO₂, are
1290 also essential in minimising stress (Ashley, 2007; Santurtun, Broom and Phillips, 2018).
1291 Confinement alone could also be a stressor, leading to increased cortisol levels in some fish
1292 species (Huntingford *et al.*, 2006). In order to help maintain good water quality by reducing
1293 metabolism and evacuating the fish's gut, food withdrawal prior to transport and disease
1294 treatment is a commonly used practice (Conte, 2004; Ashley, 2007). Being ectothermic,
1295 short-term feed deprivation is likely to be less detrimental for salmon welfare, although it is
1296 still important to appreciate the effects of starvation and malnutrition, which can include
1297 changes in metabolic activity and behaviour related to competition (e.g. potential for
1298 increased aggression) (Ashley, 2007; Cañon Jones *et al.*, 2010).

1299 **Slaughter:**

1300 It is well known that poorly managed slaughter can cause severe negative effects on welfare
1301 at numerous stages before the actual death of the fish, including pain, fear, stress, starvation
1302 and exhaustion (Conte, 2004; Håstein, Scarfe and Lund, 2005; Huntingford *et al.*, 2006;
1303 Ashley, 2007; Bergqvist and Gunnarsson, 2013; Cooke, 2017; Santurtun, Broom and
1304 Phillips, 2018).

1305 Methods of handling during the transfer to the slaughter facilities up to the point of stunning
1306 and loss of consciousness are equally important as the method of slaughter itself, as the
1307 handling can cause significant levels of stress (crowding stress, physical injuries, exhaustion
1308 all possible if done poorly; Ashley, 2007; Cooke, 2017). Prior to slaughter, Atlantic salmon
1309 are often deprived of food or some days to reduce metabolism and evacuate their guts, thus
1310 reducing oxygen demand and waste production during transport and handling (Ashley, 2007;
1311 Santurtun, Broom and Phillips, 2018). Stunning and loss of consciousness must be
1312 confirmed before killing the salmon, and common methods used for Atlantic salmon include
1313 automated percussive stunning (with appropriate type of hammer and force used) and
1314 electrical stunning with the appropriate electric field (Conte, 2004; Ashley, 2007; Bergqvist
1315 and Gunnarsson, 2013; Cooke, 2017; Santurtun, Broom and Phillips, 2018). While these
1316 methods are seemingly able to achieve humane slaughter in Atlantic salmon (Conte, 2004;
1317 Ashley, 2007), poor stunning can occur (Ashley, 2007; Cooke, 2017) causing the animal to
1318 suffer unnecessarily. Loss of consciousness should be confirmed before confirmation of
1319 death (Håstein, Scarfe and Lund, 2005; Ashley, 2007), and the technique used to confirm
1320 the death of the fish should be done swiftly to avoid regain of consciousness (Ashley, 2007).

1321 **1.6.5 Mortality**

1322 Most causes of mortality are typically associated with some form of suffering before death
1323 (Ellis *et al.*, 2012), and the aforementioned health, environmental, and husbandry factors
1324 which could contribute to the death of a salmon are of no exception. Since mortality can be
1325 the result of an array of different problems associated with poor welfare, it follows that
1326 mortality is another principle welfare issue.

1327 Since high mortality rates can arise during episodes associated with disease outbreaks or
1328 poorly managed periods of husbandry, mortality can also serve as an important retrospective
1329 welfare performance indicator (Ellis *et al.*, 2012).

1330 **1.7 Welfare Assessment**

1331 **1.7.1 Considerations when evaluating welfare on a farm site**

1332 To assess every aspect of salmon welfare, a variety of welfare indicators (WIs) have been
1333 established. These WIs are assessments that provide qualitative or quantitative information
1334 on different aspects of the animal's welfare, depending on the WI being used. The complex,
1335 multi-faceted nature of welfare, combined with the various welfare needs of farmed fish,
1336 means that there is no single WI that can cover all the relevant aspects of husbandry
1337 systems, farmed species, and situations (Brown *et al.*, 2008; Algiers *et al.*, 2009). An
1338 accurate assessment of farmed salmon welfare is therefore only possible with a collection of

1339 species-specific (and sometimes system-specific) indicators, which would cover the various
1340 aspects of welfare previously discussed.

1341 A set of criteria should first be set to determine what indicators to include for evaluating
1342 farmed animal welfare (Botreau *et al.*, 2007). This set of criteria should fulfil the following
1343 theoretical and practical requirements for on-farm welfare assessment (Botreau *et al.*, 2007;
1344 Turnbull and Kadri, 2007; Brown *et al.*, 2008; Algers *et al.*, 2009; Noble *et al.*, 2018):

- 1345 • Set list of WIs used must be exhaustive; together, they must cover all important
1346 aspects of welfare.
- 1347 • This list must be kept minimal; i.e., containing only necessary, mutually exclusive
1348 indicators. No repetitive, redundant, largely overlapping, or irrelevant measures.
- 1349 • The indicators must be, at least to some degree, independent from one another. I.e.,
1350 the interpretation of one indicator must not rely on that from another. There should
1351 also be as few functional links between welfare indicators as possible.
- 1352 • WIs must be repeatable on the farm site.
- 1353 • WIs must be validated, reliable, auditable, and feasible for on-farm use.

1354 From this criteria, the determined set of WIs can be applied to assess the welfare in one of
1355 two ways. One option is by how much the fish has deviated from what is the accepted 'norm'
1356 for the animal within a 'good' environment. This is not necessarily that which is 'natural' for
1357 wild fish: assessments of deviation from normality must rather be based on baseline studies
1358 of farmed fish in satisfactory environments (Brown *et al.*, 2008). Alternatively, the determined
1359 set of WIs can be assessed by the degree of non-fulfilment of the animal's 'needs' (Morton
1360 and Griffiths, 1985; Brown *et al.*, 2008; Algers *et al.*, 2009). When applying these WIs to
1361 determine the severity of a welfare problem, it is important to also consider the duration and
1362 the number of individuals affected; this is particularly relevant with the large population sizes
1363 involved within aquaculture (Turnbull and Kadri, 2007).

1364 Although the consideration and action on fish welfare is often carried out at a group level on
1365 fish farms, the consideration of individual fish welfare is equally important, regardless of
1366 whether or not they can be monitored to this point (Brown *et al.*, 2008; FAWC, 2014). To
1367 help ensure that good welfare is maintained, it may also be important to include indirect WIs
1368 that are outside of measuring the fish and their surrounding environment. This could include
1369 indicators through 'good practice' (e.g. staff training on welfare, good husbandry protocols,
1370 health & contingency plans) (Brown *et al.*, 2008).

1371 **1.7.2 Challenges with on-farm assessments of salmon welfare**

1372 The FAWC (2014) state how there are a number of fundamental differences between
1373 monitoring fish and terrestrial animals. When monitoring fish, a number of these differences
1374 have practical problems associated with them, particularly for farmed salmon (some of which
1375 technological solutions have been and are being further developed):

- 1376 • The transition between salt and fresh water has numerous effects that change the
1377 relative importance of indicators, such as water quality, delivery of oxygen, and
1378 vulnerability to certain diseases and parasites. Ergo, welfare assessments are
1379 context dependent
- 1380 • The 3-dimensional aquatic environment means that salmon are only visible from the
1381 surface (also often severely limited) unless aided with monitoring equipment. This
1382 adds challenges for the identification and monitoring of individuals, particularly in sea
1383 cages with 100,000s of fish. Video filming has been used to reveal the physical
1384 status and behaviour of fish, while sonar and echo integration has been used to help
1385 visualize the distribution of large numbers of fish (Juell *et al.*, 2003)
- 1386 • Being stocked at such high numbers and densities also creates practical challenges
1387 for how the fish can be properly monitored
- 1388 • There are a number of behavioural implications for an animal such as salmon
1389 (naturally migratory species, poikilothermic animal that controls their physiology by
1390 selecting appropriate environmental conditions, hierarchical structure within the
1391 species etc.) that must be considered when assessing their welfare

1392 The evaluation of the needs of the salmon, and ultimately its welfare, should also take into
1393 consideration how the functioning of the fish (physiological and behavioural) differs
1394 drastically during the different life stages of the fish (egg → alevin → fry → parr → smolt →
1395 Adult Salmon) (Brown *et al.*, 2008). For example, levels of aggression to conspecifics can be
1396 particularly higher in the FW parr stage; schooling behaviours can also depend on group
1397 size and life stage, which in turn can also reduce agonistic behaviours in salmon (Brown *et*
1398 *al.*, 2008).

1399 **1.7.3 Assessing welfare: welfare indicators**

1400 *1.7.3.1 Different classes of welfare indicators (OWIs, LABWIs, etc.)*

1401 Welfare indicators (WIs) are often classified by how appropriate they are for on-farm use in
1402 terms of practicality (Noble *et al.*, 2018). Operational Welfare Indicators (OWIs) are WIs that
1403 are feasible enough for staff to use on farm sites (Noble *et al.*, 2018). Laboratory Based

1404 Welfare Indicators (LABWIs), which tend to provide in-depth information to certain
1405 parameters of the animal, are WIs that require access to analytical facilities (e.g. laboratory)
1406 for their measurement and thus tend to not be appropriate for on-farm use (Noble *et al.*,
1407 2018). OWIs can also be further classified by the degree of labour and time required to carry
1408 them out on-site (passive vs. manual OWIs).

1409 The FISHWELL Handbook also presents a simplified scoring system for the 'operational
1410 feasibility' of WIs, based on sampling and analytical considerations for each WI (Noble *et al.*,
1411 2018). Their scoring system is as follows: 1 = Readily usable on-site; 2 = Usable on site but
1412 requires expertise, further data analysis, or specialist equipment; 3 = Can be sampled on-
1413 site but must be analysed in a laboratory; 4 = Either unable to sample on-site, or currently
1414 requires extended periods of analysis in a laboratory.

1415 Put simply; 1 = Passive OWI; 2 = Manual OWI; 3-4 = LABWI.

1416 WIs can also be classified into different groups by how directly they measure the animal's
1417 welfare. WIs have been broken down into groups below based largely on the FISHWELL
1418 Handbook and other literature (Brown *et al.*, 2008; Noble *et al.*, 2018):

1419 1) Animal-based WIs (i.e., direct / outcome-based WIs): Observations made on
1420 physiological, morphological or behavioural parameters of the animal

1421 2) Environmental-based WIs (i.e., indirect WIs): Observations made on the surrounding
1422 environment

1423 3) Risk-based WIs (i.e., resource / husbandry-based WIs): Observations on the risks posed /
1424 minimised on farming processes, farm management, staff training etc. These also act as
1425 indirect WIs for the salmon

1426 The following lists of indicators have been extracted from the FISHWELL Handbook and
1427 divided into the appropriate groups. Their 'operational feasibility scores' have been given
1428 corresponding colours to represent which indicators would currently be appropriate as OWIs.

1429 1.7.3.2 *Animal-based indicators (direct / outcome “measures”) (Noble et al., 2018)*

Table 1-1. Overview of (individual) animal-based welfare indicators, and their corresponding ‘operational feasibility scores’.

Welfare indicator	Score
Sea lice infestation, condition indices (CI, hepato-somatic index, cardio-somatic index), morphological WIs, emaciation state, sexual maturity state, vertebral deformation, fin condition, scale loss / skin condition, snout / jaw condition, opercula condition, eye haemorrhage, handling trauma, feed in intestine, skin colour change.	1
Opercular beat rate, gill bleaching & status, smoltification state, abdominal organs, vaccine-related pathology, blood & muscle glucose / lactate / pH.	2
EEG & ECG, blood cortisol / ionic composition, cardiovascular responses, osmolality, haematocrit.	3-4

Table 1-2. Overview of (group) animal-based welfare indicators, and their corresponding ‘operational feasibility scores’.

Welfare indicator	Score
Mortality rate, surface activity, appetite, scales & blood in water.	1
Behaviour: Abnormal, aggression, emaciated fish, bulk oxygen uptake.	2
Disease / health parameters, slaughter parameters (EEG, ECG, VER)	3-4

1430 1.7.3.3 *Risk & environmental-based indicators*

Table 1-3. Overview of environmental welfare indicators, and their corresponding ‘operational feasibility scores’.

Welfare indicator	Score
Water quality (temperature, salinity, oxygen, CO ₂ , pH, alkalinity, turbidity), lighting, stocking density,	1
Total Ammonia Nitrogen (TAN), nitrite/nitrate, water current speed, ammonia	2
Total suspended solids, heavy metals	3-4

1431 ***Risk-based indicators:***

1432 Staff training (feeding routines, handling fish, disease control, interventions etc.), biosecurity
 1433 measures, maintaining on-farm records and the frequency of handling fish on-site (for
 1434 grading, treatments, transport etc.) could all be assessed in addition to the previously
 1435 mentioned OWIs, as these factors ultimately can play a significant role in influencing the
 1436 state of welfare with these farmed salmon (Brown *et al.*, 2008).

1437 1.7.3.4 *Behavioural analyses of farmed Atlantic salmon*

1438 There are a number of behaviours that can be evaluated as OWIs, at either the individual or
 1439 group level, which deserve further elaboration. A salmon’s behaviour will depend on the
 1440 context, its species-specific behavioural repertoire, and the ability of an individual to adapt at
 1441 any given moment (Ohl and Van der Staay, 2012). When using behaviour to evaluate the
 1442 salmon’s ability to cope with its surroundings, it is specifically the change of an animal’s
 1443 behaviour in response towards certain given stimuli over time (e.g. feeding events) that can
 1444 inform us about the individuals ability to cope with its surroundings and possible stressors
 1445 (Ohl and Van der Staay, 2012).

1446 Fish behaviours that are known to be affected by stressors (and thus could potentially be
1447 used as OWIs) include various swimming performances, thermoregulation, orientation,
1448 avoidance behaviours, feeding responses, and predator evasion (Conte, 2004). The
1449 application of Qualitative Behavioural Assessment (QBA) has recently been explored for
1450 farmed Atlantic salmon (Jarvis *et al.*, 2021). This technique involves first generating a list of
1451 terms to describe the animal's range of behavioural expressions (specifically how it carries
1452 out behaviours, rather than what behaviours it carries out), and then scoring each of these
1453 terms by the degree to which each are present within the assessment. This first study
1454 proved that QBA is applicable for farmed salmon, achieving acceptable inter and intra-
1455 observer reliability in QBA scores obtained and significantly correlating these scores with
1456 other ethogram-based behavioural measures (Jarvis *et al.*, 2021). However, no study has
1457 yet examined QBA's capabilities in capturing changes in emotional expressivity QBA for
1458 farmed salmon following exposure to stressors. QBA could prove to be a valuable tool for
1459 farmed salmon welfare monitoring, providing a time-efficient, non-intrusive approach to
1460 objectively evaluating a range of emotional states that may be present within salmon (Jarvis
1461 *et al.*, 2021). Through further validation, the successful inclusion of QBA as such a tool
1462 would allow for incorporating a 'feelings-based' approach into farmed salmon welfare
1463 assessments. Like any other welfare indicator, however, QBA would need to be used in
1464 combination with other welfare indicators to ensure a comprehensive assessment.

1465 *1.7.3.5 Implementing OWIs within welfare assessments*

1466 As previously mentioned, selecting certain OWIs to use as part of a welfare assessment
1467 scheme will likely depend on the production system, the life stage of the salmon, and the
1468 specific goals of the welfare assessment (routine monitoring, assessing welfare during
1469 intensive practices like treatments or crowding, auditing, etc.; Brown *et al.*, 2008; Noble *et al.*
1470 *et al.*, 2018). Each welfare indicator used will have their own strengths and weaknesses in
1471 measuring salmon welfare, along with sampling and analytical considerations that must be
1472 acknowledged before choosing to use them (Noble *et al.*, 2018). Furthermore, each welfare
1473 indicator will only address certain aspects of welfare and so a variety in OWIs used is vital.

1474 For example, when using morphological OWIs as part of a welfare assessment scheme (e.g.
1475 fin damage, skin damage, eye damage, opercular injuries), there are a number of sampling
1476 and analytical considerations to take into account (Noble *et al.*, 2018); such OWIs can be
1477 qualitatively assessed using observations from above water if the visibility allows for it (or
1478 with the use of cameras in real time), and abrupt changes in prevalence can act as an
1479 indicator of compromised welfare. However, the severity or frequency of the problem cannot
1480 be accurately determined with this method. Alternatively, such OWIs can be quantitatively

1481 assessed on a farm site, depending on the sampling and manual handling of the fish at
1482 specific times on the site. This is because sampling for this purpose must avoid further harm
1483 to the fish. The sample must also be representative of the entire population; this can either
1484 be done at opportunistic times (e.g. when all fish are being graded or vaccinated, and there
1485 is the possibility of capturing a 'snapshot' of each fish), or the sampling will be time-
1486 consuming, labour intensive, and potentially disruptive to existing husbandry tasks like
1487 feeding (Noble *et al.*, 2018).

1488 There are obvious strengths to external morphological OWIs. External injuries are immediate
1489 indications that welfare has been significantly impacted (Noble *et al.*, 2012). In addition to
1490 being easy to observe during routine sampling, increases in injury frequency and severity
1491 are quick, feasible, and robust OWIs of poor welfare along with presenting an underlying
1492 cause that requires further investigation (Noble *et al.*, 2018). There are, however, also
1493 weaknesses associated with such OWIs. Injuries can have various potential causes, and
1494 further investigation is required to identify the source of the problem. As previously
1495 mentioned, these OWIs can also be very time-consuming, especially in deep sea cages
1496 (Noble *et al.*, 2018). Accordingly, the different strengths, weaknesses, sampling and
1497 analytical considerations of each OWI that is chosen must all be appreciated within the
1498 context of the welfare assessment being carried out.

1499 *1.7.3.6 Selecting and combining OWIs based on the purpose of the WAS*

1500 As previously mentioned, the purposes behind a welfare assessment scheme can vary
1501 greatly, and different purposes may require different approaches behind how salmon welfare
1502 is assessed. This can consequently determine the inclusion or exclusion of certain OWIs,
1503 and whether they are animal, environmental, or risk-based. Certain approaches may also
1504 require a different structure behind how the OWIs are organised and evaluated.

1505 This section will examine this variety, and briefly compare currently existing WASs on how
1506 they differ depending on their purposes. This will include:

- 1507 1) What OWIs are included, and why.
- 1508 2) The structure of the WAS (i.e., how OWIs are combined into different categories).
- 1509 3) If there is a scoring system included, how this is implemented.

1510 **Example #1 – Salmon Welfare Index Model (SWIM 1.0):**

1511 This WAS is designed to enable farmers to conduct a standardised assessment of salmon
1512 welfare (specifically in sea cages) using a set list of OWIs (Stien *et al.*, 2013). 'SWIM 1.0'
1513 acts mainly as a diagnostic tool, identifying what OWIs are exhibiting reduced welfare on-

1514 site. From this, farmers can then address the relevant issues in order to improve the welfare
1515 of their salmon. The 17 OWIs included within SWIM 1.0 were selected based on the
1516 following criteria:

1517 1) Focusing on 'quality of life, as perceived by the animals themselves', certain OWIs would
1518 need to cover needs from the animal's point of view

1519 2) OWIs were to be used specifically by farmers on sea cages

1520 3) OWIs would need to be linked to either:

1521 3a) Physical welfare needs, including respiration, osmotic balance, nutrition, overall
1522 health, thermoregulation

1523 3b) Behavioural welfare needs, including control of behaviour, feeding, safety and
1524 protection, social contact, exploration, kinesis, rest, sexual behaviour, and body care

1525 The model of assessment is based on the assumption that salmon experience a continuum
1526 of welfare states, varying from poor to excellent, and that these states are closely related to
1527 the degree of fulfilment of the aforementioned welfare needs. Each OWI in SWIM 1.0 is
1528 divided into different levels or ranks, with each rank being assigned an 'indicator score'. For
1529 example, temperature: #1 = 10-15°C, #2 = 7-10°C, #3 = 16-17°C etc. Notably, SWIM 1.0
1530 combines all OWIs (and their corresponding 'indicator scores') to calculate a single score
1531 (i.e., 'overall welfare index') which is then used to represent the welfare status achieved
1532 within a sea cage. To determine how much the 'indicator score' from each OWI impacts the
1533 final 'overall welfare index', weighted scores are calculated and used for each OWI. These
1534 are based on the supposed intensity, duration, and incidence of the welfare impact that has
1535 been linked to each OWI (and its different levels), which was determined through a
1536 systematic literature review carried out beforehand (Stien *et al.*, 2013).

1537 There are advantages to providing a single welfare score; standardised scores facilitate
1538 comparisons between different sea cages, allows for monitoring changes to overall welfare
1539 over time, and makes it easier for stakeholders and consumers to interpret and make
1540 comparisons of their own. However, relying solely on a single score may result in the full
1541 story of the salmon's welfare status being poorly represented. In situations where the overall
1542 index indicates that an 'acceptable' welfare status has been achieved, it is possible that
1543 certain OWIs (which have been scored poorly) are masked by other OWIs that have
1544 achieved far better scores. In addition, evaluating such scores (and how they are weighted
1545 against each other) will inevitably depend on the subjective lines that are drawn between
1546 what is "acceptable" or "unacceptable" welfare. A balance should be found in what
1547 actionable insights are found from such an assessment, where important aspects of the

1548 salmon's welfare (e.g., behavioural and physical needs) remain separated and the
1549 evaluation of each aspect (i.e., whether or not it is acceptable) be context-dependent.

1550 **Example #2 – Certification schemes (welfare standards):**

1551 Whereas SWIM 1.0 exists as a diagnostic tool, there are other WASs that exist moreso for
1552 the purpose of certification schemes, like the 'Code of Good Practice' (CoGP) and the
1553 RSPCAA welfare standards for farmed Atlantic salmon (Scottish Salmon Producers
1554 Organisation, 2015; RSPCA, 2021). In contrast to SWIM 1.0, these certification schemes
1555 tend to follow more of a risk-based approach, with the main purposes being to (Stien *et al.*,
1556 2013):

- 1557 1) Identify hazards, their consequences, and probabilities of occurrence.
- 1558 2) Find critical control points in the production process.
- 1559 3) Orient standards around these control points to avoid welfare risks from occurring in the
1560 first place (e.g., stress, injury, disease, malnourishment, and mortality).

1561 As the set criteria for these certification schemes prioritise managing the aforementioned
1562 control points within the production process, there is largely a focus on farming conditions
1563 and husbandry practices that essentially act as indirect OWIs. These criteria involve species-
1564 specific requirements, or 'clauses', that are organised into different sections within the
1565 standards by their relevance to specific husbandry practices or production stages (e.g.,
1566 sections for farm site locations, stocking density, predator control, handling / crowding /
1567 transportation, slaughter, handling mortalities, maintenance of records and equipment etc.)
1568 (Scottish Salmon Producers Organisation, 2015; RSPCA, 2021). Farm sites certified under
1569 these certification schemes are expected to adhere to the relevant clauses and undergo
1570 annual audits to prove their compliance (Scottish Salmon Producers Organisation, 2015;
1571 RSPCA, 2021). Instead of calculating an overall welfare index, these audits evaluate farm
1572 sites based on their level of compliance to the clauses. Violations, or 'non-compliances',
1573 range from less severe (i.e., not likely to cause suffering to the salmon, resulting in a formal
1574 warning to farm staff) to more severe or repeated non-compliance (i.e., assessors have
1575 identified that salmon have likely suffered directly as a result of neglect or malpractice) that
1576 may lead to suspension or withdrawal of the certification.

1577 *1.7.3.7 Concluding remarks on contrasting WASs*

1578 The SWIM 1.0 and certification schemes mentioned are all WASs that recognise certain
1579 conditions within salmon farming (e.g., stocking density, stressors, disease, injury, etc.) as
1580 key factors that impact salmon welfare. However, the difference in their purposes (i.e., how

1581 these WASs approach the monitoring and maintaining of these key factors) results in distinct
1582 differences to the selection, structure, and evaluation process of the OWIs involved, even
1583 when the same production systems (e.g., sea cages) are involved.

1584 Such contrasts between the different WASs highlights an important consideration when
1585 working to develop, evaluate, or improve a specific WAS. Clear guidelines must first be set
1586 on what purpose the WAS has; to facilitate routine monitoring on-site, or to act as an
1587 auditable set of clauses that provide welfare assurances under a certification scheme?

1588 **1.8 The proposed study**

1589 With production of Scottish Atlantic salmon reaching an all-time high of 205,393 tonnes in
1590 2021, and over 50 million smolts being transferred to sea in that year (Munro, 2022),
1591 concerns for farmed salmon welfare have understandably grown amongst stakeholders and
1592 the public (Bergqvist and Gunnarsson, 2013; Barreto *et al.*, 2021). Considering the ample
1593 evidence gathered in this chapter suggesting that fish are capable of perceiving their own
1594 welfare, there are a number of ethical obligations involved with ensuring the appropriate
1595 protection of farmed salmon welfare. In more recent years, these concerns have expanded
1596 towards ensuring that welfare assessments for fish also monitor their positive experiences
1597 (Fife-Cook and Franks, 2019; Franks, Ewell and Jacquet, 2021; Browning, 2023).

1598 Further developments are therefore required to ensure that the industry is capable of not
1599 only monitoring and safeguarding all dimensions of farmed salmon welfare (i.e., both their
1600 physical and mental well-being), but are able to do so in a practical, robust manner while
1601 providing evidence for this.

1602 However, providing meaningful, industry-relevant contributions towards the monitoring and
1603 management of farmed salmon welfare is no simple task. This chapter has already
1604 established how complex and multi-faceted the concept of welfare is for any animal, and the
1605 anadromous life cycle of Atlantic salmon presents additional complexity to this (Marschall *et al.*, 1998). There are various rearing conditions, husbandry practices, practical
1606 considerations, and responsibilities of farm staff that must be considered when monitoring
1607 and safeguarding farmed salmon welfare, all of which can be specific to each production
1608 stage (Bergqvist and Gunnarsson, 2013; Noble *et al.*, 2018).

1610 In view of this complexity, it was vital that this PhD study utilise both industry expertise and
1611 data on current and past welfare practices within the Scottish salmon farming sector to first
1612 gain insights into the current state of farmed salmon welfare. Farm staff have extensive
1613 hands-on experience in protecting salmon while carrying out husbandry practices
1614 (Størkersen *et al.*, 2021). They will thus likely have a unique understanding of the practical

1615 limitations involved in implementing welfare monitoring and management practices. In
1616 addition, welfare standards are one of the few avenues (outside of legislation) through which
1617 assurances can be provided on what level of welfare is actually being achieved for farmed
1618 salmon (FAWC, 2014). However, there has been limited research into the underlying
1619 frameworks for these standards, what requirements / clauses they consist of (and why), and
1620 how farm sites are complying with them.

1621 **1.9 Aims and objectives**

1622 The overall aim of this PhD study was to provide industry-relevant contributions to the on-
1623 farm welfare assessment and safeguarding of Atlantic salmon. An integral aspect of this aim
1624 included the validation of a novel welfare assessment tool that would be applicable within an
1625 on-farm context.

1626 The following objectives were set out for this thesis:

1627 1) Gather opinions from Scottish salmon farmers in order to:

1628 1a) Evaluate the relative perceived importance that different production stages, husbandry
1629 practices, and specific concerns have regarding farmed salmon welfare.

1630 1b) Obtain insights into current welfare practices and challenges associated with monitoring
1631 and assessing farmed salmon welfare.

1632 1c) Identify research priorities that have the most potential for further improving the
1633 practicality and effectiveness of on-farm welfare assessments.

1634 2) Investigate how farm site compliance to welfare standards has changed over the years,
1635 and what insights this provides into the welfare practices of the Scottish salmon farming
1636 sector.

1637 2a) Determine to what extent these welfare standards are able to provide evidence for what
1638 level of welfare has been achieved for farmed salmon.

1639 2b) Investigate what limitations may exist for these standards, and why.

1640 3) Validate the application of a novel welfare assessment tool that effectively addresses the
1641 key needs, highlighted from objectives 1-2, for further improving on-farm welfare
1642 assessment.

1643 **1.9.1 Project outline**

1644 Chapter 1 of this thesis consists of a comprehensive literature review covering key aspects
1645 of conceptualising animal welfare, the evidence for fish sentience and importance of farmed
1646 salmon welfare, factors and indicators relevant to farmed salmon welfare, and important
1647 considerations for on-farm welfare assessments.

1648 Chapter 2 details a study which gathered opinions from the Scottish salmon farming industry
1649 in order to investigate the relative importance of different husbandry practices, production
1650 stages, overall welfare concerns, welfare indicators, and research priorities within the
1651 industry.

1652 Chapter 3 investigates what role welfare standards have to play in providing assurances for
1653 farmed salmon welfare, as well as what role they could play in the future provided that
1654 improvements are made in the practicality of certain welfare indicators. In addition, this study
1655 also provides insights into how welfare practices within the industry have changed over the
1656 years through examining changes in farm site compliance to these standards.

1657 Chapter 4 reports on the first study to demonstrate the ability of Qualitative Behavioural
1658 Assessment (QBA) to capture changes in the behavioural expression of Atlantic salmon
1659 following exposure to a stressful challenge. In this study, QBA was also correlated against
1660 other welfare measures (feed intake and darting behaviours) to further explore what role
1661 QBA could have as a welfare indicator.

1662 Chapter 5 is a general discussion, highlighting how the findings from chapters 2 and 3
1663 informed the development of the QBA experiment conducted in chapter 4. In addition, the
1664 overall outcomes of this PhD study are outlined. Finally, a direction for future research is
1665 proposed, regarding the potential for behavioural welfare assessment tools to utilise
1666 emerging technologies to further leverage the benefits of implementing non-intrusive,
1667 animal-based welfare indicators that can be carried out remotely.

1668 **1.10 References**

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1969 fear conditioning in goldfish. *Behavioural and Brain Functions*, 6(1), pp. 1–9.

1970 **CHAPTER 2. Concerns and research priorities for Scottish**
1971 **farmed salmon welfare – an industry perspective**

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1976 **2.1 Abstract**

1977 The intensification of Scottish salmon farming has been associated with increasing demands
1978 for the monitoring and safeguarding of farmed salmon welfare. Continued growth of farm
1979 productivity, while avoiding adverse effects on salmon welfare, will require the development
1980 of effective welfare assessment tools. This paper reports on a survey of the Scottish salmon
1981 farming industry, which was conducted to understand current salmon welfare concerns and
1982 priorities for research. As part of a broader aim for further developing tools for on-farm
1983 salmon welfare assessment, a total of 61 individuals working in the Scottish salmon farming
1984 industry took part. This survey intentionally focused on industry stakeholders to provide
1985 insights into current practices and challenges associated with monitoring and assessing
1986 salmon welfare. Participants were recruited through authors' industry contacts, online
1987 advertisements, and searches of company websites. In terms of production stages, survey
1988 participants believed that the seawater rearing stage is a major area of concern, largely due
1989 to the challenges presented by sea lice. Gill health and environmental challenges, mainly
1990 relating to water quality, were two other highly ranked welfare concerns. Methods to monitor
1991 salmon welfare during husbandry practices, where disturbances and contact with the salmon
1992 is unavoidable (particularly during crowding, grading, and interventions), were emphasised
1993 as a priority. Although these were identified as the major concerns, the survey indicated that
1994 there are other significant welfare concerns specific to each production stage that also
1995 require consideration. Participants highlighted non-invasive, remote, and animal-based
1996 welfare measures as important areas for further development for on-farm welfare
1997 assessments. Behavioural measures were identified as having the potential to make a major
1998 contribution in this context. This survey presents the first collection of opinions from
1999 professionals employed across the Scottish salmon farming industry regarding the current
2000 overall state of farmed salmon welfare. This study upholds the importance of using an
2001 integrated approach to welfare assessments, and that behavioural measures could play an
2002 important role in ensuring these assessments benefit both salmon welfare and farm
2003 productivity.

2004 **Keywords:**

2005 Aquaculture; fish health; non-invasive monitoring; animal behaviour; survey.

2006 **2.2 Introduction**

2007 Farmed salmon welfare is inextricably linked to the farming practices and conditions within
2008 the salmon farming industry (FAWC, 2014; Noble *et al.*, 2018). Animal welfare encompasses
2009 the physical and emotional state of an animal, its ability to cope with external events, and its
2010 overall quality of life (as a cumulative result of those events) (Webster, 2016). Animal welfare
2011 is often now an important factor for the public when deciding whether a husbandry system's
2012 continued use is acceptable on ethical grounds (Broom, 2011). In the UK, farmed fish are
2013 also protected with a duty of care requirement under the Animal Welfare Act (2006), with the
2014 majority of salmon farms (~70%) also being certified by the RSPCA Assured standards
2015 (Salmon Scotland, 2020b). Additionally, stress and poor welfare are known to increase
2016 susceptibility to disease, increase mortality rates, and ultimately lead to poor production
2017 (Schreck and Tort, 2016). For reference, Scottish salmon farming generated a direct
2018 economic contribution of £468 million in gross value added in 2018 (Economics, 2020),
2019 placing Scotland as the third largest producer of Atlantic salmon in the world (Kenyon and
2020 Davies, 2018). Safeguarding salmon welfare should therefore be seen as a priority from a
2021 moral, economic, and legal perspective (Animal Welfare Act 2006; Lafferty *et al.*, 2015).

2022 A detailed understanding of the current state of the industry, with regards to welfare, is then
2023 also required to make valid, industry-relevant contributions to farmed salmon welfare. This
2024 includes identifying current concerns facing farmed salmon welfare, along with having
2025 knowledge of relevant production stages, husbandry practices, and the practicalities of on-
2026 farm welfare monitoring and assessment. Such information plays a vital role in developing a
2027 framework for realistic improvements of welfare assessments that, when used, do not come
2028 at the cost of farm productivity.

2029 Various frameworks have been designed to help form the basis of animal welfare
2030 management. The Five Domains model, developing upon the Five Freedoms (Mellor, 2016),
2031 was created to provide a more systematic method for identifying potential welfare impacts
2032 associated with events/situations (Mellor and Reid, 1994). These impacts were divided into
2033 four physical domains (nutrition, environment, health/functional status, behaviour) and one
2034 mental domain (overall mental state). Originally designed to assess "compromise" in the
2035 welfare state of an animal, recent extensions to the Five Domains now facilitate
2036 considerations of positive experiences that may enhance welfare (Mellor and Beausoleil,
2037 2015). It is now widely accepted that emotional affected states are an essential
2038 consideration when promoting positive welfare (Dawkins, 2004, 2006; Fisher, 2009; Paul *et*
2039 *al.*, 2020). The development of welfare assessment tools should then not only focus on

2040 physical well-being and avoiding ‘negative’ welfare, but also promoting emotional well-being
2041 and ‘positive’ welfare (Fife-Cook and Franks, 2019).

2042 In order to capture these different aspects of animal welfare, current welfare assessments
2043 typically include a set of ‘Operational Welfare Indicators’ (OWIs) that are believed to be
2044 practical and appropriate for detecting changes to the animal’s welfare status (Noble *et al.*,
2045 2018). Examples of such welfare assessments include the monitoring program for physical
2046 damage or deformities suggested in the RSPCA Assured welfare standards for farmed
2047 Atlantic salmon (RSPCA, 2018b), and the Salmon Welfare Index Models (SWIM 1.0 and
2048 SWIM 2.0) (Stien *et al.*, 2013; Pettersen *et al.*, 2014). Selected OWIs range from
2049 environmental (e.g., water temperature, oxygen saturation, salinity) to animal-based
2050 indicators (e.g., fin/eye/snout damage, deformities, changes in behaviour, sea lice
2051 infestation) (Stien *et al.*, 2013; Noble *et al.*, 2018). As on-farm assessments are limited to
2052 including Welfare Indicators (WIs) that are currently practical and affordable to use (Noble *et*
2053 *al.*, 2018), it is likely that the full potential for how we can monitor and safeguard farmed
2054 salmon welfare is not yet realised. Stien *et al.* (2013) anticipate that these assessments,
2055 including their SWIM 1.0 model, will need further “upgrading” either through the development
2056 of current WIs or inclusion of entirely new WIs.

2057 Identifying where improvements should be made, either within on-farm assessments or the
2058 general management of salmon welfare, is no easy feat. Monitoring and safeguarding
2059 farmed salmon welfare presents various challenges due to their complex, anadromous life
2060 cycle (Marschall *et al.*, 1998). There are rearing conditions, husbandry practices,
2061 responsibilities and welfare considerations that are specific to each production stage
2062 (Bergqvist and Gunnarsson, 2013; Noble *et al.*, 2018). The total tonnage of seawater fish
2063 produced per employee has also increased over 10-fold since 1985 (Ellis *et al.*, 2016). This
2064 increasing intensity of production means that work practices, including welfare assessment
2065 tools, have to be time-efficient in order to be practical in the commercial production
2066 environment. When forming opinions on welfare concerns within this context, on-site
2067 experience of the various production stages can provide important perspectives on both the
2068 current practices and the relevant challenges that are faced. Professionals employed in
2069 salmon farming may potentially have a better understanding of how the processes involved
2070 are linked with salmon welfare, particularly with what practical limitations there are when
2071 implementing welfare assessments into their farming routines. Including these
2072 considerations during any developments of welfare assessment tools or management
2073 therefore increases the likelihood of their adoption on-site. Production staff ultimately play an
2074 essential role in safeguarding salmon welfare, where they share knowledge and develop and
2075 execute routines to protect farmed fish (Størkersen *et al.*, 2021). In this survey, we

2076 attempted to access the collective knowledge of these production staff with the assumption
2077 that it would provide valuable insights into where farmed salmon welfare can be further
2078 advanced.

2079 To date, no study has been conducted which focuses solely on professionals directly
2080 employed in Scottish salmon farming to assess their opinions on the state of this industry
2081 with regards to salmon welfare. A broader gap-analysis study was carried out on
2082 stakeholders from the European aquaculture sector and research community in 2018, with
2083 an aim of investigating research priorities for overall farmed fish welfare (Manfrin, Messori
2084 and Arcangel, 2018). However, in this 2018 study, Atlantic salmon were just one of nine
2085 species investigated over several countries.

2086 It has been suggested that taking into account different perspectives within a particular
2087 industry, and working towards building a clear consensus on future research priorities,
2088 provides the best foundation for progressing fish welfare (Manfrin, Messori and Arcangel,
2089 2018). This approach should be no different when making progress in the monitoring and
2090 management of farmed salmon welfare. This could take the form of farm staff either helping
2091 to identify key areas of concern, or highlighting any considerations that need to be made
2092 when improving on-farm assessments or the overall management of salmon welfare. Hence,
2093 this survey aimed to answer the following research questions:

2094 1) Investigate the relative importance that different production stages, husbandry practices,
2095 and specific welfare concerns have towards farmed salmon welfare, as perceived by farm
2096 staff.

2097 1a) In addition, assess any potential differences in these opinions and perceptions between
2098 farm staff with different professional backgrounds.

2099 2) Identify which research priorities have the most potential for further improving the
2100 practicality and efficacy of on-farm salmon welfare measures.

2101 Through addressing these research questions, this study will have provided a substantial
2102 contribution towards developing the practicality and efficacy of on-farm welfare assessment
2103 and management.

2104 **2.3 Materials and methods**

2105 **2.3.1 Recruitment and survey development**

2106 Ethical approval for the survey development, recruitment methods and final version of the
2107 survey was obtained from the General University Ethics Panel (GUEP) at the University of
2108 Stirling (Project identification code GUEP (19 20) 858).

2109 Survey development began with a key informant interview with two staff from a local
2110 hatchery. The discussion was based on open-ended questions regarding salmon welfare,
2111 prepared in advance of the interviews. These questions acted as a starting point for
2112 discussing general welfare concerns, which allowed the first version of the survey questions
2113 to be drafted. The first survey draft was piloted on 10 volunteers across different farming
2114 companies during a fish welfare course delivered at the Institute of Aquaculture, Stirling
2115 (February 2020). With each iteration of the survey, the following feedback (based on either
2116 responses to the survey questions or post-interview discussions) was obtained from
2117 participants to help further refine the questions and survey structure:

- 2118 • For any of the question sections, was there any relevant information, topics, or
2119 opinions that participants felt were important to still share but they did not get the
2120 chance to?
- 2121 • Were there any important questions or topics left out of the survey that participants
2122 felt were missing?
- 2123 • Did the wording or structuring of any questions confuse participants in any way? I.e.,
2124 was every question concise and easy to understand, and if not, why?
- 2125 • Did the responses gathered for each question section provide valuable, relevant
2126 insights that help with your research objectives?
- 2127 • Did the structuring / style of question allow for responses to be compared and
2128 assessed in a quantifiable manner (i.e., did they allow for inferential statistics to be
2129 carried out on them if that was the original goal)?

2130 Responses and feedback from this first draft were gathered alongside a concurrent literature
2131 review, which focused partly on welfare assessment and factors influencing farmed salmon
2132 welfare to refine the focus of the final survey. Following this first draft, these initial research
2133 objectives were formulated for the survey:

- 2134 • Determine the perceived importance of monitoring salmon welfare in the various
2135 production stages.
- 2136 • Identify major areas of welfare concerns affecting farmed salmon.
- 2137 • Identify which husbandry practices require the most attention to monitor and
2138 safeguard salmon welfare.
- 2139 • Determine the practicality and efficacy for on-farm use of welfare measures.
- 2140 • Determine salmon welfare research priorities.
- 2141 • Identify which farming practices provide suitable opportunities for monitoring salmon
2142 welfare.

2143 A second draft, modified on the basis of these research questions, was developed and
2144 piloted with volunteers at the Institute of Aquaculture, along with several key informants in
2145 the industry (n=7). This 2nd draft was piloted through in-person interviews and online formats
2146 (Microsoft Forms) to assess the effectiveness of the different styles and estimate the time for
2147 completion. Statistical analysis was not appropriate due to the small sample size, but
2148 essential feedback was gathered resulting in further refinement of the survey design.

2149 **2.3.2 Final questionnaire design**

2150 The final questionnaire, consisting of 53 questions, was divided into a section on
2151 participant's background followed by six question sections (see A1 in appendix). Background
2152 variables of participants (experience of specific production stage in salmon farming, current
2153 job title, and total years of experience in salmon farming) were recorded. Participants were
2154 informed about data security, and that any information they provided would remain
2155 anonymous. Due to the length of the questionnaire and inclusion of open-ended responses,
2156 constant and explicit signposts were used to emphasize the aim of each question section
2157 and prevent participants from drifting in their focus.

2158 Section 1 asked participants to compare the relative importance of monitoring salmon
2159 welfare across the various production stages. Participants were provided with a list of the
2160 different production stages and asked to score each stage on a scale of 1 to 5 in terms of
2161 importance (1 = most important, 5 = least important).

2162 Section 2 investigated the major areas of concern facing overall farmed salmon welfare.
2163 Section 3 examined which husbandry practices, due to their potential impacts, required the
2164 most attention towards monitoring salmon welfare. For these two sections, participants were
2165 asked to provide a minimum of three of their own examples in order of importance.

2166 Section 4 examined what welfare measures were deemed most appropriate for on-farm use.
2167 Participants rated a list of welfare measures, on a scale of 1 to 10, by their practicality and
2168 effectiveness (1 = completely impractical / ineffective, 5-6 = somewhat practical / effective,
2169 10 = very practical/effective). 'Practicality' was defined as 'how easy the measure is to use
2170 on-site', and 'effectiveness' was defined as 'how much valuable information the measure
2171 provides regarding the welfare status of the salmon'. Alongside each of these measures,
2172 participants were able to provide open-ended comments regarding any practical
2173 considerations that should be involved with the on-farm use of these measures. For the
2174 purpose of this paper, the term 'welfare measure' merely denotes a certain approach to
2175 assessing welfare, and is synonymous to 'welfare indicator'.

2176 Section 5 asked participants to rate a list of research priorities, on a scale of 1 to 10, by the
2177 relevance and urgency of their development for on-farm welfare monitoring and assessment
2178 (1 = completely irrelevant / Not urgent at all, 5-6 = somewhat relevant / urgent, 10 =
2179 extremely relevant / urgent). 'Relevance' was defined as 'How relevant the need is for
2180 developing this group of welfare measures to allow for better monitoring and safeguarding of
2181 salmon welfare', whereas 'urgency' was defined as 'To what degree does this group of
2182 welfare measures need to be developed as soon as possible?'.
2183

2183 Section 6 explored which parts of a salmon farmer's daily routine provide the best
2184 opportunity for monitoring salmon welfare. Participants were able to select a maximum of
2185 three husbandry routines from a list of 5 (feeding times, health checks, routine inspections,
2186 grading and/or transfer, during video monitoring) as well as add their own response in free
2187 text.

2188 Participation was voluntary through an online version of the survey through Microsoft Forms.
2189 As of 2020, 1,651 staff have been employed in Scottish salmon production (Munro, 2020).
2190 Efforts were made to ensure that as many of these staff as possible were at least informed
2191 of the opportunity to participate. This process began with colleagues forwarding the survey
2192 to potential participants, along with an introductory letter explaining the purpose of the
2193 survey. Advertisements and articles for the survey were shared across multiple media
2194 outlets, including fish farming news websites, Twitter and Facebook pages, community
2195 forums, accreditation sites, and company newsletters. A number of major Scottish salmon
2196 farming companies also agreed to support recruitment by forwarding the survey through their
2197 mailing lists. Individuals were also recruited directly via LinkedIn. The final survey was
2198 conducted from March-December 2020, where a total of 61 individuals directly employed
2199 within Scottish salmon production were consulted. Individuals who participated in the pilot
2200 studies were not included in the main survey.

2201 **2.3.3 Data processing and analysis**

2202 Data from the online survey were consolidated into Microsoft Excel (2019), where figures
2203 were also produced. Statistical analysis was then carried out using IBM SPSS Statistics 28
2204 for Windows 10.

2205 *2.3.3.1 Quantitative responses*

2206 For section 1, weighted scores were created to reflect participants' rankings, which gave
2207 more weight to participants' scores indicating a higher priority (e.g., each score of "1" = 5
2208 points, score of "2" = 4 points, "3" = 3 points, and so on). Total weighted scores were then
2209 calculated for each production stage. For sections 2 and 3, responses encompassing the

2210 same topic of welfare concern or husbandry practice were compiled into categories to allow
2211 comparisons to be made between these categories (see Table A1 and A2 in the appendix
2212 for a breakdown of these categories). For example, welfare concerns that included “AGD”,
2213 “Gill Disease”, and “Gill Problems” were placed into the category “Gill Health”. Husbandry
2214 practices that included “Treatments”, “Mechanical / Chemical / Medicinal Treatments”, and
2215 “Vaccinations” were placed into the category “Interventions”. The category ‘Handling’
2216 included husbandry practices such as ‘Crowding’, ‘Grading’, and ‘(Physical) Handling’.
2217 Welfare concerns that included “Water quality” or “Environmental challenges” formed most of
2218 the category ‘Environmental challenges’. However, a minority of more specific concerns
2219 such as “Tidal throughput”, “Water temperature”, and “Climate change effects on SW” were
2220 also included in this category. Weighted scores were then calculated for each category of
2221 responses in the same manner as section 1. For the open-ended responses in sections 2
2222 and 3, weighted scores helped ensure that the order/priority of participants’ responses would
2223 further reflect their significance, rather than assessing solely by the frequency of mentions.
2224 This would help distinguish categories that would have been referred to the same number of
2225 times, but at different “rankings” (first vs. last).

2226 For the quantitative responses in Sections 1, 4 and 5, normality and homogeneity of
2227 variance were assessed before any parametric statistical analyses could be carried out. Log
2228 transformations were carried out on data sets to meet statistical assumptions when
2229 appropriate, but the degree of skewness for each data set (question sections 1, 4, and 5) did
2230 not allow for parametric tests. Therefore, Friedman’s tests and Kruskal Wallis tests were
2231 used on ordinal and interval data sets respectively to test for significant differences between
2232 the categories of responses. Where appropriate (where $p < 0.05$), their corresponding post-
2233 hoc tests (Wilcoxon signed ranks test and Pairwise comparisons respectively) were then
2234 carried out with a Bonferroni correction. This allowed an assessment to identify where any
2235 statistically significant differences lay between categories of responses.

2236 2.3.3.2 Qualitative responses

2237 Open-text comments, regarding what practical considerations there are for implementing the
2238 specified measures on-site, were first input into excel and categorised by the welfare
2239 measure the comments were referring to. Within the collective raw text of comments
2240 associated with each welfare measure, recurring words, phrases, and topics were first
2241 identified with the use of word clouds. This helped to categorise certain words or phrases
2242 into ‘sub-themes’, which were essentially specific, recurring costs or benefits associated with
2243 using each welfare measure as mentioned by participants. For example, ‘early warning sign’
2244 was identified as a recurring phrase mentioned across multiple welfare measures, and was
2245 therefore selected as one of the 25 sub-themes for this thematic analysis. The raw text was

2246 then input into Nvivo qualitative data analysis software (QSR International Pty Ltd., 2020).
2247 Each of these sub-themes (i.e., a specific type of cost or benefit associated with using the
2248 welfare measure) could then be coded in Nvivo as a “node”. The use of nodes allowed Nvivo
2249 to link each raw text comment to a certain sub-theme anytime the related key word or phrase
2250 corresponding to the sub-theme was mentioned. This consequently provided a frequency for
2251 the number of times each sub-theme was mentioned for each welfare measure. Based on
2252 the similarity of costs or benefits mentioned (i.e., whether they impacted or benefitted farm
2253 practices / salmon welfare), all 25 sub-themes were then grouped into five general themes.
2254 These were ‘Advantages to using welfare measure’, ‘Practicalities regarding use of
2255 equipment & facilities’, ‘Limitations to using welfare measure effectively’, ‘Practical limitations
2256 to using welfare measure on-site’, and ‘Negative impacts of using welfare measure’. For
2257 example, the theme ‘Advantages to using welfare measure’ included the sub-themes ‘early
2258 warning sign’ and ‘already taken as part of farm routine’. The theme ‘Limitations to using
2259 welfare measure effectively’ included sub-themes such as ‘ensuring representative sample
2260 size’ and ‘inherently subjective to score or notice’.

2261 Within Nvivo, separate matrix queries were then carried out against the raw text of
2262 participants’ comments for each group of welfare measures; this quantified the frequency
2263 that each sub-theme / theme was mentioned for each group of welfare measures (e.g.,
2264 across all participants’ comments, there were x amount of comments mentioning practical
2265 limitations to using this measure on-site). The frequency of themes mentioned for each
2266 group of welfare measures then helped with comparing the general sentiment of practicality
2267 involved between using the different welfare measures on-site.

2268 *2.3.3.3 Relationship between participants’ professional backgrounds and their responses*

2269 Where there was no clear consensus in responses across all participants, we assessed
2270 whether any difference in responses were significantly correlated with participant’s
2271 professional backgrounds.

2272 For question sections 2, 3, and 6, participants were allowed to list and rank their own open-
2273 ended responses. Due to the lack of uniformity in the type of responses between
2274 participants, it was not possible to analyse the relationships between responses and
2275 backgrounds. Instead, these responses were examined separately for the different cohorts.

2276 For question sections 1, 4, and 5, the homogeneity of responses/ratings between
2277 participants allowed for General Linear Models (GLM) to be used to examine potential
2278 relationships between the participant’s background and the responses they provided.
2279 Separate GLMs were carried out for each background variable (specific production

2280 experience, current job title, or years of salmon farming experience) and the responses
2281 within each question section. Ratings and background variables were included as fixed
2282 factors. To avoid pseudo replication in the GLM tests, participant ID numbers were included
2283 as a random effect.

2284 **2.4 Results**

2285 **2.4.1 Key characteristics of participants**

2286 There was considerable diversity between the 61 participants' professional backgrounds
2287 (see Figure 2-1). Participants ranged from farmer trainees to production directors, with
2288 almost 50% of participants consisting of farm managers. Total on-farm experience ranged
2289 from <1 to 39 years, with an average of 14.5 years and more than half of the participants
2290 having more than a decade of experience in salmon farming. The majority of participants
2291 (82%) had some form of experience in the seawater rearing stage, whereas only 57% of
2292 participants had some form of freshwater experience. Where GLMs could be carried out, no
2293 relationship was found between these background variables (current position, years of
2294 experience, and production stage-specific experience) and the participants' responses ($p >$
2295 0.05). Because of this, most question sections are described below with the responses from
2296 different cohorts combined. In certain question sections, not all participants provided
2297 answers (or at least provided responses that were relevant to topic in question) and as a
2298 result were removed from consideration. This is reflected in the number provided within each

2299 relevant figure (e.g., 'n = x', where x is the number of participants that provided relevant
 2300 responses).

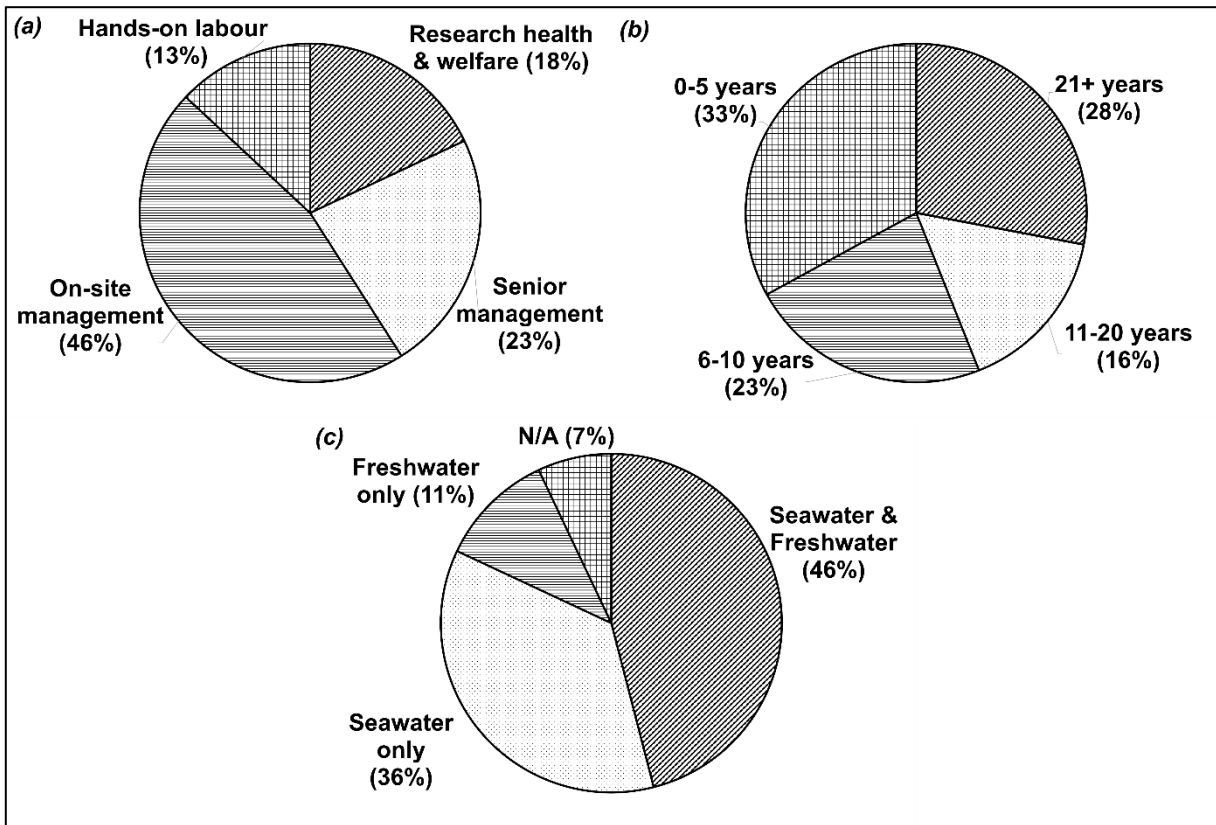


Figure 2-1. Breakdown of participants' (n=61) professional backgrounds, including (a) their current job title, (b) total years of experience in salmon farming, and (c) what specific experience they have had across the different production stages. Participants were categorised into one of the four different groups for each of the three different background factors recorded.

2301 **2.4.2 Section 1 – Production stages; relative importance for monitoring salmon**
 2302 **welfare**

2303 The seawater rearing stage received the highest numerical weighted score of relative
 2304 importance. Significant differences in the Friedman test were also found between some of
 2305 these weighted scores ($\chi^2 = 10.25$, $df = 3$, $P < 0.05$, see Figure 2-2). Seawater rearing and
 2306 smoltification received comparable weighted scores. Although there were significant

2307 differences found between certain production stages, no single stage scored significantly
 2308 different from all 3 other stages.

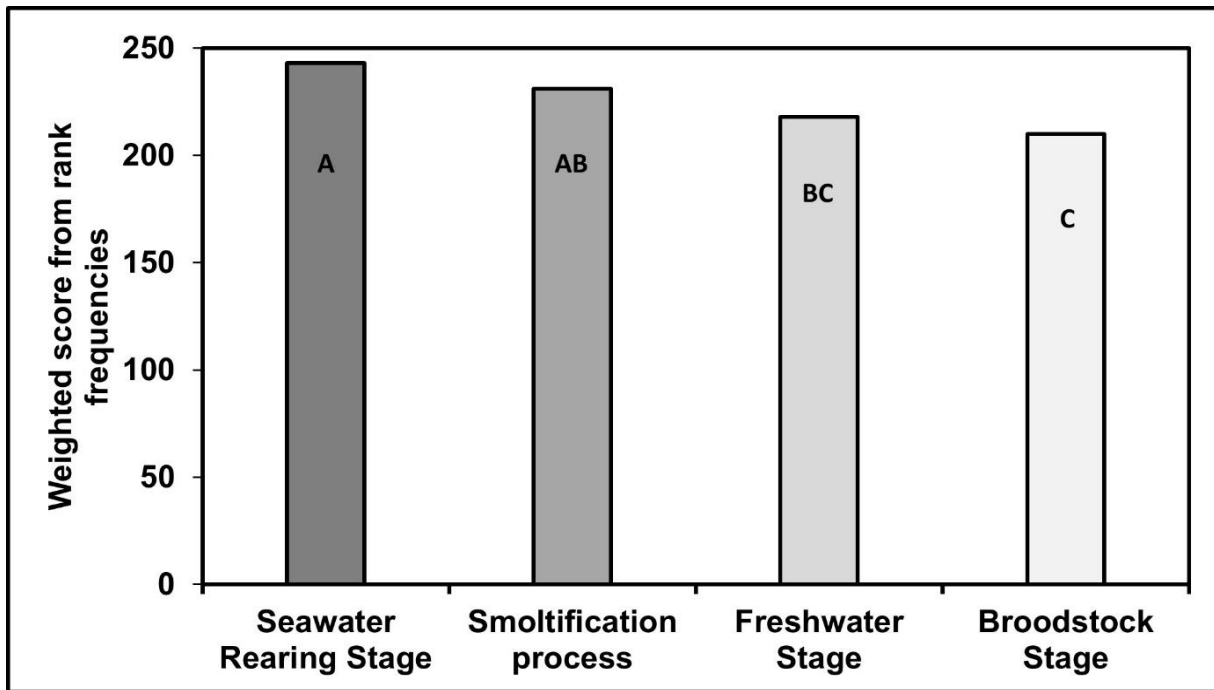


Figure 2-2. Relative importance of monitoring and assessing salmon welfare during each production stage, based on weighted scores provided by participants (n=61). Production stages without matching letters indicate a statistical difference ($P < 0.05$).

2309 **2.4.3 Section 2 – Overall farmed salmon welfare concerns**

2310 Out of the 10 highest scoring categories of welfare concerns listed (see Figure 2-3), 55% of
 2311 the total weighted score was accounted for by the top 3 scoring categories ('Sea lice', 'Gill
 2312 health', and 'Environmental challenges'). When listing 'sea lice' as a concern, 9 participants
 2313 specifically referred to treatments for sea lice as one of their largest overall welfare
 2314 concerns. A significant drop in the weighted scores followed, with 'Interventions' (largely
 2315 relating to stress during and after treatments) being the next highest scoring welfare
 2316 concern. Due to the open-ended nature of responses in this question section, statistical
 2317 analysis could not be carried out to relate responses to participant backgrounds. However,

Table 2-1. Top three highest and lowest scoring welfare concerns, depending on participant's production stage-specific experience.

Production stage-specific experience:	Highest scoring welfare concerns:	Lowest scoring welfare concerns:
Freshwater only	Interventions, Handling, Stocking density	Sea lice, Predation, Farm management
Seawater only	Sea lice, Gill health, Environmental challenges	Predation, Interventions, Farm management
Both Freshwater & Seawater	Environmental challenges, Sea lice, Gill health	Farm management, Predation, Stocking density

2318 qualitative differences in weighted scores between welfare concerns were recognised
2319 between participants with experience in different production stages (see Table 2-1).

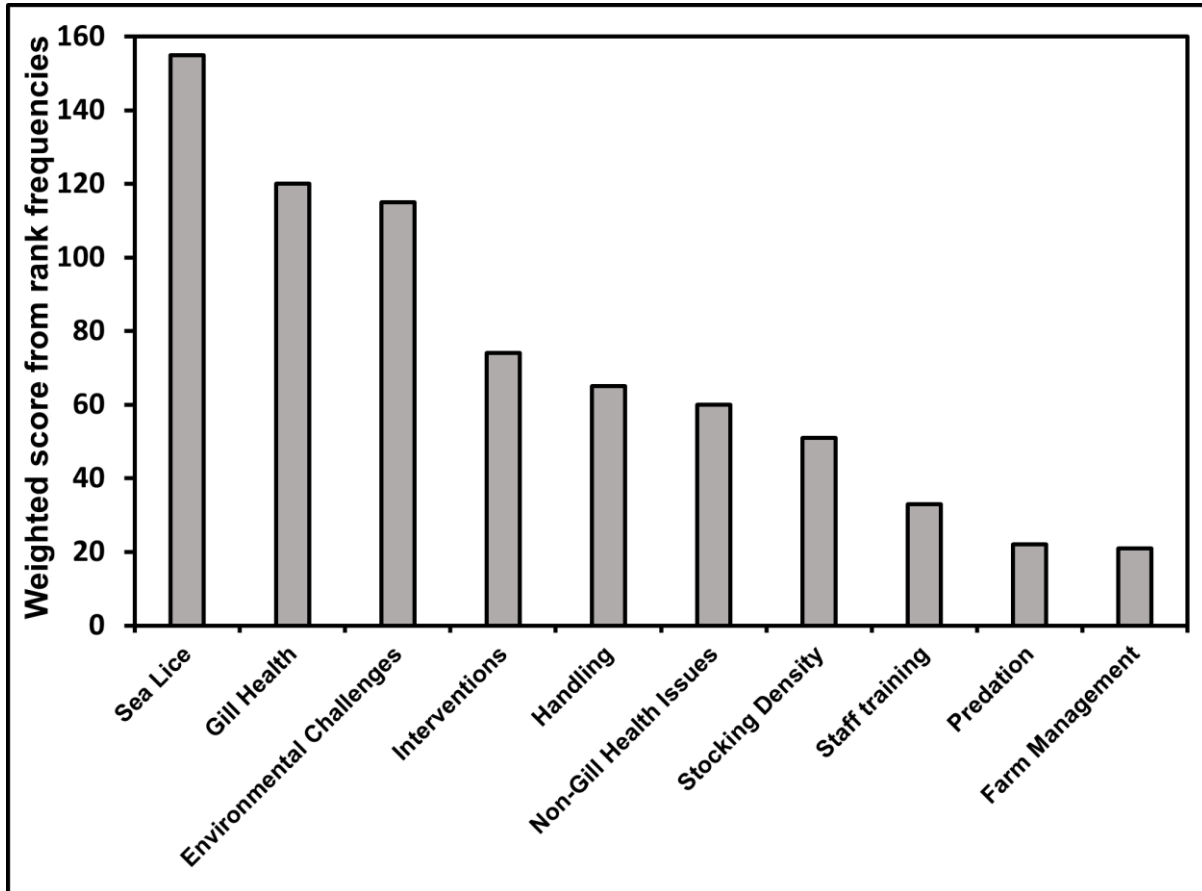


Figure 2-3. Top 10 ranked categories of overall farmed salmon welfare concerns (out of 16 categories listed), based on weighted scores provided by participants (n=61). The open-ended nature of this question meant that statistical differences between categories could not be tested for.

2320 **2.4.4 Section 3 – Husbandry practices requiring the most attention**

2321 In contrast to welfare concerns, there was far more of an agreement between participants
2322 regarding what husbandry practices they considered required the most attention in
2323 monitoring salmon welfare. Out of the 12 categories of husbandry practices mentioned by
2324 participants, 68% of the total weighted score was accounted for by the top 2 scoring
2325 categories ('Interventions', and 'Handling'). The next highest scoring category, 'Feeding',
2326 accounted for 9% of the total weighted score (see Figure 2-4).

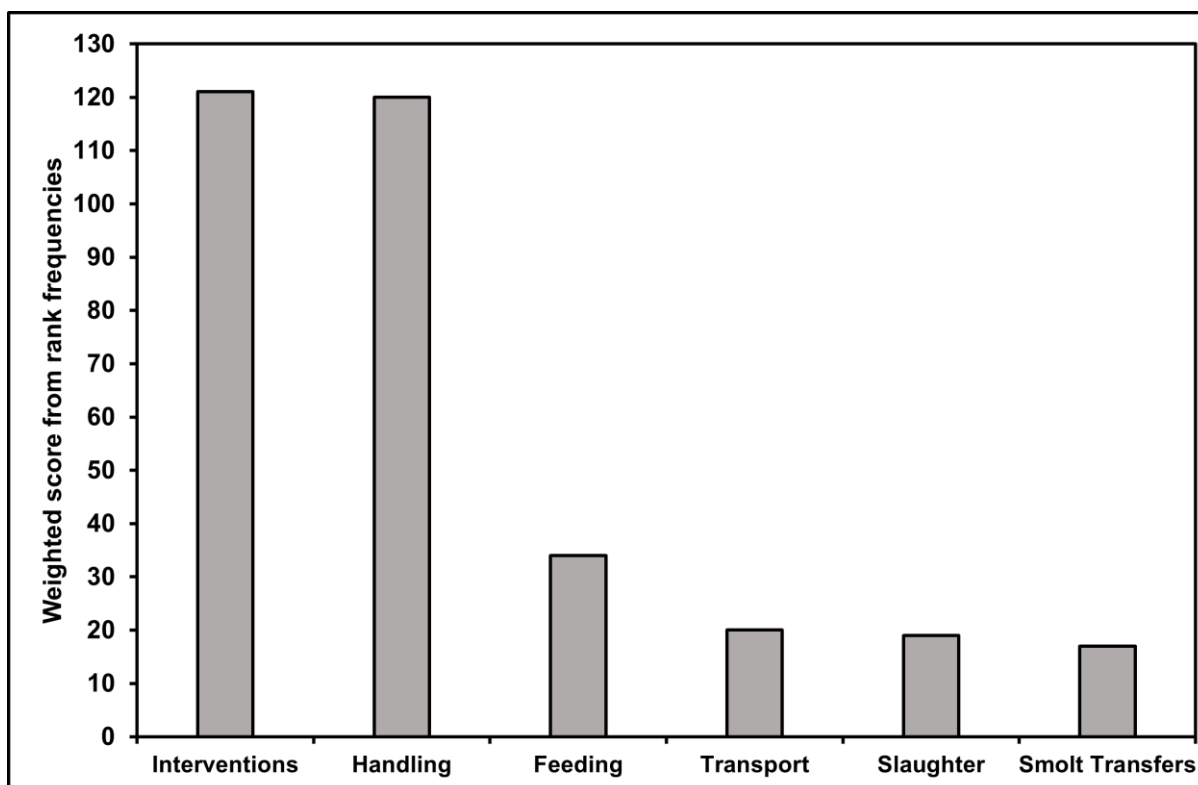


Figure 2-4. Top six ranked categories of husbandry practices (out of 12 categories listed) that participants believed require the most attention in terms of monitoring salmon welfare, based on weighted scores provided (n=61). The open-ended nature of this question meant that statistical differences between categories could not be tested for.

2327 **2.4.5 Section 4 – On-farm practicality and effectiveness of welfare measures**

2328 Numerically, the 4 highest overall scoring categories of welfare measures were
 2329 '*Disease/health status of fish by prevalence of conditions during routine observations or*
 2330 *sampling of individuals*', '*Changes in behaviour (both routine monitoring and husbandry*
 2331 *practices)*', and '*Changes in appetite*'. Significant differences were found between categories
 2332 in their practicality ratings (Figure 2-5; Kruskal Wallis test: $H = 143.68$, $df = 11$, $P < 0.001$).
 2333 There was no significant difference found between the 7 highest numerical scoring
 2334 categories of welfare measures ($P > 0.05$). Three of these categories, however, had the
 2335 largest number of significant differences found compared to the remaining 9: '*Disease/health*
 2336 *status of fish by prevalence of conditions during routine observations or sampling of*
 2337 *individuals*', '*Changes in behaviour (routine monitoring)*', and '*Changes in appetite after*
 2338 *potentially disturbing husbandry practices*'.

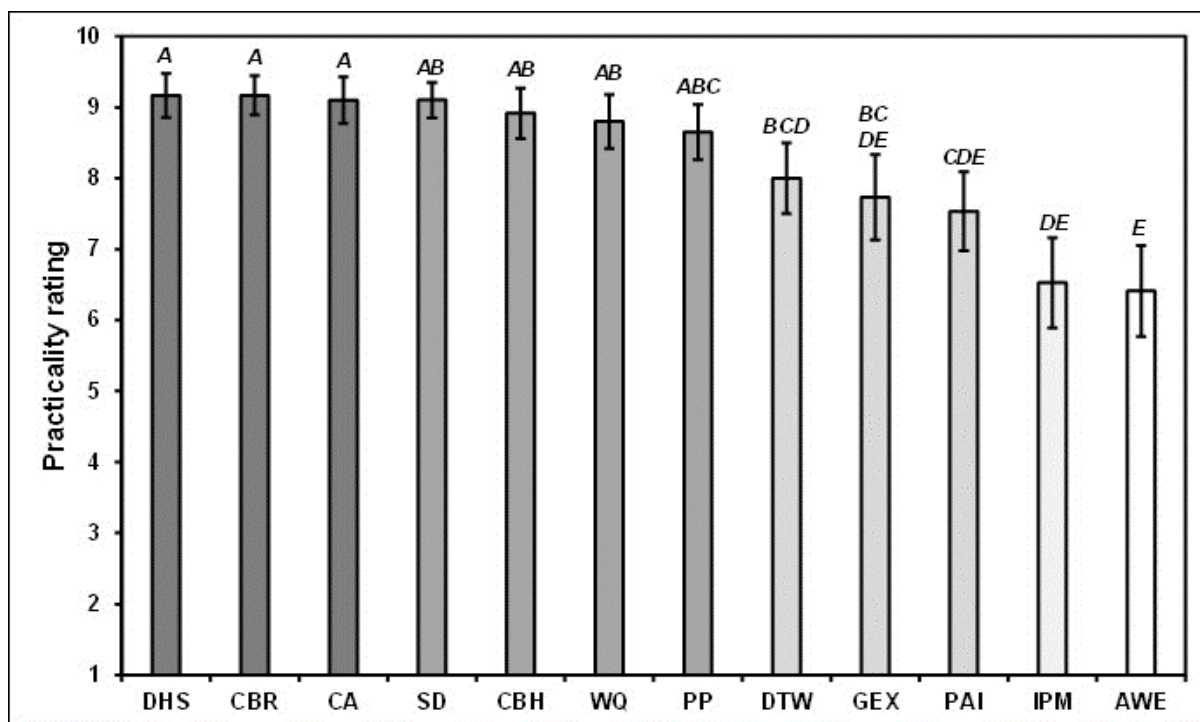


Figure 2-5. Mean practicality ratings of the 12 ranked categories of salmon welfare measures listed, based on ratings provided by participants (n=60). Error bars show 95% confidence intervals. Categories with no matching letters above the error bars indicate a statistical difference ($P < 0.05$).

DHS	'Disease/Health status by prevalence of conditions'
CBR	'Changes in behaviour (routine monitoring)'
CA	'Changes in appetite'
SD	'Stocking density'
CBH	'Changes in behaviour (husbandry practices)'
WQ	'Water quality'
PP	'Production parameters'
DTW	'Duration of time out of water'
GEX	'Grading by external abnormalities'
PAI	'Presence of acute injuries'
IPM	'Individual physiological measures of stress'
AWE	'Assessing welfare by enrichment'

2339 Significant differences were found between categories in their effectiveness ratings (Figure 2-
 2340 6; Kruskal Wallis test: $H = 79.57$, $df = 11$, $P < 0.001$). There was no significant difference found
 2341 between the 9 highest scoring categories of welfare measures ($P > 0.05$). The 3
 2342 aforementioned categories, along with '*Changes in behaviour (husbandry practices)*' were the
 2343 highest numerical categories by effectiveness. These 4 categories had the largest number of
 2344 significant differences found compared to the remaining 8 categories. Pairwise comparisons
 2345 showed that, for practicality or effectiveness, no single category of welfare measures scored
 2346 significantly differently from all the other 11 categories.

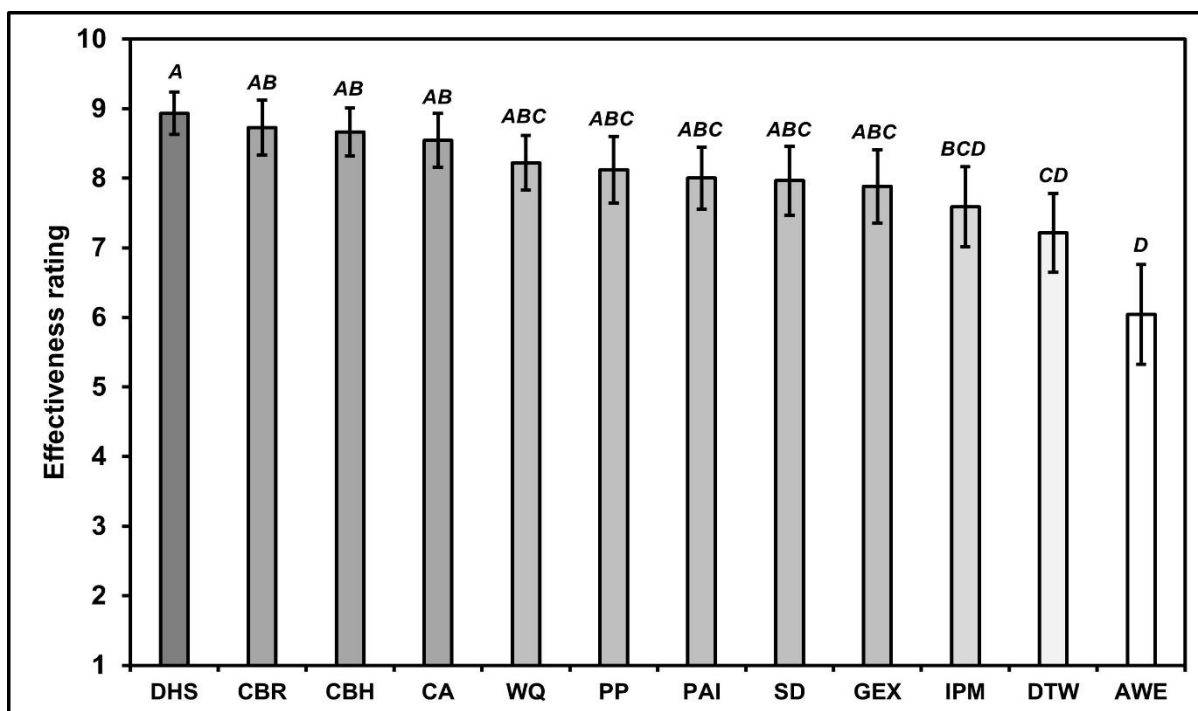


Figure 2-6. Mean effectiveness rating of the 12 categories of salmon welfare measures listed, based on ratings provided by participants (n=59). Error bars show 95% confidence intervals. Categories with no matching letters indicate a statistical difference ($P < 0.05$).

DHS	'Disease/Health status by prevalence of conditions'
CBR	'Changes in behaviour (routine monitoring)'
CBH	'Changes in behaviour (husbandry practices)'
CA	'Changes in appetite'
WQ	'Water quality'
PP	'Production parameters'
PAI	'Presence of acute injuries'
SD	'Stocking density'
GEX	'Grading by external abnormalities'
IPM	'Individual physiological measures of stress'
DTW	'Duration of time out of water'
AWE	'Assessing welfare by enrichment'

2347 **2.4.5.1 Participants' practical considerations for on-farm use of welfare measures –**
 2348 **Thematic analyses**

2349 A total of 384 comments were received regarding various considerations about using the
 2350 listed welfare measures on-site (see Figure 2-7). Comments on how these measures were
 2351 either '*Already taken as part of farming routine*' or '*Easy to use and monitor on a consistent*
 2352 *basis (if needed)*' accounted for 88 of the 96 statements regarding the '*Advantages to using*
 2353 *welfare measures*'. With the exception of '*Assessing welfare by presence/absence of*
 2354 *enrichment*', these comments were made at least once for all other welfare measures listed.
 2355 Out of the 8 remaining comments regarding advantages, 5 were exclusive to measures
 2356 involved in '*Changes in behaviour*', stating how such measures could act as early warning
 2357 signs for arising issues. Conversely, 26 comments were made on '*Practicalities regarding*
 2358 *use of equipment & facilities*', all relating to concerns about the necessity for specialist
 2359 equipment to either facilitate the use of, or even carry out, the listed welfare measures. Of

2360 the 188 comments regarding potential '*Limitations to using welfare measures effectively*', 87
2361 stated that '*the quality of information depends on the training and motivation of staff*
2362 *involved*'. Such comments were made across all measures, but particularly on those
2363 assessing physiological measures of stress, external abnormalities, and changes in
2364 behaviour during monitoring and husbandry practices (17, 11, 12, and 10 comments made
2365 respectively).

2366 Another 32 comments regarding limitations involved the difficulty of '*ensuring a*
2367 *representative sample size*'; these comments were made at least once for all welfare
2368 measures that involved assessing the salmon directly. Other limitations mentioned included
2369 '*inherent subjectivity in the use of the welfare measure*', '*welfare measure cannot be used in*
2370 *isolation*', and difficulties in '*using the welfare measure to accurately reflect the salmon's*
2371 *welfare status*'.

2372 There were 53 comments made on the '*Practical limitations to using welfare measures on-*
2373 *site*'. Twenty-nine of these stated that certain measures '*may require frequent monitoring,*
2374 *which could be costly or time consuming*'. The majority of the 29 comments (17) were
2375 specific to assessing physiological measures of stress, external abnormalities, and acute
2376 injuries during husbandry practices. Another 22 comments on practical limitations stated that
2377 the use of various measures '*requires good weather*'. Out of the 21 comments regarding
2378 potential '*Negative impacts of using welfare measures*', 15 were made about welfare
2379 measures that were likely to require invasive sampling to carry out (assessing physiological
2380 measures of stress, external abnormalities, and assessing disease/health status). All 15 of
2381 these comments specifically involved concerns about there being a '*Significant potential for*
2382 *damage, stress, or mortality to be caused*' to the salmon as a result of using these welfare
2383 measures.

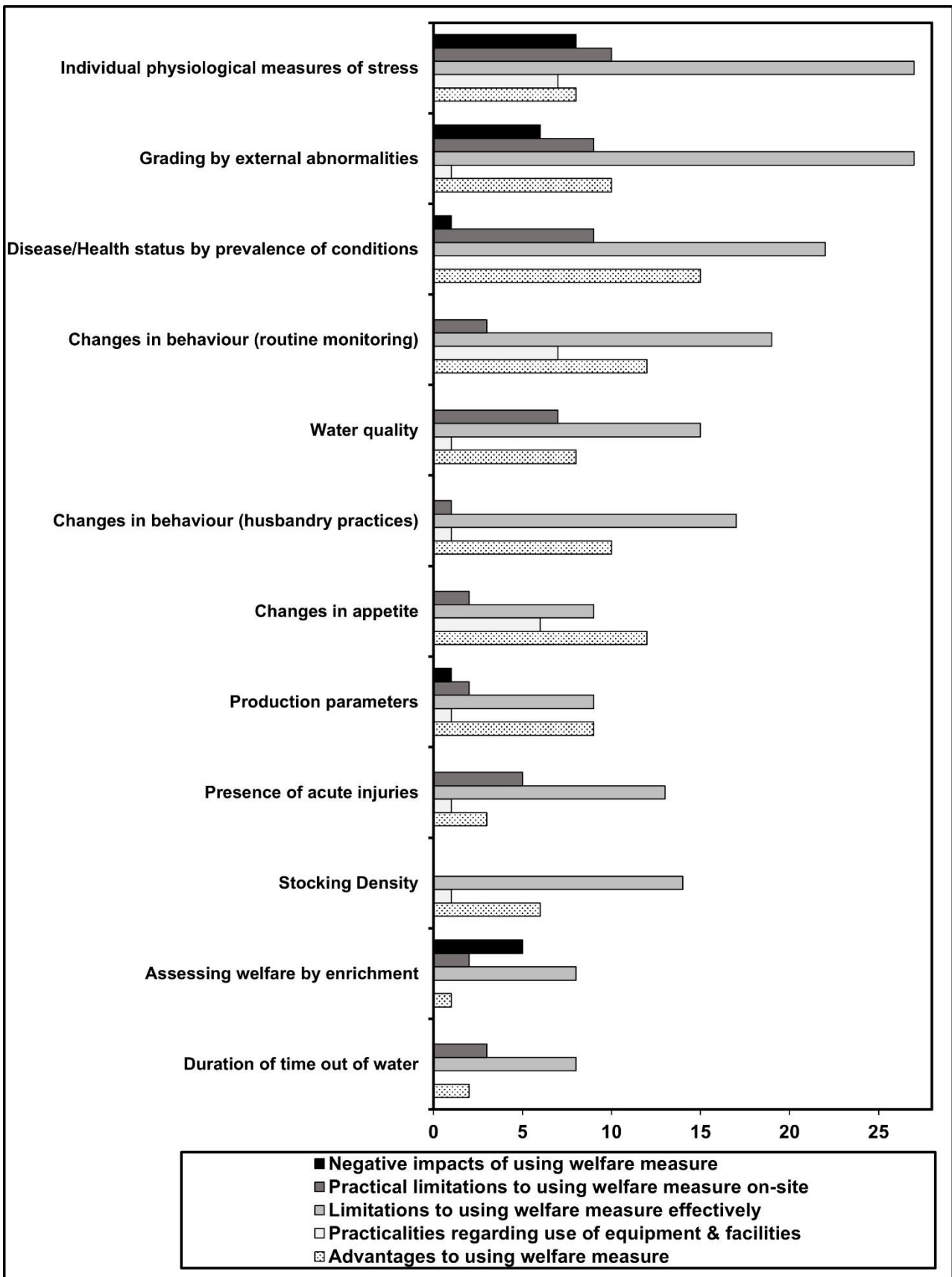


Figure 2-7. Coding frequency for main themes of practicality mentioned by participants (n=53) when given the option for providing comments on the practical considerations of the welfare measures listed.

2385 **2.4.6 Section 5 – Relevance and urgency for R&D of welfare assessments**

2386 No significant differences were found between the relevance ratings of the different research
 2387 priorities (Figure 2-8; Kruskal Wallis test: $H = 6.56$, $df = 4$, $P = 0.161$). With regards to
 2388 urgency ratings, one significant difference was found between the research priority
 2389 ‘Developing welfare indicators that allow for remote monitoring of salmon’ and ‘Developing
 2390 more fish/user friendly methods for welfare indicators which currently require sampling of the
 2391 fish’ (Figure 2-8; Kruskal Wallis test: $H = 13.374$, $df = 4$, $P = 0.01$).

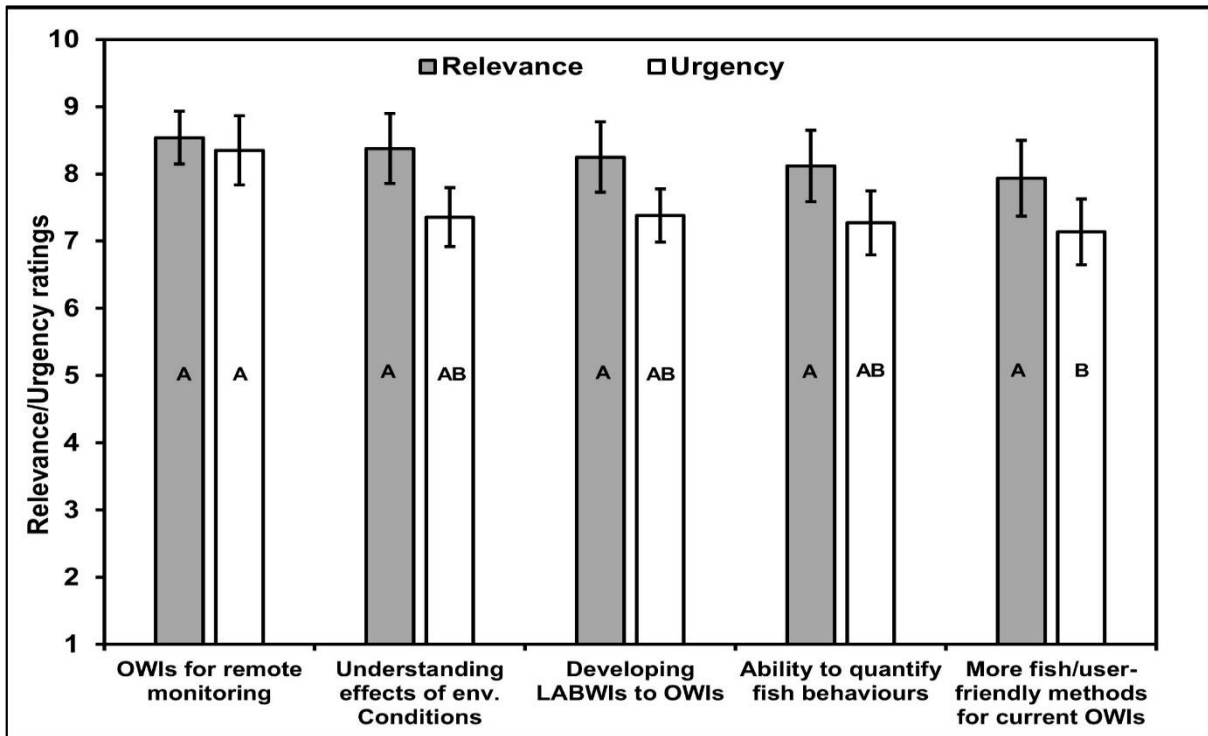


Figure 2-8. Mean relevance and urgency ratings of the five research priorities listed, based on ratings provided by participants ($n=59$). Error bars show 95% confidence intervals. Research priorities with no matching letters indicate a statistical difference ($P < 0.05$), with relevance and urgency ratings being compared separately. LABWI = Laboratory-Based Welfare Indicator, OWI = Operational Welfare Indicator.

2392 **2.4.7 Section 6 – Farming routines most practical for monitoring salmon welfare**

2393 Out of all routines, ‘Health checks’ and ‘Feeding times’ accounted for 61% of the total
 2394 routines mentioned as being the most practical as an opportunity to assess welfare (see
 2395 figure 2-9). In comparison, ‘Routine cage/tank inspection’, ‘Video monitoring’, and ‘Grading
 2396 and/or transfer’ collectively accounted for 36% of the routines selected. Any mentions of
 2397 routines by participants outside of the list provided (‘Other’) accounted for just 4% of total

2398 routines selected. Any mentions of routines by participants outside of the list provided
2399 ('Other') accounted for just 4% of total routines selected.

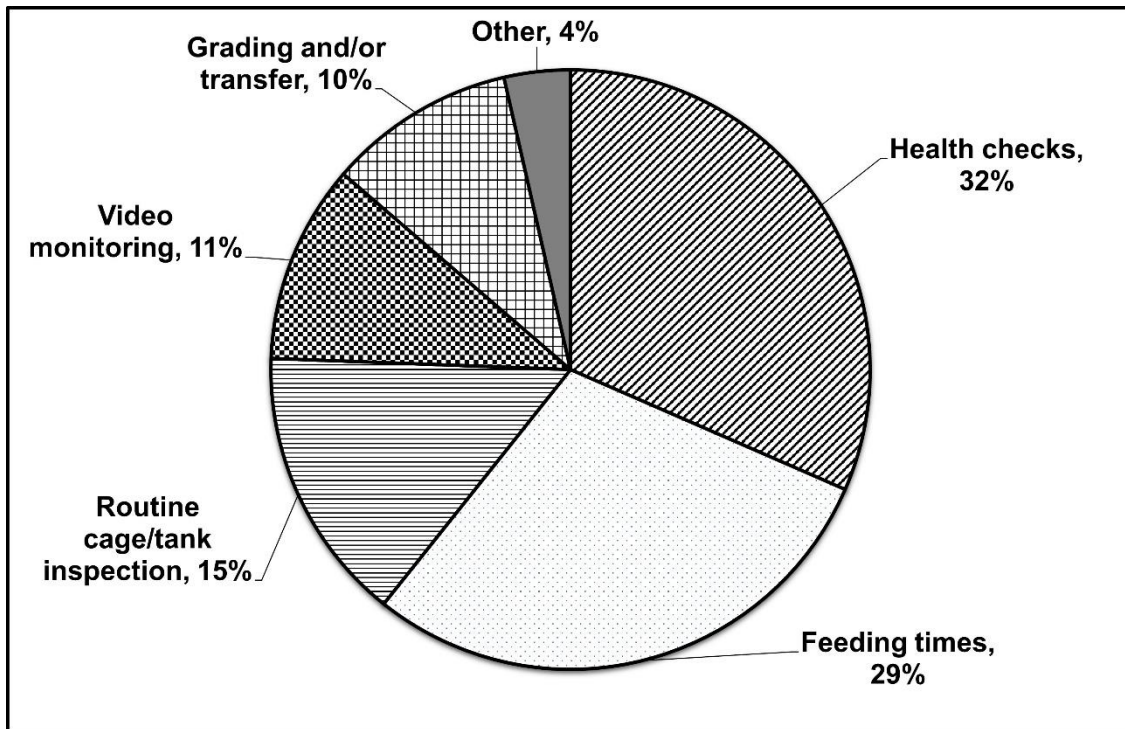


Figure 2-9. Most suitable opportunities for monitoring welfare measures on site during a farm's daily routine, based on the relative proportion of times they have been mentioned by participants (n=60) as a suitable opportunity for monitoring certain welfare measures on-site.

2400 **2.5 Discussion**

2401 Ascertaining what best approaches there are to the assessment and management of on-
2402 farm salmon welfare issues is, ultimately, one of the first steps towards addressing these
2403 issues. The results from this survey represent opinions on this matter from professionals
2404 across various production stages within the Scottish salmon farming industry. Owing to the
2405 sample size, this survey cannot claim to be representative of the industry's views as a whole.
2406 However, the variety of farming experience of the participants involved is an encouraging
2407 sign that the survey has succeeded in obtaining valuable insights from a diverse range of
2408 professionals directly involved with farmed salmon. Despite such variation in experience
2409 between participants, and some differences on what constitutes the largest overall concerns
2410 facing farmed salmon, there was a strong consensus on what areas of welfare monitoring
2411 and research priorities the industry must focus on to safeguard the future of farmed salmon
2412 welfare.

2413 When participation in a survey is voluntary, it is important to reduce recruitment bias
2414 wherever possible (Fox, Hunn and Mathers, 2009). From the combination of the various
2415 recruitment methods, particularly with some of the largest salmon producers in Scotland
2416 agreeing to contact their entire production team to encourage participation, a reliable

2417 assumption can be made that as many of the Scottish salmon production staff as possible
2418 were at least informed of the opportunity to participate. In terms of reducing any systematic
2419 bias introduced by those individuals who chose to participate, the variety of professional
2420 backgrounds involved in the survey also suggests that this bias was limited.

2421 **2.5.1 Key areas of concern within salmon farming**

2422 Seawater rearing received one of the highest scores of relative importance, and this was not
2423 solely explained for by the largest proportion of respondents having seawater experience.
2424 Participants with only freshwater experience still scored the seawater rearing and freshwater
2425 stage almost identically (<1% difference in total weighted score). The relative importance of
2426 salmon welfare during seawater rearing may be partly due to this stage representing the
2427 largest portion of the salmon's overall life cycle (Superior Fresh, 2019; Scottish Sea Farms,
2428 2021). There are also key welfare concerns specific to this stage which may further explain
2429 the participants' views on its importance. Sea lice, which received the highest numerical
2430 weighted score of welfare concerns in this survey, are also present exclusively in this
2431 production stage. Sea lice have a longstanding reputation as one of the largest welfare risks
2432 to farmed salmon in the marine environment, and as one of the most damaging parasites to
2433 the salmonid farming industry worldwide (Costello, 2006; Brown *et al.*, 2008). Infestations
2434 are known to cause physical damage to the host's skin, potentially leading to reduced
2435 appetite and growth, as well as increased physiological stress through osmoregulatory
2436 dysfunction (Thorstad *et al.*, 2015; Abolofia, Asche and Wilen, 2017). A further indirect
2437 consequence of sea lice are delousing operations, particularly through mechanical and
2438 thermal methods, which have been known to impact salmon welfare and, in some cases,
2439 lead to increased mortality rates (Overton *et al.*, 2018, 2019). This concern was also
2440 reflected by 9 of the participants in this survey.

2441 Regardless of how important participants believe that the seawater rearing stage is for
2442 overall salmon welfare, it is important to recognise that each production stage listed still
2443 scored relatively highly in terms of importance by each cohort of participants. Therefore,
2444 similar consideration must still be given to salmon welfare during all production stages.

2445 Gill health was the second largest concern for welfare, concurring with the growing concern
2446 over poor welfare and increasing losses related to gill disease in Atlantic salmon worldwide
2447 (Mitchell and Rodger, 2011; Gjessing *et al.*, 2017). A monthly mortality report by the SSPO
2448 in June (SSPO, 2021) showed that where a Scottish farm listed a mortality rate of 3.4% or
2449 higher, it was linked to either gill health, gill management (e.g., treatments for gill health) or
2450 viral challenges. The three highest mortality rates listed (9.5%, 7.2%, and 5.7%) were all
2451 related to gill health issues. Gills are naturally exposed to the constantly changing physico-

2452 chemical properties of the surrounding water, as well as to numerous aetiological agents
2453 such as algal blooms, jellyfish swarms, viruses, and bacteria that can compromise gill health
2454 (Steinum *et al.*, 2010; Baxter *et al.*, 2011; Mitchell and Rodger, 2011; Rodger, Henry and
2455 Mitchell, 2011; Gjessing *et al.*, 2017). 'Complex gill disease' has also become a growing
2456 issue for farmed salmon, particularly in the marine environment over the past few years
2457 (Herrero *et al.*, 2018; Boerlage *et al.*, 2020).

2458 The degree of concern relating to environmental challenges was comparable to that of gill
2459 health. In a welfare risk assessment carried out for EFSA, abiotic hazards (mainly water
2460 quality) were a concern across all life stages of Atlantic salmon (Brown *et al.*, 2008).
2461 Welfare concerns relating to environmental challenges in both this survey and the EFSA risk
2462 assessment mostly included concerns about water quality, as well as the issue of ensuring
2463 that appropriate enclosures were used and maintained. This includes selecting suitable site
2464 locations for sea cages. With sea cages being exposed to uncontrollable environments,
2465 water currents and low water O₂ content have previously been identified as the abiotic
2466 hazards with the most potential to affect the physiology, behaviour, and ultimately welfare of
2467 farmed salmon (Brown *et al.*, 2008; Hvas, Folkedal and Oppedal, 2021).

2468 *2.5.1.1 Freshwater production staff highlighted the importance of interventions & handling*

2469 Responses regarding welfare concerns were the most varied in this survey when compared
2470 against participants' experience in specific production stages. Considering that the survey
2471 had significantly more participants with seawater experience, the overall scores for welfare
2472 concerns may have represented concerns that can be found more within seawater rearing.
2473 Therefore, concerns listed by participants with only freshwater experience have been
2474 considered separately.

2475 In contrast to other participants, freshwater production staff ranked sea lice as one of the
2476 three lowest concerns for salmon welfare. Since sea lice exclusively affect the seawater
2477 stage, staff lacking first-hand experience in dealing with this parasite may not appreciate the
2478 true extent of their impacts. Environmental challenges were also far less of a concern to
2479 freshwater staff, potentially due to environmental parameters being easier to control in
2480 freshwater systems compared to seawater cages (Brown *et al.*, 2008). Instead, interventions
2481 (largely relating to treatments) of salmon were their highest overall welfare concern, followed
2482 by handling and stocking density. The immediate impacts from invasive events such as
2483 treatments, vaccinations, and handling may be more visible to freshwater production staff,
2484 and could potentially explain why they ranked these welfare concerns much higher.

2485 The importance of interventions and handling was also reflected in which husbandry
2486 practices participants believed required the most attention in terms of monitoring salmon
2487 welfare. Across all groups of participants, interventions and handling were of the highest
2488 priority. Various handling procedures can lead to acute stress, injury, weakened
2489 osmoregulatory abilities, and increased disease incidence in salmon (Ashley, 2007; Brown *et*
2490 *al.*, 2008; Powell, Reynolds and Kristensen, 2015). Fish suffering from disease or injury are
2491 already under physiological stress, and are therefore susceptible to the cumulative stress
2492 that can occur during certain treatments (Marcos-López *et al.*, 2017). Careful monitoring of
2493 salmon welfare is therefore required during interventions and any handling prior to these
2494 practices must be minimised due to the high risk of impact to health and welfare at these
2495 times.

2496 *2.5.1.2 Discrepancies in perceived importance of husbandry practices and concerns; staff*
2497 *knowledge, staff training, slaughter, and transport*

2498 The importance of staff training and biosecurity for salmon welfare across all life stages has
2499 been frequently mentioned in previous studies (Brown *et al.*, 2008). Through interviews of
2500 employees at various company levels, Størkersen *et al.* (2021) concluded that daily tasks
2501 on-site were considered to make the most positive contribution to fish welfare. Production
2502 staff play an important role by sharing knowledge, developing, and executing routines to
2503 protect farmed fish (Størkersen *et al.*, 2021). However, participants in this survey were more
2504 concerned with the issues mentioned above (sea lice, gill health, environmental challenges,
2505 risks associated with interventions) than with staff training and farm management. This
2506 discrepancy may partially be the result of participants being limited to listing only 3-5 of their
2507 most significant welfare concerns *facing* salmon welfare. Rather than dismissing the
2508 importance of training and management, these may have simply been less important to the
2509 participants than animal-based concerns that directly affect the salmon. In addition, handling
2510 and environmental challenges potentially overlap with concerns relating to staff training and
2511 farm management, which could further explain their underrepresentation in these results.

2512 Overall, participants in this survey also scored transport and slaughter far lower than
2513 interventions, handling, or even feeding. This is in stark contrast to the literature, which have
2514 often considered processes relating to slaughter and transport as serious threats to welfare
2515 (Poli *et al.*, 2005; Erikson *et al.*, 2016). Participants in this survey may have treated any of
2516 the handling, crowding, or grading that occurs prior to these two practices as separate to the
2517 actual slaughter/transport process themselves. The procedures immediately prior to
2518 slaughter/transport could potentially account for a large portion of the concern associated
2519 with them. This difference in opinion may also be partially explained by the fact that transport

2520 and slaughter represent a relatively small fraction of the salmon's overall life cycle. In
2521 comparison, examples of interventions or handling can occur many times over, leading to a
2522 larger cumulative effect on the salmon's overall welfare status.

2523 Variation was also found in welfare concerns between participants with different farming
2524 experience, and this in turn may be related to the specific challenges faced in each stage of
2525 production (Noble et al., 2018). When concerns vary between stakeholders and even within
2526 the industry, identifying welfare priorities becomes complex. Although certain welfare
2527 concerns have been identified in this survey as the "largest" concerns by participants (e.g.,
2528 sea lice, gill health, environmental challenges, risks associated with interventions), this
2529 serves mainly to inform on some of the major concerns present in Scottish salmon farming.
2530 At the very least, equal consideration must still be given to any of the welfare concerns from
2531 each production stage and husbandry practice for which participants have repeatedly
2532 mentioned.

2533 *2.5.1.3 Categorisation of open-ended responses*

2534 In order to examine open-ended responses on welfare concerns and husbandry practices
2535 requiring the most attention, participants' responses were categorised by their degree of
2536 similarity to each other. Any inherent subjectivity behind how these groupings were made
2537 ran the risk of certain categories being misrepresented by their total weighted score. The
2538 total weighted score attributed to a specific concern of husbandry practice could be over /
2539 underrepresented, depending on how broad / narrow of a category the responses were
2540 grouped under. The broader a topic involved within a category (e.g., environmental
2541 challenges), the larger the variety of responses that could potentially be included, thus
2542 inflating the weighted score in relation to other categories. Extra care was therefore taken to
2543 ensure that the categories only include responses that were as close to as identical as
2544 possible to minimise what impact this could have. Statistical analyses could not be carried
2545 out on these open-ended responses to determine whether they were significantly correlated
2546 to participants' backgrounds. Outside of the large contrasts in welfare concerns between
2547 different cohorts, however, the high degree of consensus found between participants
2548 suggests that any potential influences on responses were less of a concern.

2549 **2.5.2 Welfare monitoring and assessment – key areas of focus**

2550 *2.5.2.1 Suitability of on-farm welfare measures for non-invasive, remote monitoring*

2551 Participant responses indicated that, for the majority of welfare measures, there was no
2552 difference between their practicality or effectiveness. No single category was statistically
2553 different from all remaining 11 categories in either rating. However, welfare measures

2554 relating to monitoring changes in behaviour, appetite, or the disease/health status of the
2555 salmon were found within the highest scoring group of categories. Collectively, these
2556 categories of welfare measures had significant differences with the largest number of other
2557 categories in both practicality and effectiveness ratings. Out of the categories listed, these
2558 welfare measures also constitute a broader class of animal-based, non-invasive measures
2559 that can be monitored remotely.

2560 While the ratings produced some quantifiable indication of how appropriate these measures
2561 are for on-farm use, additional comments gave participants' the opportunity to give further
2562 detail on this topic. With the exception to assessing welfare by the presence/absence of
2563 enrichment, all remaining measures listed were mentioned at least once as having the
2564 advantage of either already being recorded on-site or able to be readily measured as part of
2565 the farming routine. This is reflected in the high practicality scores across the majority of
2566 measures listed. The group of animal-based, non-invasive measures that can be monitored
2567 remotely continued to maintain a more positive sentiment around their use on-site. More
2568 than half of the remaining comments regarding advantages to using these welfare measures
2569 were exclusive to monitoring changes in behaviour. Participants also believed that the use of
2570 these measures posed fewer risks for salmon welfare compared with other animal-based
2571 measures. This is in accordance with the previously mentioned sentiment (in 2.5.1.1) that
2572 handling of the salmon must be minimised. Additionally, monitoring changes in behaviour
2573 may also provide early warning signs for issues that arise on-site (Huntingford *et al.*, 2006;
2574 Oppedal, Dempster and Stien *et la.*, 2011). When compared with other direct animal-based
2575 measures of salmon welfare, the frequent monitoring that may be required for non-invasive
2576 measures (monitoring changes in behaviour or appetite) were seen as not being as costly or
2577 time-consuming.

2578 Participants' responses suggest that welfare measures that involve handling or invasive
2579 procedures of the salmon (e.g., sampling individuals for physiological measures of stress)
2580 should be limited, unless they are an essential part of the production process. Regular health
2581 checks are now regarded as a crucial aspect of farming routines for protecting health and
2582 welfare for salmon (Rey Planellas, Little and Ellis, 2019; RSPCA, 2021). This likely explains
2583 why participants deemed health checks as one of the most suitable opportunities for
2584 monitoring welfare, due to the valuable welfare-relevant information they already provide. As
2585 health checks are already required, they provide an opportunity to use valuable animal-
2586 based measures (e.g., fin damage, sea lice infestation, body/skin condition) without causing
2587 unnecessary stress. For all animal-based welfare measures, however, participants noted a
2588 number of limitations. Any measures involving a direct assessment of the salmon face the
2589 challenge of obtaining a representative sample of the fish. Specialist equipment may also

2590 often be required. The most frequently mentioned limitation when using these animal-based
2591 measures was their dependency on the motivation and training of staff. This is in contrast to
2592 the low ratings that staff knowledge and training received as an overall welfare concern. This
2593 suggests that, while participants appreciated the importance of staff training and knowledge
2594 relating to monitoring and safeguarding salmon welfare, they did not believe that this was
2595 currently a major concern to farmed salmon welfare. Participants also recognised the
2596 importance of using multiple measures to avoid the subjective bias that may arise from any
2597 single measure (Sneddon, Braithwaite and Gentle, 2003b).

2598 Practicality and effectiveness ratings did not provide any information on the need for further
2599 developments. In order to identify areas of welfare assessment that are both appropriate for
2600 on-farm use, and require further development, these ratings have to be considered with the
2601 identified research priorities.

2602 *2.5.2.2 Key areas of development in welfare monitoring and assessment*

2603 All research priorities were deemed equally relevant for improving the monitoring and
2604 safeguarding of salmon welfare. Given their equal relevance, they can only be differentiated
2605 by their urgency ratings. The development of remote monitoring was seen as the most
2606 urgent, which may have been highlighted to participants by the restricted access to sites for
2607 farm staff during the 2020 COVID-19 pandemic (Murray *et al.*, 2021). These restrictions
2608 would have likely had a significant impact on the degree of active surveillance that was
2609 possible during the lockdown period, with in-person audits being replaced with virtual
2610 assessments for 2 months (FishFarmingExpert, 2020; Murray *et al.*, 2021). Relying on virtual
2611 assessments could hinder the ability for certification bodies to safeguard salmon welfare due
2612 to the limited amount of information that can be obtained. These events have likely
2613 demonstrated the necessity of having welfare measures that can be used without requiring
2614 staff on-site. This would include passive, non-invasive measures that could be recorded
2615 through the use of remote sensors, or video and acoustic monitoring (Føre, Alfredsen and
2616 Gronningsater, 2011; Brijs *et al.*, 2021; Bell *et al.*, 2022). High urgency ratings for remote
2617 monitoring as a research priority suggest that measures currently available may not yet be
2618 developed enough to fulfil this role.

2619 *2.5.2.3 Improving non-invasive, animal-based and remote welfare monitoring on-site: a case* 2620 *for behavioural welfare measures*

2621 Behavioural measures were identified as a promising candidate for non-invasive and remote
2622 welfare monitoring. The potential benefits of their implementation into practical farm-
2623 management strategies have already been acknowledged (Dawkins, 2003; Huntingford *et*

2624 *al.*, 2006; Oppedal, Dempster and Stien, 2011; Martins *et al.*, 2012; Miller *et al.*, 2020;
2625 Barreto *et al.*, 2021; O'Donncha *et al.*, 2021). Although direct measures of animal welfare
2626 tend to be the most informative, their use often comes with the cost of either being time-
2627 consuming, technically complex, or causing disturbances to the fish (Huntingford *et al.*,
2628 2006). In contrast, behavioural indicators are one of the few animal-based measures that
2629 benefit from being comparatively fast and easy to observe (Huntingford *et al.*, 2006; Martins
2630 *et al.*, 2012). Effective inclusion of behavioural indicators with other evidence of an animal's
2631 health could help to identify pre-clinical signs of health problems (Dawkins, 2003). Improving
2632 the ability for farm staff to recognise and prevent problems before they can severely impact
2633 stock is beneficial not only to the fish, but for farm production. Further innovations in camera
2634 technology and image processing may allow for significantly improved on-farm surveillance
2635 of salmon behaviour (Saberioon *et al.*, 2017).

2636 While video monitoring accounted for just 11% of the routines mentioned as most suitable
2637 for monitoring salmon welfare, it is important to consider that camera systems are already
2638 routinely used to monitor feeding and swimming behaviours in commercial aquaculture
2639 facilities (Pinkiewicz, Purser and Williams, 2011). Feeding times, which accounted for 29%
2640 of the routines mentioned, also provide opportunities for assessing behavioural patterns
2641 either through video or acoustic devices (Martins *et al.*, 2012; Hassan *et al.*, 2019). It is not
2642 clear if scientific research could ever provide a robust measure of salmon's subjective
2643 experiences (Mason and Mendl, 1993; Fraser *et al.*, 1997; Broom, 1998; Dawkins, 1998;
2644 Jarvis *et al.*, 2021). Behavioural analysis is currently the only tool which provides any
2645 relevant insights (Turnbull and Kadri, 2007; Folkedal *et al.*, 2012; Martins *et al.*, 2012; Zhao,
2646 Bao, Zhang, Zhu, Liu, Lu, *et al.*, 2018; Hassan *et al.*, 2019). A promising approach for
2647 gaining such insights is Qualitative Behavioural Assessment (QBA), which describes and
2648 quantifies expressive qualities of an animal's dynamic body language using qualitative
2649 behavioural terms (Jarvis *et al.*, 2021). There are, however, risks of misinterpreting changes
2650 in behaviours (Weary and Fraser, 1995; Dawkins, 2003). Welfare assessments should
2651 therefore not rely solely on behaviour or any single welfare measure, and rather use an
2652 integrated approach of various measures (Jarvis *et al.*, 2021).

2653 **2.6 Conclusion**

2654 In terms of key areas of focus for salmon welfare, seawater rearing and sea lice seem to be
2655 of particular importance. Gill health and environmental challenges (mainly relating to water
2656 quality) are two other key welfare concerns perceived to threaten salmon welfare.

2657 Participants emphasised the importance of monitoring salmon welfare during husbandry
2658 practices where contact and disturbance to the fish is unavoidable, particularly during

2659 handling and interventions. Further reflecting the importance of minimised handling, this
2660 survey has identified that non-invasive, animal-based welfare measures (particularly those
2661 involving behavioural assessment) as one of the most opportune areas for further
2662 developing the practicality and efficacy of on-farm salmon welfare assessments.

2663 The results from this survey have also exemplified that no single measure allows for a
2664 comprehensive assessment of farmed salmon welfare, and that there are significant welfare
2665 concerns which can be unique to a husbandry stage or practice. Protecting farmed salmon
2666 welfare will therefore depend on the industry's ability to address the major concerns specific
2667 to each of these. This reflects the importance of using an integrated approach to welfare
2668 assessments that combines behavioural, physiological, and production-based parameters.
2669 Future research should examine potential relationships between behavioural and
2670 physiological welfare measures to help validate the use of behavioural assessments when
2671 interpreting the welfare status of salmon.

2672 The economic and social aspects of any industry are well established dimensions of its
2673 sustainability (UN General Assembly, 2015). With regards to the Scottish salmon farming
2674 industry, the public's perception of welfare issues are central to both of these pillars. This
2675 survey has helped provide direction for further developing the practicality and efficacy of on-
2676 farm welfare assessment and management, and has therefore contributed one step further
2677 to advancing farmed salmon welfare. As a result of aiding social acceptance through
2678 improved salmon welfare, this work will further add to the potential sustainability of salmon
2679 aquaculture.

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2684 **2.8 Appendix**

2685 Supplementary data to this article can be found at <http://hdl.handle.net/11667/201>.
2686 Additional copy of survey embedded in the final section of this thesis.

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2905

2906 **CHAPTER 3. Farmed salmon welfare practices – insights**
2907 **gained from evaluating standards and farm compliance**

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2913 **3.1 Abstract**

2914 As concerns for farmed salmon welfare continue to grow, there is an increasing demand for
2915 welfare standards to provide additional assurances that farms are meeting their ethical
2916 obligations. Despite their importance, few studies have explored the criteria within these
2917 welfare standards, and how they are currently implemented within the Scottish salmon
2918 farming industry. Furthermore, no study has yet to examine the levels of compliance that
2919 farm sites have to these standards, and what insights into their welfare practices this may
2920 provide. This study aims to address this knowledge gap by exploring the implementation of a
2921 widely adopted set of standards, and assessing Scottish salmon farm sites' compliance to
2922 these standards. Pertinent to this study, annual assessments (i.e., audits) were carried out
2923 by the accreditors on every certified farm site in order to consistently evaluate their level of
2924 compliance. During these audits, a record was made for every instance where a site failed to
2925 meet certain requirements (i.e., a 'non-compliance'). From 2011-2019, a total of 1,446 audits
2926 were conducted (resulting in an estimated total of 209,000 clauses assessed), from which a
2927 total of 1,235 non-compliances were recorded against certified farm sites. Improper record
2928 keeping, poor staff training, and incorrect implementation of Veterinary Health and Welfare
2929 Plans accounted for more than half of these non-compliances. In general, welfare practices
2930 achieved a relatively consistent level of compliance throughout this 9-year period. While
2931 containment of fish escapees steadily improved over the years, a growing issue for
2932 compliance has been ensuring that proper care is taken during human-animal interactions
2933 with the salmon. With regards to the standards themselves, more than 98% of the
2934 requirements involved were risk-based, preventative measures for protecting salmon
2935 welfare. As a result, only insights into the farms' welfare practices could be obtained from the
2936 compliance data. Future iterations of welfare standards should attempt to include direct
2937 assessments of physical and behavioural attributes of the salmon so that more direct
2938 evidence can be obtained relating to what transpired for their welfare. This study represents
2939 the first investigation into the implementation of welfare standards for Scottish farmed
2940 salmon and the associated compliance data. These results demonstrate the potential

2941 benefits of collecting and analysing compliance data, as well as the value of such standards
2942 adopting a more holistic approach towards monitoring farmed salmon welfare.

2943 **Keywords:**

2944 Welfare practices; certification; audits; risk analysis; aquaculture

2945 **3.2 Introduction**

2946 As the salmon farming industry continues to grow, so do concerns amongst stakeholders
2947 and the public for maintaining the welfare of farmed salmon (Bergqvist and Gunnarsson,
2948 2013; Barreto *et al.*, 2021; Wiese *et al.*, 2023). There is now ample evidence suggesting that
2949 fish are sentient, and therefore capable of perceiving their own welfare (Sneddon,
2950 Braithwaite *et al.*, 2003a; Chervova and Lapshin, 2011; Kristiansen *et al.*, 2020). The notion
2951 of sentience alone brings forward a number of ethical implications for farmed fish welfare
2952 (Ashley, 2007; Huntingford and Kadri, 2014; Barreto *et al.*, 2021).

2953 In Scotland alone, latest estimates show total production of Atlantic salmon reaching a
2954 record high of 205,393 tonnes in 2021, with more than 50 million smolts transferred to sea in
2955 the same year (Munro, 2022). Improved production efficiency and product quality within
2956 aquaculture have also been directly associated with what standards of welfare can be
2957 achieved (Southgate and Wall, 2001; FSBI, 2002). The numerous incentives to improve
2958 farmed salmon welfare, along with regulation bodies wishing to avoid additional legislative
2959 control, have encouraged the Scottish salmon farming sector to adopt various codes of
2960 practice, or 'welfare standards' (see Table 3-1 for definitions) that promote salmon welfare
2961 beyond what is required by current legislation (FAWC, 2014). Several salmon farming
2962 standards now exist, each with their own set of requisite criteria for acquiring certification.
2963 Criteria for these standards varies, each with a different emphasis on sustainability, product
2964 quality, and fish welfare assurances. The extent to how much farmed salmon welfare is
2965 currently valued within the industry is reflected by the number of standards that now include
2966 welfare within their criteria (Scottish Salmon Producers Organisation, 2015; Best
2967 Aquaculture Practices, 2016; GlobalG.A.P., 2017; RSPCA, 2021; Aquaculture Stewardship
2968 Council, 2023).

2969 Certifying around 70% of Scottish salmon farms, the 'RSPCA welfare standards for farmed
2970 Atlantic salmon' are specifically aimed towards salmon welfare assurance (Rey Planellas,
2971 Little and Ellis, 2019; Salmon Scotland, 2020a; RSPCA, 2021). Their purpose is to act as an
2972 auditable set of standards "set at the limit of what is achievable, in terms of animal
2973 husbandry and commercial viability" (RSPCA, 2009). That is, they are designed with the aim
2974 of protecting against all of the various factors that may negatively impact salmon welfare.

2975 The standards achieve this with a list of numbered requirements (i.e., 'clauses') which
 2976 certified sites must comply with. These clauses involve species-specific requirements that
 2977 are organised into different sections of the standards by their relevance to certain production
 2978 stages or husbandry practices (e.g., sections for 'Management', 'Freshwater (pre-
 2979 smolt/juvenile fish)', 'Seawater', 'Transport', etc.) (RSPCA, 2021). The principles of these
 2980 clauses, which have covered farmed Atlantic salmon since 2006, are originally based upon
 2981 the 'Five Freedoms' as defined by the FAWC (FAO, 2007; RSPCA, 2018a). In addition, the
 2982 standards outline that these five freedoms will be better maintained if those responsible on-
 2983 farm practice and provide "caring and responsible management", "conscientious
 2984 stockmanship", "appropriate environmental design", and "considerate / humane handling,
 2985 transport, and slaughter" (RSPCA, 2021, pg. 4).

Table 3-1: Working definitions for terms used in this study.

Welfare standards	A list of clauses (i.e., requirements) that farm sites holding the assurance label must comply with. They are designed to ensure the well-being and humane treatment of animals.
Audit	An annual on-farm assessment carried out by the accreditation scheme to assess a farm site's compliance to the relevant clauses.
Clause = welfare measure / indicator	Any clause is designed to be auditable, and is thus effectively a form of welfare assessment. Since welfare cannot be quantitatively "measured" in the same manner as physical parameters of an animal, the term "measure" is simply used in this study as a more commonly recognised reference to welfare indicators.
Non-compliance (NC)	A farm site's failure to meet the requirements of a specific clause, which is then recorded during an audit.

2986 By basing the standards on the Five Freedoms, and primarily focusing on the prevention of
 2987 issues arising in the first place, the majority of clauses in the RSPCA welfare standards
 2988 mostly take a 'risk-based' approach. Put simply, farmed salmon welfare is protected through
 2989 preventative measures, ensuring that the factors which ultimately impact salmon welfare
 2990 (e.g., management, husbandry practices, staff training, conditions of equipment and
 2991 surrounding enclosures, feeding etc.) are properly managed and maintained. This is in
 2992 contrast to taking an 'animal-based' approach, where farmed salmon welfare is instead
 2993 monitored more directly through physical and/or behavioural indicators of the animals
 2994 themselves (Hemsworth et al., 2015).

2995 Regardless of the type of clause involved, the responsibility of compliance to the standards
 2996 (and thereby upholding the assurances set by the standards) inevitably falls upon the
 2997 accredited farm sites producing the salmon. Annual audits of these farm sites are the main
 2998 method for ensuring this compliance (RSPCA, 2021). Each audit involves a site visit, carried
 2999 out by RSPCA Assured assessors, during which the site is assessed against an
 3000 'assessment checklist' which includes the list of clauses that are specific to the type of site
 3001 involved (e.g., seawater / freshwater site, on transportation / wellboats, or at harvest

3002 stations) (RSPCA Assured, 2023a). This is because certain clauses are only applicable to a
3003 certain life stage or context (e.g., during harvests or treatment for alevins etc.). During these
3004 annual audits, a record is then made whenever a farm site has violated the requirements for
3005 a certain clause (i.e., a “non-compliance”) (RSPCA Assured, 2023b).

3006 The growing demand for improvements in salmon welfare, beyond what is simply required
3007 by legislation, consequently leads to a growing demand for evidence of what level of
3008 standards are being achieved on Scottish farms (Fidra, 2020; Fidra and Best Fishes, 2022).
3009 Helping to improve what evidence can be obtained first requires an understanding of what
3010 roles the welfare standards and farm site compliance could play in meeting this demand.
3011 How well the welfare standards cover the various approaches to monitoring and
3012 safeguarding salmon welfare is one aspect of this evidence. Investigating trends and
3013 degrees of non-compliances (NCs) over the years may also offer insights, where the levels
3014 of compliance can serve as a benchmark for gauging an industry’s progress or decline in
3015 complying with the standards set in place (EFCA, 2019). Increasing rates of specific NCs
3016 over the years may highlight areas that represent increased risks to salmon welfare. Such
3017 information could help provide additional guidance for future on-farm management.

3018 The purpose of this study is to therefore investigate whether the RSPCA welfare standards,
3019 and associated farm site compliance data, can provide insights into how welfare practices in
3020 the Scottish salmon farming industry have changed over the years. This study therefore
3021 aims to answer the following research questions:

3022 1) For what areas of the standards is non-compliance the most common? How has the rate
3023 of overall non-compliance changed over the years?

3024 1b) Are there any patterns of non-compliance that could potentially indicate recurring or
3025 growing issues in welfare practices for farmed salmon?

3026 2) To what extent do the RSPCA welfare standards incorporate clauses that are either risk-
3027 based or animal-based? Why might this be the case?

3028 **3.3 Materials and methods**

3029 **3.3.1 Ethical approval**

3030 This study was approved through the University of Stirling ethical review process (GUEP:
3031 “Legacy EC2020_21 3”) prior to commencement of research.

3032 **3.3.2 Organisation of clauses and non-compliances**

3033 As newer versions of the standards were released every three years, various clauses were
3034 either added, removed, moved to different sections, or assigned different clause 'numbers'.
3035 Certain clauses were also repeated within different sections of the standards, as they
3036 applied to multiple types of sites. This meant that, throughout 2011-2019, the frequencies of
3037 NCs against a specific type of clause could not be matched against any single clause
3038 number. For example, throughout 2011-2019, the clause requiring that "stocking densities
3039 must not exceed standards" had been assigned the following clause numbers; E5.1, FW1.5,
3040 W4.4, HP5.12, and SW1.1. In order to reconcile annual summaries for the frequencies of
3041 each type of NC over this 9-year period, NCs had to be listed solely against the exact
3042 requirements detailed in their corresponding clause (i.e., the number of non-compliances
3043 against "stocking densities must not exceed standards" for each year). This allowed for a list
3044 of the total number of NCs, raised annually against each corresponding clause, to be
3045 combined into a single excel sheet. Clauses that did not exist throughout the entire 9-year
3046 period, and could therefore not have any NCs against them during certain years, were
3047 assigned an "N/A" under those years where they did not exist. The final spreadsheet,
3048 consolidating all of the data mentioned above, had the following columns dedicated to each
3049 clause:

- 3050
- A description of the requirements (i.e., clause) that were failed to be met.
 - 3051 • The type of welfare assessment involved when this specific clause is audited by an
3052 RSPCA Assured assessor (e.g., is the clause risk vs. animal-based).
 - 3053 • The number of times a non-compliance was raised against this clause within each
3054 year, from 2011-2019 (N/A if the clause was not yet introduced).

3055 Within this spreadsheet, different types of NCs were then further categorised according to
3056 the nature of the violation involved (e.g., farm management, husbandry practices, farm
3057 conditions, salmon care, or fish escapees) to allow for comparisons across different areas of
3058 the standards. A Sankey diagram was created (using SankeyMATIC) to illustrate and further
3059 breakdown these categories (Figure 3-1). As this study focused solely on the standards
3060 directly relevant to farmed salmon welfare, clauses relating to the welfare of potential
3061 predators or cleanerfish, wider environmental impacts, and human health and safety have
3062 been excluded. All non-compliance data were anonymised by RSPCA Assured before being
3063 provided to us. This was achieved through providing annual summaries of all NCs,
3064 categorised by the corresponding checklists from where they were raised (e.g., during
3065 seawater vs. freshwater vs. transportation audits with farm IDs removed), from 2011-2019.

3066 **3.3.3 Data analysis**

3067 For assessing trends in NCs, the initial step was to account for the number of audits
3068 conducted by RSPCA Assured Assessors from which these NCs were identified. From each
3069 year, examples of the assessment checklists used for each of the different types of audits
3070 were obtained. The total number of clauses investigated within each of these different
3071 checklists were counted. The total number of clauses were then multiplied by the total
3072 number of times those same checklists were used in audits for each year. The cumulative
3073 total, across all different checklists, would then provide an estimate of the total number of
3074 clauses that were assessed during each year. The total number of clauses assessed during
3075 each year were then compared against each other to determine the 'relative investigative
3076 effort'. For example, the year with the largest number of clauses would equal 1, whereas
3077 another year that had half the number of clauses assessed would equal 0.5. The total
3078 number of NCs raised during each year (or within a category of offense, e.g., 'Farm
3079 management') were then divided by their corresponding 'relative investigative effort'. This
3080 would result in a standardised 'NC rate', thus taking into account the number of audits that
3081 took place (Table 3-4). Clauses that were not directly related to salmon welfare were not
3082 included in the above calculations.

3083 For each year, a Pearson's correlation test was carried out between the total number of NCs
3084 and the total number of site audits, using IBM SPSS Statistics 28 for Windows 10. Trends in
3085 the total number of NCs, from 2011-2019, were visually assessed with a linear regression in
3086 both the form of raw data and NC rates (standardised by 'relative investigative effort').
3087 Trends in NC rates within the different categories of offenses were also assessed graphically
3088 throughout this 9-year period. The NC rates for each different category were expressed by
3089 what percentage of the total NC rate they represented within each year.

3090 **3.3.4 Classification of clauses**

3091 Owing to the numerous clauses that were added / removed from the standards with each
3092 new iteration, only the most up-to-date version of the welfare standards was considered
3093 relevant for classifying the clauses by whether their requirements (and how they are audited)
3094 were risk-based or animal-based (RSPCA, 2021). Irrelevant clauses, such as those
3095 regarding cleanerfish or environmental impacts, were again excluded. The specific
3096 requirements for each of the 512 relevant clauses were classified, using the criteria in Table
3097 3-2.

Table 3-2: Criteria used for classifying clauses as being either 'risk-based' or 'animal-based'.

Risk-based:	Animal-based:
Primary purpose of the clause is to measure / assess the availability of	Primary purpose of the clause is to measure / assess physical or behavioural

resources provided to the salmon, or to minimise certain risks posed.	attributes of the salmon themselves, or whether the salmon show any signs of injury / disease.
The clause refers to environmental parameters, husbandry practices, management / training of farm staff, or conditions of equipment / enclosures that may indirectly impact salmon welfare.	Rather than being a preventative measure, the clause refers to assessing an outcome of treatment (or lack of treatment) towards the salmon. I.e., it is an indicator of prior welfare problems.
A non-compliance to the clause indicates that an increased risk has been posed to salmon welfare.	A non-compliance to the clause indicates that a direct impact to salmon welfare has been identified by the auditor.

3098 **3.4 Results**

3099 **3.4.1 Audits and number of clauses assessed**

3100 The total number of audits carried out varied from one year to another (Table 3-3). Of the
3101 1,446 total audits, 59% (n=857) were carried out on seawater sites, 30% (n=436) on
3102 freshwater sites, 9% (n=125) on transportation / wellboats, and 2% (n=28) on harvest
3103 stations.

Table 3-3: Total number of site assessments carried out annually, from 2011-2019, on all RSPCAA certified Scottish salmon farm sites (including seawater sites, freshwater / hatchery sites, transportation / wellboats, and harvest stations). Numbers with a * were interpolated based on relative proportions from other years, due to only general audit numbers being provided for these years.

Year:	Seawater audits	Freshwater audits	Transportation / wellboat audits	Harvest station audits	Total number of site audits
2011	127	86	13	6	232
2012	123	55	13	7	198
2013	110	54	12	4	180
2014	94*	48*	14*	4*	160
2015	79*	40*	11*	4*	134
2016	116	48	12	5	176
2017	49	26	5	3	83
2018	53	35	8	2	98
2019	106	44	31	4	185
Total	857	436	119	39	1446

3104 **3.4.2 Non-compliances by nature of offense**

3105 Throughout 2011-2019, there were a total of 1,235 NCs, with a mean 137 NCs per year.
3106 Figure 3-1 provides a breakdown of these NCs, categorised by their nature of offense (and
3107 the number of NCs associated within each category / sub-category). The majority of NCs
3108 related to 'Farm management' (n = 651, ~53% of all NCs). Clauses within this category
3109 covered requirements for the correct implementation of the Veterinary Health and Welfare
3110 Plan (VHWP), staff training on fish welfare, and maintaining sufficient records of husbandry
3111 practices, equipment maintenance, and conditions on-site. The clause with the second
3112 highest number of NCs was also under the 'Farm management', with 91 NCs for 'Staff not

3113 familiar with RSPCA standards / standards not part of site induction' (Table 3-5). Within this
 3114 largest category of total NCs, 38% (n=253) of the NCs were related to improper record
 3115 keeping.

Table 3-4: Standardisation of non-compliance (NC) rates by relative investigative effort, calculated by total number of clauses

	2011	2012	2013	2014	2015	2016	2017	2018	2019	Total
Total no. of NCs	233	241	119	66	63	93	135	128	157	1235
Total no. of clauses assessed:	33,632	28,677	25,986	23,348	19,823	24,472	11,533	14,364	27,209	209,044
Relative investigative effort:	1	0.85	0.77	0.69	0.59	0.73	0.34	0.43	0.81	N/A
"NC rates" (standardised):	233	283	154	95	107	128	394	300	194	N/A

3116 The clause with the highest number of NCs was in 'Farm conditions' (n=182, ~15% of all
 3117 NCs), with 99 NCs for 'stocking densities exceeds the standards' (Table 3-5). NCs relating to
 3118 'Husbandry practices' accounted for ~21% of all NCs (n=253), the majority of which
 3119 consisted of dealing with mortalities (n=106), and crowding / grading / transport practices
 3120 (n=71). NCs relating to 'Salmon care' accounted for ~8% of all NCs (n=101), 28% of which

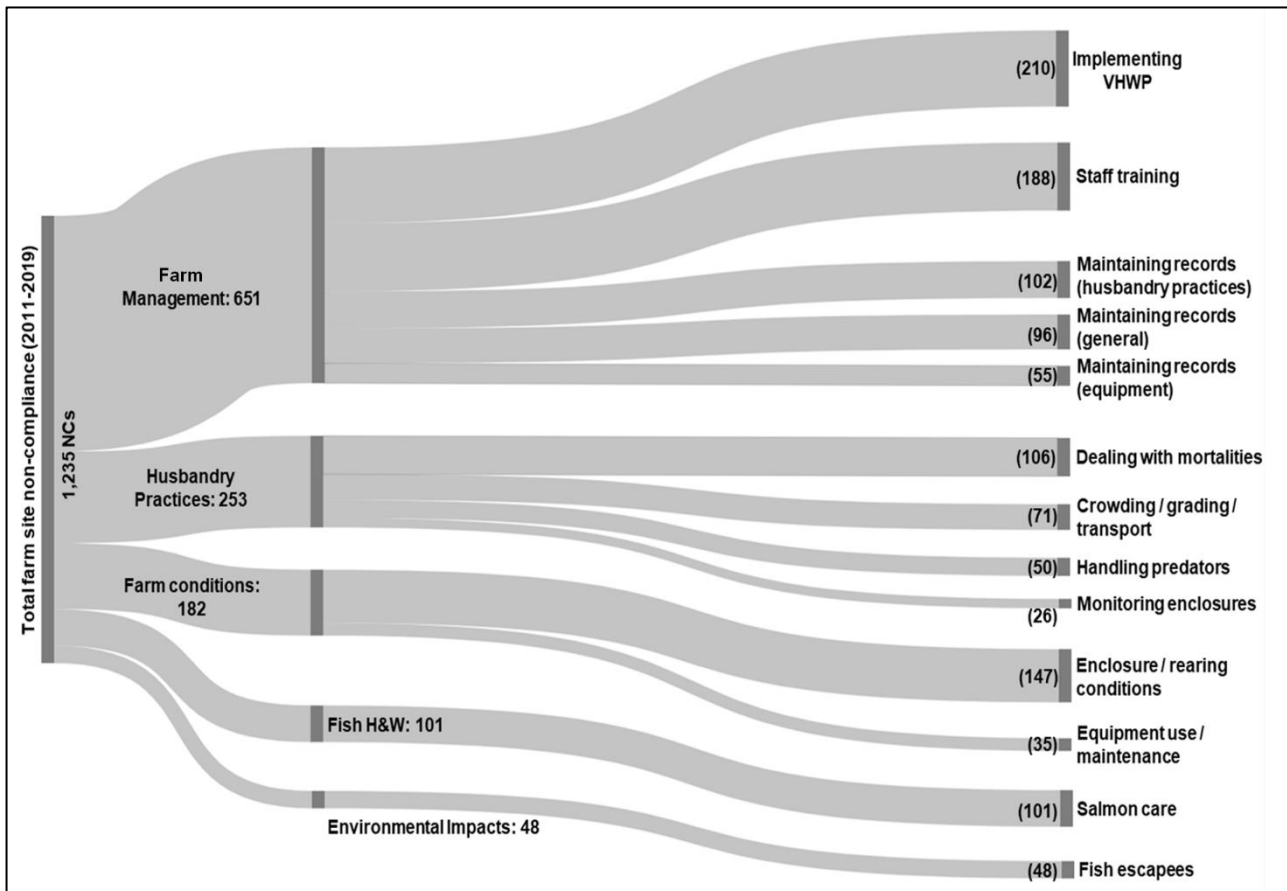


Figure 3-1. Sankey diagram (created using SankeyMATIC) illustrating a breakdown of all non-compliances raised (1235) throughout 2011-2019 during RSPCAA site audits, for which posed an increased risk to farmed salmon. Non-compliances (NCs) are categorised by nature of offense (farm management, husbandry practices, farm conditions, salmon care, fish escapees).

3121 related to the more severe, animal-based clauses for the salmon (e.g., recurring physical
 3122 damage to the fish observed, seriously injured / diseased fish not humanely killed without
 3123 delay, fish showing obvious signs of stress prior to harvest etc.).

Table 3-5. Top 10 clauses by number of non-compliances (NCs) raised against them throughout 2011-2019 during RSCPAA site assessments, alongside their corresponding nature of offense.

Category (by nature of offense)	Clause within the RSPCA welfare standards	Total NCs (2011-2019):
Farm conditions (poor rearing conditions)	Stocking density exceeds the standards	99
Management (staff training)	Staff not familiar with standards content	91
Management (records)	Full inspection records not maintained or in place on site	59
Management (staff training)	Manager has not attended a fish welfare course, or staff not adequately trained for fish husbandry and welfare	56
Management (VHWP)	VHWP does not show remedial action taken to mitigate welfare issues on site	54
Husbandry practice (mortalities)	Removal of dead fish does not take place min. twice weekly	53
Management (VHWP)	No site-specific VHWP in place, or VHWP not being regularly updated / implemented	48
Husbandry practice (crowding)	Oxygen levels not monitored and recorded throughout all crowding operations	48
Husbandry practice (mortalities)	Cause of fish death not classified	41
Management (VHWP)	Grading plan not part of VHWP / not on site	35

3124 **3.4.3 Trends in non-compliance over the years**

3125 Regression analysis on the total number of NCs each year suggested at first a slight
 3126 negative correlation with time and that, overall, NCs were decreasing over the years (Figure
 3127 3-2). However, when the total number of audits carried out each year were taken into
 3128 account, the annual trend in 'NC rates' showed that there was no consistent pattern in the
 3129 overall rate of non-compliance throughout the 2011-2019 period (Figure 3-2). No significant
 3130 association was initially found between total number of site audits and overall NCs raised
 3131 each year throughout 2011-2019 (Pearson correlation = 0.523, p = 0.148). However,
 3132 between 2017-2018, the average number of site audits were significantly fewer
 3133 (approximately 50%) in comparison to other years, while having on average more than
 3134 double the NC rates. If 2017 and 2018 are treated as outliers, a significant association was
 3135 found between number of site audits and overall NCs raised each year (Pearson correlation
 3136 = 0.878, p < 0.01). While there was no consistent pattern in overall NC rates throughout
 3137 2011-2019, trends in certain categories were more apparent.

3138 On average, NC rates relating to matters of 'Salmon care' accounted for ~5% of total NC
 3139 rates from 2011-2013, ~9% from 2014-2016, and ~11% from 2017-2019 (Figure 3-3).
 3140 Conversely, NC rates relating to fish escapees have, on average, accounted for ~4% of total

3141 NC rates from 2011-2013, and ~2% from 2014 onwards (Figure 3-3). All remaining
 3142 categories have shown no consistent patterns throughout the years.

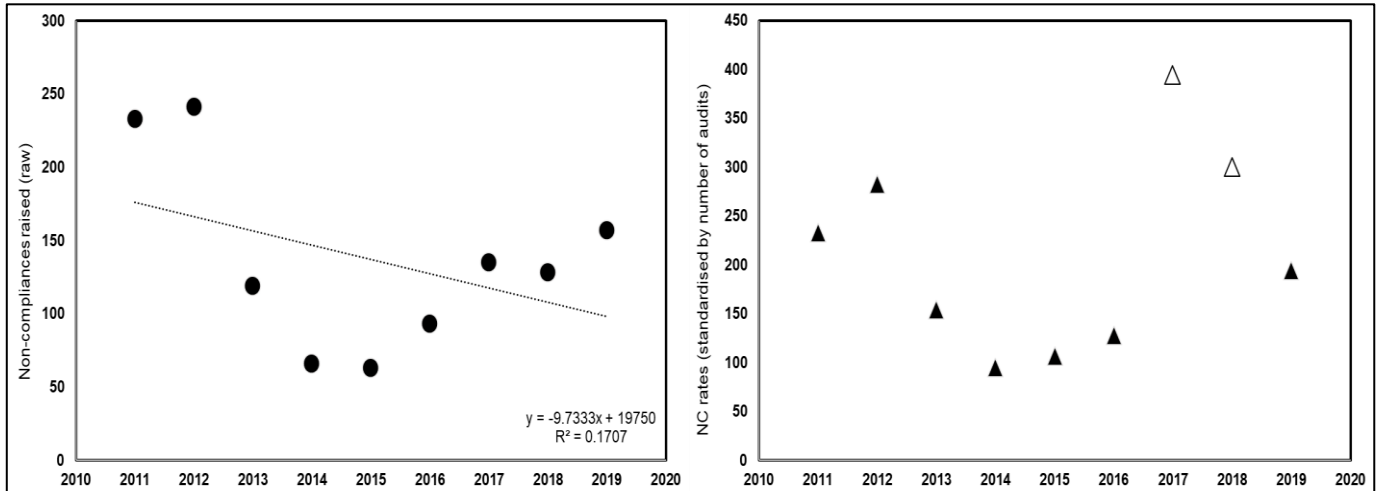


Figure 3-2. Annual non-compliance (NC) data from 2011-2019. Black circles indicate the raw data for total NCs raised. Black triangles indicate NC rates, standardised by number of audits carried out for each year. White triangles highlight 2017 and 2018 as potential outliers. A trendline of raw NC data is also shown to illustrate a potential trend that, without the removal of 2017 and 2018 data, no longer exists in the standardised NC rates.

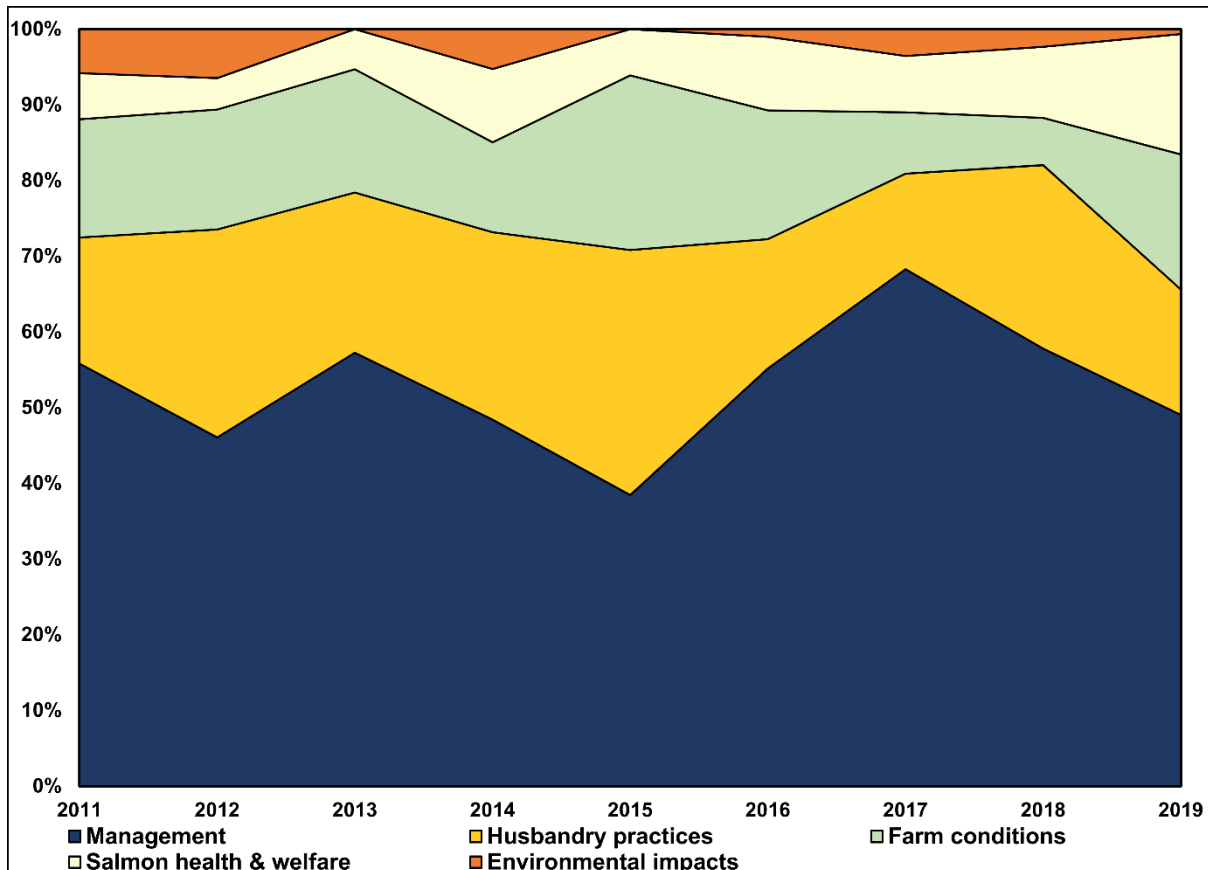


Figure 3-3. Trends in non-compliance (NC) rates on an annual basis, across 5 different categories of clauses that share a common type of offense. NC rates for each category are represented as the percentage proportion of total NCs raised within each year.

3143 **3.4.4 How many clauses are risk-based vs. animal-based**

3144 Approximately 2% of all clauses within the 2021 welfare standards could arguably function
 3145 as animal-based measures when being audited (10 out of 512 clauses examined, Table 3-
 3146 6).

Table 3-6. The 10 clauses from the RSPCA Assured welfare standards (2021) that arguably function as animal-based measures during audits.

Clause	Requirement(s)
H 1.4	There must be no recurring physical damage occurring on fish attributable to features of their environment, husbandry procedures, or unrecognised disease challenge.
H 1.7, FW 9.29, H 4.7	Any fish suffering from overt physical damage, or disease symptoms (incl. sea lice), must be segregated & treated humanely without delay.
H 2.3, HP 1.6, FW 9.25	Under no circumstances must seriously injured or sick fish be left to die in the air.
H 5.1	Mutilations involving the removal of sensitive tissue are prohibited.
H 5.2	Marking methods that cause distress or injury to fish must not be used.
HP 8.2	Fish must not have been produced by breeding techniques that result in health or welfare problems.

3147 **3.5 Discussion**

3148 Outside of legislation, the sole avenue for providing assurances on farmed salmon welfare
 3149 are through what standards are set in place (FAWC, 2014), and the extent to which
 3150 accredited farm sites comply with these standards. Farm sites are incentivised to be certified
 3151 under these welfare standards because of consumer demand, with past Eurobarometer
 3152 surveys indicating that up to 72% of the British public are willing to pay more for higher
 3153 welfare standards (European Commission, 2016). The quality of these welfare assurances
 3154 are directly linked to how well the standards cover the various aspects of monitoring, and
 3155 ultimately safeguarding, salmon welfare. Trends and degrees of non-compliance from the
 3156 farms can then also provide insights into what welfare practices may be improving or
 3157 deteriorating, and where the most common issues arise with compliance.

3158 The results from this study represent nine years of non-compliance data from Scottish
 3159 salmon farms certified under the RSPCA Assured welfare standards. Overall NC rates
 3160 suggest that general welfare practices for accredited farm sites have remained relatively
 3161 constant throughout 2011-2019. Throughout this period, improper management contributed
 3162 the most towards overall non-compliance, accounting for more than half of all NCs. NCs
 3163 relating to poor record keeping, improper staff training on salmon welfare, and incorrect
 3164 implementation of the Veterinary Health and Welfare Plan (VHWP) represent the most
 3165 common factors posing an increased risk to salmon welfare through 2011-2019. Staff

3166 training and knowledge of salmon welfare have been ranked as some of the most important
3167 factors for farmed salmon welfare (Brown *et al.*, 2008; Berrill *et al.*, 2012). Conversely,
3168 competent farm personnel carrying out daily tasks have also been considered to make the
3169 most substantial contribution towards protecting fish welfare, through routine interactions /
3170 tasks of feeding, cleaning, monitoring, and treating the fish (Størkersen *et al.*, 2021). With
3171 regards to husbandry practices and general farm conditions in the current study, the
3172 improper handling of mortalities and inappropriate stocking densities were the most frequent
3173 NCs respectively. Severe violations to the standards, where obvious mistreatment of the
3174 salmon and consequent suffering was observed, were far less frequent.

3175 When investigating what these NCs may indicate about how overall farm welfare practices
3176 have changed over the years, additional factors must be considered. This includes the
3177 comparative likelihood of certain clauses being violated over others; if NCs are more likely to
3178 occur for one clause than another, then simply comparing the frequency of NCs between two
3179 clauses (or category of clauses) becomes less meaningful.

3180 In instances of less severe NCs (i.e., those not likely to cause suffering to the salmon), the
3181 RSPCA Assured provide a formal warning to the farm staff involved, who are then obligated
3182 to resolve any identified NCs or risk having their certification suspended (RSPCA Assured,
3183 2023b). However, if more severe NCs are identified, (i.e., RSPCA Assured notes that
3184 salmon have likely suffered directly as a result of neglect / malpractice), further
3185 investigations may take place that could lead to immediate withdrawal of the RSPCA
3186 Assured label (RSPCA Assured, 2023b). There is therefore more incentive for farms to avoid
3187 the most severe non-compliances. These more “serious”, animal-based clauses found within
3188 the standards also form less than 2% of all clauses, thereby limiting the total number of NCs
3189 that could possibly be identified during audits. Severe violations to the standards are thus
3190 expected to form a minority of the total NCs. In contrast, there are significantly more clauses
3191 involved in record keeping, with the consequences of violating them likely not being as
3192 severe for the farms. Differences in the overall non-compliance trends over the years (when
3193 comparing “raw” number of NCs vs standardised NC rates) indicate that the number of NCs
3194 raised are at least partially linked to the number of audits that took place in that same year.
3195 Assessing trends in NCs, either between different years or across different sections of the
3196 standards, cannot be done reliably without accounting for the ‘relative investigative effort’
3197 involved when these NCs were identified (Sutinen, Rieser and Gauvin, 1990; Bergseth, Russ
3198 and Cinner, 2015; Read, West and Kelaher, 2015). In other words, an increased number of
3199 NCs could simply be due to the corresponding clause being audited more. This means that
3200 direct comparisons of “raw” numbers of NCs between different areas of the standards cannot

3201 be meaningfully assessed. Instead, it is more appropriate to examine the trends of NC rates
3202 across these different categories, and compare how they have changed over the years.

3203 There have been no consistent patterns in NC rates regarding management, husbandry
3204 practices, or farm conditions, which formed the majority of the standards throughout 2011-
3205 2019. However, there were more apparent trends in more specific areas of the standards.
3206 Welfare practices relating to fish escapees have steadily improved over the years, whereas
3207 practices relating to salmon care have steadily deteriorated. This steady increase in NC
3208 rates relating to salmon care includes the few animal-based clauses currently present in the
3209 standards, such as “any fish suffering from overt physical damage, or disease symptoms,
3210 must be segregated and treated humanely without delay”. However, the vast majority of
3211 clauses in this category are still risk-based, focusing on what care must be taken by farm
3212 staff for ensuring humane handling, interventions, fasting, and culling.

3213 To shed light on the unusual number of audits and NC rates observed between 2017-2018,
3214 RSPCA Assured staff provided supplementary information to offer potential explanations. In
3215 2016, a large company withdrew from the RSPCA Assured scheme. This led to ~60 sites
3216 that were no longer audited from 2017 onwards, which could help explain the following years
3217 having the lowest ‘relative investigative effort’ from 2011-2019. In addition, a new version of
3218 the standards was implemented in early 2018. From 2011 onwards, 35% of newly introduced
3219 clauses were first included in the 2018 standards. This may have contributed to higher NC
3220 rates until the farm staff became adjusted to these new clauses.

3221 Certain clauses have also not been consistently audited, as they would not always be
3222 applicable to certain assessment checklists or even certain sites. For example, all seawater
3223 sites in 2011 would likely not have had the exact same clauses audited (e.g., clauses such
3224 as M3.12 requiring the monitoring of smolts). Even within the same site over many years,
3225 specific clauses may only apply for the years where certain events coincided with the annual
3226 audit (e.g., a predator attack). The lack of such standardisation, both within and between
3227 certification schemes, is a significant complication that results in a lack of clarity and
3228 potentially impedes demand for products (Main *et al.*, 2014). Ideally, audits could record
3229 (onto a private, aggregated database) every instance of a clause being assessed. This
3230 would allow for reliable calculations of NC rates for every clause. Flexible comparisons of
3231 NC rates would then be possible between any groups of clauses, regardless of the ‘relative
3232 investigative effort’ involved.

3233 The current non-compliance data allows for an investigation into the welfare practices of
3234 Scottish salmon farms, comparing how different risks have been minimised as well as
3235 highlighting potential key areas for improving compliance (i.e., management and salmon

3236 care). However, without the appropriate inclusion of animal-based clauses for the salmon,
3237 this data is not yet able to provide a more complete, outcome-based story of what level of
3238 welfare was achieved for the salmon. This is largely due to the majority of clauses adopting
3239 a risk-based approach. There are costs and benefits to implementing either risk-based or
3240 animal-based clauses within any welfare standards. Either approach requires considerations
3241 of practicality (i.e., can these clauses be feasibly assessed during an audit without disturbing
3242 the salmon or farm staff's routines?) as well as effectiveness (i.e., how well do these clauses
3243 help provide a definitive overview of salmon welfare?). There are many advantages to
3244 adopting a risk-based approach. Fish farming in densely populated, confined enclosures
3245 increases the risk of outbreaks of highly infectious diseases which can intensify rapidly
3246 before they are noticed (Robertson, 2011; Gjessing *et al.*, 2017; Buchmann, 2022). Without
3247 routine invasive sampling of individual salmon, asymptomatic infections can continue
3248 spreading while remaining undetected for extended periods of time (Hiney, Kilmartin and
3249 Smith, 1994; Morton and Routledge, 2016). The more advanced an outbreak (e.g., of AGD),
3250 the more difficult they can be to treat (Rodger, 2014). Even after detection, various
3251 treatments often severely impact salmon health and incur significant to the farms (Liu and
3252 Bjelland, 2014; Hjeltnes *et al.*, 2017). Animal-based clauses are inherently retrospective,
3253 often only detecting salmon that are already diseased or injured (Noble *et al.*, 2018). In
3254 contrast, risk-based clauses are implemented to ensure optimal rearing conditions are
3255 maintained, thereby minimising issues from arising in the first place. 'Prevention over
3256 treatment' is often regarded as the more effective, and less costly, form of health (and
3257 welfare) management (Noble *et al.*, 2018; Barrett *et al.*, 2020). Clauses that are animal-
3258 based also have the difficult task of ensuring that a representative sample of the fish is
3259 obtained, so that the "true" situation within an enclosure is observed (Noble *et al.*, 2018;
3260 Wiese *et al.*, 2023). Such measures often involve a time-consuming, laborious process of
3261 manually handling the fish, putting added stress on the farm staff's responsibilities and the
3262 salmon themselves (Noble *et al.*, 2018). In contrast, risk-based measures are often relatively
3263 easy and inexpensive to monitor or audit on-site (Noble *et al.*, 2018); for example, clauses
3264 that require appropriate record keeping, staff training, or equipment maintenance can be
3265 audited with simple visual inspections or interviews.

3266 However, minimising risks is only one aspect of safeguarding animal welfare. Even when
3267 perfect risk-management and "optimal" conditions are perceived to be set in place, there is
3268 no guarantee that issues will not arise. The Brambell report, which led to the formation of the
3269 Five Freedoms (for which the RSPCA Assured welfare standards are based upon), stresses
3270 how welfare assessments must attempt to integrate any available physical and/or
3271 behavioural indicators of an animal's welfare (Brambell *et al.*, 1965; Elischer and Conklin,

3272 2019). Such indicators are essential for providing evidence for what levels of welfare were
3273 achieved for the salmon, rather than solely providing assurances on what risks were
3274 mitigated. There has also been a growing opinion that welfare should be more than simply
3275 the absence of suffering (Mench, 1998; Mellor, 2012, 2016; Fife-Cook and Franks, 2019;
3276 Barreto *et al.*, 2021). A solely risk-based approach tends to focus largely on the elimination
3277 of risks to animal welfare, often leaving out any potential 'positive' aspects of welfare as a
3278 result (Fife-Cook and Franks, 2019).

3279 The current RSPCA Assured welfare standards do provide additional guidelines for
3280 monitoring a range of animal-based measures that "should" be examined during various
3281 practices, including a 'summary of observations during fish slaughter', 'scoring systems for
3282 deformities and injuries of fins, scales, spine, snout, jaw, eye, and operculum', and 'crowd
3283 intensity scales' (RSPCA, 2021). However, these guidelines have not yet been drawn up
3284 into clauses for which farms are required to comply with. The newest version of the
3285 standards now states that direct measures of animal welfare are essential to understanding
3286 "what levels of welfare are being achieved, and therefore better understanding what impact
3287 the resources being provided (and management practices being implemented) are having on
3288 the animals" (RSPCA, 2021, pg. 49). The RSCPA further recognises the importance of
3289 animal-based measures by stating their intention to formally include them as clauses in the
3290 next iteration of the standards (RSPCA, 2021, pg. 49).

3291 The RSPCA Assured are not alone in recognising the value of animal-based measures for
3292 farmed salmon welfare. During a stakeholder meeting in collaboration with the DEFRA
3293 Innovation centre, the integration and application of behavioural and physiological indices
3294 was voted as the fourth most important area of development for farmed fish welfare in the
3295 UK (Berrill *et al.*, 2012). Considering the demand for implementing more animal-based
3296 measures into welfare assessment schemes, the aforementioned limitations commonly
3297 found within this class of measures highlights a clear need for further developing animal-
3298 based measures that

- 3299 1) Can provide early warning signs for health and welfare issues that arise, giving farm staff
3300 adequate time to carry out the necessary interventions
3301 2) Are non-intrusive and practical in their use, having little to no impact on either salmon
3302 welfare or farm staff's routines
3303 3) Have simple avenues for which automation can be built upon them for further improve
3304 their practicality and effectiveness

3305 The successful implementation of such measures would then help improve welfare
3306 standards in two manners:

3307 1) Facilitate the inclusion of clauses that attempt to monitor aspects of welfare that cannot be
3308 covered through a risk-based approach, namely those which promote positive welfare as a
3309 motivational framework within the standards (Webster, 2016). This could include behavioural
3310 assessments that allow for inferences to be made on the emotional state of the animals
3311 (Mellor, 2012)

3312 2) Help improve the auditability of the standards through inclusion of clauses that may, in the
3313 future, be monitored and assessed directly through non-invasive and remote monitoring.
3314 Further developments in automation and computer vision that improve monitoring and data
3315 collection could someday allow these measures to require minimal additional time or effort
3316 (from farm staff or auditors) for ensuring compliance (Rey Planellas, Little and Ellis, 2019;
3317 Erp-van der Kooij and Rutter, 2020; Yang *et al.*, 2021).

3318 **3.6 Conclusion**

3319 From 2011-2019, welfare practices within the Scottish salmon farming sector have achieved
3320 relatively consistent levels of compliance to the RSPCA Assured welfare standards.

3321 Although welfare practices related to staff training, record keeping, and correct
3322 implementation of the VHWP have remained consistent over the years, these are key areas
3323 of focus for improving overall compliance. Welfare practices relating to farm conditions and
3324 husbandry practices would generally benefit the most by maintaining more appropriate
3325 stocking densities and improving how mortalities are dealt with. Containment of fish
3326 escapees have been steadily improving. While not representative of farm staff conduct
3327 overall, a growing issue for compliance is ensuring proper care is taken to minimise risks
3328 posed during interactions with the salmon. Improving such welfare practices may also be
3329 related to staff training.

3330 This study also highlighted that the extent of information that can be derived from
3331 compliance data largely depends on what clauses the standards consist of. For welfare
3332 standards prioritising a risk-based approach, only insights towards the farms' welfare
3333 practices can be obtained. With the RSPCA's intention to include more animal-based
3334 measures as clauses in the upcoming versions of the standards, compliance data in future
3335 years may be able to provide a more complete (and direct) overview as to what transpired
3336 for the welfare of the farmed salmon.

3337 There is a clear demand for including animal-based measures in welfare standards which
3338 hold farms accountable for ensuring that salmon welfare is definitively being safeguarded to
3339 an acceptable level. True accountability within a welfare assessment scheme (or set of
3340 standards) requires the integration of both risk-based and animal-based measures, so that

3341 the assessments / audits involved can reflect the degree of welfare achieved that is closest
3342 to the animals themselves. For farm staff and accreditors alike, there is a need for further
3343 development of animal-based measures that are both non-intrusive and practical so that
3344 their use for on-farm monitoring or auditing becomes a realistic prospect.

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3349 **3.8 References**

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3499 **CHAPTER 4. Application of Qualitative Behavioural**
3500 **Assessment (QBA) as a welfare indicator for farmed**
3501 **Atlantic salmon (*Salmo salar*) in response to a stressful**
3502 **challenge**

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3509 **4.1 Abstract**

3510 Animal welfare assessments have historically struggled to find a balance between
3511 investigating the emotional states of animals and upholding objectivity by focusing solely on
3512 the empirical evidence available. Behavioural analysis may provide one of the few insights
3513 into the more subjective experiences of an animal without compromising the scientific
3514 approach. One example of such a tool is Qualitative Behavioural Assessment, or QBA.
3515 Rather than assessing a set of separate physical behaviours (i.e., what is the animal doing,
3516 such as swimming, biting or feeding), QBA specifically focuses on the overall manner in
3517 which an animal executes its behaviour (i.e., how it is behaving, such as relaxed or
3518 stressed). Through its integrative approach, QBA enables a 'whole-animal' assessment of
3519 how an animal expresses these qualities through its behaviours (i.e., its expressive
3520 characteristics). QBA has been validated for a range of terrestrial farmed animals, offering a
3521 time-efficient and non-intrusive approach that yields unique insights for welfare
3522 assessments. However, the application of QBA in aquaculture remains largely unexplored,
3523 and no studies have yet examined QBA's ability to capture the welfare of fish that has been
3524 compromised following exposure to stressful events. With increasing scientific evidence and
3525 public opinion that fish are sentient, there is a growing demand for the development and
3526 implementation of tools that are suitable for assessing the emotional states and welfare of
3527 farmed fish. This study therefore aimed to investigate the use of QBA in Atlantic salmon,
3528 assessing its ability to capture changes in their emotional state after exposure to stressful
3529 events.

3530 For this study, 9 tanks of juvenile Atlantic salmon were video-recorded every morning for 15
3531 minutes, over a 7-day period, in the middle of which a stressful challenge (i.e., an intrusive
3532 sampling event) was conducted on the salmon. Each video clip was recorded when lights
3533 were first switched on in the mornings, and later edited to include the first full minute for
3534 which the salmon were in clear view after the lights had turned on. The resultant 63 video

3535 clips were then semi-randomised to avoid predictability and treatment bias from scorers
3536 before being used within the QBA. The initial stage of QBA first had 12 observers collectively
3537 generate a list of 16 qualitative descriptors (or terms, e.g., relaxed, agitated, stressed), after
3538 viewing unrelated video recordings depicting a range of expressive characteristics from
3539 salmon in different contexts. In the second stage, a different group of 5 observers, who were
3540 blind to the treatment (i.e., pre- or post-stressful challenge) and had varied experience with
3541 salmon farming, subsequently watched the 63 video clips, and scored the 16 qualitative
3542 terms for each clip using a Visual Analogue Scale (VAS). The QBA scores from the 5
3543 observers were analysed together using Principal Components Analysis (PCA, correlation
3544 matrix, no rotation) to identify perceived patterns of expressive characteristics across the
3545 video clips. The PCA revealed 4 dimensions that collectively accounted for 74.5% of the
3546 variation between video clips, with PC1 (relaxed / content / positive active vs. unsettled /
3547 stressed / spooked / skittish / agitated) explaining the highest percentage of variation (37%).
3548 Scores for video clips on PC1, PC2, and PC4 achieved good inter- and intra-observer
3549 reliability. There was a significant difference between PC1 scores before and after the
3550 salmon were exposed to the challenge ($p = 0.03$), indicating that the salmon were perceived
3551 as more stressed after the sampling had taken place. In addition, PC1 scores were positively
3552 correlated to the degree and frequency of darting behaviours recorded from 2 separate sets
3553 of video clips (same clips as QBA: $r = 0.42$, $p < 0.001$; 1-minute post QBA clips: $r = 0.33$, $p <$
3554 0.01). The results from this study are the first to validate QBA's sensitivity to changes in the
3555 expressive characteristics of Atlantic salmon following exposure to putatively stressful
3556 events, and further demonstrate QBA's potential as a welfare indicator within aquaculture.

3557 **Keywords:**

3558 Emotional state; aquaculture; positive welfare; behavioural analysis; qualitative behaviour
3559 assessment

3560 **4.2 Introduction**

3561 Animal welfare science has faced the challenge of addressing all aspects of welfare without
3562 compromising objectivity and the need for empirical evidence. Physical health has long been
3563 recognised as an essential component of animal welfare (Fraser *et al.*, 1997; Dawkins, 2004;
3564 Franks, Ewell and Jacquet, 2021). However, a widely held perspective now is that animal
3565 welfare is ultimately a state that is perceived by the animal itself, and we should therefore
3566 also include concerns for the animal's mental well-being (Green and Mellor, 2011;
3567 Hemsworth *et al.*, 2015; Fife-Cook and Franks, 2019). There is thus a growing demand that
3568 welfare assessments, including those for fish, adopt a more holistic approach that places
3569 additional focus on monitoring the animal's positive experiences (Boissy *et al.*, 2007; Mellor,

3570 2016; Fife-Cook and Franks, 2019; Rault *et al.*, 2020; Franks, Ewell and Jacquet, 2021; Veit
3571 and Browning, 2021; Browning, 2023). Welfare appraisals that adopt this integrated
3572 approach, however, inevitably enter the murky waters that are an animal's subjective
3573 experiences (Dawkins, 2003, 2015). Despite decades of research trying to resolve this issue,
3574 the only progress thus far has been reaching a consensus that there is no single "measure"
3575 that can adequately cover what welfare entails (Mason and Mendl, 1993; Broom, 1998;
3576 Dawkins, 2003; Stien *et al.*, 2013). This dilemma has resulted in the mental well-being of fish
3577 often being overlooked in welfare assessments (Jarvis *et al.*, 2021).

3578 In 2018, Atlantic salmon accounted for 4.5% of global aquaculture production by tonnage
3579 (FAO, 2020). In 2021, production of Scottish Atlantic salmon reached an all-time high of
3580 205,393 tonnes, with more than 50 million smolts transferred to sea in the same year
3581 (Munro, 2022). Total tonnage of Scottish farmed salmon, relative to the number of
3582 employees on-site, has increased 11-fold within seawater and 6-fold within freshwater
3583 between 1985-2016 (Ellis *et al.*, 2016). This increase in the numbers of fish relative to farm
3584 staff, unavoidably reduces the time available for monitoring the salmon. There is also
3585 mounting scientific evidence supporting the sentience of fish (Sneddon, Braithwaite and
3586 Gentle, 2003a; Chervova and Lapshin, 2011; Brown, 2015; Kristiansen *et al.*, 2020). A UK
3587 National survey, involving 1963 members of the public, found that 77% agreed or strongly
3588 agreed that fish can feel pain, and 80% agreed that this should therefore be of concern
3589 (Rethink Priorities, 2019). Considering the scale of this industry, there is a clear ethical and
3590 economic incentive to develop welfare indicators that are not only practical, but also attempt
3591 to include aspects of mental well-being (both positive and negative) in their assessment.

3592 To achieve such an assessment, a framework was proposed in which welfare assessments
3593 are viewed in the context of a simple question: "Is the animal healthy, and does it have what
3594 it wants?" (Dawkins, 2003). Considering that what animals want may not always be what is
3595 best for their welfare (Veit and Browning, 2021), this question has been rephrased to:
3596 "Provided an animal's health is given precedence, are its desires or preferences being
3597 met?". Answering the second, difficult part of this question (i.e., delving into an animal's
3598 subjective experiences) may require accepting two arguments. Firstly, that consciousness
3599 still presents an impasse for scientific study (Fraser *et al.*, 1997). Secondly, given that
3600 animals cannot express their desires and needs in human language, behavioural analysis
3601 may provide some of the best insights into what they "want" (Dawkins, 2015). Behaviours
3602 exhibited by an animal are, in essence, the final product of all its own decision-making
3603 processes (Dawkins, 2004; Mendl, Burman and Paul, 2010). They are the "final common
3604 path", as described by Sherrington (1906), or the "ultimate phenotype" and "expression of
3605 the emotions" (Darwin, 1872). Behavioural analysis provides a number of additional

3606 advantages over physiological and morphological measures in welfare assessments. Such
3607 analyses are frequently non-intrusive (the animal is unaware it is being assessed), and are
3608 often quick to observe (Dawkins, 2004; Huntingford *et al.*, 2006; Martins *et al.*, 2012).
3609 Behaviour is also gaining recognition as a general, pre-clinical 'early warning system' for
3610 issues that may be emerging within the stock (Dawkins, 2004; Huntingford *et al.*, 2006;
3611 Oppedal, Dempster and Stien, 2011; Duthie *et al.*, 2020; Wiese *et al.*, 2023).

3612 Moreover, through collaborative development of behavioural assessment tools with farmers,
3613 it may be possible to externalise the tacit knowledge farmers tend to have of the well-being
3614 of their animals (Hoffmann, Probst and Christinck, 2007). Such knowledge, typically gained
3615 through years of experience, enables farmers to detect more subtle changes in an animal's
3616 behaviour when issues arise, even though the exact nature of the problem may remain
3617 unclear (Hoffmann, Probst and Christinck, 2007). Qualitative Behavioural Assessment (QBA)
3618 is a behavioural assessment tool that benefits from this approach while eliminating the
3619 associated drawbacks relating to reproducibility and validity (Browning, 2022). QBA is an
3620 integrative assessment of the "whole-animal", where observations are made on the animal's
3621 body language (including their appearance, behaviour, and interaction with others and the
3622 surrounding environment) as an indicator of its welfare state (Wemelsfelder, 2007; Ellingsen
3623 *et al.*, 2014; Cooper and Wemelsfelder, 2020; Vasdal *et al.*, 2022). Different aspects of the
3624 animal's expressive characteristics are summarised through a number of 'descriptors' (or
3625 terms) such as: calm, inquisitive, agitated, or stressed (Wemelsfelder *et al.*, 2001; Jarvis *et al.*,
3626 2021; Vasdal *et al.*, 2022). By summarising such various expressive characteristics, QBA
3627 focuses less on what an animal does, and more on how it does it (Wemelsfelder *et al.*,
3628 2001). These terms are used with the intention of covering the full range of both negative
3629 and positive emotions (Jarvis *et al.*, 2021; Browning, 2023).

3630 Previous studies have validated the use of QBA against other welfare indicators for various
3631 livestock species, and demonstrated high degrees of inter-observer reliability between
3632 observers (Fleming *et al.*, 2016; Minero *et al.*, 2018). Additionally, QBA allows for simple,
3633 time-efficient, and non-intrusive assessments of an animal's well-being (Ellingsen *et al.*,
3634 2014; Browning, 2022). QBA is also the only measure currently included in the EU Welfare
3635 Quality® welfare assessment protocols to assess positive emotional states in cattle, pigs,
3636 and poultry (Welfare Quality®, 2009; Keeling *et al.*, 2013). To date, however, the only QBA
3637 study to be applied to fish examined solely the inter- and intra-observer reliability and QBA's
3638 association with ethograms of salmon behaviour, without the inclusion of any treatments
3639 (Jarvis *et al.*, 2021). No studies have yet examined fish exposed to stressors, or compared
3640 QBA scores in this context to other welfare indicators. Comparing QBA scores against other
3641 welfare indicators for salmon may help to further explore what potential role QBA may have

3642 as a welfare assessment tool. Darting represents a behavioural response previously
3643 recorded in fear-conditioning studies of fish, and is commonly associated with predator
3644 avoidance (Magurran and Pitcher, 1983; Cantalupo, Bisazza and Vallortigara, 1995;
3645 Domenici and Blake, 1997; Ashley and Sneddon, 2008). It is considered a stress response
3646 which, when increasing in frequency or intensity, may indicate impaired welfare (Magurran
3647 and Pitcher, 1983; Ashley and Sneddon, 2008; Nomura *et al.*, 2009). Feed intake is also
3648 generally considered a reliable indicator within health and welfare assessments of farmed
3649 fish (Jobling *et al.*, 2001). A loss in appetite is potentially a sign of impaired welfare (Schreck,
3650 Olla and Davis, 1997; Huntingford *et al.*, 2006). The main aim of this study was therefore to
3651 examine QBA's ability to detect differences in the expressive characteristics of Atlantic
3652 salmon after exposure to a stressful challenge (i.e., an intrusive sampling event). In addition,
3653 this study also aimed to compare these QBA scores against other welfare indicators for
3654 salmon; their daily feed intake (as a proxy for appetite) and darting behaviours (i.e., sudden,
3655 rapid movements of the salmon).

3656 **4.3 Materials and methods**

3657 **4.3.1 Ethical review**

3658 Ethical approval for the recording of salmon and QBA work was obtained from the University
3659 of Stirling's Animal Welfare & Ethical Review Body (Approval reference no. 2022-6783-
3660 5196).

3661 **4.3.2 Experimental set-up**

3662 *4.3.2.1 Animals*

3663 The juvenile Atlantic salmon used in this study were transferred on November 16th, 2021,
3664 from the Niall Bromage Freshwater Research Unit (NBFRU), Denny, to the Marine
3665 Environmental Research Laboratory (MERL) in Campbeltown, Argyll and Bute, Scotland.
3666 The salmon were around 14 months of age, and weighed on average 285-360 grams. There
3667 were ~80 smolts in each tank at the start of the recording, with an average stocking density
3668 of ~34kg/m³.

3669 *4.3.2.2 Husbandry*

3670 The salmon were housed in a total of 9 identical flow-through tanks (1.4m diameter, 750L
3671 volume). Seawater was filtered through a Lacron sand filter (4x100 micron bag filters) before
3672 flowing into the tanks to minimise turbidity. Automatic belt feeders provided standard salmon
3673 pelleted dry feed (Skretting Nutra Advance / Supreme©) to all tanks every 20 minutes
3674 between 05:00-09:00 and 16:30-23:30. Dirty water and uneaten feed were flushed out of the

3675 tanks through standpipes daily, between 09:00-09:15. Any mortalities found during this
3676 period were immediately removed. Lights were turned on at exactly 10:30am each morning.

3677 *4.3.2.3 Treatments (including stressful challenge)*

3678 Video clips for this study were recorded around a stressful challenge, conducted on
3679 February 18th, 2022. This stressful challenge involved a sampling event which was carried
3680 out for another study on these salmon. This required capturing, anaesthetising, and handling
3681 each of the salmon out of water for measuring their weight, length, and condition factor.
3682 While feed withdrawal was also required 24 hours before sampling could be carried out, the
3683 recording schedule was designed on the assumption that the main disturbances (i.e.,
3684 stressful challenge) to the salmon would occur largely as a result of this sampling event. For
3685 the purposes of the study that involved the sampling event, a subset of the salmon that were
3686 sampled were then euthanised in accordance with schedule 1 protocols in order to obtain
3687 their hepatosomatic index. Following the sampling event, there were approximately 50
3688 salmon left in each tank, with an average stocking density of ~21kg/m³ (Figure 4-1).

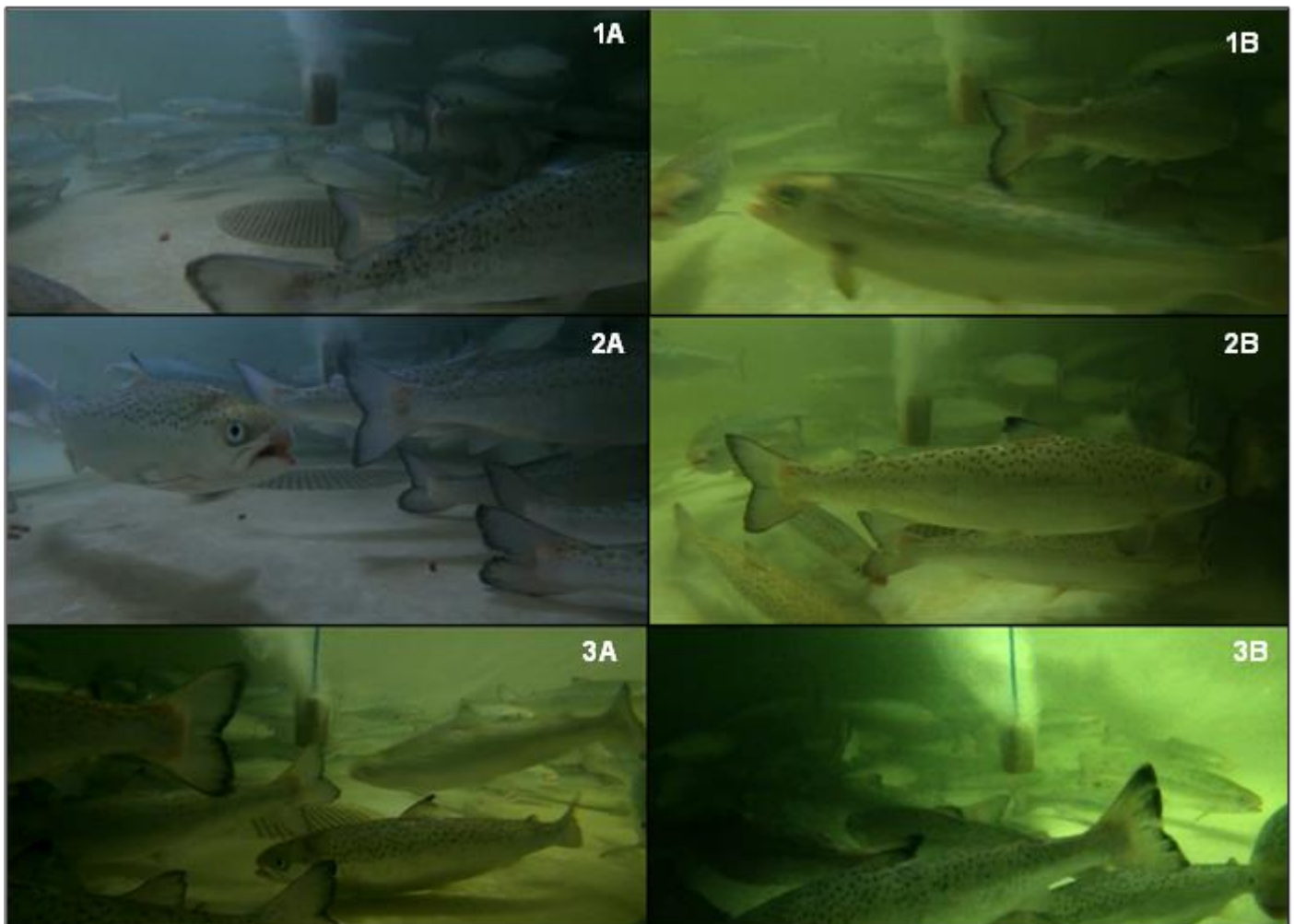


Figure 4-1. Screenshots comparing views of the same tanks before (1A-3A) and after (1B-3B) the sampling event and consequent reduction in stocking density. Snapshots taken from tanks 1, 3, and 5 on the first baseline day (A) and the first day post-sampling (B).

3689 4.3.2.4 Camera and tanks set-up

3690 Cameras were installed in the tanks to record video clips for the QBA and behavioural
 3691 assessments. To do this, every morning at 9am, GoPro Hero9 Black© cameras were
 3692 installed at 1m depth using a fixed metal pole, which was positioned flush against the inside
 3693 of each tank to ensure the same angle and field of view (FOV) for recordings. This was
 3694 carried out 90 minutes before lights went on to allow time for salmon to acclimatise to the
 3695 cameras. These cameras were also installed each morning for 2 days before recording
 3696 commenced to allow the salmon to further acclimatise to these novel objects. To minimise
 3697 any additional disturbances, cameras were turned on before being submerged with
 3698 recording controlled remotely through the GoPro Quik© mobile application. Connectivity from
 3699 mobile phone to each underwater camera was achieved through the use of coaxial cables
 3700 taped to each device. Coaxial cables conduct electrical signals (including Wi-Fi) through an
 3701 insulated shield, extending network connections to a submerged device (e.g., camera).
 3702 Recordings for each tank were taken on a strict daily schedule, after lights went on, to
 3703 ensure consistency. A minimum of 15 minutes were recorded for each tank once lights went
 3704 on. All personnel on-site strictly avoided carrying out any procedures around the tanks
 3705 during filming.

3706 4.3.2.5 Recording schedule

3707 A 7-day period of video recording was scheduled to gather footage for all behavioural
 3708 analysis (i.e., QBA and darting behaviours), with the stressful challenge (i.e., sampling)
 3709 conducted during the middle of this period. Sampling was carried out on all 9 tanks of
 3710 salmon on February 18th, 2022. To obtain a 'baseline' and account for any potential day to
 3711 day variation in behaviour, 3 consecutive days were recorded before the stressful challenge
 3712 occurred. A further 3 consecutive 'post-sampling' days were required for recording the
 3713 salmon's recovery from this stressful challenge. Figure 4-2 provides a summary of the
 3714 recording schedule. The ability for QBA to reflect any impacts on salmon behavioural

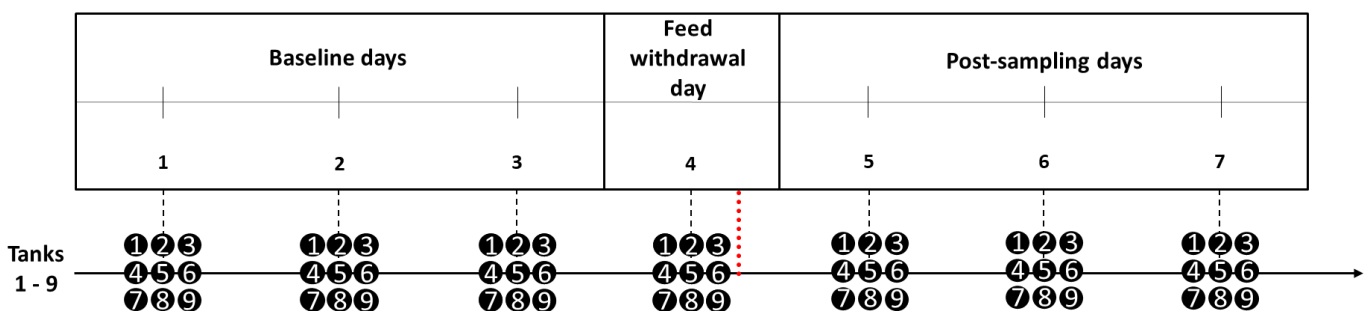


Figure 4-2. Recording schedule and timeline for experiment. Black dots represent each time a tank was recorded for the day, and the dashed red line (after day 4) illustrates when the stressful challenge (sampling event) occurred.

3715 expressions, as a result of these disturbances, could then be assessed from these
 3716 recordings (section 2.3.1.1 outlines how the video clips were prepared for QBA).

3717 **4.3.3 Qualitative Behavioural Assessment (QBA)**

3718 The QBA process consisted of two main stages. Stage 1 involved 12 observers in the
 3719 generation of the QBA terms for describing the salmon’s expressive characteristics and
 3720 stage 2 involved 5 different observers scoring the QBA terms for each of the video clips.

3721 *4.3.3.1 Stage 1 – term generation*

3722 Twelve professionals employed in the Scottish salmon farming industry were recruited for
 3723 the term generation stage, which involved two separate meetings. All participants had at
 3724 least one year of experience working directly with farmed salmon, with a number of
 3725 participants in senior / management roles. During term generation, various video clips were
 3726 used which were taken from different farm sites under different contexts (e.g., during the
 3727 middle of the day or during feeding, after treatments / transportation etc.). In this study, we
 3728 define ‘expressive characteristics’ as the extent to which qualitative characteristics of salmon
 3729 behaviour (e.g., relaxed, purposeful, lethargic, stressed) are expressed. The video clips were
 3730 selected to represent all four aspects, or ‘quadrants’, of behavioural expression (high to low
 3731 energy, positive to negative valence) as outlined by Mendl, Burman and Paul, 2010 (see
 3732 Figure 4-3).

3733 Before terms were generated by participants, the theory and practice of QBA was explained
 3734 to them and they were provided with guidance on how to generate appropriate terms. To
 3735 avoid bias from instructors, examples of classic terms from terrestrial farming systems were
 3736 used. After the first meeting, participants were asked to individually watch the video clips in
 3737 advance of the second meeting and generate their own personal list of terms. During the
 3738 second meeting the participants discussed these terms, including how they should be
 3739 divided between the 4 quadrants of behavioural expression (high to low energy, positive to
 3740 negative valence). Participants were then asked to select a maximum of 20 terms which
 3741 were balanced across the 4 quadrants, and best described the range of salmon behavioural
 3742 expression. By the end of the meeting, the group had agreed on 16 terms. These included

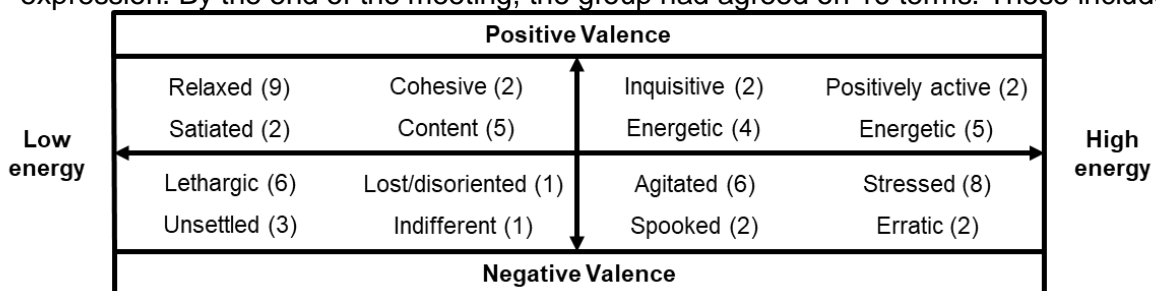


Figure 4-3. Final list of Qualitative Behavioural Assessment terms generated from stage 1. Valence (positive / negative) and energy (high / low) were used to help describe and discuss terms across the 4 quadrants. Numbers in brackets indicate the total number of participants who brought each term to the initial meeting.

3743 the terms “diving deep” and “flighty”, which were excluded by the experimenters from the
3744 final list used in the second stage. QBA requires terms that convey some aspect of
3745 emotional state and the term “deep diving” did not. Other terms (e.g., spooked, erratic,
3746 unsettled, agitated) already covered aspects of the term “flighty”. The final QBA term list
3747 therefore had 16 terms, with 4 in each quadrant of behavioural expression (Figure 4-3).
3748 These terms were then used in the QBA scoring stage.

3749 *4.3.3.2 Video preparation before stage 2*

3750 For use in the QBA scoring stage, shorter video clips were extracted from each of the 63 15-
3751 minute videos. These clips were the first full minute that the salmon remained clearly in view,
3752 starting from 30 seconds after the lights were turned on. This excluded the initial “noise” from
3753 the salmon’s startle responses to the lights. Video clips were first randomised with respect to
3754 their chronological order and their occurrence before or after the sampling order. To facilitate
3755 observer concentration and motivation, they were then arranged so that clips showing
3756 contrasting expressive characteristics (e.g., primarily high energy, negative valence vs. low
3757 energy, positive valence) were distributed evenly throughout the scoring sessions. Unknown
3758 to observers, 4 of the original 63 video clips were duplicated to allow for an assessment of
3759 intra-observer reliability (the degree to which participants showed agreement within their own
3760 scoring sessions). This resulted in a total of 67 video clips being scored by each observer.

3761 *4.3.3.3 Stage 2 – QBA training and scoring session*

3762 Scoring sessions for the QBA were carried out with a new group of five observers. These
3763 five observers consisted of two Post-doctoral fish welfare researchers from the University of
3764 Stirling, and three industry professionals all with a higher degree education and between 3-
3765 20 years of aquaculture industry experience. These observers consequently had a varied
3766 level of experience in working with and observing salmon. All but one observer had hands-
3767 on experience in salmon husbandry in a commercial setting.

3768 Observers were given online training in QBA. A brief introduction was given on the principles
3769 of QBA and the general purpose of this study (i.e., exploring the use of QBA within fish).
3770 Observers were kept blind to treatment (i.e., the stressful sampling challenge), and were
3771 instead only informed about the general context behind the video clips (location of filming,
3772 number of tanks and days involved in the recording). To ensure everyone’s understanding of
3773 the terms was aligned, an open discussion was first conducted. The meaning behind the
3774 terms was explored, and observers were invited to raise any questions about terms which
3775 required clarification. General instructions were given on how to assess whole animal
3776 expressivity and how to use the Visual Analogue Scales (VAS) to score the prevalence of

3777 each term within a video clip. A VAS is a measurement instrument that allows for the scoring
3778 of characteristics (such as those of behavioural expressions) that are believed to range
3779 across a continuum of values (Gould, 2001). Observers were reminded that terms must be
3780 scored independently from each other, so that in situations where there were contrasting
3781 expressive characteristics among different salmon (e.g., some appearing agitated and others
3782 relaxed), those contrasting terms could both receive high scores for the same clip.

3783 All QBA scoring was carried out on scoring sheets developed on SurveyMonkey®. For each
3784 term, a horizontal line with a 100-step scale was presented as a VAS, along which a single
3785 mark could be made. The distance from the left end of the scale would correspond to the
3786 participant's assessment of the intensity for each term observed. The left end of the scale
3787 represented complete absence of an expressive characteristic described by a term, whereas
3788 the right end represented the maximum expression for the term (e.g., the salmon could not
3789 be more erratic). To minimise any potential influence on scoring, no quantitative values
3790 would appear alongside the 1-100 step VASs as observers carried out the QBA. They were
3791 encouraged to use the entire scale when judging the intensity of each expressive
3792 characteristic. Video clips were labelled according to their order in the scoring sheets and
3793 transferred electronically to the group. Due to the large number of clips, observers were
3794 instructed to avoid scoring them all in a single session, but also to carry out their scoring
3795 sessions with minimal delay between each other (i.e., within the same week) to minimise
3796 potential variation introduced by scoring on different days.

3797 **4.3.4 Additional welfare measures – feed intake and darting events**

3798 *4.3.4.1 Feed intake*

3799 Feed input and feed waste were recorded for each tank daily alongside the 7 days of QBA
3800 recordings. Feed intake was then determined by subtracting feed waste from feed input, and
3801 analysed at a 'per individual' value. After the sampling event, the amount of feed supplied
3802 was adjusted to the biomass of salmon remaining in the tanks.

3803 *4.3.4.2 Darting behaviour*

3804 For the purpose of this study, darting behaviours were defined as a "rapid, burst of
3805 movement clearly distinct from the salmon's regular swimming behaviours; this includes
3806 sudden changes in direction, acceleration, and/or positioning of the salmon in the tank". A
3807 method was created to record 'darting events' in the same 63, 1-minute video clips used for
3808 the QBA. Since any of these darting events would have also been observable during the
3809 QBA, and thus potentially affected the scoring of certain QBA terms, another second set of
3810 video clips were also investigated. This second, separate set involved an additional 63, 1-
3811 minute video clips that were taken immediately after the QBA clips.

3812 To allow multiple darting events to be recorded in one clip, any darting behaviour must have
 3813 stopped before the next event could be recorded. The number of salmon involved in each
 3814 darting event was first recorded and categorised by the proportion to the total number of
 3815 salmon in the tank (Table 4-1). Weighted scores were then assigned to each of these
 3816 categories, relative to their proportions (Table 4-1). This was done to provide additional
 3817 granularity with respect to the magnitude of darting involved. A final score was then
 3818 calculated for each clip, based on the sum of weighted scores from all darting events
 3819 recorded.

Table 4-1. Categories of darting events by the proportion of salmon from the tank involved, as well as their corresponding weighted scores.

Proportion of salmon in tank involved in each darting event:	Weighted score:
Less than 4%	1
Less than 8%	2
Less than 15%	3
More than 15%	4

3820 Video playback speed was altered to ensure the number of salmon involved were counted
 3821 correctly. Where the number of salmon darting was too high to allow for counting, the event
 3822 was then categorised as involving more than 15% of the fish in the tank.

3823 **4.3.5 Statistical analyses**

3824 *4.3.5.1 Data handling of QBA scores*

3825 For each QBA score, the distance of each observers' marks from the zero point of the scales
 3826 was automatically measured and recorded by SurveyMonkey. The complete dataset of these
 3827 raw QBA scores were then imported from SurveyMonkey into Microsoft Excel (Version
 3828 2301). Data was organised into a matrix, with QBA terms listed horizontally in the first row
 3829 and video clip numbers and labels in the first few columns. Unless otherwise stated, all
 3830 statistical analyses were run in R Studio (version 4.2.2). The threshold of significance for any
 3831 statistical test was $p < 0.05$. For the Linear Mixed Effects Model (LMEM) analyses conducted
 3832 later in the study, the package "nlme" was applied.

3833 *4.3.5.2 Principal Component Analysis (PCA)*

3834 A Principal Component Analysis (PCA) was carried out, using a correlation matrix on the
 3835 entire dataset of QBA scores to reduce the dimensionality of the QBA terms. This specific
 3836 form of PCA was chosen because, while the 16 different terms used the same 100-step VAS
 3837 in scoring, it is more likely that observers would use these scales differently depending on
 3838 the term involved. Consequently, the different terms / variables cannot technically be
 3839 assumed to be scored on the same scale. PCA allows for the 16 terms scored within each
 3840 video clip to be summarised by a numerical value for each Principal Component (i.e., the PC

3841 “score”). No post-processing step of ‘rotation’ was carried out, as the only goal of the PCA
3842 was to reduce the dimensionality of terms.

3843 The highest positively and negatively loaded terms for each component were identified
3844 which, together, represented the larger pattern of expressive characteristics illustrated within
3845 each PC. To determine whether PCs were eligible for further analysis, a combination of
3846 criteria was used. Following the “Kaiser criterion”, which states that the number of factors to
3847 retain should correspond to the number of eigenvalues greater than one, only PCs with
3848 eigenvalues >1 were considered (Kaiser, 1960). Within each component, there also had to
3849 be good inter-observer reliability in the PC scores (section 2.5.3). There also needed to be a
3850 coherent biological interpretation of the terms that had the highest positive and negative
3851 loadings within each component. For example, a higher score for PC1 suggested that
3852 salmon were more unsettled / stressed, whereas a lower score suggested that salmon were
3853 more relaxed / content.

3854 For the complete set of PC scores obtained, Q-Q plots, histogram symmetry, skewness and
3855 kurtosis values, sphericity, and Leven’s test were inspected to ensure all assumptions
3856 required for carrying out further parametric tests were met (including normality of data). The
3857 scree plot and proportion of variance for each PC were also used as additional guidance for
3858 determining the inclusion of PCs in further analysis.

3859 *4.3.5.3 Inter/Intra-observer reliability*

3860 Kendall’s coefficient of concordance (W) was used to calculate the level of agreement
3861 between the 5 participants’ PC scores in the combined data set, for each of the PCs. Any
3862 value of W less than 0.4 was considered to reflect unacceptable inter-observer variability.
3863 This analysis was carried out using IBM SPSS Statistics 28 (IBM Corp., 2021). The degree
3864 to which observers showed agreement between their scores of the duplicated video clips
3865 was (given normal distribution of the scores) determined using Pearson’s correlation,
3866 performed on each of the relevant PC scores.

3867 *4.3.5.4 Comparing Pre vs. Post disturbances*

3868 QBA scores of the salmon before and after the stressful challenge were analysed by
3869 applying separate Linear Mixed Effects Models (LMEM) to each of the relevant PCs (PC1,
3870 PC2, and PC4). For each LMEM, the PC score was the dependent variable, ‘Pre vs. post
3871 disturbance’ and ‘Observer’ were fixed factors, and tank number was a random factor.
3872 Before the LMEMs were applied, ANCOVAs were first carried out (with day number as a
3873 covariate) to ensure that there were no significant time trends within each subset of days 1-3

3874 and 5-7. Since no additional time trends were present within these subset of days, day
 3875 number was also included in the LMEMs as a random factor.

3876 Although Kendall's coefficient determines whether there is good agreement between
 3877 observers for PC1, PC2, and PC4, the actual "treatment" effect of observers still needed to
 3878 be accounted for, hence the inclusion of 'Observer' as a fixed factor.

3879 *4.3.5.5 Comparing feed intake and darting events with QBA scores*

3880 For each tank every day, feed intake and two separate sets of darting scores were recorded
 3881 (2 x separate sets of 63 video clips). Similar LMEMs were applied, with tank and day number
 3882 as random factors, to first determine whether 'Pre vs. post disturbance' had a significant
 3883 impact on each of these additional measures. Spearman correlation tests were then carried
 3884 out to compare feed intake and the two separate sets of darting scores against the
 3885 corresponding mean PC scores of the 63 clips used in the QBA. Mean PC scores were
 3886 derived by averaging the PC scores from the 5 observers. Correlations were only carried out
 3887 against principal components with scores that were significantly different between 'Pre vs.
 3888 post disturbance'.

3889 **4.4 Results**

3890 **4.4.1 Qualitative Behavioural Assessment**

3891 *4.4.1.1 Principal Component Analysis*

3892 PC1, PC2, PC3, and PC4 had eigen values > 1. PC1 explained the greatest percentage of
 3893 variation at 37%, with the first four components collectively explaining 74.5% of the variation
 3894 in the data (Table 4-2).

Table 4-2. Eigen analysis of principal component 1, 2, 3, and 4.

Value	PC1	PC2	PC3	PC4
Eigen value	5.88	2.82	1.95	1.27
% of variation explained	36.7%	17.7%	12.2%	7.9%
Cumulative %	36.7%	54.4%	66.6%	74.5%

3895 As outlined in Table 4-3, PC1 ranged from relaxed / content / positive active to unsettled /
 3896 stressed / spooked / skittish / agitated. For PC2, the only positively loading term was
 3897 relaxed, with the main negatively loading terms being energetic / purposeful / inquisitive.

Table 4-3. Qualitative Behavioural Assessment term loading values for each principal component. The highest negatively and positively loaded terms for each PC are in bold.

Term	PC1	PC2	PC3	PC4
Relaxed	-0.359	0.074	-0.003	0.073
Agitated	0.309	-0.272	-0.090	-0.109

Inquisitive	-0.197	-0.366	-0.151	0.185
Unsettled	0.358	-0.185	-0.073	-0.049
Cohesive	0.039	-0.153	0.297	-0.491
Spooked/Skittish	0.327	-0.199	-0.024	-0.112
Positive active	-0.286	-0.286	-0.168	0.110
Indifferent	-0.148	-0.254	0.477	-0.067
Purposeful	-0.145	-0.395	-0.284	-0.104
Erratic	0.226	-0.226	-0.038	0.431
Energetic	-0.156	-0.459	-0.202	-0.029
Lost/Disoriented	0.103	-0.165	0.356	0.585
Satiated	-0.224	-0.186	0.232	-0.290
Lethargic	0.025	-0.178	0.560	0.066
Stressed	0.332	-0.171	-0.056	-0.211
Content	-0.358	-0.042	0.009	-0.050

3898 Figure 4-4 illustrates the relationship that the QBA terms have with both PC1 and PC2. For
3899 example, a more negative PC1 score indicates salmon that were more relaxed, content, and
3900 positive active. PC1, PC2, and PC4 demonstrated acceptable inter-observer reliability for
3901 their PC scores (PC1: $W = 0.63$, $\chi^2 = 207.57$, $p < 0.001$; PC2: $W = 0.46$, $\chi^2 = 152.19$, $p <$
3902 0.001 ; PC4: $W = 0.56$, $\chi^2 = 184.94$, $p < 0.001$). All four PCs showed acceptable intra-
3903 observer reliability between PC scores of video clips that were duplicated (PC1: $r = 0.716$,
3904 $p < 0.001$; PC2: $r = 0.755$, $p < 0.001$; PC3: $r = 0.552$, $p < 0.05$; PC4: $r = 0.581$, $p < 0.01$). PC3 had
3905 a W value below 0.4, which was considered unacceptable and therefore not included in
3906 further analysis. PC1, PC2, and PC4 were retained for further analysis.

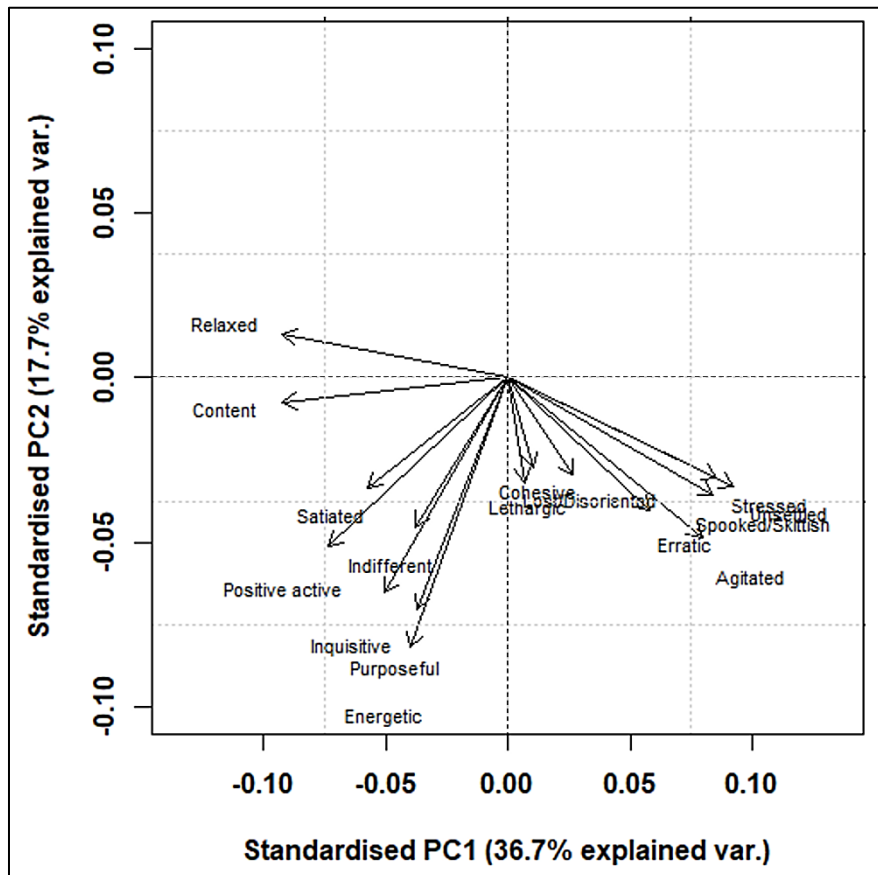


Figure 4-4. Loading plot of all 16 Qualitative Behavioural Assessment (QBA) terms used in this study for PC1 and PC2. Axes represent standardised eigen vectors for which the QBA terms load onto the two main principal components of the analysis. A more negative value for PC1 indicates an overall higher score for relaxed, content, and positive active.

3907 **4.4.1.2 Effect of the stressful challenge (intrusive sampling) on PC scores**

3908 There was a significant difference between PC1 scores when comparing days before and
 3909 after the stressful challenge ($p = 0.03$, Figure 4-5). PC1 scores (averaged between the 5
 3910 observers for each video clip) ranged from -4.97 to 6.04. The mean difference between PC1
 3911 scores for pre vs. post-disturbance days was + 0.82 (Pre = -0.239, Post = 0.584). Overall, all
 3912 five observers scored PC1 higher for post-disturbance days. 7 out of 9 tanks received a
 3913 higher average PC1 score for post-disturbance days. Figure 4-6 illustrates the comparative
 3914 likelihood of a PC1 score being higher or lower for video clips that were recorded either
 3915 before or after the sampling event. No significant differences were found for PC2 and PC4

3916 scores ($p > 0.05$). For PC1, PC2, and PC4, there was a significant effect for observers as a
3917 fixed effect ($p < 0.001$).

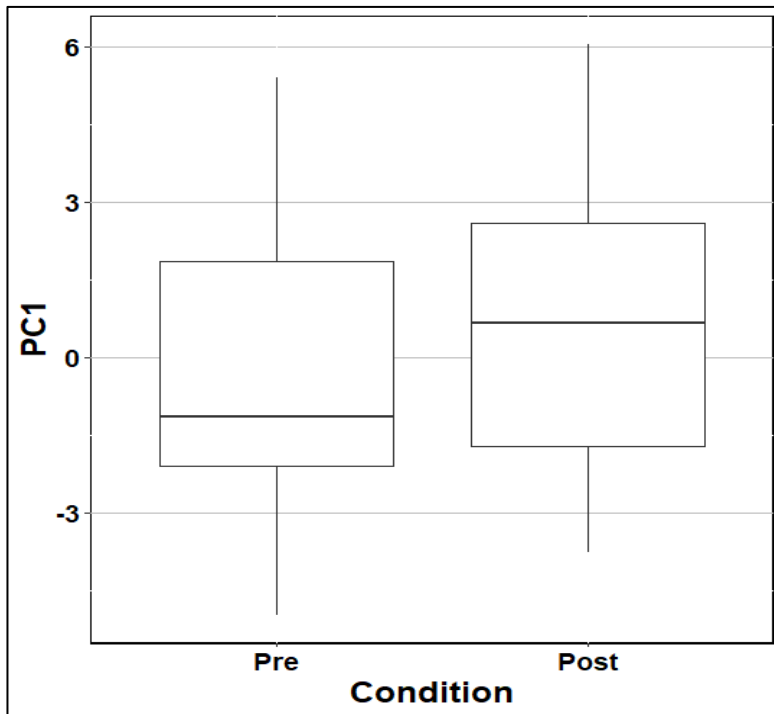


Figure 4-5. Box plot to compare differences in spread of PC1 scores before and after feed withdrawal and sampling events.

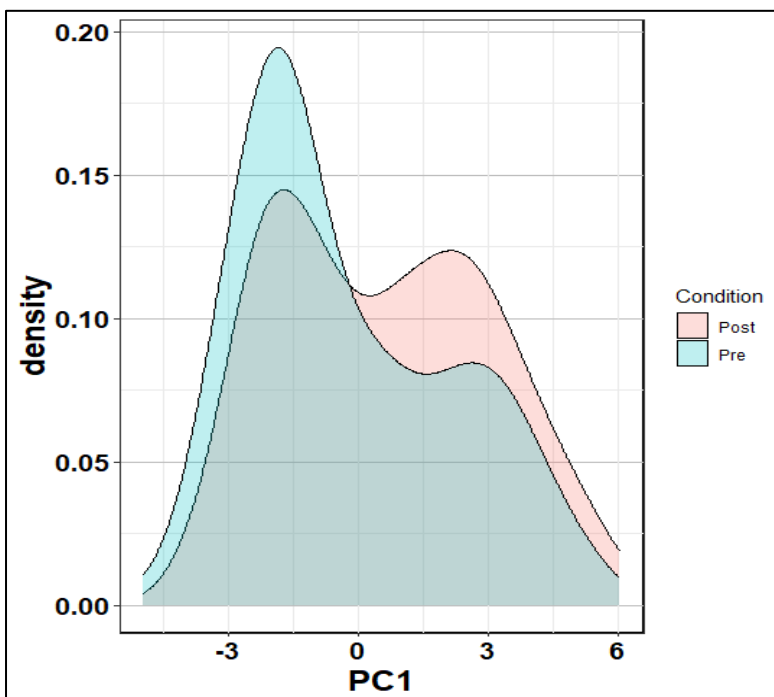


Figure 4-6. Layered density plot comparing different probabilities of various PC1 scores occurring, depending on whether they were taken pre vs. post disturbance.

3918 **4.4.2 Feed intake, darting behaviours, and their association with QBA**

3919 A significant difference was found in the feed intake of salmon from tanks before and after
3920 the stressful challenge ($p = 0.002$). Mean daily feed intakes per fish were 2.11g for pre-
3921 disturbance (SEM = 0.06) and 1.58g for post-disturbance (SEM = 0.15), resulting in an
3922 average 0.53g reduction in daily feed intake per fish post-disturbance. However, there was
3923 no significant association found between mean PC1 scores and feed intake ($r = -0.10$, $p >$
3924 0.05). No significant difference was found between darting scores before and after the
3925 stressful challenge, in either set of 63 video clips used (same clips as QBA: $p > 0.05$; 1-
3926 minute post QBA clips: $p > 0.05$). However, PC1 scores showed a moderate positive
3927 correlation with the darting scores taken from either set of video clips (same clips as QBA: r
3928 $= 0.42$, $p < 0.001$; 1-minute post QBA clips: $r = 0.33$, $p < 0.01$, see Figure 4-7).

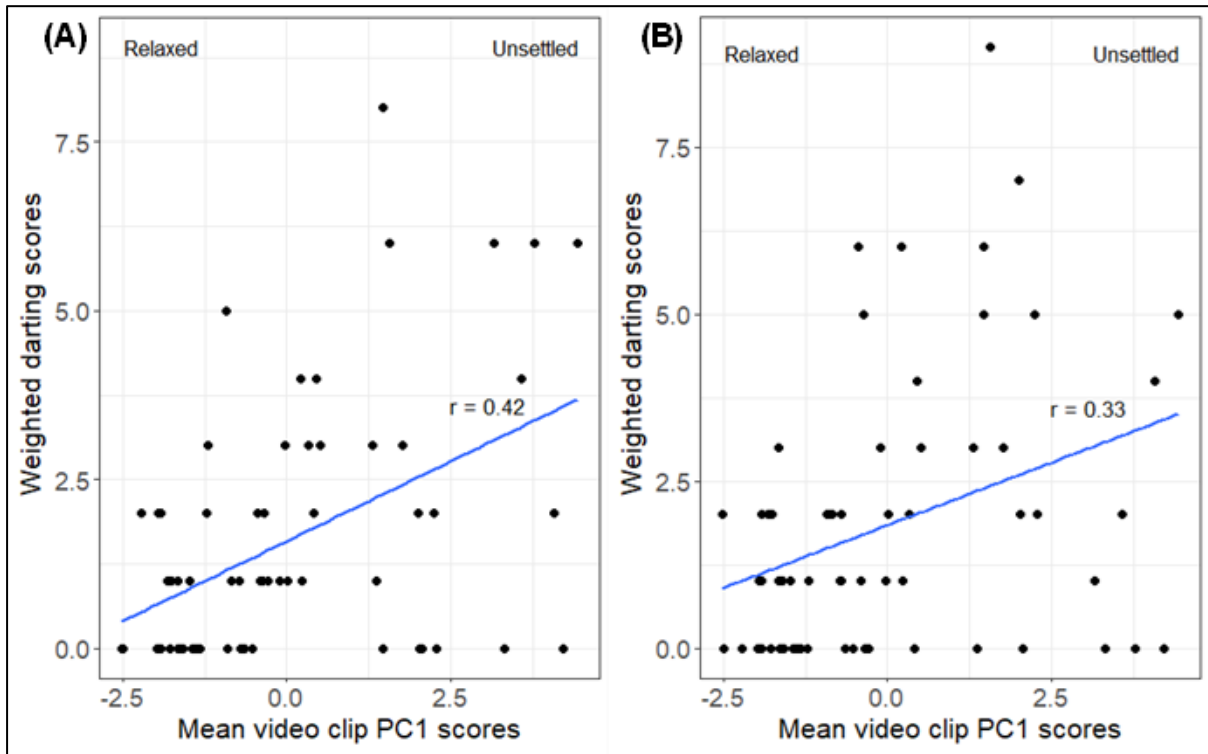


Figure 4-7. Scatterplot of mean PC1 scores (Relaxed – Unsettled) for video clips vs. (A) weighted darting scores calculated from the same clips used for the QBA, and (B) weighted darting scores calculated from video clips taken one-minute after QBA clips. Line of best fit and r correlation coefficients from spearman correlation tests included.

3929 **4.5 Discussion**

3930 Integrating indicators of the emotional state of animals within welfare assessments has
3931 previously proven to be problematic for many reasons. This study's aim was to determine
3932 QBA's ability to detect the effects of a stressful event on Atlantic salmon. We applied QBA to
3933 quantify and evaluate the expressive characteristics of Atlantic salmon before and after
3934 exposure to a putatively stressful challenge. While feed withdrawal was required before
3935 sampling could be carried out, the sampling event was the focal point as the experimental

3936 treatment of this study. The process of capturing, anaesthetising, and handling salmon out of
3937 water for sampling has been described as intrusive, stressful, and detrimental for welfare
3938 (Djordjevic *et al.*, 2012; Zahl, Samuelsen and Kiessling, 2012; Santurtun, Broom and
3939 Phillips, 2018). Previous studies that have assessed how salmon recover from stressful
3940 events (e.g., handling / anaesthesia / invasive sampling) often monitored the recovery over a
3941 24-72hr period (Iversen, Finstad and Nilssen, 1998; Sandodden, Finstad and Iversen, 2001;
3942 Djordjevic *et al.*, 2012). Thus, a 3-day period for both the baseline and 'recovery' stage was
3943 considered to be sufficient for the purpose of this study.

3944 There was acceptable agreement between the five observers in this study, who were blind to
3945 the treatment and had varied experience in monitoring fish behaviour / welfare. There was
3946 one main dimension of QBA that proved effective in capturing changes in the emotional state
3947 of the salmon within this study; relaxed / content / positive active – unsettled / stressed /
3948 spooked / skittish / agitated (PC1). PC1 explained the largest proportion of variation in
3949 expressive characteristics of the salmon (36.7%). There were significant differences
3950 between PC1 scores before and after the stressful challenge (sampling), with salmon being
3951 scored as more unsettled / stressed / spooked / skittish / agitated after sampling. This
3952 reflected a shift from low energy, positive valence to high energy, negative valence after
3953 sampling, a contrast that was consistently recorded by all observers and in the majority of
3954 tanks. In addition, the single recording that was perceived the most "positively" (i.e., the most
3955 relaxed / content / positive active) was taken before any potential impacts from sampling had
3956 occurred. These results are in agreement with numerous papers that have previously used
3957 QBA to assess the emotional state of terrestrial farmed animals under similar challenging
3958 interventions (e.g., for cattle, horses, pigs, and hens), with PC1 typically being characterised
3959 by terms such as relaxed and content vs. agitated (Napolitano, Rosa and Grasso, 2012;
3960 Rutherford *et al.*, 2012; Fleming *et al.*, 2013; Sant'Anna and Paranhos da Costa, 2013; Muri
3961 *et al.*, 2019). Furthermore, these past studies have used similar descriptors to describe the
3962 other main terms used in PC1 for this study; unsettled (uneasy), stressed (nervous),
3963 spooked / skittish (scared / fearful / nervous), and stressed (tense). Regardless of whether
3964 QBA is used for assessing the welfare of aquatic or terrestrial species, PC1 appears to
3965 typically be influenced heavily by terms that reflect a continuum between the extremes of
3966 relaxation and stress / agitation (Sant'Anna and Paranhos da Costa, 2013; Jarvis *et al.*,
3967 2021).

3968 With lights being switched on at precisely 10:30am every morning, this was considered a
3969 routine event that could be methodically recorded and expected to help stimulate activity in
3970 the fish. This would potentially maximise what expressive characteristics could be captured
3971 without causing additional stress to the salmon. The initial 30 seconds were cut out to

3972 exclude the salmon's startle responses to the lights, which may have otherwise drowned out
3973 any potential differences reflected by the QBA scores. The significant reduction in stocking
3974 density, as a result of the sampling, was an additional factor that could influence the QBA
3975 scoring in two manners. Firstly, any consistently stark differences in the number of visible
3976 salmon between video clips recorded before and after sampling could reveal important
3977 differences to the observers that were meant to be blind to treatment. As shown by the
3978 snapshots in figure 4-1, however, the relatively small tank size and consistent movement of
3979 the salmon helped to make this difference in density far less apparent. Alongside the
3980 randomised order of video clips in the scoring sheets, it is unlikely that observers would have
3981 been able to pick up on the difference. An additional consideration to the sampling event is
3982 that differences captured in the salmon's behaviour may simply be due to the change in
3983 stocking density, rather than any stress caused from the sampling itself. Assuming that the
3984 reduction in stocking density played a major role in altering the behaviours of the salmon, the
3985 dimensions of the QBA that captured a significant difference were still heavily influenced by
3986 terms indicating changes in the relaxation and stress / agitation of the salmon. These
3987 changes in behaviour, indicative of increased stress in the salmon, ultimately arose as a
3988 result of the sampling event (regardless of whether it was from the anaesthetisation,
3989 handling out of water, or change in stocking density) and this was successfully captured by
3990 QBA.

3991 The LMEM determined that there was significant variation between observers in the mean
3992 scores they attributed to the 63 video clips on each PC. This suggests that observers may
3993 have been interpreting and using the ranges within the VASs differently, while still agreeing
3994 on the direction in which the scores should change from one video to another. Such an
3995 occurrence is not uncommon when multiple individuals use the same continuous scales
3996 (Bryce and Bratzke, 2015). In most QBA studies, the directionality of scores, as indicated by
3997 Kendall's W, is taken as the most important indicator for inter-observer agreement (Clarke,
3998 Pluske and Fleming, 2016; Minero *et al.*, 2018; Jarvis *et al.*, 2021). However, crucial to the
3999 aims of this study, the observer effect was accounted for by the LMEM when analysing the
4000 treatment effect, and thus a significant difference between PC1 scores was found before and
4001 after the stressful challenge.

4002 Previous studies have suggested that significant associations between QBA and other
4003 welfare measures help support the validity of QBA as a welfare assessment tool (Minero *et al.*,
4004 2018; Muri *et al.*, 2019; Jarvis *et al.*, 2021; Vasdal *et al.*, 2022). However, as noted by
4005 (Wemelsfelder, 2007), the purpose of QBA is to examine subtle expressive aspects of an
4006 animal's demeanour in ways that would be otherwise difficult to quantify for other measures
4007 of behaviour. It is important to be reminded of the multi-faceted nature of welfare (Stien *et*

4008 *al.*, 2013; Noble *et al.*, 2018; Weary and Robbins, 2019), and that QBA should be regarded
4009 as a complementary addition to an integrated approach involving various welfare indicators.
4010 QBA is thus used with the intention of gaining unique insights into an animal's emotional
4011 state in a way that is complementary to other indicators, allowing for a more comprehensive
4012 evaluation of animal welfare (Wemelsfelder, 2007; Jarvis *et al.*, 2021). Welfare assessments
4013 should also aim to minimise redundancies and include measures that are, at least to some
4014 degree, independent from each other (Botreau *et al.*, 2007). As there were significant
4015 differences in both PC1 scores and feed intake before and after the stressful challenge, and
4016 yet they were not correlated with each other, these results should further support the notion
4017 of QBA being a unique welfare assessment tool. In somewhat of a contrast to this, darting
4018 scores showed a moderately positive correlation to PC1 scores. Put simply, as the salmon
4019 were observed to be more unsettled, stressed, spooked / skittish, and agitated, there was a
4020 corresponding increase in the frequency and/or intensity of darting events. However, the
4021 darting scores alone showed no treatment effect from the stressful challenge. While these
4022 two measures were not entirely independent from one another, QBA was capable of
4023 capturing a significant treatment effect when the darting scores could not. This finding
4024 highlights the sensitivity of QBA, indicating that the PC1 scores were more capable of
4025 capturing the effects of the stressful challenge on the salmon's welfare than the darting
4026 scores.

4027 PC2 and PC4 showed acceptable inter-observer reliability, explaining proportions of
4028 variation that were comparable to other studies applying QBA to terrestrial animals (Temple
4029 *et al.*, 2011; Fleming *et al.*, 2015; Minero *et al.*, 2018; Vasdal *et al.*, 2022). For PC2, the only
4030 positively loading QBA term was relaxed, with the main negatively loading terms being
4031 energetic, purposeful, and inquisitive. This meant that PC2 mainly reflected the salmon's
4032 degree of relaxation against 'high energy'; lower PC2 scores reflected more lively, energetic
4033 salmon. PC4 was characterised by terms that reflected a shift in how "harmonious" or
4034 "consistent" the behaviour of the salmon was as a collective (i.e., cohesive vs. lost /
4035 disoriented). PC3 explained one third of the proportion of variation explained by PC1, with
4036 poor inter-observer reliability. The terms most heavily loaded for this dimension (indifferent
4037 and purposeful) may help partially explain this inconsistency between observers. Such terms
4038 could have been more difficult to perceive and assess in salmon, in comparison to the terms
4039 used within PC1.

4040 There was no statistically significant difference between the pre- and post- sampling event
4041 stages in PC2 or PC4. Sampling was specifically chosen as a presumably intrusive, stressful
4042 event, with the intentions of then assessing QBA's ability to detect the putative impacts of
4043 such an event on the salmon's emotional state. Considering the terms used to characterise

4044 PC2 and PC4, these dimensions may be relevant for fish welfare under the context of
4045 different “treatments”, which instead incite reactions that are outside of the typical responses
4046 to standard stressors. For example, the “lively, energetic” dimension of PC2 might be
4047 suitable for assessing the potential benefits of environmental enrichment, whereas the
4048 “harmonious” dimension of PC4 may reflect potential disruptions to the shoaling/schooling
4049 behaviours of salmon after transportation/transfer to new enclosures. Considering that the
4050 most relevant dimension in the context of this study (PC1) reflects a combined shift in both
4051 valence (positive – negative) and energy (low – high), this dimension could be of significant
4052 use for on-farm welfare assessments of Atlantic salmon. Additional research is needed to
4053 further explore and validate the relevance of other dimensions found in this study (i.e., PC2
4054 and PC4), under different experimental treatments, to expand the potential applications of
4055 QBA for salmon welfare assessments.

4056 Integrating QBA into future welfare assessments (for research or farming) will first require
4057 appropriate training in the observing, scoring, and understanding of terms involved (Clarke,
4058 Pluske and Fleming, 2016; Grosso *et al.*, 2016). While this may require a significant initial
4059 investment towards developing the observers’ assessment capabilities, doing so will help
4060 ensure acceptable inter-observer reliability and, over the long term, help with the integration
4061 of a unique and efficient welfare assessment tool (Jarvis *et al.*, 2021). Welfare assessments
4062 that include QBA have the advantage of evaluating emotional states of the animals, and the
4063 consequent monitoring of positively valenced terms (e.g., content, relaxed, inquisitive,
4064 cohesive, purposeful, energetic etc.) also allows for the consideration of positive aspects of
4065 fish welfare.

4066 The various ways in which sampling can cause stress and impair fish welfare demonstrates
4067 another advantage with implementing QBA; as a non-intrusive method of welfare
4068 assessment. QBA avoids any negative impacts from its measurement, an issue that is
4069 inherent in many animal-based measures. A large proportion of animal-based measures of
4070 welfare are also retrospective, only identifying problems long after they have occurred
4071 (Noble *et al.*, 2018). Analyses of behavioural expression could help minimise this delay,
4072 perhaps even to the point of providing early warning signs for pre-clinical health issues
4073 (Dawkins, 2003). Through virtue of being able to assess behavioural expressions through
4074 video monitoring, QBA is also capable of being carried out remotely. Considering the remote
4075 locations in which these salmon are often kept (Natural Scotland, 2016), as well as issues
4076 surrounding monitoring when site access is limited, this feature provides a significant
4077 advantage. The need for such welfare monitoring tools was highlighted to the Scottish
4078 salmon farming sector when farm staff were restricted from accessing their sites during the
4079 2020 COVID-19 pandemic, and in-person audits for welfare certification schemes had to be

4080 replaced with virtual assessments for two months (FishFarmingExpert, 2020; Murray *et al.*,
4081 2021). During a recent industry survey carried out within the salmon farming sector, various
4082 professionals employed in the production process ranked the development of remote, non-
4083 intrusive welfare indicators as one of the highest research priorities for farmed salmon
4084 welfare (Wiese *et al.*, 2023). The effective implementation of QBA on-site would help meet
4085 this demand.

4086 **4.6 Conclusion**

4087 This is the first study to demonstrate QBA's ability to capture changes in the expressive
4088 characteristics of Atlantic salmon following exposure to putatively stressful events. Five
4089 observers from various professional backgrounds achieved acceptable inter- and intra-
4090 observer reliability in three dimensions of QBA scores. PC1 showed a significant treatment
4091 effect, with salmon becoming more unsettled, stressed, spooked / skittish, and agitated after
4092 the stressful challenge. Both PC1 scores and feed intake recorded a significant difference
4093 before and after the stressful challenge, but were not correlated to each other. PC1 scores
4094 showed a moderate positive correlation with darting scores, however the darting scores did
4095 not show a significant treatment effect, indicating the QBA scores to be more sensitive to the
4096 stressful challenge. These results support QBA's ability to provide unique insights that are
4097 relevant to the evaluation of farmed salmon welfare. Future experiments should explore the
4098 other dimensions found within QBA (e.g., PC2 and PC4) under different treatment
4099 conditions, and across other species of fish, to further investigate QBA's applicability within
4100 aquaculture. The results from this study demonstrate that QBA is a promising welfare
4101 indicator that, with further research, could act as a time-efficient and complimentary tool for
4102 on-farm welfare assessments.

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4314

CHAPTER 5. General discussion

4315

4316 5.1 Context and aims

4317 Farmed fish welfare is now among the top priorities in a sector continuing to expand to
4318 support global food security. The Scottish salmon farming industry is a prime example of this
4319 growth, reaching record highs in both overall production and intensification in recent years
4320 (Ellis *et al.*, 2016; Munro, 2022). Nurturing farmed salmon welfare plays a crucial role for this
4321 industry in meeting ethical responsibilities, fostering public acceptance, and optimising
4322 production efficiency and product quality (Broom, 1999; Southgate and Wall, 2001; FSBI,
4323 2002; European Commission, 2016).

4324 Ensuring the proper care of any animal's welfare, however, first requires a detailed
4325 understanding of what exactly a good standard of welfare entails. Numerous studies and
4326 debates have tried to reach satisfactory conclusions on all matters regarding animal welfare,
4327 including: "What is important for welfare?" (Fraser, 2003; Håstein, Scarfe and Lund, 2005;
4328 Stien *et al.*, 2013; Santurtun, Broom and Phillips, 2018), "How can it be assessed
4329 effectively?" (Fraser, 2009; Noble *et al.*, 2018; Veit and Browning, 2021), and "What
4330 constitutes a life worth living?" (Green and Mellor, 2011; Mellor, 2016; Webster, 2016). The
4331 challenge with asking such important questions is that there is not always a definitive answer
4332 for them. While there is overwhelming evidence that fish are capable of experiencing
4333 emotional states that contribute to their welfare, such as pain or fear (Sneddon, Braithwaite
4334 and Gentle, 2003a; Chervova and Lapshin, 2011; Kristiansen *et al.*, 2020), the concept of
4335 welfare itself is ultimately a philosophical, human construct. The various mental frameworks
4336 that have been designed in an attempt to answer the questions above are unavoidably
4337 shaped by our own cultural and ethical backgrounds, reflecting personal values and beliefs
4338 for what matters most in a "life worth living". Objectively enhancing animal welfare therefore
4339 becomes challenging when an inevitable balance must be struck between the various value
4340 systems present. This complex, multi-faceted nature of animal welfare is only further
4341 amplified when dealing with the anadromous life cycle of Atlantic salmon.

4342 5.1.1 Aims and objectives

4343 The principal aim of this thesis is to provide industry-relevant contributions towards the
4344 monitoring and safeguarding of farmed salmon welfare. Recognising the intricacy and
4345 human influence involved, this thesis first sets out to gather opinions from those directly
4346 involved in salmon husbandry and to evaluate past and current welfare practices within the
4347 industry. This provides insights into the following:

- 4348 1) The relative importance that farm staff place on:
- 4349 a. Salmon welfare during different production stages and husbandry practices.
- 4350 b. The variety of welfare concerns currently facing farmed salmon.
- 4351 2) The challenges associated with assessing farmed salmon welfare and providing
- 4352 assurances for what levels of welfare are achieved on-site.
- 4353 a. Where research should focus to further develop on-farm welfare
- 4354 assessments.

4355 Obtaining this comprehensive industry overview on salmon welfare then informed the

4356 direction of the final experimental chapter. This chapter ultimately validates or further refines

4357 a novel on-farm welfare assessment tool that offers the most benefits to the industry.

4358 Furthermore, the insights gained provide additional guidance on priorities for future research

4359 and on-farm management.

4360 **5.2 Conclusions from Chapter 2 and 3**

4361 **5.2.1 Scottish salmon farming overview – key areas of focus**

4362 Participants in Chapter 2 raised a variety of context-dependent welfare concerns,

4363 underscoring the need for consistent attention to salmon welfare at every stage of the

4364 production process. Nevertheless, key areas of focus were still identified in Chapters 2 and

4365 3. On a broader scale, sea lice, gill health, and water quality were the major areas of

4366 concern. Another key priority for salmon welfare, identified in Chapter 2, was ensuring that

4367 careful monitoring is in place for husbandry practices where direct contact and disturbance

4368 to the salmon is unavoidable. This was particularly the case for general handling, crowding,

4369 grading, and interventions, all of which have potential to severely compromise salmon health

4370 and welfare (Ashley, 2007; Brown *et al.*, 2008; Powell, Reynolds and Kristensen, 2015).

4371 Owing to the risks involved, survey participants also encouraged minimal use of welfare

4372 measures that require contact and disturbance to the salmon. This is particularly relevant to

4373 salmon already suffering from disease or injury; as they are already under physiological

4374 stress, these fish are more susceptible to the cumulative stress that would result from

4375 excessive handling prior to any treatment required (Marcos-López *et al.*, 2017).

4376 Chapter 3's investigation into the welfare practices of Scottish salmon farms also provided

4377 relevant insights regarding this matter. Overall rates of non-compliance with the RSPCA

4378 Assured welfare standards remained relatively constant throughout 2011-2019, with poor

4379 record keeping and staff training forming the majority of non-compliances. One category of

4380 non-compliance, however, highlighted a growing issue for farm site compliance. This related

4381 to farms ensuring that proper care is taken by their staff to minimise hazards posed to

4382 salmon welfare during human-animal interactions (including handling and interventions).
4383 Echoing the concerns raised in Chapter 2, where contact with or disturbance of the salmon
4384 is unavoidable, it is apparent that the refinement or reduction of such practices (wherever
4385 possible) would contribute greatly towards improving salmon welfare. As discussed in
4386 Chapters 2 and 3, the extent to which human-animal interactions influence salmon welfare is
4387 also inherently linked to the quality of staff training (Brown *et al.*, 2008; Størkersen *et al.*,
4388 2021). Outside of improving staff training, the only avenue for mitigating hazards presented
4389 by human-animal interactions is through reducing the frequency in which farm staff must be
4390 in contact with the salmon.

4391 **5.2.2 Overcoming challenges associated with assessing and providing assurances** 4392 **for farmed salmon welfare**

4393 As demands for improving salmon welfare grows, so does the need for increased
4394 transparency and evidence from the Scottish salmon farming industry (Fidra, 2020; Fidra
4395 and Best Fishes, 2022). Legislation aside, additional welfare assurances are exclusively
4396 provided through certification schemes including the RSPCA Assured welfare standards
4397 (FAWC, 2014; RSPCA, 2021). On-site audits (e.g., those conducted by RSPCA Assured
4398 assessors to ultimately evaluate the welfare practices of these farms) thus serve as the sole
4399 means for providing evidence regarding what levels of welfare are being achieved for farmed
4400 salmon. Preceding the study carried out in Chapter 3, however, there had been limited
4401 research into the underlying frameworks for any set of standards providing such assurances.
4402 This includes examining:

- 4403 1) What requirements (or clauses) welfare standards include, and why.
- 4404 2) How farm sites have complied with the standards, and what insights into their welfare
4405 practices this might provide.

4406 Chapter 3 filled this knowledge gap through a comprehensive assessment of the RSPCA
4407 Assured welfare standards, and the associated compliance data of certified farm sites from
4408 2011-2019. One of the main findings from this part of the study was that animal-based
4409 measures represented less than 2% of the clauses within the welfare standards. As a result,
4410 the current form of non-compliance data could only provide insights into what welfare
4411 practices farms took to mitigate risks or hazards to salmon welfare. There was insufficient
4412 evidence on what actual welfare outcomes were achieved on-site, and no comparisons
4413 could be made between different aspects of welfare. For example, comparing estimates of
4414 their overall states of physical well-being vs. their mental well-being, or between different
4415 production stages (e.g., general levels of welfare achieved at the seawater rearing stage vs.

4416 hatchery stage). Chapter 3 thus demonstrated the important role that direct measures of the
4417 salmon's physical or behavioural attributes play in providing evidence on what transpired for
4418 their welfare. Despite the RSPCA Assured (and other industry stakeholders) explicitly stating
4419 the importance of animal-based measures (Berrill *et al.*, 2012; RSPCA, 2021), the formal
4420 inclusion of such measures as auditable clauses (or 'welfare outcome assessments') has so
4421 far remained minimal. As a result, this thesis attempted to determine why this was the case.

4422 The issues of practicality and effectiveness when carrying out animal-based measures on-
4423 site, highlighted by industry participants in Chapter 2, provided some potential explanations.
4424 The overall sentiment regarding these measures, particularly those which require intrusive
4425 handling of the salmon (e.g., assessments of abnormalities or physiological measures of
4426 stress), was that they posed major risks to their welfare while scoring relatively poorly in
4427 terms of on-site practicality and effectiveness. The use of animal-based measures, however,
4428 was not regarded as costly or time-consuming if the measures involved were non-intrusive to
4429 the salmon. In accordance with minimising human-animal interactions with the salmon,
4430 industry participants highlighted the need for further developing operational welfare
4431 indicators ('OWIs') that possess the following capabilities:

- 4432 1) Non-intrusive; their use results in no disturbance of the salmon.
- 4433 2) Animal-based; directly measures a physical or behavioural attribute of the salmon.
- 4434 3) Can be carried out remotely; farm staff are not required on-site for its use.

4435 Chapter 3 reached a similar conclusion, attributing the lack of animal-based measures as
4436 auditable clauses to issues of practicality and disruptions that would likely arise (to both
4437 salmon and farming routines) during the auditing process.

4438 With the potential to address all these issues, behavioural assessments were identified in
4439 Chapter 2 as the most promising area for further developing. The potential advantages of
4440 incorporating behavioural welfare indicators into on-farm monitoring and management
4441 strategies are already well acknowledged (Dawkins, 2003; Huntingford *et al.*, 2006; Oppedal,
4442 Dempster and Stien, 2011; Martins *et al.*, 2012; Miller *et al.*, 2020; Barreto *et al.*, 2021;
4443 O'Donncha *et al.*, 2021). Behaviours can be monitored and assessed through direct human
4444 observation, manual coding of video recordings, or through more automated methods
4445 including acoustic monitoring or computer vision techniques (Wemelsfelder and Lawrence,
4446 2001; Martins *et al.*, 2012; Rushen and De Passille, 2012; Terayama *et al.*, 2019; Barreto *et al.*,
4447 2021). Since behaviours can be monitored through video recordings, such assessments
4448 can be carried out remotely. Direct measures of animal welfare often come with the cost of
4449 either being time-consuming, technically complex, or disturbing the salmon. Behavioural

4450 indicators, however, are one of the few that are comparatively fast, non-intrusive, and easy
4451 to observe (Dawkins, 2004; Huntingford *et al.*, 2006; Martins *et al.*, 2012). Monitoring
4452 changes in behaviour may also provide early warning signs for issues that arise on site
4453 (Huntingford *et al.*, 2006; Oppedal, Dempster and Stien, 2011; Wiese *et al.*, 2023).
4454 Improving the ability for farm staff to recognise and resolve problems before they severely
4455 impact the stock benefits both the salmon and farm productivity. This advantage was also
4456 identified by participants in Chapter 2, who commented on the potential benefits (for both
4457 salmon welfare and farm production) for further implementing behavioural assessments on-
4458 site. Furthermore, behavioural assessments are currently the only tool that allow for any
4459 relevant insights into the subjective experiences of animals (Turnbull and Kadri, 2007;
4460 Folkedal *et al.*, 2012; Martins *et al.*, 2012; Mellor, 2012; Dawkins, 2015; Zhao, Bao, Zhang,
4461 Zhu, Liu, Lu, *et al.*, 2018; Hassan *et al.*, 2019). Behaviours exhibited by an animal are
4462 regarded by some as the final product of all its own decision-making processes (Dawkins,
4463 2004; Mendl, Burman and Paul, 2010), and as such are ultimately an “expression of the
4464 emotions” (Darwin, 1872).

4465 There are therefore clear advantages associated with behavioural welfare indicators, and yet
4466 their formal inclusion within certain welfare assessments (i.e., RSPCA Assured audits) is still
4467 minimal (RSPCA, 2021). Various limitations currently facing this class of welfare indicators,
4468 listed below, may provide some explanation for this:

4469 *5.2.2.1 Logistical issues of monitoring behaviour in aquaculture*

4470 Monitoring behaviour in aquaculture systems has typically favoured group-level observations
4471 over those of each individual (Millman, 2007; Prunet *et al.*, 2012; Føre *et al.*, 2017; Barreto
4472 *et al.*, 2021). This is primarily a result of logistical issues in monitoring such large numbers of
4473 fish within a 3-dimensional environment, where complex swimming behaviours and visual
4474 obstruction of individuals are frequent (Ye *et al.*, 2016). The issue with relying solely on
4475 group-level observations, however, is that they do not always accurately reflect the
4476 experiences of individuals, nor can they account for the range of individual-variation present
4477 within each group (Martins *et al.*, 2012; Cleasby, Nakagawa and Schielzeth, 2015; Barreto *et al.*,
4478 2021; Daigle and Siegford, 2023). A number of methods for analysing fish behaviour also
4479 rely on a light source, and the use of unnatural illumination to ensure sufficient quality in
4480 videos may also influence fish behaviour (Bruning, Holker and Wolter, 2011).

4481 *5.2.2.2 Quantifying behavioural indicators and time constraints*

4482 When applied to welfare assessments, many behavioural indicators are difficult to quantify
4483 without appropriate training and are dependent on the motivation and skills of the observer

4484 (Noble *et al.*, 2018). In addition, obtaining actionable insights from an animal's behaviour is
4485 often only achievable after further analysis of, e.g., collected video data (Noble *et al.*, 2018),
4486 and thus not time-efficient for formal welfare assessments. This is particularly relevant for
4487 audits conducted by certification schemes, where assessors may have hundreds of clauses
4488 to evaluate in a single day.

4489 5.2.2.3 Potential misinterpretation of behaviours for welfare assessments

4490 When evaluating changes in distinct, physical behaviours (e.g., swimming speeds), there are
4491 also risks of misinterpreting how this relates to the animal's welfare. Specific behavioural
4492 responses are often considered as either normal coping activities, or abnormal / maladaptive
4493 responses; however, the differences between the two are frequently unclear (Martins *et al.*,
4494 2012). Even in situations where the same distinct behavioural response is exhibited, context
4495 can be crucial (Ruiz-gomez *et al.*, 2008). For example, elevated swimming speeds during
4496 feeding can indicate underfeeding for various aquaculture species (Huse and Skiftesvik,
4497 1985; Björnsson, 1993; Andrew *et al.*, 2004). Conversely, the same response may simply
4498 indicate an increased motivation to feed, and be an aspect of the fish's foraging strategy
4499 (Kristiansen and Ferno, 2007). The potential dichotomy in how single behaviours can be
4500 interpreted as either poor or good welfare demonstrates the importance of having not only
4501 species-specific, but context-specific behavioural welfare indicators (Herbert and Steffensen,
4502 2005; Martins *et al.*, 2012).

4503 A key requirement in achieving the main aim of this thesis was the validation of a novel on-
4504 farm welfare assessment tool. Findings from Chapters 2 and 3 emphasized the value of
4505 further developing non-intrusive, animal-based welfare indicators that can be carried out
4506 remotely. By validating a behavioural welfare indicator with these capabilities, this thesis
4507 would take a significant step towards the practicality and effectiveness of on-farm welfare
4508 assessments. However, there are clear limitations (mostly practical) that currently hinder the
4509 full potential for behavioural indicators to fulfil this role. It was therefore vital that this thesis
4510 not only validated a welfare assessment tool that aligns with the key findings from Chapters
4511 2 and 3, but also addressed any of the associated limitations and propose potential solutions
4512 for them.

4513 **5.3 Chapter 4 - QBA's potential for farmed salmon welfare** 4514 **assessments**

4515 Through observing the "whole-animal's" behavioural expressions (including its appearance
4516 and interactions with others and the surrounding environment), QBA serves as an integrative
4517 welfare indicator that reveals insights into the animal's emotional state (Wemelsfelder, 2007;

4518 Ellingsen *et al.*, 2014; Rose and Riley, 2019; Cooper and Wemelsfelder, 2020; Vasdal *et al.*,
4519 2022). Through virtue of assessing behavioural expressions, QBA benefits from practicality
4520 and effectiveness for on-farm welfare assessments (e.g., non-intrusive, animal-based, and
4521 can be carried out remotely). QBA has also been used to successfully detect early clinical
4522 signs of disease, e.g., mastitis in dairy cows (De Boyer des Roches *et al.*, 2018), and could
4523 therefore play an important role in early warning systems for farmed salmon. QBA's
4524 application also provides a number of unique value propositions. The expressive
4525 characteristics used within QBA are intended to cover the full range of both negative and
4526 positive emotions (Jarvis *et al.*, 2021; Browning, 2023), thereby allowing QBA to capture
4527 positive aspects of welfare (Rose and Riley, 2019). There is therefore the potential to
4528 quantify the likelihood that salmon have positive welfare experiences under different
4529 environments / husbandry practices. QBA may then also allow for an assessment of the
4530 efficacy of enrichment strategies (Rose and Riley, 2019). QBA's approach is also useful for
4531 achieving large-scale, long-term datasets regarding changes in behavioural patterns,
4532 providing insights into the appropriateness of other husbandry and management regimes
4533 (Rose and Riley, 2019).

4534 Despite the advantages of using QBA as a welfare indicator, there has been limited research
4535 examining its application within aquaculture (Jarvis *et al.*, 2021). Until Chapter 4, no study
4536 had yet examined QBA's ability to capture changes in the behavioural expression of Atlantic
4537 salmon (or any other species of fish) following exposure to a putatively stressful challenge.
4538 Furthermore, no study had compared QBA scores with other welfare indicators in this
4539 context. Chapter 4 reports on the first study to demonstrate QBA's abilities, capturing a
4540 significant treatment effect when darting scores did not. While feed intake was also able to
4541 capture a significant treatment effect, the two indicators were not correlated with each other.
4542 This further supported the notion that QBA provides unique insights into salmon welfare. The
4543 findings from Chapter 4 represent a direction taken towards validating a welfare assessment
4544 tool that is novel to aquaculture, based on a comprehensive industry overview obtained in
4545 Chapters 2 and 3. This application of QBA demonstrates its potential as either an auditable
4546 clause within on-farm welfare assessments, or as an OWI for routine monitoring. The full
4547 realisation of this potential, however, is contingent upon addressing the limitations that
4548 behavioural welfare indicators currently face. Fortunately, behavioural assessments are well
4549 positioned to leverage a suite of emerging technologies to overcome these limitations.

4550 **5.4 Automation within behavioural assessments**

4551 The inability to collect actionable data on-site, in a time-efficient manner, directly limits how
4552 farm management strategies can resolve issues as they arise (Bell *et al.*, 2022). To aid with

4553 this, the salmon farming industry has begun adopting a 'precision farming' approach,
4554 applying a suite of technologies to facilitate automated, real-time monitoring and analysis of
4555 fish behaviour, welfare, environmental impacts, and production parameters (Berckmans,
4556 2017; Føre *et al.*, 2017; Erp-van der Kooij and Rutter, 2020; O'Donncha *et al.*, 2021).
4557 Utilising data-driven insights within salmon welfare will help increase the capabilities of OWIs
4558 that are already developed (Barreto *et al.*, 2021; O'Donncha *et al.*, 2021). Behavioural
4559 welfare indicators are particularly well positioned to take advantage of these innovations
4560 (Valletta *et al.*, 2017; Christin, Hervet and Lecomte, 2019; O'Donncha *et al.*, 2021). These
4561 innovations not only address previously discussed limitations, but further reinforce the
4562 advantages of behavioural assessment. Underwater video monitoring systems, either fixed
4563 or mounted on underwater vehicles, are becoming increasingly common for monitoring
4564 salmon behaviour and welfare (Shortis *et al.*, 2016; Bjerkeng *et al.*, 2021; Bell *et al.*, 2022).
4565 Video monitoring also allows for footage to be reviewed remotely by farm staff, or potentially
4566 accessible for auditors if the certification schemes and farms involved agree to this (enabling
4567 such assessments to be carried out remotely). Through virtue of using video recordings,
4568 such footage can be reviewed remotely by farm staff or potentially accessed by auditors if
4569 the certification scheme and farms involved agree to this. These monitoring systems,
4570 however, face a number of challenges including visual obstructions, tracking complex
4571 individual behaviours amongst large groups, poor light conditions, time-constraints for video
4572 analysis, training requirements for behavioural assessments, and the potential for observer
4573 bias (Pinkiewicz, Purser and Williams, 2011; Barnard *et al.*, 2016; Saberioon and Cisar,
4574 2016; Saberioon *et al.*, 2017; Noble *et al.*, 2018).

4575 Computer vision and machine learning have found real-world applications in facilitating non-
4576 intrusive, automatic methods for on-site monitoring of fish behaviour (Kane, Salierno and
4577 Gipson, 2008; Kohda *et al.*, 2015; Saberioon *et al.*, 2017; Wang and Takeuchi, 2017;
4578 Terayama *et al.*, 2019). Computer vision (i.e., machine vision systems) can be defined as
4579 the construction of explicit information and meaningful descriptions of physical objects via
4580 image analysis (Glinski, Horabik and Lipiec, 2011). Innovations in this area of computer
4581 science have grown rapidly in recent years, becoming more sensitive, powerful and cheaper
4582 alongside developments in digital cameras and speeds of computer-based processing (Zion,
4583 2012; Saberioon *et al.*, 2017). Machine learning, in general, refers to a variety of algorithms
4584 that can automatically generate predictive models by detecting patterns of data (Christin,
4585 Hervet and Lecomte, 2019), and its relevance will be further explained in a later section.

4586 **5.4.1 Automated detection and tracking of behaviours**

4587 Video tracking involves the tracking of moving objects and monitoring their activities through
4588 processing the sequence of images captured in a video recording (Maggio and Cavallaro,
4589 2011). The application of this technology to automatically quantify behavioural parameters
4590 has been made possible through a number of methods involving image and motion analysis
4591 techniques (Patullo, Jolley-Rogers and Macmillan, 2007; Grubich, Rice and Westneat, 2008;
4592 Duarte, Reig and Oca, 2009). An advantage of automated systems that detect behavioural
4593 changes via computer imaging is its efficiency after implementation; once installed, no labour
4594 is required to obtain behavioural information and action can be taken when the system
4595 detects abnormal deviations from normal levels of fish activity (Xia *et al.*, 2016; Barreto *et al.*,
4596 2021). Examples of this technology have already been used to systematically detect subtle
4597 behavioural changes (indicative of stress within a group) of Nile tilapia (Zhao, Bao, Zhang,
4598 Zhu, Liu and Lu, 2018). Sonar and optic video imaging have also been used, in combination
4599 with a deep neural network, to facilitate regular observations of fish groups under sub-
4600 optimal lighting conditions and potentially detect behavioural parameters (Terayama *et al.*,
4601 2019). Another low-light, relatively inexpensive option is near-infrared (NIR) imaging, which
4602 uses the electromagnetic spectrum between visible and middle infrared light (Lin *et al.*, 2018;
4603 Wang, 2019; Barreto *et al.*, 2021).

4604 The majority of studies mentioned above have tested their tracking systems under laboratory
4605 conditions, and it is likely that real-world conditions will present additional challenges. Tidal,
4606 a subsidiary of Google's parent group Alphabet, have developed a novel underwater
4607 monitoring system which incorporates a set of computer vision tools to capture farmed
4608 salmon behaviour (Gairn, 2023; Tidal -X, 2023). Tidal has tested the capabilities of this
4609 monitoring system within offshore farms in Norway, claiming it is now capable of
4610 continuously detecting and tracking individual behaviours under rough oceanic conditions, as
4611 well as modelling behaviours over time to provide new insights into farmed fish welfare (Tidal
4612 -X, 2023).

4613 **5.4.2 Automated analysis of behaviour**

4614 The innovations described thus far have largely referred to the automatic detection and
4615 tracking of behaviours, including the potential to detect changes in these behaviours.
4616 However, in order to enable in-depth analyses of these behaviours (to the point where
4617 actionable data on salmon welfare can be obtained automatically), further advancements are
4618 required. When combined with computer vision systems, machine learning tools have
4619 specific relevance to ecology and behavioural sciences through their capabilities of
4620 analysing the complex, nonlinear data encountered in this field (Olden, Lawler and Poff,

4621 2008). Machine learning can occur under 'supervised learning', where labelled datasets
4622 (e.g., videos showing a variety of the target object's behaviour, in this case salmon) are first
4623 given to the artificial agent so that they can train themselves to associate the labels with the
4624 examples provided (Christin, Hervet and Lecomte, 2019). Following this 'training', these
4625 artificial agents can then recognise and identify these objects' (salmon) behaviours in
4626 completely new datasets (Lecun, Bengio and Hinton, 2015). However, for the purpose of
4627 performing tasks like behavioural assessment, providing only labels within conventional
4628 machine learning is insufficient: the user must also specify within the computer's algorithm
4629 precisely what to look for (Christin, Hervet and Lecomte, 2019). For example, in order to
4630 identify the salmon and their behaviours in any sequence of images, the algorithm requires
4631 specific properties (e.g., a salmon's shape, colour, size, patterning and finally, specific
4632 behaviours) to be explicitly stated to it down to the patterns of pixels (Christin, Hervet and
4633 Lecomte, 2019). In contrast, deep learning methods bypass this step; these algorithms are
4634 able to automatically detect and extract the required features or properties from the data
4635 (i.e., video recordings) provided (Christin, Hervet and Lecomte, 2019). This means that
4636 users only need to tell a deep learning algorithm that salmon are present in the footage and,
4637 given enough examples, these systems can potentially determine what a salmon (or what
4638 various salmon performing certain behaviours) looks like. Convolutional neural networks
4639 (CNN) and Deep Reinforcement Learning (DRL) are powerful machine learning technologies
4640 that have successfully been applied to various computer vision applications including object
4641 identification and tracking, video analysis, and behavioural recognition and classification
4642 (Kabra *et al.*, 2013; Qin, Yu and Zhao, 2018; Christin, Hervet and Lecomte, 2019; Le *et al.*,
4643 2021). Deep learning could eventually play a significant role in on-farm welfare assessments
4644 by providing fast, objective, practical, and reliable ways to analyse enormous amounts of
4645 monitoring data (Christin, Hervet and Lecomte, 2019). An added benefit of automated
4646 analyses is that they are not influenced by observer bias, which is particularly relevant for
4647 behavioural assessments (Martinez-de Dios, Serna and Ollero, 2003; Polonschii, Bratu and
4648 Gheorghiu, 2013; Saberioon *et al.*, 2017).

4649 Incorporating deep learning solutions is no minor task, and the initial investments required
4650 for obtaining the relevant training datasets (i.e., thousands of hours of footage), the time
4651 taken in training the artificial agents, the development complexity and computing power are
4652 all aspects that must be considered before undertaking the deep machine learning approach
4653 (Christin, Hervet and Lecomte, 2019). However, a similar approach has already been
4654 successfully implemented with human behaviours (McFarland, 2022). Before any of the
4655 aforementioned technologies could be successfully implemented within the Scottish salmon
4656 farming sector, their applications must first be strictly validated and their use should

4657 ultimately minimise the production costs, time requirements, and intrusiveness of on-farm
4658 welfare assessments (Barreto *et al.*, 2021). Future research should focus on commercial
4659 scale testing, alongside industry consultation, to determine exactly how feasible and
4660 beneficial these innovations could be for on-site use (Barreto *et al.*, 2021).

4661 **5.4.3 Near-term opportunities and outlook for the future**

4662 In the meantime, more short-term steps can be taken to facilitate behavioural welfare
4663 indicators. For example, with QBA; in the same way that Visual Analogue Scales (VASs)
4664 were created digitally and used in SurveyMonkey to automatically quantify QBA scores in
4665 Chapter 4, smart phone applications are already capable of allowing farm staff and auditors
4666 to immediately quantify their observations of the salmon's behavioural expressions
4667 (Ravenscraft, 2022). Pending further developments in automated data analytics platforms,
4668 there is also potential for statistical analyses to be carried out with minimal labour and time
4669 costs to farm staff. Data wrangling (i.e., the preprocessing of raw data into a structured and
4670 usable format) is often an essential first step in statistical analysis, but requires considerable
4671 time for understanding, cleaning, and preparing the data in order to identify any meaningful
4672 patterns and insights (Williams *et al.*, 2022). 'Semi-automated' tools for real-world data
4673 wrangling have already been developed, making the process of data analytics significantly
4674 less time-consuming and laborious (Williams, 2022).

4675 With further developments in machine learning and computer vision technologies, there is
4676 potential for the majority of behavioural assessments (perhaps even including QBA) to not
4677 only function as a practical OWI for welfare monitoring and audits, but to also act as early-
4678 warning systems that require minimal time and effort from farm staff (Rushen and De
4679 Passille, 2012). Automating the QBA process specifically, through such algorithms, would
4680 inevitably require breaking down the expressive characteristics of salmon into quantifiable
4681 features / patterns. To some degree, this would lead to QBA operating more as a
4682 reductionist tool, deviating from its original purpose as a holistic assessment. However, it is
4683 worth noting that QBA performed through human observation is also not entirely free of
4684 reductionism itself: humans inherently categorise and label specific expressions based on
4685 their own interpretations and preconceptions. The distinction between these two approaches
4686 will partly depend on what differences there are in the cognitive and perceptual capabilities
4687 of humans versus machines, which in the near future may not be as substantial as
4688 commonly assumed (Korteling *et al.*, 2021). As aquaculture progresses further into the realm
4689 of big data, the industry's reliance on artificial intelligence to analyse data will become more
4690 and more prevalent (Christin, Hervet and Lecomte, 2019). There will then be the task of
4691 recruiting individuals with the appropriate programming and mathematical skills and tools,

4692 which will likely require increased collaboration across disciplines (Carey *et al.*, 2019). A
4693 more in-depth, connected network of computer scientists within aquaculture (both through
4694 academia and the commercial sector) could also lead to new synergies and approaches to
4695 data classification and analyses, providing new insights for fundamental and applied
4696 research in fish health and welfare (Christin, Hervet and Lecomte, 2019). To meet the
4697 anticipated need for enhanced collaboration, increased sharing of datasets, codes, and
4698 research findings will be crucial for making substantial progress in this field (Christin, Hervet
4699 and Lecomte, 2019).

4700 The results from this study outline a promising path through which behavioural welfare
4701 indicators can be developed further to advance the practicality and effectiveness of on-farm
4702 welfare assessments. In particular, this study has demonstrated QBA's ability to provide
4703 unique, reliable insights into salmon welfare while capturing the impacts from a putatively
4704 stressful event. Various avenues are available, both in the near and long term, for improving
4705 behavioural assessments like QBA to the point where they can provide actionable
4706 information of farmed salmon welfare in a practical and time-efficient manner.

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5003

5004 **Appendix**

5005 **Figure A1. Copy of Industry survey (Concerns and research**
5006 **priorities for Scottish farmed salmon welfare)**

Determining research priorities for developing on-farm salmon welfare assessment:

When improving salmon welfare, we must first be able to measure and assess salmon welfare.

The GOAL of this survey: 'Determine where research can best improve on-farm welfare measures to be as feasible and effective as possible'.

When assessing welfare, we must cover all welfare concerns. Although health is essential for welfare, there are other ways that welfare can be reduced. This includes:

- Being prevented from performing certain behaviours.
- Being deprived of certain environments from which the animal evolved in.
- Being in a constant state of fear/anxiety (even when the animal is objectively healthy and safe).

When answering these questions, try your best to consider such welfare concerns in addition to the central aspect of maintaining physical health.

Thank you again for your participation!

1. Unique Identification Number *

2. Current job title: *

3. Experience in salmon farming (years): *

4. Please select the following salmon production stages for which you have had any experience of working in: *

- Hatchery stage
- Smolt production stage
- Seawater rearing stage
- Other

5. Please list any qualifications and/or training that you may have which are relevant to animal welfare:

Identifying important farming stages & practices, and determining major welfare concerns:

The various stages of salmon farming are all relevant to the fish's welfare, with each stage having unique factors that influence a salmon's quality of life.

6. Please rank the different production stages of a farmed salmon's life-cycle by how much effort should be concentrated towards monitoring and assessing salmon welfare (1 = the most important. A maximum of two different stages may be given the same ranking):

	1	2	3	4	5
Broodstock Stage	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Early Freshwater stage (alevin/fry/parr)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smoltification process (change from FW->SW)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Seawater rearing stage (post-smolts/adults)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other (please specify below)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. Other production stage (if ranked above):

8. Comments box (optional): Please feel free to any additional opinions, suggestions or critique with regards to the previous question:

9. In order of importance, please list a minimum of 3 (up to 5, if possible) of the most significant welfare concerns that you believe currently face farmed salmon; 1st = most important:

Enter your answer

10. Comments box (optional): Please feel free to any additional opinions, suggestions or critique with regards to the previous question:

Enter your answer

11. In order of importance, please list 3 salmon husbandry practices during which are events that require the most attention in monitoring salmon welfare (e.g. crowding / grading / transport / slaughter / treatments / feeding); 1st = most important:

Enter your answer

12. Comments box (optional): Please feel free to any additional opinions, suggestions or critique with regards to the previous question:

Enter your answer

Evaluating welfare indicators by practicality and effectiveness:

IMPORTANT INFORMATION: Some welfare indicators can be developed to provide more information on the welfare status of a fish (e.g. its physical or mental state), while some indicators can be developed to be more practical for on-farm use.

In this next question, you will be asked to rate welfare indicators by these two points:

First point: The PRACTICALITY of the welfare indicators ('how easy are they to use on a farm?').

Second point: The EFFECTIVENESS of the welfare indicators ('what quality of information do they provide on fish welfare, as if they have NO practical limitations at all?').

PRACTICALITY:

Please rate the following welfare indicators, on a scale of 1 to 10, by their practicality for on-farm use (1 = COMPLETELY IMPRACTICAL, 5-6 = SOMEWHAT PRACTICAL, 10 = VERY PRACTICAL).

Under these scores, please list any practical limitations these indicators may currently have. If you are unsure about how to rate a certain indicator, you may skip on to the next one.

13. Practicality score for welfare indicator(s): Grading individuals on their external abnormalities:

Examples include (but are not limited to): Fin/Skin/Eye/Scale condition, wounds or lesions on fish, opercular/vertebral/jaw deformities.

Completely impractical 1 2 3 4 5 6 7 8 9 10 Very practical
○ ○ ○ ○ ○ ○ ○ ○ ○ ○

14. Possible limitation(s):

Enter your answer

15. Practicality score for welfare indicator(s): Sampling individuals for physiological measures of stress:

Examples include (but are not limited to): measuring levels of lysozyme, haematocrit, glucose, proteins etc. found within blood/muscle.

Completely impractical 1 2 3 4 5 6 7 8 9 10 Very practical

16. Possible limitation(s):

Enter your answer

17. Practicality score for welfare indicator(s): Determining disease/health status of fish by prevalence of certain conditions during routine observations or sampling of individuals:

Examples include (but are not limited to): simple scoring of cataracts, gill bleaching / gill status, scoring for levels of sea lice infestation

Completely impractical 1 2 3 4 5 6 7 8 9 10 Very practical

18. Possible limitation(s):

Enter your answer

19. Practicality score for welfare indicator(s): Presence of acute injuries during husbandry practices:

Examples include (but are not limited to): fin splitting / crush injuries / haemorrhages during hard handling / crowding / pumping.

Completely impractical 1 2 3 4 5 6 7 8 9 10 Very practical

20. Possible limitation(s):

Enter your answer

21. Practicality score for welfare indicator(s): Assessing aspects of positive welfare by the presence/absence of enrichment within the production systems:

Examples include (but are not limited to): determining higher positive welfare within hatcheries enriched with artificial kelp, compared to hatcheries devoid of any enrichment.

Completely impractical 1 2 3 4 5 6 7 8 9 10 Very practical

22. Possible limitation(s):

Enter your answer

23. Practicality score for welfare indicator(s): Deviations from normal behaviour during routine monitoring:

Examples include (but are not limited to): surface activity, abnormal swimming patterns, increased aggression, decreased feed responses.

Completely impractical 1 2 3 4 5 6 7 8 9 10 Very practical

24. Possible limitation(s):

Enter your answer

25. Practicality score for welfare indicator(s): Changes in behaviour during husbandry practices:

Examples of such behaviours include (but are not limited to): signs of panic / exhaustion / disorientation / aggression during crowding / pumping / handling etc.

Completely impractical 1 2 3 4 5 6 7 8 9 10 Very practical

26. Possible limitation(s):

Enter your answer

27. Practicality score for welfare indicator(s): Changes in appetite after potentially disturbing husbandry practices:

Gentle reminder: 'Practicality' = How easy this indicator is to measure on a farm-site.

Completely impractical 1 2 3 4 5 6 7 8 9 10 Very practical

28. Possible limitation(s):

Enter your answer

29. Practicality score for welfare indicator(s): Production-related parameters:

Examples include (but are not limited to): growth rates, mortality rates, sexual maturation, stage of smoltification etc.

Completely impractical 1 2 3 4 5 6 7 8 9 10 Very practical

30. Possible limitation(s):

Enter your answer

31. Practicality score for welfare indicator(s): Duration of time out of water for salmon during certain husbandry practices:

Examples for practices include (but are not limited to): pumping, handling pre-vaccination, and crowding.

Completely impractical 1 2 3 4 5 6 7 8 9 10 Very practical

32. Possible limitation(s):

Enter your answer

33. Practicality score for welfare indicator(s): Water quality parameters:

Examples include (but are not limited to): Temperature, Ammonia for FW systems, Harmful Algal Blooms for SW systems, Turbidity etc.

Completely impractical 1 2 3 4 5 6 7 8 9 10 Very practical

34. Possible limitation(s):

Enter your answer

35. Practicality score for welfare indicator(s): Stocking density of rearing system:

Completely impractical 1 2 3 4 5 6 7 8 9 10 Very practical

36. Possible limitation(s):

Enter your answer

EFFECTIVENESS

Now, assuming that there are no practical limitations involved when using these indicators, please rate each indicator by how effectively they reflect their relevant aspects of salmon welfare (1 = COMPLETELY INEFFECTIVE, 5-6 = SOMEWHAT EFFECTIVE, 10 = VERY EFFECTIVE):

For example: "How effectively, from 1 - 10, does fin condition reflect the physical condition of a salmon?". If you are unsure about how to rate a certain indicator, you may skip on to the next one.

38. Effectiveness score for welfare indicator(s): Grading individuals on their external abnormalities:

Examples include (but are not limited to): Fin/Skin/Eye/Scale condition, wounds or lesions on fish, opercular/vertebral/jaw deformities etc.

Completely ineffective 1 2 3 4 5 6 7 8 9 10 Very effective

39. Effectiveness score for welfare indicator(s): Sampling individuals for physiological measures of stress:

Examples include (but are not limited to): measuring levels of lysozyme, haematocrit, glucose, proteins etc. found within blood/muscle.

Completely ineffective 1 2 3 4 5 6 7 8 9 10 Very effective

40. Effectiveness score for welfare indicator(s): Determining disease/health status of fish by prevalence of certain conditions during routine observations or sampling of individuals:

Examples include (but are not limited to): simple scoring of cataracts, gill bleaching / gill status, scoring for levels of sea lice infestation.

Completely ineffective 1 2 3 4 5 6 7 8 9 10 Very effective

41. Effectiveness score for welfare indicator(s): Presence of acute injuries during husbandry practices:

Examples include (but are not limited to): fin splitting / crush injuries / haemorrhages during hard handling / crowding / pumping.


Completely ineffective 1 2 3 4 5 6 7 8 9 10 Very effective

42. Effectiveness score for welfare indicator(s): Assessing aspects of positive welfare by the presence/absence of enrichment within the production systems:

Examples include (but are not limited to): determining higher positive welfare within hatcheries enrich with artificial kelp compared to hatcheries devoid of any enrichment

Completely ineffective 1 2 3 4 5 6 7 8 9 10 Very effective

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43. Effectiveness score for welfare indicator(s): Deviations from normal behaviour during routine monitoring: 

Examples include (but are not limited to): surface activity, abnormal swimming patterns, increased aggression, decreased feed responses).

Completely ineffective 1 2 3 4 5 6 7 8 9 10 Very effective

44. Effectiveness score for welfare indicator(s): Changes in behaviour during husbandry practices:

Examples of such behaviours include (but are not limited to): signs of panic / exhaustion / disorientation / aggression during crowding / pumping / handling etc.

Completely ineffective 1 2 3 4 5 6 7 8 9 10 Very effective

45. Effectiveness score for welfare indicator(s): Changes in appetite after potentially disturbing husbandry practices:

Gentle reminder: These scores are simply for how well these measures reflect fish welfare, assuming NO practical limitations are involved

Completely ineffective 1 2 3 4 5 6 7 8 9 10 Very effective

46. Effectiveness score for welfare indicator(s): Production-related parameters:

Examples include (but are not limited to): growth rates, mortality rates, sexual maturation, stage of smoltification etc.

Completely ineffective 1 2 3 4 5 6 7 8 9 10 Very effective

47. Effectiveness score for welfare indicator(s): Duration of time out of water for salmon during certain husbandry practices:

Examples of husbandry practices include (but are not limited to): pumping, handling pre-vaccination, crowding.

Completely ineffective 1 2 3 4 5 6 7 8 9 10 Very effective

48. Effectiveness score for welfare indicator(s): Water quality parameters:

Examples include (but are not limited to): Temperature, Ammonia for FW systems, Harmful Algal Blooms for SW systems, Turbidity etc.

Completely ineffective 1 2 3 4 5 6 7 8 9 10 Very effective

49. Effectiveness score for welfare indicator(s): Stocking density of rearing system:

Completely ineffective 1 2 3 4 5 6 7 8 9 10 Very effective

Research priorities for developing welfare indicators:

5015

This next section will ask you to rate the RELEVANCE and URGENCY behind improving certain welfare indicators in different ways.

Now, on a similar scale, please rate the urgency of developing these welfare measures:

1 = NOT URGENT AT ALL, 5-6 = SOMEWHAT URGENT, 10 = EXTREMELY URGENT.

If you are unsure about how to rate one of the following research outcomes, you may skip on to the next one.

57. Developing understanding behind environmental conditions (e.g. optimal light conditions, turbidity, & total suspended solids for each specific life stage in salmon (parr, smolts & post-smolts))

This could help ensure that the quality of early life stages are not jeopardised, and that later quality of life is not affected through improper development.

Not urgent at all 1 2 3 4 5 6 7 8 9 10 Extremely urgent

58. Developing more fish/user-friendly methods for welfare indicators which currently require catching & handling of the fish (e.g. having to sample cages for scoring physical injury, body condition, malformations):

These processes still have potential in disturbing salmon during the capture process

Not urgent at all 1 2 3 4 5 6 7 8 9 10 Extremely urgent

Completely irrelevant Extremely relevant

59. Developing the ability to quantify fish behaviours with monitoring systems (e.g. passive, vision-based / acoustic devices):

Developing such systems more towards quantifying certain fish behaviours could allow for a more detailed analysis of welfare through behavioural indicators.

Not urgent at all 1 2 3 4 5 6 7 8 9 10 Extremely urgent

60. Developing welfare indicators that are currently only able to be carried out in the lab, to the point where they can become operational on farm sites:

Such indicators could provide a closer insight to the welfare of the animals that otherwise could only have been done within a laboratory setting.

Not urgent at all 1 2 3 4 5 6 7 8 9 10 Extremely urgent

61. Developing welfare indicators that allow for the remote monitoring of the salmon:

These indicators could help with the safeguarding of salmon welfare when access for staff to the farm sites becomes limited (e.g. during storms for sea cages, or during pandemics which limit staff presence).

Not urgent at all 1 2 3 4 5 6 7 8 9 10 Extremely urgent

5016

Determining when welfare monitoring/assessment best fits within the farmer's routine

For any welfare assessment to be effective, the welfare indicators must be used in such a way that best falls within the farm staff's routines, thus minimising any conflicts with their other responsibilities.

63. Which parts of a farmer's routine (daily, or during specific tasks) do you believe provide the most suitable opportunities for monitoring certain welfare indicators with the salmon (please select a maximum of THREE options):

- During feeding times
- During health checks
- During routine cage/tank inspections
- During grading and/or transfer
- During video monitoring
- Other

64. Comments box (optional): Please feel free to any additional opinions, suggestions or critique with regards to the previous question:

END OF SURVEY 

5017

5018 **Table A1. Grouping of responses into categories of overall welfare**
 5019 **concerns**

Total weighted score, in terms of importance, for each category in Section 2 (Overall welfare concerns):		
Category:	Total Score:	Responses included:
Sea lice	155	"Sea lice"
Gill health	120	"Gill health", "Gill problems", "AGD or PGD", "Gill Disease", "Gill health challenges"
Environmental challenges	115	"Poor oxygen", "Tidal throughput", "High energy sites", "Rising sea temperatures", "Climate change", "Plankton / algal blooms", "Jellyfish", "Reliability of RASs & WQ of systems", "Background microbiology"
Interventions	74	"Too many treatments", "Invasive treatments", "Mechanical / non-medicinal sea lice treatments", "Vaccinations / treatments", "Improper treatments", "Overcrowding during treatments"
Handling	65	"(Im)proper handling", "Handling damage", "Harvesting", "Grading", "Increased handling due to health challenges", "Handling for transport"
Non-gill health issues	60	"Diseases", "PD", "Anaemia", "Health Issues", "Viral/Bacterial diseases (PMCV, PRV, SAV)", "CMS", "RTFS", "Disease Challenges", "Haemorrhagic Smolt Syndrome", "Spread of disease", "Fin & Skin condition (lesions)"
Stocking density	51	"SD", "Stocking Density", "High SD"
Staff training	33	"Poor decision making in cluster sites", "Lack of training / knowledge", "Poor decision making during treatments / handling", "Respect / care when working with fish", "Neglect", "Under feeding", "Lack of stimulation"
Predation	22	"Predators (Seals)". "Predation (Control)"
Farm management	21	"Company strategies", "Commercial pressure", "Management of environment", "Increasing production with no focus on individual health", "Senior Mgmt. focusing on profit", "Lack of focus on animals (treated as numbers)", "No adaptation to previous health issues", "Regulatory pressures (drive for compliance to set thresholds)"

5020 **Table A2. Grouping of responses into categories of husbandry**
 5021 **practices**

Total weighted score, in terms of importance, for each category in Section 3 (Husbandry practices):		
Category:	Total Score:	Responses included:
Interventions	121	"Treatments", "Vaccinations", "Mechanical / chemical / bath / medicinal / delousing treatments", "Enclosed interventions"
Handling	120	"Crowding", "Grading", "(Physical) handling", "Crowding for treatments", "Post-treatment handling"
Feeding	34	"Feeding", "First feeding"
Transport	20	"Transport"
Slaughter	19	"Slaughter"
Smolt transfers	17	"Smolt transfers", "Loading smolts from FW to wellboat", "Discharge of smolts from wellboat to SW", "Smoltification of population"

5022