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1 **The influence of hydrological and land use indicators on macrophyte richness in lakes – a**  
2 **comparison of *catchment and landscape buffers* across multiple scales**

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8 **Abstract**

9 In biogeography it is well established that environmental variables often have scale-dependent effects  
10 on abundance and distribution of organisms. Here we present results from a study on scale-  
11 dependency of macrophyte (aquatic plant) richness to hydrology and land use indicators. Hydrological  
12 connectivity and land use within the landscape surrounding 90 UK lakes, at nine buffer sizes varying  
13 from 0.25 km to 10 km from the shoreline, with (*catchment buffer*) and without (*landscape buffer*)  
14 adherence to the catchment boundary, were constructed using GIS. These variables were used to  
15 explain variation in macrophyte richness derived from field surveys. The results revealed strong scale-  
16 dependency. The effects of land use were most apparent at small buffer sizes and grossly outweighed  
17 the importance of hydrology at all spatial scales. The total richness of macrophytes was most strongly  
18 determined by land use and hydrology within 1 km of the lake for *landscape buffers* and 500 m for  
19 *catchment buffers*. The nature of the scale-dependent effect also varied with macrophyte growth  
20 habit. In terms of growth form composition, the effects of hydrological connectivity were stronger  
21 than those of land use, being greatest at an intermediate distance (~ 5 km) from the lake. Our results  
22 indicate the value of maintaining some lake catchments with less intensive land use, at least within 1  
23 km of the lake shore, while also minimising alterations to catchment hydrology (e.g. through drainage  
24 or impoundment) over distances extending at least 5 km from the lake shore.

25 **Key words**

26 Catchment, buffer analyses, lake macrophyte, landscape pattern, species richness

## 1 **1. Introduction**

2 Freshwater macrophytes are a fundamental component of aquatic food webs and their species  
3 richness is implicitly linked to ecosystem structure and function (Bouchard et al., 2007; Engelhardt and  
4 Ritchie, 2001). The degradation of aquatic vegetation is often associated with the loss of native species  
5 and invasion by non-native species (Di Nino et al., 2005; Hussner and Lösch, 2005; Willby, 2007). The  
6 impact of eutrophication can also lead to a shift from small submerged aquatic plants towards  
7 predominantly floating and emergent species (Egertson et al., 2004), followed by entire collapse in  
8 the aquatic vegetation (Madgwick et al., 2011). Studies characterising the anthropogenic controls on  
9 lake water quality and macrophyte abundance have typically been undertaken from two different  
10 perspectives: the landscape (Pedersen et al., 2006) and the stricter topographic catchment.

11 Lake riparian buffer zones or lake marginal zones are a common target area for tools designed to  
12 reduce impacts of anthropogenic activity on lake water quality and aquatic vegetation in the landscape  
13 surrounding a lake (Lee et al., 2004). The effects of land cover on macrophyte species richness, and  
14 the extent to which this relationship is scale-dependent, have been explored in a number of previous  
15 studies. Pedersen et al. (2006), for example, used buffers of different size (i.e. varying distances from  
16 the lake shore) to examine the effect of land cover on macrophyte species in Danish lakes. The results  
17 showed that land use within the < 3 km buffer zone exerted a stronger effect on the occurrence of  
18 *Littorella uniflora* than that observed with coarser scale buffers. Others have also shown that  
19 landscape diversity and the proportion of managed land within the immediate vicinity of a lake has a  
20 significantly greater influence on macrophyte richness than the effect measured over larger units, e.g.  
21 wider landscape or entire catchment (Steffan-Dewenter et al., 2002). There is also evidence that the  
22 scale-dependent effect of land cover on macrophyte richness varies depending on macrophyte growth  
23 form (Akasaka et al., 2010) and that the size of the effect is proportional to the area of the lake  
24 (Alahuhta et al., 2012). Hydrological pathways are considered to determine the effectiveness of buffer  
25 strips and, thus, a catchment-wide perspective on lake riparian management was advocated by  
26 Wissmar and Beschta (1998).

1 The topographic catchment of a lake is defined as the basin of land that drains surface and sub-surface  
2 water with sediments and other materials into the receiving water body. The topography within a  
3 catchment is a major determinant of surface hydrological processes and conditions (Hwang et al.,  
4 2012) including the extent of connectivity between discrete habitats. Water flow via the river network  
5 is the major pathway via which materials including nutrients, and stressors such as heavy metals are  
6 distributed between lakes, and simultaneously provides the network via which many aquatic  
7 organisms disperse (Bornette et al., 1998; Bracken and Croke, 2007; Jencso et al., 2009). Thus, when  
8 connectivity is disrupted by, for example, dam construction, the dispersal of macrophytes is impacted  
9 (Ořahel'ova et al., 2007). The landscape connectivity between limnological networks is considered to  
10 be a key variable in shaping the macrophyte communities of lowland rivers (Demars and Harper,  
11 2005). Flooding, water velocity and the resulting impacts on lake water level regime have also been  
12 shown to be closely correlated with macrophyte species distribution and abundance (Baart et al.,  
13 2010; Baattrup-Pedersen et al., 2008; Barendregt and Bio, 2003; Steffen et al., 2014; Thomaz et al.,  
14 2007).

15 Different land use types and patterns within the catchment also influence nutrient availability and  
16 thus can impact on downstream lake water quality and primary production through overland flow and  
17 runoff (Gorman et al., 2014; Lee et al., 2009). Downstream water quality and macrophyte abundance  
18 are linked with (i) the proportion of urban or industrial land within the upstream catchment (Sass et  
19 al., 2010; Tong and Chen, 2002; White and Greer, 2006); (ii) the proportion of agricultural land, which  
20 influences nutrient loading and thus primary production (Gorman et al., 2014; Knoll et al., 2003); and  
21 (iii) the type of agricultural land, for example, arable crops have a higher N:P stoichiometry compared  
22 with pasture (Arbuckle and Downing, 2001). Whilst it is generally understood that nutrient loading  
23 from land has an important impact on the trophic status of lakes and the abundance and structure of  
24 phytoplankton (Downing and McCauley, 1992; Smith and Bennet, 1999), areas of localised nutrient  
25 enrichment can also directly affect macrophyte growth (Lacoul and Freedman, 2006).

1 Despite the apparent importance of the runoff regime in regulating macrophyte communities in lakes,  
2 the nature of this process is not well documented. With the exception of Ecke (2009) who examined  
3 the relationship between the density of drainage ditching within a Swedish catchment and lake  
4 macrophyte composition, few studies have addressed the effect of stream density and lake spatial  
5 structure on macrophyte richness and composition. This is probably because of the difficulty in  
6 measuring some hydrological attributes at relevant scales. For the present work, stream density and  
7 lake density in different buffer types and sizes were derived to explore the relationship between  
8 hydrological attributes and macrophyte species richness. In particular, the landscape pattern method  
9 (O'Neill et al., 1988) was incorporated into our analyses to assess the influence of lake physical  
10 structure and spatial connectivity on macrophyte species richness in lakes over multiple scales rather  
11 than at a single scale.

12 This work firstly proposes the concept of the *catchment buffer* to allow the scale-dependent influence  
13 of hydrology and land use on the lake macrophyte richness to be contrasted with the *landscape buffer*  
14 (i.e. the area encircling a lake up to a given distance (buffer size) from its shore without adherence to  
15 the catchment boundary). Previous studies have concluded that land cover within *landscape buffers*  
16 has a more important impact on macrophyte communities than land cover in the topographic  
17 catchment (Pedersen et al., 2006; Sass et al., 2010). We then compare the effects of land use and  
18 hydrological connectivity on macrophyte species richness and ask to what extent these effects depend  
19 on buffer size within the contrasting topographic *catchment and the landscape buffer* types. Two  
20 hypotheses are explored:

21 (i) Lake macrophyte richness is less affected by hydrology and land use within the topographic  
22 catchment than the landscape over comparable distances;

23 (ii) Hydrological connectivity and land use in the immediate vicinity of a lake exert a stronger  
24 influence on macrophyte species richness than at larger distances, but the strength of this  
25 effect also varies with macrophyte growth form.

1 Our approach is designed to shed new light on connectivity and macrophyte dispersal and to identify  
2 the optimal spatial scale of the buffer zone for conserving macrophyte biodiversity in lakes.

3

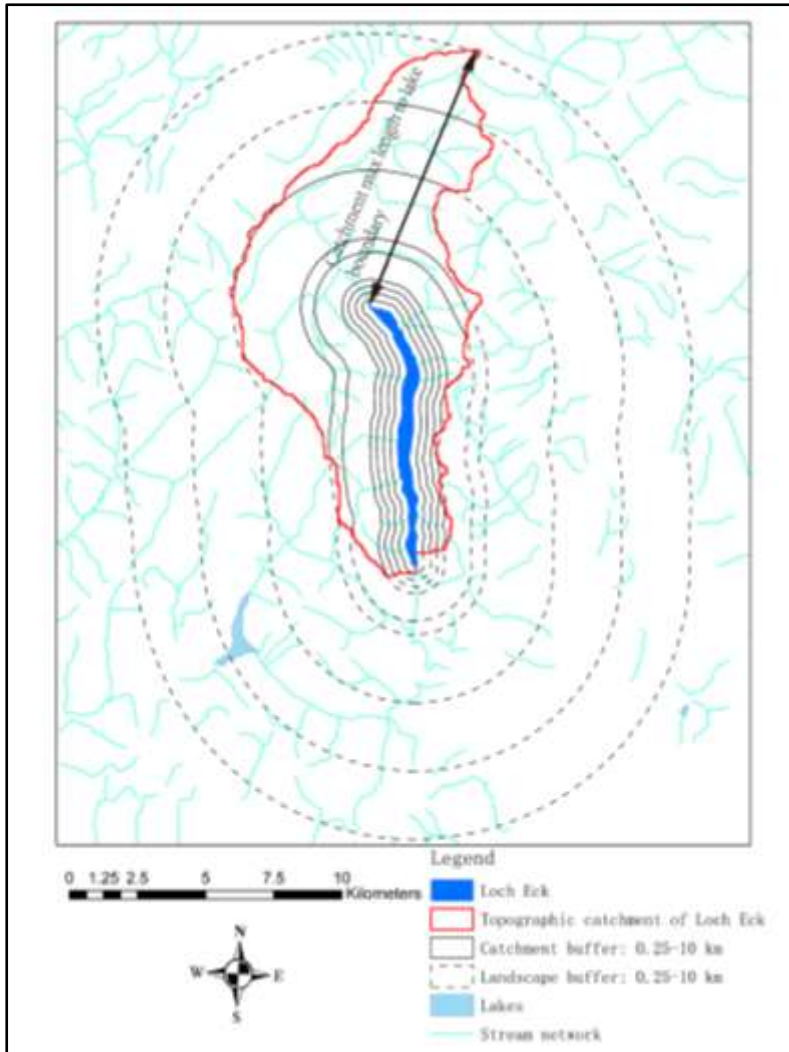
## 4 **2. Methods**

### 5 **2.1. Study sites**

6 This study focused on 90 lakes within mainland Britain, selected from a larger database of  
7 physicochemical and macrophyte data for 2584 lakes surveyed between 1985 and 2000 under the  
8 auspices of the Joint Nature Conservation Committee (JNCC) and the UK environmental agencies. The  
9 lakes selected for this study met two requirements: (i) the shoreline was at least 10 km from the sea  
10 such that the *landscape buffers* were entirely terrestrial in nature; (ii) the minimum distance from the  
11 lake shoreline to the catchment boundary was at least 10 km to enable a complete set of *catchment*  
12 *buffers* to be constructed (Fig. 1). Previous studies of the impact of anthropogenic disturbance on lake  
13 macrophytes were mostly conducted on a small scale (< 3 km) using *landscape buffers* (Akasaka et  
14 al., 2010; Alahuhta et al., 2012; Pedersen et al., 2006). Our study used incremental buffer sizes up to  
15 a maximum of 10 km as the buffer spatial scale because many of the study lakes had large catchments.  
16 This allows for the overall trend in the impact of hydrology and land use in *landscape buffers* and  
17 *catchment buffers* on lake macrophyte richness to be compared across a wide range of spatial scales.

18 Fig. 2 shows the latitudinal gradient of the study lakes, ranging from northern Scotland to the midlands  
19 of England and Wales. The distribution of the study sites reflects the fact that the majority of lakes in  
20 Great Britain are located in the north west. The population of study lakes varied considerably in terms  
21 of their morphology, chemistry and landscape location. The characteristics of these lakes are  
22 summarised in Appendix A.

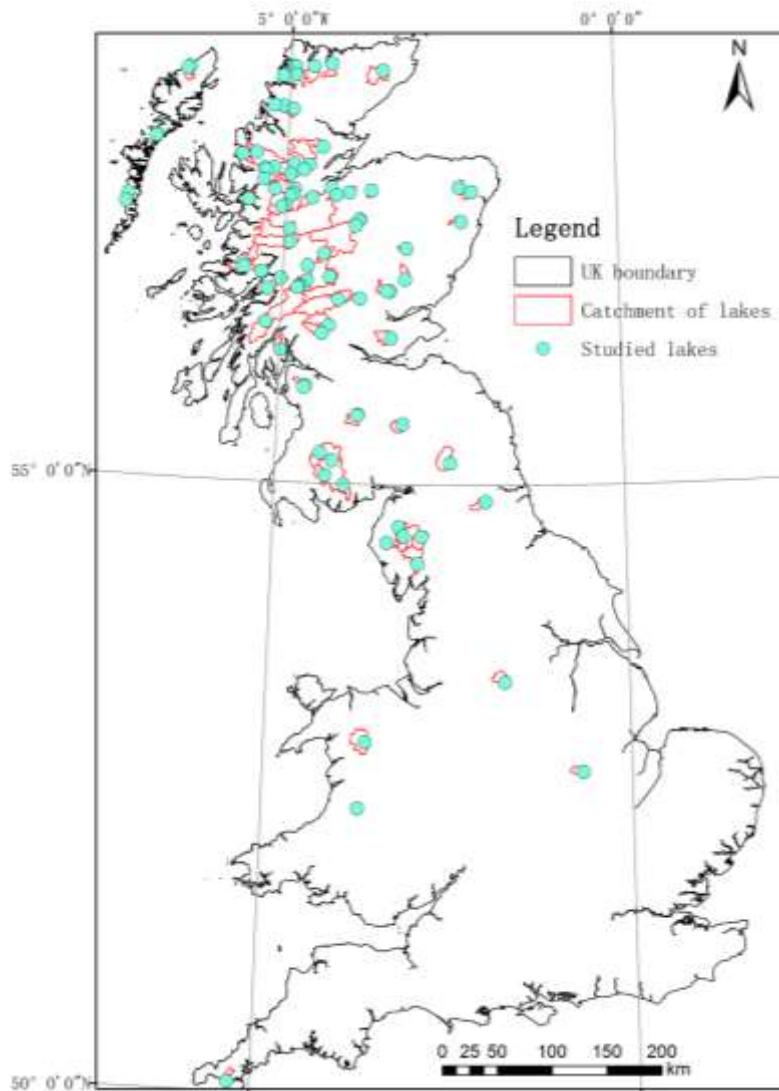
23



1

2 Fig. 1 Explanation of *catchment and landscape buffer* types. Example shown is for Loch Eck  
 3 (WBID24996, Catchment area: 103.24 km<sup>2</sup>).

4



1  
 2 Fig. 2 Geographical positions of the study lakes and their catchments

3 **2.2. Lake and macrophyte sampling**

4 Macrophytes were surveyed by traversing each water body in a boat along multiple transects and by  
 5 wading within the shallower parts of the littoral zone (Gunn et al., 2010). A rake was usually used to  
 6 collect samples but in shallow water a bathyscope was also used to locate plants. Surveys were  
 7 conducted between July and September. The recorded species were assigned to different exclusive  
 8 growth form categories: emergent, free-floating, floating-leaved and submersed. The emergent  
 9 category included only those emergent plants growing in standing water and does not reflect the full  
 10 complement of emergent and marginal plants in a lake. Total macrophyte richness was calculated as  
 11 the sum of the species in different growth form categories.



1 For each lake, water samples were taken near the outflow in summer and winter. Variables such as  
2 conductivity and alkalinity showed little change on a decadal level (Willby et al., 2012), whilst total  
3 phosphorus, total nitrogen and pH, where measured, sometimes exhibited marked variation.  
4 Alkalinity was considered the key variable to represent water chemistry (Vestergaard and Sand-  
5 Jensen, 2000a) and has been widely found to be a major driver of macrophyte composition in lakes  
6 (Vestergaard and Sand-Jensen, 2000b), probably due to its influence on inorganic carbon supply and  
7 co-variation with major nutrient concentrations (Kolada et al., 2014). A significant positive relationship  
8 ( $R^2 = 0.531$ ;  $p < 0.001$ ) between total phosphorus and alkalinity for lakes within the database (349 of  
9 the 2584 lakes had both TP and alkalinity data) supported this assumption. Lake area, a major  
10 determinant of macrophyte richness (Rorslett, 1991), was determined subsequently using GIS.

## 11 **2.3. GIS analysis**

### 12 **2.3.1. Catchment definition**

13 The topographic catchments of the 90 study lakes were generated using Arc Hydro Tools in ArcGIS (v  
14 10.2; ESRI, U.S.A) with application of the vectorised lake boundaries and Digital terrain model (DTM)  
15 at a 50 m grid resolution using data from the UK Ordnance Survey (MERIDIAN™ 2 and OS Terrain 50).  
16 Concentric buffers at spatial distances of 0.25, 0.5, 0.75, 1, 2, 2.5, 5, 7.5 and 10 km from the lake  
17 shoreline were subsequently calculated using Buffer Tool in ArcGIS. These are hereafter termed  
18 *landscape buffers* since they take no account of the boundary of the topographic catchment. The  
19 *landscape buffers* were subsequently intersected with the polygon layer representing the topographic  
20 catchment for each lake to derive the *catchment buffers* (Fig. 1) at each aforementioned buffer  
21 distance.

### 22 **2.3.2. Hydrological and land use indicators**

23 Hydrological indices were generated from two-dimensional vector maps of the lakes and rivers  
24 network of the UK supplied by the Ordnance Survey (MERIDIAN™ 2) in order to construct the

1 framework for estimating the effect of lake hydrological connectivity on macrophyte richness. From  
2 this, stream density, lake density and lake coverage were calculated in each of the incremental spatial  
3 scales for the two buffer types.

4 A 1:25000 UK land cover map (LCM2007: <http://www.ceh.ac.uk/services/land-cover-map-2007>) was  
5 used to estimate the influence of anthropogenic disturbance on lake macrophyte richness. The  
6 percentage cover of the most impacted land use types was quantified within each size of *landscape*  
7 *buffer* and *catchment buffer* for each lake. Two broad categories of land use were considered as  
8 indicators of land use intensity: (i) agriculture, consisting of improved grassland, arable cereals, arable  
9 horticulture and arable non-rotational; and (ii) urban, defined by suburban/rural developed land in  
10 addition to designated urban areas.

11 Indices of landscape pattern were calculated using land cover map (LCM2007) in Fragstat 4.1 to  
12 characterise the physical structure and arrangement of water and land cover patches within the  
13 different sizes and types of buffer for each lake. The effect on biota of either the structure of the  
14 habitats surrounding lakes, or the landscape diversity, will vary with the scale of *landscape* and  
15 *catchment buffers* (Steffan-Dewenter et al., 2002). Since different landscape diversity indices are inter-  
16 correlated only those variables listed in Appendix B were used. Table 1 shows the mean and range of  
17 the hydrological and land use indicators in the *landscape buffers* and *catchment buffers*. With the  
18 exception of the variables Euclidean nearest-neighbour distance (ENN, as defined in Appendix B),  
19 Landscape division index and Agriculture coverage, all mean values decrease with increasing buffer  
20 size as a result of simple scale effects.

21 Table 1

22 Mean value of hydrological and land use indicators of the study lakes within *landscape buffers* and  
23 *catchment buffers* across continuous buffer distances from 0.25 km to 10 km (The table summarises  
24 the minimum and maximum value of the selected variables across two buffer types and the buffer  
25 sizes in which these values were encountered)

26

| Explanatory variables                | Landscape buffers  |                                     |                                     |                                     | Catchment buffers                   |                                     |                                     |  |
|--------------------------------------|--------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|--|
|                                      | Unit               | Minimum value<br>(Buffer size / km) | Maximum value<br>(Buffer size / km) | Minimum value<br>(Buffer size / km) | Maximum value<br>(Buffer size / km) | Minimum value<br>(Buffer size / km) | Maximum value<br>(Buffer size / km) |  |
| <b>Hydrological attributes</b>       |                    |                                     |                                     |                                     |                                     |                                     |                                     |  |
| Stream density                       | km/km <sup>2</sup> | 0.69 (B10)                          | 1.46 (B0.25)                        | 0.77(B10)                           | 1.48(B0.25)                         |                                     |                                     |  |
| Water body coverage                  | %                  | 2.78(B10)                           | 33.7(B0.25)                         | 4.93(B10)                           | 34.0(B0.25)                         |                                     |                                     |  |
| Lake density                         | 1/km <sup>2</sup>  | 0.15(B10)                           | 1.15(B0.25)                         | 0.21(B10)                           | 1.27(B0.25)                         |                                     |                                     |  |
| Lake fractal index                   | -                  | 1.07(B10)                           | 1.09(B0.25)                         | 1.08(B10)                           | 1.09(B0.25)                         |                                     |                                     |  |
| Core area percentage of landscape    | %                  | 1.34(B10)                           | 17.2(B0.25)                         | 2.51(B10)                           | 17.3(B0.25)                         |                                     |                                     |  |
| Disjunct core area density           | 1/km <sup>2</sup>  | 0.044(B10)                          | 0.50(B0.25)                         | 0.08(B10)                           | 2.08(B0.5)                          |                                     |                                     |  |
| Euclidean nearest-neighbour distance | m                  | 85.4(B0.25)                         | 845.9(B10)                          | 78.6(B0.25)                         | 895.2(B7.5)                         |                                     |                                     |  |
| Proximity index                      | %                  | 17.3(B10)                           | 22.2(B1)                            | 15.9(B10)                           | 21.1(B1)                            |                                     |                                     |  |
| Interspersion juxtaposition index    | %                  | 64.1(B7.5)                          | 68.4(B0.25)                         | 62.7(B2)                            | 68.3(B0.25)                         |                                     |                                     |  |
| Cohesion index                       | %                  | 96.1(B10)                           | 96.3(B0.25)                         | 94.9(B0.5)                          | 95.9(B0.25)                         |                                     |                                     |  |
| Landscape division index             | %                  | 0.86(B0.25)                         | 1.0(B10)                            | 0.86(B0.25)                         | 0.99(B10)                           |                                     |                                     |  |
| <b>Land use indicators</b>           |                    |                                     |                                     |                                     |                                     |                                     |                                     |  |
| Urban coverage                       | %                  | 0.72(B5)                            | 0.98(B0.25)                         | 0.47(B10)                           | 1.03(B0.25)                         |                                     |                                     |  |
| Agriculture coverage                 | %                  | 8.22(B0.25)                         | 12.7(B2.5)                          | 8.09(B0.25)                         | 12.28(B1)                           |                                     |                                     |  |
| Urban patch density                  | 1/km <sup>2</sup>  | 0.23(B10)                           | 1.10(B0.25)                         | 0.28(B10)                           | 1.09(B0.25)                         |                                     |                                     |  |
| Agriculture patch density            | 1/km <sup>2</sup>  | 0.96(B10)                           | 3.80(B0.25)                         | 1.16(B10)                           | 3.94(B0.25)                         |                                     |                                     |  |

1

## 2 2.4. Statistical analyses

3 The distribution of all hydrological and land use indicators (Table 1) was normalised by log<sub>10</sub>  
4 transformation and values were then standardised to zero mean and unit standard deviation. Principal  
5 components analysis (PCA) was performed to prioritise the non-correlated variables from the sets of  
6 hydrological and land use indicators for each buffer type (catchment and landscape) and for each  
7 buffer size (from 0.25 km to 10 km). Three components, “PCA1- lake spatial dispersal”, “PCA2-land  
8 use” and “PCA3-lake shape and connectivity”, were extracted and explained over 70% of the total  
9 variation for each buffer spatial scale (Table 4). The bivariate correlations between the derived PCA  
10 components were calculated for each buffer size. If the value of the correlation coefficient *r* was  
11 greater than 0.6, we filtered the most highly correlated variables, such as alkalinity, conductivity and  
12 pH, then repeated the initial PCA analyses before the non-correlated PCA components were extracted.  
13 Univariate regression was used to identify the key hydrological and land use predictors of lake  
14 macrophyte richness for each growth form. Due to low group membership of two growth forms, free-  
15 floating and floating-leaved were aggregated into a single group for the analysis. To identify the local

1 environmental factors (Appendix A) best explaining the richness of each growth form, generalized  
2 linear models with a Poisson log link function (GLLM) were initially used since the response variable  
3 was count data. However, to reduce over-dispersion in some cases a negative binomial generalized  
4 linear model (GLM-NB) was used in preference.

5 Based on the optimal model for each growth form, separate models were fitted along with each  
6 hydrological / land use predictor and PCA gradients for each buffer type (catchment and landscape)  
7 and for each buffer size (from 0.25 km to 10 km). The Akaike Information Criterion (AIC) was used to  
8 compare the goodness of fit for each model. Finally,  $\Delta AIC$  of each GLLM model was calculated to  
9 identify the optimal buffer size for explaining macrophyte richness for each macrophyte growth form  
10 by each hydrological / land use indicator and PCA gradients separately.

11 Partial Redundancy Analysis (Partial RDA) was used to identify the size of *catchment* and *landscape*  
12 *buffer* that best explained growth form composition, as defined by the relative number of species in  
13 the major growth forms. First, using the 'corvif' function from the 'aed' package in R (Zuur et al., 2009),  
14 the variance inflation factor (threshold of 3) of all variables was determined within the separate  
15 environmental (Appendix A), hydrological and land use variable data sets (Table 1) to reduce  
16 collinearity among model predictors. Thus, the variables stream density, lake proximity index, water  
17 body coverage, lake density, Euclidean nearest-neighbour distance and lake fractal index were  
18 retained within the hydrological dataset. Similarly, agricultural coverage, urban coverage and  
19 agricultural patch density were retained within the land use dataset. An automated, forward stepwise  
20 selection of variables within the Partial RDA was then used to identify the environmental variables  
21 that best explained macrophyte growth form composition. The adjusted  $R^2$  of the Partial RDA models  
22 based on the selected hydrological and land use indicators were then compared between *catchment*  
23 *buffers* and *landscape buffers* respectively. We evaluated the uncertainty of the explanatory power of  
24 the Partial RDA model using bootstrapping. This was performed by random resampling (using a loop  
25 created in R programming to generate 89 random lake observations) with replacement from the

1 original sample (n=90) (Quinn and Keough, 2004). The bootstrapping procedure allows the Partial RDA  
2 model to be repeated using the randomly resampled lake observations. The coefficient of  
3 determination (i.e. Adjusted-R<sup>2</sup>) from the bootstrapped models was calculated from the standardized  
4 error to test the uncertainty of the Partial RDA model.

5 All of the statistical analyses were conducted in R (v3.1.3, R Core Team 2015). Estimates of coefficients  
6 for the GLM models in Fig. 3 and measures of their confidence (2.5%-97.5%) are provided in  
7 Supporting information (Appendix C). The GLM-NB model was fitted using the “mass” package  
8 (Venables and Ripley, 2002). PCA analysis was conducted in “ade4” package (Dray and Dufour, 2007)  
9 and Partial RDA was performed in the “vegan” package (Oksanen et al., 2007).

10

### 11 **3. Results**

#### 12 **3.1. Response of macrophyte richness to hydrological and land use indicators**

13 All of the environmental variables defined for the 90 study lakes in Appendix A were considered as  
14 candidate explanatory variables to predict macrophyte species richness. The results for the GLM-NB  
15 models showed that the drivers of macrophyte richness differed with macrophyte growth form (Table  
16 2). In particular, the key factors explaining emergent macrophyte richness were lake area and  
17 alkalinity, while the richness of floating macrophytes was best explained by lake conductivity alone.  
18 Overall, lake area, conductivity and pH were the most significant variables explaining total macrophyte  
19 richness within the 90 study lakes.

20 Table 2

21 The best performing GLM-NB models using environment variables to predict the richness for each  
22 macrophyte growth form, based on AIC. The significance of each predictor in GLLM models was tested  
23 through the analysis of variance (ANOVA) Chi-square test (\*p<0.1; \*\*p<0.01)

| Predictor            | Model selected | Step forward results for GLLM model                 | Residual deviation on d.f. | AIC    |
|----------------------|----------------|---|----------------------------|--------|
| Total plant richness | GLM-NB         | Lake Area* + lake Conductivity + lake pH            | 95.63, 88                  | 579.63 |
| Submersed plants     | GLM-NB         | Lake Area** + lake Alkalinity* + lake Conductivity* | 97.85, 88                  | 501.56 |

|                 |                 |                                      |           |        |
|-----------------|-----------------|--------------------------------------|-----------|--------|
| Emergent plants | GLLM<br>Poisson | with<br>Lake Area + lake Alkalinity* | 77, 90    | 327.51 |
| Floating plants | GLLM<br>Poisson | with<br>Lake Conductivity            | 91.55, 90 | 325.34 |

1 Table 3

2 The  $\Delta$ AIC value of GLLM models for explaining macrophyte richness by key hydrological and land use  
3 predictors based on the most significant environmental factors for each growth form. The (+ or -)  
4 indicates the positive or negative coefficient for the factor. AIC values that indicate an improvement  
5 from the basic environmental model (Table 2) are shown in italics.

| Predictor                |                    | Total richness  |                 | Submersed richness |                 | Emergent richness |                 | Floating richness |                 |
|--------------------------|--------------------|-----------------|-----------------|--------------------|-----------------|-------------------|-----------------|-------------------|-----------------|
| Buffer type              |                    | Landscape       | Catchment       | Landscape          | Catchment       | Landscape         | Catchment       | Landscape         | Catchment       |
| Original AIC             |                    | 579.63          |                 | 501.56             |                 | 327.51            |                 | 325.34            |                 |
| Stream density           | B0.25              | 1.75            | 2               | 1.72               | 1.99            | 1.78              | 1.76            | -0.27(+)          | 1.28            |
|                          | B0.5               | 0.13            | 1.84            | 0.4                | 1.86            | 1.78              | 1.98            | -2.31(+)          | 0.79            |
|                          | B0.75              | <i>-0.68(+)</i> | 1.85            | <i>-0.48(+)</i>    | 1.83            | 1.46              | 1.95            | <i>-3.33(+)</i>   | 0.77            |
|                          | B1                 | <i>-1.96(+)</i> | 1.59            | <i>-1.18(+)</i>    | 1.7             | 1.22              | 1.93            | <i>-5.80(+)</i>   | <b>-0.3</b>     |
|                          | B2                 | 1.17            | 1.93            | 1.91               | 1.62            | 1.48              | 1.92            | <i>-3.55(+)</i>   | 0.1             |
|                          | B2.5               | 1.1             | 1.94            | 1.62               | 1.73            | 1.56              | 1.95            | <i>-1.36(+)</i>   | 0.43            |
|                          | B5                 | 0.21            | 2               | 0.48               | 1.99            | 1.12              | 1.99            | <i>-0.12(+)</i>   | 1.14            |
|                          | B7.5               | <i>-0.40(+)</i> | 1.92            | <i>-0.18(+)</i>    | 1.79            | 1.13              | 1.96            | 0.01              | 1.64            |
|                          | B10                | <i>-1.17(+)</i> | 1.97            | <i>-0.88(+)</i>    | 1.99            | 0.88              | 1.92            | <i>-0.18(+)</i>   | 1.05            |
|                          | Lake density       | B0.25           | 2               | 1.51               | 1.99            | 1.7               | 1.68            | 1.48              | 1.05            |
| B0.5                     |                    | 1.9             | 1.78            | 1.99               | 1.76            | 1.99              | 1.87            | 0.48              | 1.91            |
| B0.75                    |                    | 1.99            | 1.9             | 1.93               | 1.75            | 1.71              | 1.96            | 1.7               | 1.93            |
| B1                       |                    | 1.98            | 1.99            | 1.98               | 1.96            | 1.6               | 1.92            | 1.57              | 1.83            |
| B2                       |                    | 1.88            | 1.99            | 1.99               | 1.89            | 0.55              | 1.31            | 0.85              | 1.36            |
| B2.5                     |                    | 1.89            | 2               | 1.99               | 1.71            | <i>-0.10(+)</i>   | 0.88            | 0.67              | 1.15            |
| B5                       |                    | 1.98            | 1.99            | 1.8                | 1.56            | 0.44              | 1.03            | 0.88              | 1.25            |
| B7.5                     |                    | 1.96            | 2               | 1.93               | 1.78            | 0.05              | 0.92            | 1.25              | 1.17            |
| B10                      |                    | 1.92            | 2               | 1.99               | 1.63            | 0.04              | 0.89            | 1.3               | 1.19            |
| Lake coverage            |                    | B0.25           | 1.45            | 1.44               | <i>-0.39(-)</i> | <i>-0.27(-)</i>   | 1.08            | 1.04              | 1.09            |
|                          | B0.5               | 1.75            | 1.83            | 0.7                | 0.93            | 1.09              | 1.03            | 0.99              | 0.84            |
|                          | B0.75              | 1.94            | 1.98            | 1.53               | 1.62            | 0.97              | 0.83            | 0.85              | 0.56            |
|                          | B1                 | 2               | 1.99            | 1.92               | 1.96            | 0.76              | 0.5             | 0.54              | 0.11            |
|                          | B2                 | 1.25            | 1.39            | 1.39               | 1               | 0.64              | <i>-0.32(+)</i> | <i>-0.46(+)</i>   | <i>-0.57(+)</i> |
|                          | B2.5               | 1.38            | 1.31            | 1.14               | <i>-0.19(-)</i> | 0.02              | <i>-1.50(+)</i> | 0.49              | 0.1             |
|                          | B5                 | 1.82            | 0.66            | 1.62               | <i>-2.83(-)</i> | <i>-0.02(+)</i>   | <i>-1.03(+)</i> | 1.74              | 0.92            |
|                          | B7.5               | 2               | 1.25            | 1.99               | <i>-1.22(-)</i> | <i>-0.33(+)</i>   | <i>-1(+)</i>    | 2                 | 1.68            |
|                          | B10                | 0.56            | 1.53            | 0.22               | <i>-0.60(-)</i> | <i>-1.80(+)</i>   | <i>-1.32(+)</i> | 1.18              | 1.91            |
|                          | Lake fractal index | B0.25           | 1.42            | 1.62               | 1.41            | 1.38              | 1.31            | 1.78              | 1.39            |
| B0.5                     |                    | 1.01            | 1.49            | 1.61               | 1.45            | 1.72              | 2               | 1.07              | 1.44            |
| B0.75                    |                    | 1.65            | 1.44            | 1.69               | 1.33            | 1.94              | 1.88            | 1.92              | 1.75            |
| B1                       |                    | 1.72            | 1.44            | 1.65               | 1.16            | 1.95              | 1.85            | 1.93              | 1.77            |
| B2                       |                    | 2               | 0.55            | 1.98               | <i>-0.20(-)</i> | 1.95              | 1.6             | 1.54              | 1.75            |
| B2.5                     |                    | 0.71            | <i>-2.88(-)</i> | 1.57               | <i>-2.88(-)</i> | <i>-0.76(-)</i>   | <i>-0.20(-)</i> | 2                 | 0.31            |
| B5                       |                    | 1.7             | <i>-2.75(-)</i> | 1.69               | <i>-5.35(-)</i> | 1.83              | 1.5             | 1.08              | 1.35            |
| B7.5                     |                    | 1.07            | 0.38            | 0.98               | <i>-0.66(-)</i> | 1.99              | 1.8             | 0.57              | 1.86            |
| B10                      |                    | 0.37            | 0.11            | <i>-0.05(-)</i>    | <i>-1.03(-)</i> | 1.99              | 1.34            | <i>-2.05(+)</i>   | 1.95            |
| Land use/<br>Agriculture |                    | B0.25           | <i>-200(+)</i>  | <i>-200(+)</i>     | <i>-173(+)</i>  | <i>-173(+)</i>    | <i>-109(-)</i>  | <i>-109(-)</i>    | <i>-111(+)</i>  |
|                          | B0.5               | <i>-189(+)</i>  | <i>-194(+)</i>  | <i>-165(+)</i>     | <i>-169(+)</i>  | <i>-103(-)</i>    | <i>-106(-)</i>  | <i>-102(+)</i>    | <i>-107(+)</i>  |
|                          | B0.75              | <i>-160(+)</i>  | <i>-188(+)</i>  | <i>-140(+)</i>     | <i>-164(+)</i>  | <i>-86(-)</i>     | <i>-103(-)</i>  | <i>-86(+)</i>     | <i>-104(+)</i>  |
|                          | B1                 | <i>-160(+)</i>  | <i>-176(+)</i>  | <i>-140(+)</i>     | <i>-154(+)</i>  | <i>-86(-)</i>     | <i>-95(-)</i>   | <i>-85(+)</i>     | <i>-96(+)</i>   |
|                          | B2                 | <i>-114(+)</i>  | <i>-160(+)</i>  | <i>-99(+)</i>      | <i>-140(+)</i>  | <i>-59(-)</i>     | <i>-86(-)</i>   | <i>-60(+)</i>     | <i>-88(+)</i>   |
|                          | B2.5               | <i>-92(+)</i>   | <i>-148(+)</i>  | <i>-81(+)</i>      | <i>-131(+)</i>  | <i>-47(-)</i>     | <i>-80(-)</i>   | <i>-46(+)</i>     | <i>-81(+)</i>   |
|                          | B5                 | <i>-36(+)</i>   | <i>-133(+)</i>  | <i>-32(+)</i>      | <i>-116(+)</i>  | <i>-16(-)</i>     | <i>-72(-)</i>   | <i>-17(+)</i>     | <i>-74(+)</i>   |
|                          | B7.5               | <i>-15(+)</i>   | <i>-133(+)</i>  | <i>-13(+)</i>      | <i>-115(+)</i>  | <i>-7(-)</i>      | <i>-72(-)</i>   | <i>-7(+)</i>      | <i>-74(+)</i>   |
|                          | B10                | <i>-3.4(+)</i>  | <i>-132(+)</i>  | <i>-2.5(+)</i>     | <i>-115(+)</i>  | <i>-1(-)</i>      | <i>-72(-)</i>   | <i>-1(+)</i>      | <i>-74(+)</i>   |

|           |       |         |         |         |         |         |         |         |         |
|-----------|-------|---------|---------|---------|---------|---------|---------|---------|---------|
| Land use/ | B0.25 | -382(+) | -382(+) | -327(+) | -327(+) | -217(-) | -217(-) | -214(+) | -214(+) |
| Urban     | B0.5  | -358(+) | -363(+) | -307(+) | -311(+) | -205(-) | -207(-) | -200(+) | -204(+) |
|           | B0.75 | -352(+) | -352(+) | -302(+) | -302(+) | -201(-) | -201(-) | -196(+) | -196(+) |
|           | B1    | -329(+) | -335(+) | -283(+) | -288(+) | -187(-) | -191(-) | -185(+) | -188(+) |
|           | B2    | -297(+) | -329(+) | -256(+) | -282(+) | -168(-) | -188(-) | -167(+) | -183(+) |
|           | B2.5  | -254(+) | -316(+) | -217(+) | -271(+) | -140(-) | -180(-) | -143(+) | -177(+) |
|           | B5    | -174(+) | -302(+) | -148(+) | -261(+) | -97(-)  | -171(-) | -94(+)  | -167(+) |
|           | B7.5  | -133(+) | -290(+) | -114(+) | -251(+) | -69(-)  | -164(-) | -71(+)  | -161(+) |
|           | B10   | -92(+)  | -290(+) | -77(+)  | -251(+) | -48(-)  | -164(-) | -49(+)  | -161(+) |

1

2 The  $\Delta$ AIC value of the GLLM model (Table 3) for *landscape buffers* and *catchment buffers* indicated  
3 that the majority of the different hydrological and land use indicators could be used to individually  
4 explain macrophyte richness separately when the different growth forms were considered. Land use  
5 explained far greater variation in macrophyte richness than hydrological attributes. Urban land cover  
6 explained a greater proportion of macrophyte species richness than did agriculture, regardless of  
7 buffer type or size. For hydrological attributes, the best three variables for predicting macrophyte  
8 species richness were stream density, lake coverage and lake fractal index. In addition, the most  
9 important hydrological attribute(s) differed between macrophyte growth forms. For example, stream  
10 density (*landscape buffer*) was related more closely with floating plant richness, whilst the lake fractal  
11 index (*catchment buffer*) had a closer relationship with submersed plant richness. For each variable,  
12 the coefficient of determination changed with increasing buffer size, demonstrating a scale  
13 dependency in the model predictions. The estimation of all coefficients including their confidence  
14 intervals are provided in the supplementary information.

15 Furthermore, the comparison of buffer types demonstrated that for land use indicators and some  
16 hydrological variables (i.e. lake coverage and lake fractal index), the *catchment buffers* explained more  
17 of the variation in lake macrophyte richness (lower  $\Delta$ AIC value) than *landscape buffers*. By contrast,  
18 for other hydrological attributes (e.g. stream density) *landscape buffers* were generally better  
19 predictors of macrophyte richness than *catchment buffers*.

20

21

1 **3.2. Optimal spatial distances for explaining total species richness**

2 The first three PCA axes explained over 70% of the variation in all selected variables for *landscape*  
 3 *buffers* and *catchment buffers*, with almost equal amounts being explained by PC axes 1 and 2.  
 4 Variables in each PC axis were very similar for *landscape* and *catchment buffers* (Table 4). Specifically,  
 5 PC axis 1 was positively associated with variables related to lake area (e.g. water body coverage,  
 6 largest lake index and lake cohesion index) and negatively correlated with lake structural variables  
 7 (e.g. lake density, stream density and lake division index). The second axis was positively associated  
 8 with land use characteristics such as extent of agriculture. PC axis 3, explained 9.5% to 11.6% of the  
 9 variation and, was positively related to lake shape index and lake proximity index.

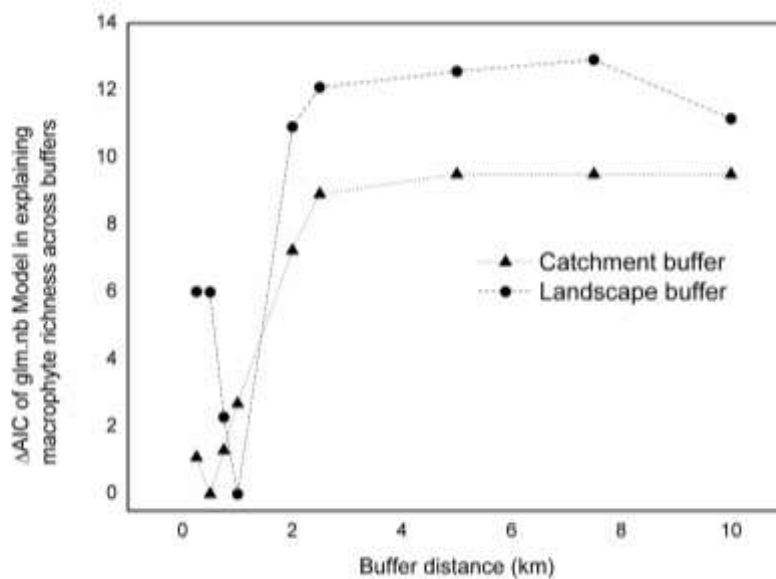
10 Table 4

11 Summary of correlation coefficients for three PC axes based on the hydrological and land use  
 12 indicators. Ranges show the differences in a buffer type across buffer sizes from 0.25 to 10 km.

| <b>Landscape Buffer</b>  |  |  |   |
|--|--|--|---|
| PCA components   | PC axis1<br>Lake spatial dispersal   | PC axis2<br>Land use   | PC axis3<br>Lake shape and connectivity                                 |
| Explained range<br>(lowest to highest /<br>Buffer distance (km)) | 23.9%(B5) to 31.3%(B0.25)  | 24.9%(B5) to 30.9%(B1)   | 9.5%(B10) to 11.6%(B5)  |
| Variables<br>(correlation<br>coefficients with PC<br>axis)       | Stream density (-0.593 to -0.397)<br>Water body coverage (0.834 to 0.978)<br>Lake density (- 0.815 to -0.560)<br>Largest patch index (0.953 to 0.985)<br>Cohesion (0.637 to 0.762)<br>Division (- 0.951 to -0.893) | Agriculture coverage (0.747 to 0.938)<br>Agriculture patch density (0.779 to 0.926)<br>Urban coverage (0.382 to 0.846)<br>Urban patch density (0.674 to 0.921) | Proximity index (0.493 to 0.782)<br>Lake fractal index (0.518 to 0.826) |
| <b>Catchment Buffer</b>  |  |  |   |
| PCA component  | PC axis1<br>Lake spatial dispersal   | PC axis2<br>Land use   | PC axis3<br>Lake shape and connectivity                                 |
| Explained range<br>(lowest to highest /<br>Buffer distance (km)) | 24.6%(B2.5) to 31.04%(B0.25)   | 24.5%(B2) to 27.5%(B7.5)   | 9.01%(B10) to 11.4%(B0.75)  |
| Variables<br>(correlation<br>coefficients with PC<br>axis)       | Stream density (-0.593 to -0.329)<br>Water body coverage (0.924 to 0.980)<br>Lake density (- 0.846 to -0.532)<br>Largest patch index (0.945 to 0.984)<br>Cohesion (0.551 to 0.744)<br>Division (- 0.952 to -0.921) | Agriculture coverage (0.838 to 0.955)<br>Agriculture patch density (0.871 to 0.935)<br>Urban coverage (0.646 to 0.880)<br>Urban patch density (0.652 to 0.938) | Proximity index (0.437 to 0.782)<br>Lake fractal index (0.542 to 0.806) |



1 The GLM-NB model of total macrophyte richness, after taking account of lake area, conductivity and  
 2 pH (Table 2), included at least one significant PCA component in each size of buffer, indicating that  
 3 richness of macrophytes was explained partially by the hydrological and land use indicators (Fig. 3).  
 4 The total richness of macrophyte species was best explained by PCA components at the finer buffer  
 5 scales - specifically at the **1 km** scale for the *landscape buffers* and the **0.5 km** scale for the *catchment*  
 6 *buffers*.



7

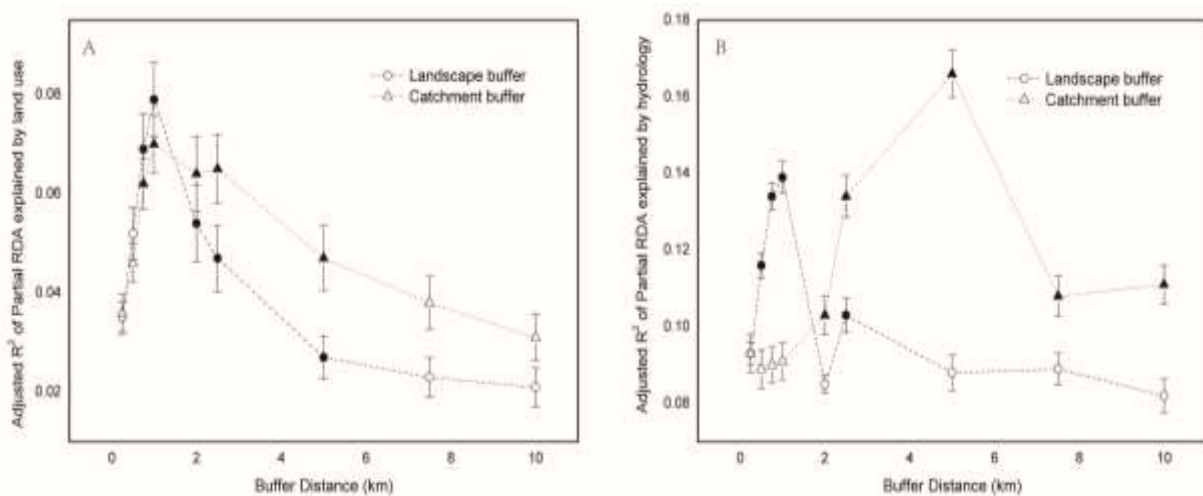
8 Fig. 3 Comparison of the fitted GLM-NB models applying hydrology and land use in different buffer  
 9 types and sizes to explain lake macrophyte species richness

10

11 The independent variable is the residual from the model based on lake area and chemistry, and  
 12 explanatory variables are PCA components (three PCA axes described in Table 4) according to  
 13 *landscape buffers* and *catchment buffers*.  $\Delta$ AIC shows the variation among AIC values of the model at  
 14 each buffer size (from 0.25 to 10 km), the best model being indicated by the lowest  $\Delta$ AIC.

15 **3.3. Effect of hydrological and land use indicators on macrophyte growth form composition**  
 16 **at the optimal buffer size**

1 Adjusted  $R^2$  values from the Partial RDA models for the multiple spatial scales (Fig. 4) showed different  
 2 trends in terms of explaining macrophyte growth form composition using hydrological and land use  
 3 datasets separately. For land use indicators (Fig. 4A), the total variance explained for both *landscape*  
 4 *buffers* and *catchment buffers* increased before peaking at around 1 km, followed by a drop with  
 5 increasing buffer distance. For the hydrological dataset (Fig. 4B), a similar trend is shown for the  
 6 *landscape buffer*, with a buffer size of 1 - 2 km being the most important in terms of explaining growth  
 7 form composition. However, using *catchment buffers* variation in growth form composition was best  
 8 explained by a buffer size of 5 km (13%), with models using hydrological predictors in *catchment*  
 9 *buffers* proving non-significant at the finest buffer sizes (<1km). Moreover, there was a turning point  
 10 at about 1.5 km marking a shift in importance from *landscape buffer* to *catchment buffer* in explaining  
 11 macrophyte growth form composition across coarser buffer sizes.



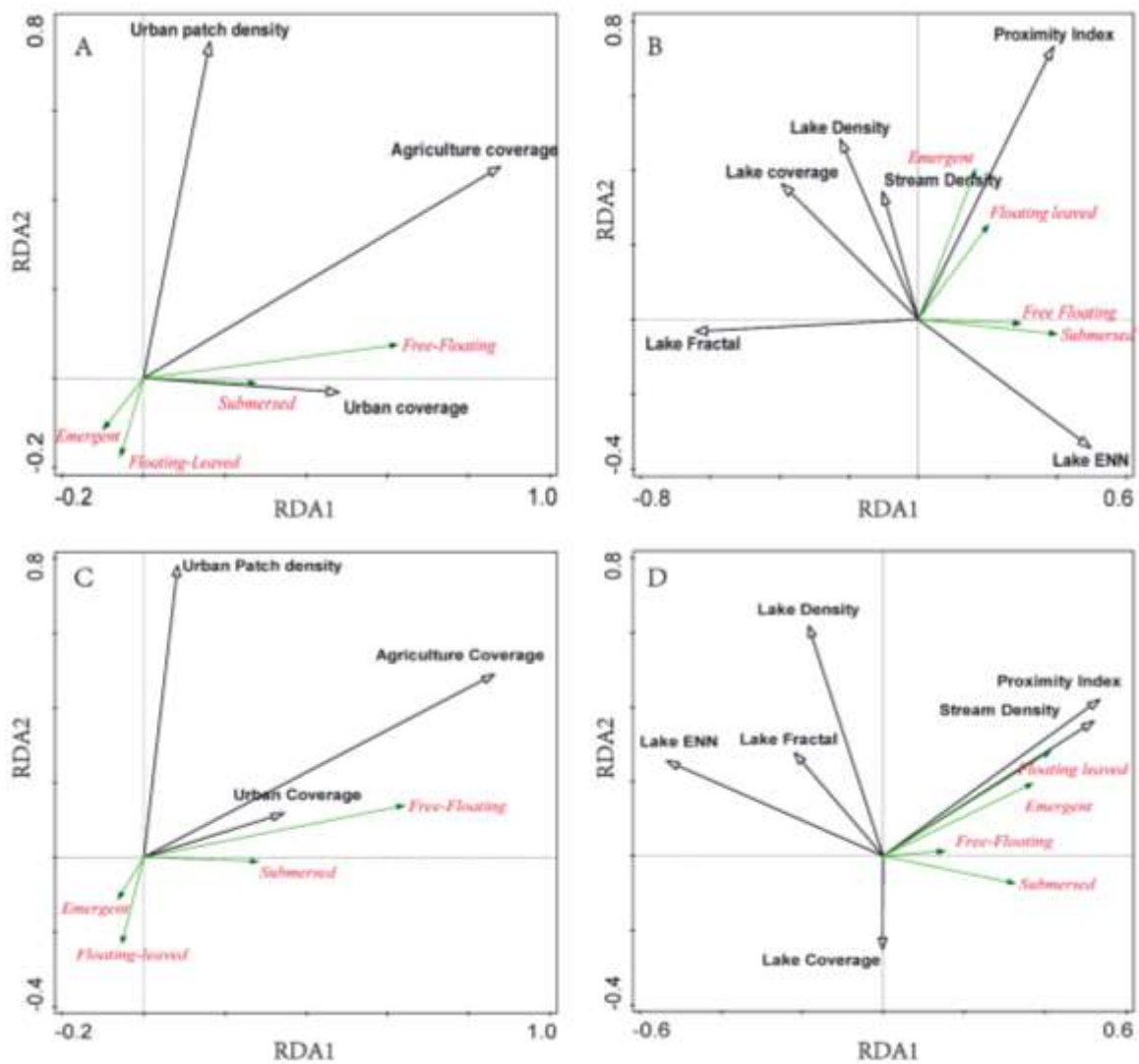
12

13 Fig. 4 Spatial dependency of Partial Redundancy models in explaining macrophyte growth form  
 14 composition using land use (Fig. 4A) and hydrological (Fig. 4B) indicators within a *landscape buffer* or  
 15 *catchment buffer*. The solid points represent significant ( $P < 0.05$ ) Partial RDA models, whilst the  
 16 hollow points represent non-significant models.

17

18 Fig.5 illustrates how the Partial RDA of macrophyte richness in different growth forms corresponded  
 19 to the key hydrological and land use indicators at the buffer size where the relationship between the  
 20 explanatory variables and composition was strongest in *landscape buffers* or *catchment buffers*. For

1 hydrological attributes (see Fig. 5B, Fig. 5D), lake fractal index was a key variable, as defined by a  
 2 forward selection model, to explain richness for all growth forms. It was negatively correlated to  
 3 relative richness of submersed and free-floating macrophytes. Lake proximity index was positively  
 4 correlated with the relative richness of emergent macrophytes and floating-leaved macrophytes at  
 5 the optimal size of *landscape buffer* or *catchment buffer*. For land use indicators (see Fig. 5A, Fig. 5C),  
 6 urban coverage was closely correlated with the relative richness of free-floating and submersed  
 7 macrophytes, whilst agricultural extent was strongly negatively related to the relative richness of  
 8 floating-leaved and emergent macrophytes at a size of 1 km in the *landscape buffer*.



9  
 10 Fig. 5 Partial Redundancy Analyses of macrophyte growth form composition related to the key  
 11 hydrological and land use indicators at the optimal size of *landscape buffer* or *catchment buffer*. Fig.

1 5A - Scale of 1 km in *catchment buffer* explained by land use; Fig. 5B - Scale of 5 km in *catchment buffer*  
2 explained by hydrological attributes; Fig. 5C - Scale of 1 km in *landscape buffer* explained by land use;  
3 Fig. 5D - Scale of 1 km in *landscape buffer* explained by hydrological attributes.

4

## 5 **4. Discussion**

### 6 **4.1. Effect of buffer-scale drivers on macrophyte richness**

7 The landscape perspective was more important in determining the biogeographical distribution of  
8 aquatic plants that disperse mainly through biological vectors (e.g. birds or mammals) or wind-  
9 assistance, while the catchment perspective was more closely related to the distribution of  
10 macrophyte species that are dependent on hydrochory.

11 The impact of hydrological and land use indicators on macrophyte richness differed depending on  
12 plant growth form (Table 3). The richness of floating plants was more strongly associated with stream  
13 density within *landscape buffers* (Table 3). This might be explained by floating macrophytes being  
14 more reliant on the hydrological network, and flood events in particular, for dispersing between water  
15 bodies (Thomaz et al., 2007). Interestingly, however, the relationship between stream density and  
16 floating plant richness was significant from the landscape rather than catchment perspective,  
17 especially at smaller buffer sizes, suggesting that, despite their buoyancy, floating plants and their  
18 seeds can disperse by means other than direct hydrochory. Floating plants probably transfer readily  
19 to other lakes at a small spatial scale (probably < 1 km) via a variety of mechanisms, while physical  
20 attributes of their seeds facilitate transfer to upstream or nearby lakes by wind, and over larger buffer  
21 sizes by birds (Santamaria, 2002).

22 Numerous studies have shown that lake chemistry is strongly impacted by inputs and processing from  
23 the stream network and surrounding environment (Lottig et al., 2011), whereas the density of the  
24 drainage network increases the contribution of processing in determining lake water quality (Nilsson  
25 and Håkanson, 1992). Systems with a dense drainage network are expected to exhibit greater

1 similarities in water chemistry between lakes and streams. Thus one might expect agricultural inputs  
2 to lakes will be accelerated in catchments with a higher density stream network leading to greater  
3 fertility of lake water (Downing et al., 2008). Such conditions generally favour free-floating  
4 macrophytes over other growth forms (Heegaard et al., 2001; Meerhoff et al., 2003; Vestergaard and  
5 Sand-Jensen, 2000b).

6 The richness of emergent macrophytes was generally related to the extent of standing water in both  
7 *landscape buffers* and *catchment buffers*. Our result support previous observations of a positive  
8 relationship between lake-surface area and richness of emergent plants in ponds (Alahuhta et al., 2011;  
9 Møller et al., 1985). PCA revealed that lake coverage was negatively correlated with lake density in  
10 the two buffer types (Table 4); lake buffer zones with high lake coverage and low lake density are  
11 characterised by a few large surface-area lakes. Regions with a high extent of shallow open water are  
12 likely to be beneficial to emergent macrophyte species simply through the increased provision of  
13 habitat (Friday, 1987; Rorslett, 1991) but will also be attractive to avian dispersal vectors.

14 The positive relationship between land use intensity and macrophyte species richness found in this  
15 study is unsurprising since the majority of lakes in the north of Britain are naturally nutrient poor and  
16 thus moderate nutrient subsidies from low intensity agriculture are likely to stimulate macrophyte  
17 diversity (Heino and Toivonen, 2008). The emergent growth form was the only one where richness  
18 was negatively influenced by managed land coverage. This may reflect increased dominance by typical  
19 competitive emergent species (e.g. *Typha latifolia* or *Phragmites australis*) that benefit from  
20 eutrophication (Maemets and Freiberg, 2004; Partanen et al., 2009). Alternative causes may include  
21 loss of shallow water habitat associated with physical impacts of land use, or deterioration of habitat  
22 quality, e.g. through increased fine sediment inputs (Jones et al., 2012).

#### 23 **4.2. Effect of buffer-level drivers on macrophyte growth form composition**

24 The main determinants of macrophyte species richness in previous studies include geographical  
25 distribution (e.g. latitude), lake water quality (e.g. alkalinity and major nutrient concentrations),

1 climate (e.g. mean annual temperature) and land use (e.g. human disturbance) (Alahuhta, 2015;  
2 Alahuhta et al., 2012; Chappuis et al., 2012). More recently, factors such as habitat heterogeneity have  
3 also been related to macrophyte species richness and composition (Kreft and Jetz, 2007; Rolon et al.,  
4 2008; Shi et al., 2010). Our results indicate that both hydrological and land use indicators influenced  
5 macrophyte species richness at *catchment and/or landscape buffer* scale once the effects of the local  
6 environment were excluded.

7 The Partial RDA showed that the impact of hydrological variables (adjusted  $R^2$  varying from 0.08 to  
8 0.17, Fig. 4A) on macrophyte growth form composition was stronger than that of land use (adjusted  
9  $R^2$  varying from 0.02 to 0.09, Fig. 4B). This implies that hydrological indicators, whether in *catchment*  
10 *or landscape buffers* are the principle additional drivers of aquatic vegetation structure in the study  
11 catchments. The study areas have a highly-developed river channel network (Scotland alone has over  
12 6000 rivers with a total length more than 100000 km (Gilvear et al., 2002) plus a high density of lakes  
13 (>21000 water bodies >0.25 ha in area)). These hydrological attributes (e.g. stream density, lake  
14 density) evidently influence the distribution of different macrophyte growth forms between lakes via  
15 the stream network. Physical connectivity of rivers, and practices such as flow regulation, water  
16 diversion or abstraction, impoundment or channel engineering, are therefore likely to affect plant  
17 dispersal, with consequences for the distribution of some species (Johansson et al., 1996).

18 Our findings differ from previous studies indicating that aquatic plants of inland lakes are distributed  
19 mainly according to a gradient of land use intensity within the catchment (Lougheed et al., 2001),  
20 although our results confirm that this is indeed a major determinant of the richness of the overall flora  
21 and individual growth forms. Most catchments considered in our study have good water quality or,  
22 where historical impacts have occurred, water quality has been restored through management actions  
23 (Marsden and Mackay, 2001). A predominance of low intensity land use combined with regulatory  
24 control over anthropogenic disturbance, especially diffuse pollution, therefore means that runoff from  
25 agriculture plays a lesser role in determining macrophyte species richness in lakes in northern Britain.

### 1 **4.3. Importance of catchment versus landscape**

2 The most appropriate spatial extent over which to target nutrient reduction as part of lake restoration  
3 strategies has been found to vary, probably reflecting differences in climate, lake size, connectivity,  
4 water depth and macrophyte composition. Previous studies have reported the strongest effects on  
5 macrophyte richness at spatial extents ranging from 3000 m (Pedersen et al., 2006) to 1000 m  
6 (Akasaka et al., 2010) and 500 m (Alahuhta et al., 2012). However, these studies only considered  
7 relationships within *landscape buffers*. In our study, 1 km was regarded as the most relevant *landscape*  
8 *buffer* for determining effect of land use on lake macrophyte richness in different growth forms, while  
9 a 5-km *catchment buffer* showed the strongest relationship between macrophyte growth form  
10 composition and hydrological attributes.

11 Riparian buffer zones are widely implemented to improve water quality by reducing nutrient inputs  
12 and soil erosion (Buckley et al., 2012; Correll, 2005) and their use to protect aquatic vegetation is well  
13 supported (Akasaka et al., 2010; Alahuhta et al., 2012). Guidelines for lake protection often advise  
14 controlling land use in close proximity to the shore because the terrain adjacent to a lake's shoreline  
15 has more direct contact with the lake, and thus greater ability to influence the status of macrophytes,  
16 compared with the whole topographic catchment (Akasaka et al., 2010; Pedersen et al., 2006; Sass et  
17 al., 2010). Our results are consistent with previous findings that the strongest relationships with land-  
18 use and hydrological variables occur when considered from a *landscape buffer* perspective rather than  
19 the more restricted catchment buffer perspective, with the strength of the effect being broadly  
20 inversely proportional to the distance from the lake. However, we suggest that guidelines for lake  
21 protection would be more effective if they transcend catchment boundaries due specifically to the  
22 higher significance of the *landscape buffer* in explaining species richness (Fig. 4). Moreover, we  
23 observed the impact of drivers in *catchment buffers* was stronger than those for *landscape buffers*  
24 when the buffer distance was greater than 1.5 km. This is possibly because land use can only affect  
25 lake condition at coarser scales (e.g. > 1.5 km in this study) if there is adequate connectivity through

1 the hydrological network (i.e. in *catchment buffers*), while at short distance (e.g. < 1.5 km in this study),  
2 this effect can occur independently of hydrological connectivity (i.e. in *landscape buffers*). The results  
3 further suggest that the scale-dependency of land use effects may be associated with direct  
4 anthropogenic effects from the riparian zone and indirect hydrological connectivity impacts  
5 originating in headwater streams and lakes (Alahuhta et al., 2012).

6 Our results highlight the importance of buffer strips from both catchment (through runoff processes)  
7 and landscape perspectives (through indirect influences, such as groundwater exchange beyond the  
8 topographic catchment, or availability of dispersal vectors) in conserving freshwater biodiversity. We  
9 recommend, wherever possible, limiting management activity and modification of the drainage  
10 network in close proximity (~1 km) of a lake's shoreline. This approach will be most effective if not just  
11 restricted to the catchment boundary (i.e. a *landscape buffer* is utilised). However, at larger buffer  
12 sizes, catchment plays the dominant role in governing lake macrophyte diversity, probably through  
13 the impact of runoff-related processes. Alleviating artificial barriers to connectivity between  
14 freshwater within *catchment buffers* may serve to naturalise plant growth form composition.  
15 However, such actions may also serve to disperse invasive species or redistribute stressors linked to  
16 artificial land use which, as our analyses show, is a primary determinant of plant species richness in  
17 lakes.

## 18 **5. Conclusions**

19 Our study aimed to compare the impact of hydrological attributes (lake spatial pattern and lake  
20 connectivity) and land use on lake macrophyte richness in *landscape buffers* and *catchment buffers*  
21 and to determine if these relationships are scale sensitive. A larger spatial extent (5 km) of *catchment*  
22 *buffers* dominated by hydrological attributes had the greatest overall influence on lake macrophyte  
23 growth form composition. This research sheds new light on the links between limnology and  
24 macrophyte dispersal and identifies the scales over which human disturbance exerts most influence  
25 on the vegetation of lakes. The study demonstrates that characteristics of *landscape buffers* within



1 1.5 km drive growth form composition of lake macrophytes, while the impact of *catchment buffers*  
2 was strongest at coarser scales. Moreover, the most significant hydrological and land use indicators  
3 to explain macrophyte richness differed between growth forms. Thus, floating macrophytes were  
4 most affected by stream density within *landscape buffers*, suggesting proportionally more reliance on  
5 biological vectors or wind-aided transport at small spatial scale and more dependence on water-borne  
6 dispersal (hydrochory) at larger buffer sizes. Conversely, emergent macrophytes were more closely  
7 related to lake coverage in *catchment buffers*, potentially because their seeds disperse more easily via  
8 wind or biological vectors and benefit from the increased edge habitat associated with water body  
9 extent.

10 Our study also highlights the key spatial extent of *landscape* or *catchment buffers* for restricting  
11 adverse effects of human activities, such as drainage, stream engineering and farming, on lake  
12 ecosystems, especially those with protected status. 1 km of *landscape buffer* from the lake shoreline  
13 is regarded as the most relevant area influenced by agriculture and urbanization, while alterations to  
14 the drainage network (e.g. ditching, impoundment, abstraction) within 5 km of the lake upper area  
15 (within *catchment buffer*) should be minimised to reduce impacts on macrophyte species richness.

16

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## 22 **Appendices A-C. Supplementary data**

23 Supplementary data associated with this article can be found in the end of the manuscript.

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