

Lavallee, D. (2002). Counselling in sport and exercise: A reading list. In D. Lavallee & I. M. Cockerill (Eds.), *Counselling in sport and exercise contexts* (pp. 67-68). Leicester: British Psychological Society.

The following reading list has been prepared to provide sport and exercise psychologists, counselling psychologists, and others interested in this area with references that are related to counselling in sport and exercise settings. Pertinent references were initially identified by conducting a computer-based literature search using SPORTdiscus and PsycLIT. A number of journals considered likely to publish relevant citations were also reviewed, including the *International Journal of Sport Psychology*, *Journal of Applied Sport Psychology*, *Journal of Counseling and Development*, *Journal of Sport Behavior*, *The Counseling Psychologist*, and *The Sport Psychologist*. Lastly, an extensive manual search was conducted using the reference lists from the citations identified in the computer and journal searches.

Reading List

Andersen, M. B. (Ed.). (2000). *Doing sport psychology: From practice to process*. Leeds: Human Kinetics Europe.

Anshel, M. A. (1997). Counseling and intervention techniques. In *Sport Psychology: From theory to practice* (pp. 243-272). Scottsdale, AZ: Gorsuch Scarisbrick Publishers.

Chartrand, J. M., & Lent, R. W. (1987). Sports counseling: Enhancing the development of the student athlete. *Journal of Counseling and Development*, 66, 164-167.

Cockerill, I. (Ed.). (2002). *Solutions in sport psychology*. London: Thomson/

Danish, S. J., Petitpas, A. J., & Hale, B. D. (1993). Life development intervention for athletes: Life skills through sport. *The Counseling Psychologist*, 21, 352-385.

Etzel, E. F., Ferrante, A. P., & Pinkney, J. W. (Eds.). (1996). *Counseling college student-athletes: Issues and interventions* (2nd ed.). Morgantown, WV: Fitness Information Technology.

Gabbard, C., & Halischak, K. (1993). Consulting opportunities: Working with student-athletes at a university. *The Counseling Psychologist*, 21, 386-398.

Goldberg, A. D. (1991). Counseling the high school student-athlete. *The School Counselor*, 38, 332-339.

Heyman, S. R. (1987). Counseling and psychotherapy with athletes: Special considerations. In J. R. May & M. J. Asken (Eds.), *Sport psychology: The psychological health of the athlete* (pp. 135-156). New York: PMA.

Heyman, S. R., & Andersen, M. A. (1998). When to refer athletes for counseling or psychotherapy. In J. M. Williams (Ed.), *Applied sport psychology: Personal growth to peak performance* (pp. 359-371). London: Mayfield.

Howard, G. S. (1993). Sports psychology: An emerging domain for counseling psychologists. *The Counseling Psychologist*, 21, 349-351.

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- Lent, R. W. (1993). Sports psychology and counseling psychology: Players in the same ballpark? *The Counseling Psychologist, 21*, 430-435.
- McKnight, J., Martin, S. B., & Thompson, C. L. (1995). An integrative approach to sport psychology counseling. In R. Vanfraechem-Raway & Y. Vanden Auweele (Eds.), *Integrating laboratory and field studies: Proceeding of the 9th European Congress of Sport Psychology* (pp.857-864). Belgium: European Federation of Sports Psychology.
- Miller, G. M., & Wooten, H. R. (1995). Sports counseling: A new counseling specialty area. *Journal of Counseling and Development, 74*, 172-173.
- Pargman, D. (Ed.). (1999). *Psychological bases of sport injuries* (2nd ed.). Morgantown, WV: Fitness Information Technology.
- Parham, W. D. (1993). The intercollegiate athletes: A 1990s profile. *The Counseling Psychologist, 21*, 411-429.
- Petipas, A. J. (1996). Counseling interventions in applied sport psychology. In J. L. Van Raalte & B. W. Brewer (Eds.), *Exploring sport and exercise psychology* (pp. 189-204). Washington DC: American Psychological Association.
- Petipas, A. J., Giges, B., & Danish, S. J. (1999). The sport psychologist-athlete relationship: Implications for training. *The Sport Psychologist, 13*, 344-357.
- Petrie, T. A., Diehl, N. S., & Watkins, C. E. (1995). Sport psychology: An emerging domain in the counseling psychology profession. *The Counseling Psychologist, 23*, 535-545.
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