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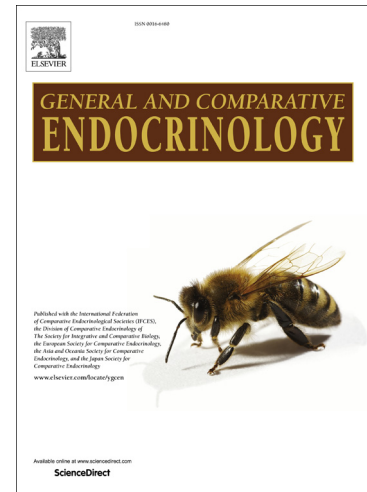
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**Temperature-induced testicular germ cell loss and recovery in Nile tilapia *Oreochromis niloticus***

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**Abstract**

Water temperature is a critical external factor influencing gonadal development in fish. This research aimed to study the impact of elevated temperature on testicular germ cell survival and reproductive capacity of Nile tilapia. Male Nile tilapia were exposed to high temperatures of either 36 (HT1) or 37°C (HT2) for 3000 degree-days (DD) and thereafter returned to the control temperature of 27°C (CT) for 2200 DD. The deleterious effects on testicular germ and somatic cells were observed histologically, characterised by vacuolisation, atrophy and the loss of spermatogenic cells in testes with a more severe impact of HT2 compared to HT1. Interestingly, serum 11-ketotestosterone (11-KT) and testosterone (T) levels tended to be higher during the heat treatments than CT. Expression levels of germline-specific genes *piwil1*, *piwil2* and *nanos2* and Bcl-2 family genes, *bcl-xLb* and *baxa* were significantly reduced during the heat treatment compared to CT, more so in the HT2, while the levels of *nanos3* and *gfra1* transcripts were only significantly reduced in HT2, implying a significant loss of spermatogonial stem cell (SSC) and spermatogonia in HT2. The effect of HT2 is further evidenced by the significantly reduced sperm density and fertilisation rate compared to CT and HT1 at the end of the recovery period but complete sterility was not induced by HT2. Overall, the present study showed significant effects of HT2 on germ cell survival with histological changes in testes, reduced milt quality, increased 11-KT, and decreased expression of germline-specific genes, SSC marker genes and Bcl-2 family genes in testes which could therefore be potential target genes for sterilisation by genome editing.

**Keywords:** Heat treatment, testicular germ cells, germline-specific genes, Bcl-2 family genes, 11-KT, sterility

**Abbreviations:** 11-KT, 11-ketotestosterone; *11 $\beta$ -HSD*, *11 $\beta$ -Hydroxysteroid dehydrogenase*; ANOVA, analysis of variance; *bax*, *B-cell lymphoma 2 associated X*; *bcl-2*, *B-cell lymphoma 2*; *bcl-xL*, *B-cell lymphoma-extra large*; *bim*, *Bcl-2 homology 3-only protein*; *box*, *Bcl-2-related ovarian killer*; dah, days after hatching; DD, degree-days; *dnd*, *dead end*; E<sub>2</sub>, estradiol-17 $\beta$ ; EIA, enzyme immunoassay;

ELISA, enzyme-linked immunosorbent assay; FADD, Fas-associated death domain; Fas, death receptor; *figla*, *factor in the germ line, alpha*; FSH, follicle stimulating hormone; *gfal*, *Glial cell line-derived neurotrophic factor (GDNF) family receptor alpha-1*; GnRH, gonadotropin releasing hormone; GP, germ plasm; LH, luteinizing hormone; *mcl-1*, *myeloid cell leukemia 1*; *nanos*, RNA binding zinc finger proteins; *ngn3*, *neurogenin 3*; PGC, primordial germ cells; piRNA, piwi-interacting RNA; *piwil*, *P-element induced wimpy testis-like*; *pum*, *pumilio*; qRT-PCR, quantitative reverse transcription PCR; SSC, spermatogonial stem cell; T, testosterone; *vasa*, ATP-dependent RNA helicase of the DEAD-box family.

## 1 1. Introduction

2 Reproductive containment in farmed species is desired for sustainability to prevent introgression by  
3 escapees and improve productivity by avoiding gonadal maturation in aquaculture. Sterility can be  
4 achieved by suppressing germline-specific gene function or manipulating expression of apoptotic  
5 genes to induce apoptosis in germ cells (Wong and Zohar, 2015). This study aimed to rationalise the  
6 choice of candidate genes by using high temperature as a means to induce germ cell loss.

7 Water temperature is a critical environmental factor for fish gonadal development and  
8 spawning. High temperature treatment can induce sex reversal or suppress reproduction in fish. In  
9 genetically female zebrafish exposed to 37°C between 15 – 25 days after hatching (dah), oocytes at  
10 early diplotene stage regressed and masculinised (Uchida *et al.*, 2004). In medaka, high temperature  
11 (33°C) inhibited proliferation of germ cells and induced female-to-male sex reversal associated with  
12 an increase in plasma cortisol (Hayashi *et al.*, 2010). Baroiller *et al.* (2009a) suggested apoptosis  
13 and/or proliferation of primordial germ cells (PGCs) caused by high temperature during the labile  
14 period of sex differentiation could be a critical factor for sex reversal in fish. In addition, water  
15 temperature above the natural range for the species can hinder gonadal development and cause germ  
16 cell loss in teleosts (de Alvarenga and de França, 2009; Ito *et al.*, 2003; Soria *et al.*, 2008; Strüssmann  
17 *et al.*, 1998; Uchida *et al.*, 2004). Germ cell death caused by heat treatment was reported in male  
18 pejerrey (*Odontesthes bonariensis*), showing nuclear pyknosis or eosinophilia (Ito *et al.*, 2003; Soria  
19 *et al.*, 2008) and in pufferfish (*Takifugu rubripes*) (Lee *et al.*, 2009). Sterility was reported in female  
20 Patagonian freshwater pejerrey (*Patagonina hatcheri*) and Argentinian silverside (*Odontesthes*  
21 *bonariensis*) following exposure to 27 – 28.5 and 29°C, respectively for 112 – 135 days from 1 – 5  
22 weeks after hatching (Strüssmann *et al.*, 1998). Complete sterility was also reported in female Nile  
23 tilapia (Chitralada strain) and male Mozambique tilapia (*Oreochromis mossambicus*) by high  
24 temperature treatment at 37°C for 40 – 50 days from 3 dah (Nakamura *et al.*, 2015; Pandit *et al.* 2015).  
25 On the other hand, heat treatment between 32 to 36.5°C for 10 days during the thermosensitive period  
26 in *O. niloticus* (10 – 30 dpf) induced masculinisation with 36°C being effective (Baroiller *et al.* 1995;  
27 Baroiller *et al.* 2009b). While several studies have shown temperature-specific effects of heat

1 treatments on gonadal germ cells and overall suppression of gametogenesis in fish, the underlying  
2 functional mechanisms leading to germ cell death remains unclear. In the present study, two  
3 temperature treatments (i.e. 36 and 37°C) have been selected and tested based on the reported impacts  
4 on germ cell survival in Nile tilapia albeit 1°C difference.

5 *Piwill* and *piwil2* are germline-specific argonautes known to maintain germline fate and  
6 suppress transposon activity together with piRNA (Houwing *et al.*, 2007, 2008). In Nile tilapia, *piwill*  
7 and *piwil2* transcripts are maternally deposited in eggs and exclusively expressed in both ovary and  
8 testis (Jin *et al.*, 2019). In this species, both Piwil1 and Piwil2 proteins were present in various phases  
9 of testicular germ cells from spermatogonia to spermatid but not in spermatozoa (Xiao *et al.*, 2013).  
10 *nanos2* and *nanos3* are RNA-binding zinc finger proteins and *nanos2* is known to be a key regulator  
11 for the maintenance and modulation of spermatogonial stem cells (SSCs) self-renewal (Hofmann,  
12 2008; Sada *et al.*, 2009; Suzuki *et al.*, 2009). In Nile tilapia, *nanos2* is expressed exclusively in testis  
13 and transcripts appeared not to be maternally provided in eggs (Jin *et al.*, 2019). *nanos2* has been  
14 reported as a marker for putative SSC in rainbow trout (*Oncorhynchus mykiss*) and Nile tilapia  
15 (Bellaiche *et al.*, 2014; Lacerda *et al.*, 2013). On the other hand, *nanos3* was reported to play an  
16 important role in PGC survival and migration (Doitsidou *et al.*, 2002; Draper *et al.*, 2007). The  
17 expression of *nanos3* was reported in undifferentiated spermatogonia and the early phases of  
18 differentiating spermatogenic germ cells in both mammals (Suzuki *et al.*, 2009) and rainbow trout  
19 (Bellaiche *et al.*, 2014). In Nile tilapia, *nanos3* is maternally transferred to the zygote and expressed in  
20 testis as well as in ovary (Jin *et al.*, 2019). Glial cell line-derived neurotrophic factor (GDNF) family  
21 receptor alpha-1 (*gfra1*) was also suggested as a potential marker of SSCs, as it is expressed  
22 exclusively in single type A undifferentiated spermatogonia in Nile tilapia (Lacerda *et al.*, 2013).  
23 Therefore, *piwill*, *piwil2*, *nanos2*, *nanos3* and *gfra1* are considered as suitable markers for testicular  
24 germ cells at different stages.

25 Heat stress is a major environmental stressor and it can cause germ cell loss through the  
26 stimulation of apoptotic pathways in fish (AnvariFar *et al.*, 2017; Ito *et al.*, 2008). Signalling  
27 pathways mediating apoptosis involve various molecules including Bcl-2 family proteins, caspases,

1 cytochrome c, p53, death receptor (Fas) and Fas-associated death domain (FADD). The apoptotic  
2 pathways are conserved in fish and mammals although some differences can be found such as the lack  
3 of a C-terminal region in the FADD in teleosts (AnvariFar *et al.*, 2017). Bcl-2 family genes can be  
4 divided into two groups based on their role, proapoptotic: *B-cell lymphoma 2 associated X (bax)*, *Bcl-*  
5 *2 homology 3-only protein (bim)*, *Bcl-2-related ovarian killer (box)* and prosurvival: *B-cell*  
6 *lymphoma-extra large (bcl-xL)*, *B-cell lymphoma 2 (bcl-2)*, *myeloid cell leukemia 1 (mcl-1)* (Cory and  
7 Adams, 2002). Oltval *et al.* (1993) suggested that the balance between proapoptotic and prosurvival  
8 Bcl-2 family proteins can determine survival or death of cells, as demonstrated in mouse PGCs where  
9 the ratio of Bcl-x and Bax regulate the survival of PGCs and apoptosis (Rucker *et al.*, 2000). In  
10 teleosts, however, it is unknown which Bcl-2 family members are involved in temperature-mediated  
11 germ cell apoptosis.

12 The high temperature-induced germ cell loss is likely to be associated with a dysregulation of  
13 sex steroid hormones as these play essential roles in the survival of germ cells (Billig *et al.*, 1996; Lue  
14 *et al.*, 1999). High temperature disrupts the gonadotropin releasing hormone (GnRH)-gonadotropins  
15 (follicle stimulating hormone, FSH and luteinizing hormone, LH) system in fish (Soria *et al.*, 2008),  
16 resulting in a decrease in the production of sex hormones from steroidogenic cells in the gonads.  
17 Sterile male Mozambique tilapia, induced by heat treatment, displayed normally developed Leydig  
18 cells and comparable levels of sex steroid hormones (11-KT, T and E<sub>2</sub>) to control fish (Nakamura *et*  
19 *al.*, 2015). However, those results were obtained after a recovery period and the immediate impact of  
20 heat treatment on the production of sex hormones and germ cell loss in male Nile tilapia has not been  
21 reported.

22 This study aimed to build on the work of Nakamura *et al.* (2015) and Pandit *et al.* (2015) and  
23 investigate, at the molecular level, the impact of high temperature on germ cell loss in Nile tilapia. To  
24 do so, tilapia at 120 dah were chosen to be large enough to sample testes and blood for subsequent  
25 analyses. Exposure windows to heat treatment (36°C for 83 days or 37°C for 81 days) and recovery  
26 (27 °C for 82 days) were adapted from Pandit *et al.* (2015) (37°C for 60 days and 27°C for 90 days).  
27 In this work, key genes associated with both survival and apoptosis of germ cells were profiled to

1 investigate their potential role in association with germ cell loss. The study aimed to rationale  
2 potential candidate genes and help prioritise for future studies looking at new means of sterilisation in  
3 fish. To this end, the impact of high temperature (36 – 37°C) on the survival of germ cells and  
4 reproductive development was investigated in male Nile tilapia. The impact of the high temperature  
5 exposure on the germ cell survival and apoptosis was analysed through expression levels of SSC  
6 and/or spermatogonia markers (*nanos2*, *nanos3* and *gfra1*), testicular germ cell markers (*piwil1* and  
7 *piwil2*) and apoptosis-related genes (Bcl-2 family genes, *bcl-xLa*, *bcl-xLb*, *baxa*, *baxl*, *bcl-2* and *mcl-*  
8 *1a*). In addition, the treatment effects on male reproductive development was analysed through serum  
9 sex steroid levels, testis histology and sperm quality including sperm density, motility and fertilisation  
10 rate.

11

## 12 **2 Materials and Methods**

### 13 **2.1 Ethics statement**

14 All working procedures were carried out in accordance with the United Kingdom Animals (Scientific  
15 Procedures) Act 1986 and were approved by the Animal Welfare and Ethical Review Body (AWERB)  
16 ethics committee of the University of Stirling.

17

### 18 **2.2 High temperature treatment and sampling**

19 All male (XY) progeny were produced by crossing YY supermale (Scott *et al.*, 1989) with XX female  
20 at the tropical aquarium of the Institute of Aquaculture (University of Stirling). A total of 158 progeny  
21 were sexed throughout the experiment and all were males. Fish were reared at  $27 \pm 1^\circ\text{C}$  and a  
22 photoperiod of 12L:12D. All male Nile tilapia at 120 dah (initial average weight of  $3.1 \pm 0.4$  g,  $n =$   
23 180) were divided into three temperature groups: two high temperature treatments (HT),  $35.9 \pm 0.1^\circ\text{C}$   
24 (HT1),  $36.9 \pm 0.1^\circ\text{C}$  (HT2) and a control temperature treatment of  $26.7 \pm 0.4^\circ\text{C}$  (CT). An aerator was  
25 used for each 300 L tank and both water temperature and oxygen were monitored throughout the day  
26 with underwater sensors and a data logger (HOBO Pendant® Onset Computer Corporation). Water  
27 was exchanged daily and unionized ammonia ( $\text{NH}_3$ ) levels remained  $< 0.1$   $\mu\text{g/L}$  and pH between 6.4



1 and 7.4 during the HT window. Timing of samplings was standardised between temperature  
2 treatments at 1200, 2100, 3000, 3800 and 5200 degree-days (DD, average daily water temperature  
3 multiplied by number of days) (Fig. 1). Each fish ( $n = 6$  fish/treatment/time point except for 5200 DD  
4 which was  $n = 12$ ) was sacrificed by an approved Schedule 1 method (overdose of Benzocaine and  
5 severing of spinal column) at 1200, 2100 and 3000 DD during the temperature treatments and at 3800  
6 and 5200 DD during the recovery period at 27°C. Body weight, visceral somatic index (VSI),  
7 hepatosomatic index (HSI) and gonadal somatic index (GSI) were recorded. Each right and left lobe  
8 of testis was either fixed in Bouin's solution for histology (H&E stain) or stored in RNAlater at 4°C  
9 prior to RNA extraction for qPCR analysis, respectively.

10

### 11 **2.3 Real-time qRT-PCR (quantitative reverse transcription PCR)**

12 Total RNA from testis samples ( $n = 6$  fish/treatment/time point) were extracted using TRI reagent  
13 (Sigma-Aldrich), with the tissue being homogenised prior to extraction using a bead-beater (BioSpec  
14 Products). Total RNA quality was provisionally checked by spectrophotometry (A260/A280 ratio was  
15  $>1.8$ ) and the RNA integrities were confirmed by checking for the presence of clearly defined  
16 ribosomal RNA bands on 1% agarose gel. The RNAs were treated with DNase I to remove gDNAs  
17 using DNA-free DNA Removal kit (Thermo Fisher). Then, 400 ng of DNase I treated RNAs were  
18 used for cDNA synthesis using High capacity cDNA reverse transcription kits (Applied Biosystems)  
19 with a blend of random hexamer & anchored oligo dT primer as 3:1 ratio in a 20  $\mu$ L total reaction  
20 volume.

21 The Nile tilapia sequences of spermatogonia markers (*nanos2*, *nanos3* and *gfra1*), testicular  
22 germ cell markers (*piwil1* and *piwil2*), apoptosis-related genes (Bcl-2 family genes, *bcl-xLa*, *bcl-xLb*,  
23 *baxa*, *baxl*, *bcl-2* and *mcl-1a*) and reference genes ( *$\beta$ -actin* and *elf1a*) were identified in NCBI and  
24 primers (Table 1) were designed using Primer-BLAST in NCBI. PCR products were cloned using  
25 pGEM T-easy vector systems (Promega) and sequenced (GATC Biotech) to generate standard curves  
26 of each target gene to allow absolute quantification. Efficiency and  $R^2$  of the standard curve were  
27 higher than 90% and 0.995, respectively, for all genes, and the melting curve of each gene was

1 checked in each assay to assure the production of a single product (Table 1). Each reaction consisted  
2 of a total volume of 5  $\mu$ L containing 1.3  $\mu$ L of cDNA (1/5 diluted, approx. 5.2 ng RNA), 2.5  $\mu$ L of  
3 Luminaris Color HiGreen qPCR master mix (Thermo Fisher), 0.3  $\mu$ M of each forward and reverse  
4 primer and MilliQ water up to 5  $\mu$ L. The qRT-PCR reaction followed the protocol: 95°C for 10 min,  
5 followed by 45 cycles of 95°C for 15 sec and 60 – 62°C for 60 sec, and melting curve analysis using  
6 LightCycler 480 (Roche) and 384-well plate. The absolute copy numbers of every target gene were  
7 calculated based on its standard curve, and the relative mRNA levels of all the samples were  
8 calculated by normalising to the levels of a geometric mean of  *$\beta$ -actin* and *elf1a* for each time point.

9

#### 10 **2.4 Testis histology**

11 Testis samples were fixed in Bouin's solution, then dehydrated, cleared and impregnated with paraffin  
12 wax using an automated Tissue Processor. The samples were embedded in paraffin wax using a  
13 histoembedder (Leica UK Ltd.). The wax blocks were trimmed and sectioned using a Rotary  
14 microtome (Leica UK Ltd.) at 5  $\mu$ m thickness. The sections were transferred onto slides, dried and  
15 left overnight in oven. On the following day, these slides were stained with haematoxylin and eosin.  
16 Sagittal sections of testes were observed for 0 DD ( $n = 3$  fish) and 1200 to 3800 DD samples ( $n = 6$   
17 fish/treatment/time point). Both sagittal and transverse sections were observed for 5200 DD testes  
18 samples ( $n = 12$  fish/treatment).

19

#### 20 **2.5 Steroid hormone analysis**

21 Blood samples ( $n = 6$  fish/treatment/time point) were collected from the fish caudal veins and stored  
22 at 4°C overnight. Serum was collected after centrifugation (1,400 xG for 10 min) and stored at -20°C  
23 as aliquots until use. 50  $\mu$ l of each serum sample was mixed with 1 mL of ethyl acetate and  
24 centrifuged at 1500 rpm for 10 min at 4°C, and the supernatants were evaporated using a vacuum  
25 centrifuge at 30°C for 40 min, then the extract was dissolved in an assay buffer provided by the  
26 enzyme immunoassay kits (EIA) for 11-KT and T (Cayman) (Chen *et al.*, 2017), while serum samples  
27 were directly used to measure cortisol level by enzyme-linked immunosorbent assay (ELISA) (IBL

1 Int.) (Chabbi and Ganesh, 2017), according to the manufacturer's instructions. Intra- and inter-assay  
2 coefficients of variation (CVs) in 11-KT and T assays were less than 12.5% and 12.6%, respectively.  
3 The inter-CV in cortisol assay was 2.8%. Each assay was run with the serial dilution of unknown  
4 tilapia serum sample to confirm linearity of measurement by the assay ( $R^2 = 0.998 - 1$ ) along with the  
5 standard curve samples to allow direct interpretation of hormone level in unknown samples ( $R^2 =$   
6  $0.992 - 0.999$ ).

## 8 **2.6 Fertilisation rate and sperm quality analyses**

9 At the end of the recovery period, between 5000 – 5200 DD, fertilisation and sperm quality tests were  
10 conducted twice for each fish using a total of six independent batches of eggs ( $n = 2$  egg  
11 batches/treatment). Semen from HT1, HT2 or CT males ( $n = 12$  fish/treatment) were collected and  
12 stored on ice. Eggs of each batch collected from XX females were distributed into 12 Petri dishes,  
13 corresponding to one Petri dish for each semen sample. Semen collected from randomly picked CT ( $n$   
14  $= 2$ ) were used to confirm egg viability ( $> 30\%$  fertilisation rate in CT) in the fertilisation test of HT1  
15 and HT2 groups. A small batch of eggs ( $n > 50$ ) was fertilised *in vitro* by adding 1  $\mu\text{L}$  of semen from  
16 each male for each egg batch used. 1  $\mu\text{L}$  of semen was chosen due to the minimum semen volume of  
17 2  $\mu\text{L}$  which could be collected from fish in the HT2 group After 3 min of incubation, fertilised eggs  
18 were gently washed with the aquarium water and incubated in a tumbling egg system in isolation at  $27$   
19  $\pm 1^\circ\text{C}$  (total of 72 batches over the period). The fertilisation rate was determined at blastula stage (4  
20 hours post fertilisation) under a stereomicroscope.

21 Following the setup of the fertilisation test and within 2 hours of semen collection, sperm  
22 motility, duration of motility and spermatozoa density were analysed from each collected semen  
23 sample (1  $\mu\text{L}$ ) using a hemocytometer. The motility was scored based on the percentage of motile  
24 sperm in a semen sample after dilution with a scale between zero and five: zero, no motility; one, 1 –  
25 20%; two, 21 – 40%; three, 41 – 60%; four, 61 – 80% five, 81 – 100% motile (Fauvel *et al.*, 1999).  
26 Distilled water was used as the dilution/activation medium. The time from the sperm activation to the  
27 end of sperm motility was recorded. Finally, spermatozoa density was estimated using immotile

1 spermatozoa and a hemocytometer. The number of spermatozoa was counted in five of twenty five  
2 squares within the central counting area of two chambers, and it was carried out in triplicate for each  
3 sample. The sperm density was calculated by this following formula: Spermatozoa density (cell/mL)  
4 = average cells count in 5 squares from two chambers in triplicates  $\times 5 \times$  dilution factor  $\times 10,000$ .

5

## 6 **2.7 Statistics**

7 Data are presented as mean  $\pm$  SEM. Statistical analysis was performed using Minitab 17 (Minitab Inc.,  
8 State College, USA). Data was transformed when necessary to meet the homogeneity of variance and  
9 normal distribution. Significant differences in data between different developmental stages and  
10 temperatures (morphometric indices, expression level of germline-specific genes and Bcl-2 family  
11 genes and serum levels of 11-KT and T) were tested by two-way analysis of variance (ANOVA),  
12 followed by Tukey's HSD test ( $p < 0.05$ ). Two-Sample t-test was used to evaluate the significant  
13 difference in sperm quality (motility, duration of motility, density and fertilisation rate) ( $p < 0.05$ ).

14

## 15 **3. Results**

### 16 **3.1 Mortality and morphometric indices**

17 During the first window of the heat treatment (up to 1200 DD), mortalities in CT, HT1 and HT2 were  
18 2.5, 3.3 and 4.2%, respectively. There was no mortality in CT and HT1 between 1200 and 2100 DD,  
19 but 12.3% in HT2. During the last phase of the heat treatment (2100 to 3000 DD), mortalities of 7.4  
20 and 16.2% were observed in CT and HT2, respectively, and none in HT1. While mortalities in CT and  
21 HT1 were most likely caused by cannibalism as evidenced by eye and body injuries, dead fish in HT2  
22 did not show any external injuries but empty stomach and poor condition.

23 Significant time, temperature and interaction effects were observed in body weight ( $F = 147.83$ ;  
24  $p < 0.001$ ,  $F = 103.62$ ;  $p < 0.001$  and  $F = 16.22$ ;  $p < 0.001$ , respectively) at 3000 and 5200 DD. At the  
25 end of the heat treatment (3000 DD), HT1 and HT2 mean body weight was 4.5 and 11.1 times lower  
26 than for CT, respectively (Table 2). HT1 and HT2 fish significantly gained weight during the recovery

1 period; however, the weights remained significantly lower than that of control at 5200 DD (1.9 and  
2 2.9 times lower, respectively).

3 For the GSI, significant time and temperature effects were observed ( $F = 132.89$ ,  $p < 0.001$  and  
4  $F = 10.89$ ,  $p < 0.001$ , respectively) without an interaction effect ( $F = 1.96$ ,  $p = 0.159$ ) at 3000 and  
5 5200 DD. GSI in HT1 and HT2 were significantly lower than CT at 3000 DD, while GSI at 5200 DD  
6 were comparable between the temperature treatment groups (Table 2).

7 For the HSI, significant time, temperature and interaction effects were observed ( $F = 8.00$ ;  $p =$   
8  $0.008$ ,  $F = 3.66$ ;  $p = 0.038$  and  $F = 32.68$ ;  $p < 0.001$ , respectively) at 3000 and 5200 DD. HT1 and  
9 HT2 fish has significantly lower HSI than that of CT at 3000 DD (1.9 and 2.3 times lower,  
10 respectively), but HSI of HT fish became significantly higher than CT at 5200 DD (1.7 and 1.5 times  
11 higher, respectively for HT1 and HT2).

12 For the VSI, significant time, temperature and interaction effects were observed ( $F = 5.55$ ;  $p$   
13  $= 0.025$ ,  $F = 35.45$ ;  $p < 0.001$  and  $F = 57.18$ ;  $p < 0.001$ , respectively) at 3000 and 5200 DD. VSI of  
14 HT1 and HT2 fish were 1.7 and 2.5 times lower than that of CT at 3000 DD, respectively, but became  
15 comparable to CT at 5200 DD.

16

### 17 **3.2 Testis histology**

18 Prior to the heat treatment at 0 DD (120 dah), the average weight, total body length and height of 0  
19 DD fish were  $3.1 \pm 0.4$  g,  $5.8 \pm 0.2$  cm and  $1.8 \pm 0.1$  cm ( $n = 6$ ). All testes at 0 DD weighed less than  
20 0.01 g, but the three investigated groups observed histologically showed advanced stage of testicular  
21 germ cells (see Supplemental Fig. S1).

22 Throughout the experiment, CT fish developed mature testes showing active spermatogenesis  
23 with well-structured seminiferous lobules (Fig. 2A-E). At 1200 DD, a reduction in the number of  
24 spermatids was observed in both HT1 and HT2 groups with increased vacuolation; however,  
25 spermatogonia and spermatocytes were still observed (Fig. 2F&K). Leydig cell hyperplasia was also  
26 observed with an apparent dense eosinophilic cytoplasm in HT treated fish from 1200 DD to 3800 DD  
27 (Fig. 2F-I&K-N). At 2100 DD, the level of atrophy and vacuolation increased in testes from both HT1

1 and HT2 fish, but the number of testicular germ cells was greatly reduced in HT2 compared to HT1  
2 (Fig. 2G&L). By the end of the temperature treatments (3000 DD), testes of HT2 fish displayed  
3 increased severity of atrophy and vacuolation with testes from 7 out of 12 fish (58.3%) showing  
4 almost no testicular germ cells at any stages (Fig. 2M). In contrast, testis from all HT1 fish at 3000  
5 DD presented all phases of testicular germ cells despite an overall depletion of testicular germ cells  
6 and somatic cells (Fig. 2H). Testis from HT1 treated fish appeared to rapidly resume spermatogenesis  
7 with spermatozoa in the lumen of the seminiferous lobules by 5200 DD (Fig. 2I&J and Supplemental  
8 Fig. S2B). However, two different groups in HT2 were observed at 3800 DD: one was lacking almost  
9 all phases of testicular germ cells (33%, 2/6) (Fig. 2N1), the other contained spermatogonia but no  
10 other spermatogenic stages (67%, 4/6) (Fig. 2N2). At the end of the recovery period (5200 DD), the  
11 majority of HT2 fish appeared to recover as evidenced by the presence of spermatozoa in the lumen  
12 (75%, 9/12) (Fig. 2O2), while a few (25%, 3/12) still appeared to lack spermatozoa at this time (Fig.  
13 2O1 and Supplemental Fig. S2C #3, 5 & 12). Testes from HT2 males with less spermatozoa  
14 (Supplemental Fig. S2C #1 & 11) or lack of spermatozoa (Supplemental Fig. S2C #3, 5 & 12) were  
15 semi-transparent (Supplemental Fig. S3C #1, 3, 5, 11 & 12) while the rest of the testes were whitish to  
16 pinkish in colour similar to CT and HT1 testes (see Supplemental Fig. S3). These HT2 males with less  
17 or lack of spermatozoa (Supplemental Fig. S2C #1, 3, 5, 11 & 12) also had a significantly lower GSI  
18 than the rest of HT2 males at 5200 DD ( $p < 0.05$ ) but their body weight was not significantly different.

19

### 20 **3.3 Sperm quality**

21 No significant differences in sperm motility and duration of sperm motility were observed between  
22 treatments (Table 3). On the other hand, sperm densities of HT1 ( $p = 0.037$ ) and HT2 ( $p = 0.001$ )  
23 were significantly lower than CT, showing 2- and 27-fold decreases compared to CT, respectively.  
24 The fertilisation rate was significantly reduced in HT2, compared to CT ( $p < 0.001$ ) and HT1 ( $p <$   
25  $0.01$ ) treatments, being 72.5% reduced compared to the CT treatment (Table 3).

26

### 27 **3.4 Cortisol and sex steroid hormones**

1 Serum cortisol levels were not significantly different between treatments during the whole  
2 experimental period with levels ranging from 124 and 275 ng/mL (data not shown). Significant time,  
3 temperature and interaction effects were observed in serum 11-KT ( $F = 5.48$ ;  $p = 0.001$ ,  $F = 5.37$ ;  $p =$   
4  $0.007$  and  $F = 8.87$ ;  $p < 0.001$ , respectively) while T levels showed significant interaction effects ( $F =$   
5  $4.90$ ;  $p < 0.001$ ) without significant time and temperature effect. Serum 11-KT and T levels in fish  
6 from HT1 and HT2 were higher than that of CT at 1200 and 2100 DD with significant differences  
7 between HT1 and CT (Fig. 3). Levels then decreased to comparable levels than in CT fish at 3000 DD.  
8 During the first phase of the recovery window at 3800 DD, both serum 11-KT and T levels in HT1  
9 and HT2 fish were significantly lower than that of CT fish, but levels returned to CT levels by 5200  
10 DD (Fig. 3).

11

### 12 3.5 Gene expression pattern

#### 13 3.5.1 Germline-specific genes (*piwil*, *nanos* and *gfra1*)

14 Significant time, temperature and interaction effects were observed in relative gene expression levels  
15 of *piwil1* ( $F = 47.91$ ,  $p < 0.001$ ;  $F = 145.07$ ,  $p < 0.001$  and  $F = 8.29$ ,  $p < 0.001$ , respectively) and  
16 *piwil2* ( $F = 30.49$ ,  $p < 0.001$ ;  $F = 86.43$ ,  $p < 0.001$  and  $F = 5.27$ ,  $p < 0.001$ , respectively). Expression  
17 levels of *piwil1* and *piwil2* in testis of HT1 and HT2 fish remained significantly lower than CT during  
18 the high temperature exposure window (1200 to 3000 DD) and the first phase of recovery (3800 DD),  
19 with HT2 being significantly lower than HT1 from 2100 to 3800 DD (Fig. 4A&B). During the last  
20 phase of the recovery period (3800 to 5200 DD), HT1 fish showed comparable expression levels to  
21 CT of both *piwil1* and *piwil2*; however, the levels remained significantly lower in HT2 compared to  
22 CT and HT1 at 5200 DD.

23 Significant time, temperature and interaction effects were observed in relative gene expression  
24 levels of *nanos2* ( $F = 14.60$ ,  $p < 0.001$ ;  $F = 69.63$ ,  $p < 0.001$  and  $F = 8.22$ ,  $p < 0.001$ , respectively)  
25 and *nanos3* ( $F = 3.37$ ,  $p = 0.008$ ;  $F = 35.65$ ,  $p < 0.001$  and  $F = 3.41$ ,  $p = 0.001$ , respectively).  
26 Expression levels of *nanos2* in both HT1 and HT2 fish were significantly lower than CT during the  
27 high temperature exposure window (1200 to 3000 DD) with HT2 being significantly lower than HT1



1 (1200 to 3000 DD) (Fig. 4C). On the other hand, only HT2 fish showed significantly lower expression  
2 levels of *nanos3* compared to CT during the heat treatment period (1200 to 3000 DD), while HT1  
3 showed comparable expression levels to CT (Fig. 4D). During the recovery period (3800-5200 DD),  
4 expression levels of *nanos2* in HT2 fish remained significantly lower than CT and HT1, while the  
5 levels of *nanos3* increased in both HT1 and HT2 and reached the similar level to CT.

6 Significant time, temperature and interaction effects were observed ( $F = 3.88, p = 0.003$ ;  $F =$   
7  $18.60, p < 0.001$  and  $F = 2.76, p = 0.005$ , respectively) in relative expression level of *gfal*. Only HT2  
8 fish showed significantly lower *gfal* levels than CT fish between 1200 and 2100 DD (Fig. 4E).  
9 Following the return of all fish to control temperature, *gfal* levels in HT1 fish were significantly  
10 higher than CT at 3800 DD, and no significant differences were observed between treatments at 5200  
11 DD.

12 Testes from HT2 males sampled at 5200 DD appeared to contain less spermatozoa and even  
13 showed an apparent complete lack of spermatozoa in some cases (Supplemental Fig. S2C #1, 3, 5, 11  
14 & 12). Expression levels of *piwil1*, *piwil2*, *nanos2* and *nanos3* was significantly lower in these testes  
15 than for the rest of the HT2 males (Supplemental Fig. S2C #2, 4, 6 – 10) ( $p < 0.05$ ) however there was  
16 no significant difference in *gfal* (data not shown).

17

### 18 3.5.2 Bcl-2 family genes

19 Significant time, temperature and interaction effects were observed in relative gene expression levels  
20 of *bcl-xLa* ( $F = 7.96, p < 0.001$ ;  $F = 22.59, p < 0.001$  and  $F = 3.42, p = 0.001$ , respectively), *bcl-xLb*  
21 ( $F = 37.82, p < 0.001$ ;  $F = 172.97, p < 0.001$  and  $F = 11.10, p < 0.001$ , respectively), *baxa* ( $F = 45.84,$   
22  $p < 0.001$ ;  $F = 78.97, p < 0.001$  and  $F = 6.73, p < 0.001$ , respectively), *baxl* ( $F = 14.31, p < 0.001$ ;  $F =$   
23  $8.45, p < 0.001$  and  $F = 2.46, p = 0.012$ , respectively), *bcl-2* ( $F = 9.50, p < 0.001$ ;  $F = 7.64, p = 0.001$   
24 and  $F = 3.28, p = 0.001$ , respectively) and *mcl-1a* ( $F = 5.40; p < 0.001, F = 4.47; p = 0.014$  and  $F =$   
25  $3.17; p = 0.002$ , respectively).

26 The expression level of *bcl-xLa* in HT2 fish were significantly lower than CT and HT1 at 2100  
27 and 3800 DD (Fig. 5A). The pattern of *bcl-xLb* and *baxa* mRNA levels were similar to those of *piwil1*



1 and *piwil2* (Fig. 5B & C, Fig. 4A & B). The expression levels of *bcl-xLb* and *baxa* were significantly  
2 lower in both HT1 and HT2 fish than CT fish from 1200 to 3800 DD with HT2 being significantly  
3 lower than HT1 from 2100 to 3800 DD, and levels remained significantly lower in HT2 compared to  
4 CT and HT1 at 5200 DD (Fig. 5B & C). No significant differences in expression levels of *baxl*  
5 between temperature treatment groups were observed except for *baxl* levels in HT1 at 1200 and 3800  
6 DD which were significantly higher than CT (Fig. 5D). No changes in the expression levels of *bcl-2*  
7 between temperature treatment groups were observed during the high temperature treatment (Fig. 5E).  
8 During the recovery period, HT1 fish showed significantly higher levels of *bcl-2* than CT at 3800 DD  
9 and HT2 fish at 5200 DD. The expression levels of *mcl-1a* between temperature treatment groups  
10 were not different except for *mcl-1a* levels in HT1 at 1200 DD which were significantly higher than  
11 CT and *mcl-1a* levels in HT2 at 3800 DD which were significantly lower than CT and HT1 (Fig. 5F).

12 Within HT2 males at 5200 DD, it was also noted that testes with less or lack of spermatozoa  
13 (Supplemental Fig. S2C #1, 3, 5, 11 & 12) showed significantly lower expression levels of *bcl-xLb*  
14 and *baxa* and significantly higher expression of *bcl-2* than the rest of HT2 male testes (Supplemental  
15 Fig. S2C #2, 4, 6 – 10) ( $p < 0.05$ ) (data not shown).

16

#### 17 4. Discussion

18 The aim of this study was to explore potential targets which play an important role in the survival or  
19 apoptosis of germ cells by utilizing HT as a means to induce germ cell death. Male tilapia exposed  
20 from 120 dah to HT treatments (36 and 37°C) for a duration of 3000 DD showed a significant loss of  
21 testicular germ cells compared to the control fish kept at 27°C. However, the HT treatments did not  
22 induce complete sterility in Nile tilapia. Importantly, the impact of HT on spermatogenesis studied at  
23 morphometric, histological, endocrine, gene expression and sperm quality levels, differed between 36  
24 and 37°C with more acute and lasting effects being observed in fish exposed to 37°C.

25 In contrast to previous work performed in tilapia (Nakamura *et al.*, 2015; Pandit *et al.* 2015),  
26 this study examined the impact of temperature-induced germ cell loss at the molecular level. Both  
27 *piwil1* and *piwil2* have previously been reported to be expressed in various phases of testicular germ

1 cells except for mature sperm in Nile tilapia (Xiao *et al.*, 2013). In CT fish, both *piwil1* and *piwil2*  
2 expression levels gradually increased during the study in line with the progression of spermatogenesis.  
3 The significantly reduced levels of *piwil1* and *piwil2* in HT fish were associated with the suppression  
4 of spermatogenesis and reduction in testicular germ cells, which were more acute in fish exposed to  
5 37°C. The expression levels of both *piwil1* and *piwil2* in HT2 fish increased significantly during the  
6 recovery period compared to levels during the heat treatment. However, the significantly lower  
7 expression in HT2 compared to CT and HT1 during the recovery period was in accordance with the  
8 observed reduced functionality of the testis/sperm at the end of the study.

9 Unlike *piwil1* and *piwil2* which are expressed in various phases of testicular germ cells (Xiao *et*  
10 *al.*, 2013), *nanos2*, *nanos3* and *gfal* are known as SSC-specific markers in mammals and fish  
11 (Bellaiche *et al.*, 2014; Suzuki *et al.*, 2009). The expression patterns of *nanos2*, *nanos3* and *gfal* in  
12 CT fish were not significantly altered during the study period, implying that there was no significant  
13 change in the number of SSC and/or spermatogonia during this period. Interestingly, the expression  
14 levels of *nanos3* and *gfal* were reduced in HT2 fish only, while *nanos2* was downregulated in both  
15 HT1 and HT2 fish. Suzuki *et al.* (2009) reported differential expression of *gfal*, *nanos2*, *nanos3* and  
16 *ngn3* (*neurogenin 3*) within undifferentiated spermatogonial stages and proposed that SSCs are *gfal*  
17 & *nanos2* positive and *nanos3* & *ngn3* negative, while *nanos3* & *ngn3* are widely expressed in  
18 undifferentiated spermatogonia in mice. Likewise, Lacerda *et al.* (2013) reported both *gfal* and  
19 *nanos2* as SSC markers in Nile tilapia with *gfal* being expressed exclusively in single type A  
20 undifferentiated spermatogonia (presumptive SSCs), while *nanos2* is also expressed in type A  
21 differentiated spermatogonia. Therefore, the decrease of *gfal* expression levels in fish exposed to  
22 HT2 reflects a significant reduction of single type A undifferentiated spermatogonia at 37°C but not at  
23 36°C (HT1). The role of *nanos3* in spermatogenesis in this species has not yet been reported but  
24 *nanos3*-expressing spermatogonia were only significantly decreased in HT2 fish, suggesting *nanos3*  
25 as a marker of undifferentiated spermatogonia similar to *gfal* in this species. Further investigation is  
26 required to reveal the function of *nanos3* during spermatogenesis. On the other hand, the expression  
27 levels of *nanos2* suggest that type A differentiated spermatogonia might be significantly reduced by

1 both temperature treatments, more so in fish exposed to 37°C. These differences in the relative  
2 expression patterns of *nanos2*, *nanos3* and *gfra1* between fish exposed to heat treatment in the present  
3 study support a more acute effect of 37°C than 36°C on the survival of different phases of  
4 spermatogonia in Nile tilapia. It was further supported by histological changes in testes and the  
5 significantly lower sperm density in fish exposed to 37°C due to the loss of spermatogonia.

6 The present study profiled apoptosis-related genes to investigate the apoptosis mechanisms in  
7 germ cells under HT. Apoptosis is a process of programmed cell death which is essential for normal  
8 development and maintenance of normal cellular homeostasis in metazoan (Danial and Korsmeyer,  
9 2004). The initiation of apoptosis is firmly regulated as once apoptosis has begun cell death is  
10 inevitable (Böhm and Schild, 2003). Apoptosis is initiated by two pathways, extrinsic and intrinsic  
11 pathways (Chauhan *et al.*, 1997); the extrinsic pathway is mediated by the binding between  
12 extracellular death ligands and cell-surface death receptor (Wajant, 2002) while the intrinsic pathway  
13 is initiated by interaction between Bcl-2 family proteins and mitochondria (Danial and Korsmeyer,  
14 2004). It is known that in the intrinsic pathway, a change in ratio between pro-survival and  
15 proapoptotic Bcl-2 family proteins is the decisive step for the initiation of apoptosis (Jia *et al.*, 2007;  
16 Oltval *et al.*, 1993; Rucker *et al.*, 2000). Among Bcl-2 family genes, *bcl-xL* genes are known to be  
17 pro-survival genes and their downregulation has been reported to cause the release of cytochrome c  
18 and activation of caspase cascades (Brockhaus and Brüne, 1999). In the current study, long-term  
19 exposure to HT induced the downregulation of *bcl-xLb* but not *bcl-xLa*, which suggests differential  
20 functions between these paralogs under heat stress. The expression pattern of *bcl-xLb* was similar than  
21 for *piwil1* and *piwil2*, suggesting that a decrease of pro-survival gene expression may be correlated to  
22 the loss of germ cells. On the other hand, pro-apoptotic genes, *bax* genes can be separated into three  
23 clades, *baxa*, *baxb* and *baxl*; *baxa* is clustered with mammalian homologs while *baxb* and *baxl* are  
24 absent in amphibians and mammals (Li *et al.*, 2017). In this study, *baxa* and *baxl* genes were  
25 investigated and HT suppressed the expression of *baxa* but appeared to have no effects on the  
26 expression of *baxl*, suggesting also potential functional differences between these two genes under  
27 heat stress. Similar to the expression patterns of *bcl-xLb*, *piwil1* and *piwil2*, levels of *baxa* transcripts

1 were significantly lower in HT fish with more severe impact at 37°C. The downregulation of pro-  
2 apoptotic gene expression might serve as a protection mechanism in testes under HT or possibly as a  
3 result of testicular germ cell loss. Among six Bcl-2 family genes investigated in this study, *bcl-xLb*  
4 and *baxa* expression levels were significantly altered by the long-term HT treatments in Nile tilapia,  
5 while *bcl-xLa*, *baxl*, *mcl-1a* and *bcl-2* were not significantly affected. Given that the imbalance  
6 between pro-survival and pro-apoptotic Bcl-2 family proteins is the trigger of apoptosis (Jia *et al.*,  
7 2007; Oltval *et al.*, 1993; Rucker *et al.*, 2000), it can be speculated that the significant decrease of *bcl-*  
8 *xLb* and *baxa* at 36°C and 37°C compared to 27°C might disrupt the rheostat of pro-survival/pro-  
9 apoptotic Bcl-2, which then in turn might cause testicular germ cell loss through apoptosis. Further  
10 functional analysis of Bcl-2 family genes is desired to elucidate the apoptotic pathway of testicular  
11 germ cells under HT in this species.

12 The significant growth retardation caused by HT exposure was accompanied by a significant  
13 reduction in HSI and VSI at the end of the HT window, indicating the low energy status and  
14 metabolism in HT fish (Lambert and Dutil, 1997; Nunes *et al.*, 2011; Wootton *et al.*, 1978). In  
15 addition, the significantly lower GSI values at the end of HT reflect the suppressive effects of HT on  
16 spermatogenesis. Interestingly, these effects were transient as GSI but also HSI and VSI showed signs  
17 of recovery at the end of the recovery window demonstrating the high resilience of this species to HT.  
18 These effects on growth, lower HSI, VSI and GSI at the end of the HT window could be associated  
19 with reduced appetite and food intake as shown in fish under heat stress (Azaza *et al.*, 2008; Brett,  
20 1979; Handeland *et al.*, 2008; Pandit and Nakamura, 2010). At the end of the recovery window, HT  
21 male tilapia showed significantly reduced sperm density compared to control fish exposed to 27°C  
22 with a more severe reduction in HT2 fish, further supported by a significantly reduced fertilisation  
23 rate in HT2 compared to CT and HT1 fish. This link between sperm density and fertilisation rate has  
24 previously been reported in a number of teleost species (Aas *et al.*, 1991; Tvedt *et al.*, 2001).  
25 However, it was noted that both motility of sperm and duration of motility were not significantly  
26 different between HT and control fish, implying the fitness and viability of the sperm were similar to  
27 CT (Stoss and Holtz, 1983). In the current study, heat treatment at 37°C did not result in sterility

1 indicating that some SSCs were able to survive and proliferate to become functional spermatozooids in  
2 fish returned to a favourable temperature. The contrasting results obtained in the present study  
3 compared to a previous study in Mozambique tilapia showing a complete lack of testicular germ cells  
4 in fish exposed to  $37 \pm 0.5^\circ\text{C}$  for 50 days from 3 dah (Nakamura *et al.*, 2015), could be explained by  
5 the different developmental stages and species. As larval germ cells are in a more vulnerable state due  
6 to the insufficient support and protection provided by testicular somatic cells such as Sertoli cells  
7 (Boekelheide *et al.*, 2000), a complete loss of germ cell could be induced. Even though HT treatment  
8 failed to induce full sterility in male tilapia in this study, it gave us an insight into the molecular  
9 mechanisms underlying germ cell loss induced by heat stress which could not be done at a larval stage.

10 Germinal epithelium is the source of germline stem cells containing Sertoli cells and  
11 spermatogenic cells (Schulz *et al.*, 2010). In Nile tilapia, temperature modulates Sertoli cell  
12 proliferation as shown in seasonal fish (de Alvarenga and de França, 2009). The number of Sertoli  
13 cells dictates the capacity of the testis to support testicular germ cells as each Sertoli cell is able to  
14 support a fixed number of germ cells (Matta *et al.*, 2002). Therefore, residual vacuolated Sertoli cells  
15 observed in some atrophic germinal epithelium in HT fish is likely to contribute to the loss of  
16 testicular germ cells. There was also notable Leydig cell hyperplasia observed in fish exposed to HT  
17 while their body weight and GSI were significantly lower than fish exposed to  $27^\circ\text{C}$ , indicating a  
18 higher proportion of Leydig cells in HT fish compared to control fish. The Leydig cell hyperplasia is  
19 commonly related to atrophic tubules in mammals (Greaves, 2012). In addition, elevated androgen  
20 levels were reported in diffuse Leydig cell hyperplasia in mammals (Akingbemi *et al.*, 2004; Wilson  
21 and Netzloff, 1983). Thus, the significant increase in circulating plasma androgens (T and 11-KT)  
22 levels in HT fish is thought to be caused by the Leydig cell hyperplasia without an apparent effect on  
23 plasma cortisol levels. Stressors modulate fish reproduction through endocrine and paracrine  
24 pathways including androgens and cortisol by affecting the hypothalamus–pituitary–interrenal axis  
25 (Schreck, 2009). The lack of HT effects on cortisol might be due to the chronic rather than acute  
26 nature of the stressor, although significant effects on growth may suggest otherwise. In addition, the  
27 prolonged high levels of androgens in HT fish might accelerate the testicular germ cell death. It was

1 reported that high plasma androgen levels can cause irreversible damage to SSCs and especially when  
2 germ cells are damaged by external factors (*e.g.* cytotoxic treatment, irradiation) they are more  
3 vulnerable to excessive androgen (Dohle *et al.*, 2003; Meistrich *et al.*, 2003). Excessive 11-KT related  
4 to impaired spermatogenesis was also reported in *figla* (*factor in the germ line, alpha*)-over-expressed  
5 XY tilapia (Qiu *et al.*, 2015). Taken together, it can be postulated that the overabundance of 11-KT  
6 and T induced by HT might accelerate the loss of testicular germ cells but it is unclear whether the  
7 increase of androgens is also the consequence of the germ cell loss. Further investigation is required  
8 to understand the temperature-mediated control of androgen production and its effect on germ cell  
9 survival.

10 Overall this work has provided a new perspective, at the molecular level, of mechanisms  
11 underlying testicular germ cell loss under heat stress. Importantly, this research suggested the  
12 functional importance of *piwil* genes, in particular, in relation to germ cell loss and proliferation  
13 which prioritises them over the other candidates as a potential target for gene editing to induce  
14 sterilisation of Nile tilapia. At the same time this work looked at the molecular regulation of apoptosis  
15 in tilapia and it highlighted potential subfunctionalisation of gene roles within the Bcl-2 gene family  
16 that should be further investigated. HT treatment clearly impacted on spermatogenesis in Nile tilapia  
17 with the acuteness of the response being apparently temperature-dependent; however, given the  
18 observed physiological impacts on growth, energy status and survival, it can be concluded that  
19 thermal induction of sterility is not a commercially viable approach to be taken forward.

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**Table 1.** Primers used for qRT-PCR and values of the standard curve

Oligo name	Oligo sequence (5'-3')	Size	Product length	Tm (°C)	Accession No.	Standard curve		
						Efficiency	R <sup>2</sup>	Range
<i>piwil1</i>	F ATGATCGTGGGCATCGACTGCTA	23	97	62	XM_003445546.2	0.968	0.998	10-10 <sup>7</sup>
	R ACCACCTGCTCATGCTTTGGTTG	23						
<i>piwil2</i>	F TGCCATCAAGAAGCTGTGCTGTG	23	73	62	XM_003445662.2	0.909	1.000	10-10 <sup>6</sup>
	R CTGGGAAATTGTGCGGACGTTGA	23						
<i>nanos2</i>	F CGGGAAAGTTTTCTGCCCATCC	23	140	62	XM_005448855.1	0.944	0.999	10-10 <sup>7</sup>
	R AGAACTTGGCCCCTGTCTCCATC	23						
<i>nanos3</i>	F GGAGTGTGACATGAGCCGAGCTA	23	116	62	XM_005460553.1	0.903	0.996	10-10 <sup>7</sup>
	R AACTCGTTAGTGCACATTCGCGG	23						
<i>gfral</i>	F AAGCGACCAAACAGCACGGTAAG	23	92	60	XM_003441935.3	0.924	0.999	10-10 <sup>7</sup>
	R GTCTGTTTTCCACACAGCAGCCA	23						
<i>bcl-xLa</i>	F GGCTTTATGACACCGGCACAACA	23	110	62	XM_003456961.4	0.911	0.995	10-10 <sup>6</sup>
	R TGCACCTGGAGTATGAACAGGCA	23						
<i>bcl-xLb</i>	F GGAGGATGGGACCGCTTTACAGA	23	109	62	XM_003442737.4	0.920	0.998	10 <sup>4</sup> -10 <sup>7</sup>
	R GGAGGATGGGACCGCTTTACAGA	23						
<i>baxa</i>	F CGGTCGGGGTTTTCTTGGA	20	128	60	XM_019357746.2	0.981	0.999	10-10 <sup>7</sup>
	R TCCTCCTGTGCCCATTTCCC	20						
<i>baxl</i>	F GCTCGAGTCAGTTCAGACTGGGT	23	83	62	XM_003456558.5	0.950	0.999	10-10 <sup>7</sup>
	R AACTCCCTCGGTCTCTGTGTG	23						
<i>mcl-1a</i>	F TATGTCATTTGTAGCGAAGAGCCT	24	124	60	XM_013264682.1	0.906	0.998	10-10 <sup>7</sup>
	R GCAGTTGTCCCTGCCCTTTT	20						
<i>bcl-2</i>	F ACCCTGCTCGTTAGGGTGA	20	140	60	XM_003437902.4	0.905	0.996	10-10 <sup>6</sup>
	R CACTGCGCTGGTTGTAGCGA	20						
$\beta$ -actin	F ATCTACGAGGGTTATGCCCTGCC	23	118	62	KJ126772.1	0.934	0.996	10-10 <sup>7</sup>
	R CTGTGGTGGTGAAGGAGTAGCCA	23						
<i>elf1a</i>	F CTGGACAAACTGAAGGCTGAGCG	23	116	62	NM_001279647.1	0.967	0.999	10 <sup>2</sup> -10 <sup>7</sup>
	R AAGTCTCTGTGCCAGGGGCATC	23						

**Table 2.** Morphometric indices (body weight, GSI, HSI, and VSI) at 3000 and 5200 DD. Data are presented as mean  $\pm$  SEM ( $n = 6$  fish/treatment/time point). Superscripts denote statistically significant differences between temperature and time points ( $p < 0.05$ ) except for GSI where it denotes significant differences between temperature at each time point ( $p < 0.05$ )

	3000 DD			5200 DD		
	CT	HT1	HT2	CT	HT1	HT2
Body weight (g)	226.7 $\pm$ 26.2 <sup>ab</sup>	50.1 $\pm$ 9.4 <sup>d</sup>	20.4 $\pm$ 2.5 <sup>e</sup>	350.7 $\pm$ 30.9 <sup>a</sup>	189.4 $\pm$ 21.6 <sup>bc</sup>	120.6 $\pm$ 8.9 <sup>c</sup>
GSI (%)	0.17 $\pm$ 0.09 <sup>a</sup>	0.05 $\pm$ 0.01 <sup>b</sup>	0.03 $\pm$ 0.00 <sup>b</sup>	0.56 $\pm$ 0.09 <sup>a</sup>	0.40 $\pm$ 0.07 <sup>a</sup>	0.33 $\pm$ 0.07 <sup>a</sup>
HSI (%)	2.96 $\pm$ 0.11 <sup>a</sup>	1.58 $\pm$ 0.16 <sup>b</sup>	1.26 $\pm$ 0.15 <sup>b</sup>	1.71 $\pm$ 0.15 <sup>b</sup>	2.83 $\pm$ 0.26 <sup>a</sup>	2.48 $\pm$ 0.19 <sup>a</sup>
VSI (%)	13.04 $\pm$ 0.65 <sup>a</sup>	7.54 $\pm$ 0.18 <sup>b</sup>	5.21 $\pm$ 0.15 <sup>c</sup>	7.01 $\pm$ 0.63 <sup>bc</sup>	8.68 $\pm$ 0.41 <sup>b</sup>	7.65 $\pm$ 0.24 <sup>b</sup>

**Table 3.** Sperm quality of milt collected from CT, HT1 and HT2 fish at the end of the recovery period (5200 DD). Data are presented as mean  $\pm$  SEM ( $n = 12$ ). Superscripts denote statistically significant differences between temperature treatments ( $p < 0.05$ )

Treatments	CT	HT1	HT2
Motility score (0-5)	4.8 $\pm$ 0.1 <sup>a</sup>	4.7 $\pm$ 0.1 <sup>a</sup>	4.3 $\pm$ 0.3 <sup>a</sup>
Motility duration (min)	2.6 $\pm$ 0.1 <sup>a</sup>	2.4 $\pm$ 0.0 <sup>a</sup>	2.5 $\pm$ 0.2 <sup>a</sup>
Spermatozoa density ( $\times 10^9$ ) (cell/mL)	2.81 $\pm$ 0.55 <sup>a</sup>	1.47 $\pm$ 0.13 <sup>b</sup>	0.10 $\pm$ 0.02 <sup>c</sup>
Fertilisation rate (%)	41.5 $\pm$ 4.6 <sup>a</sup>	35.0 $\pm$ 3.4 <sup>a</sup>	11.4 $\pm$ 1.8 <sup>b</sup>

### Figure legends

**Figure 1.** Diagram representing the experimental design with three temperature treatments, showing sampling points based on degree-day (DD) for different temperature groups. 0 DD began at 120 dah. The black bar indicates heat treatment period and white bar shows rearing at control temperature of 27°C.

**Figure 2.** Histology of representative testes at 1200, 2100, 3000, 3800 and 5200 DD. (A – E) CT, fish exposed to 27°C; (F – J) HT1, fish exposed to 36°C; (K – O) HT2, fish exposed to 37°C. N1 & O1 are representative histology of lack of testicular germ cells, while N2 & O2 represents re-proliferated teste in the recovery period. SG, spermatogonia; SC, spermatocytes; ST, spermatids; SZ, spermatozoa; V, vacuolation. SG (arrowhead), atrophy (arrow) and Leydig cell hyperplasia (\*) are indicated.

**Figure 3.** Serum sex steroid levels in Nile tilapia exposed to temperature treatments (CT, 27°C; HT1, 36°C; HT2, 37°C). (A) 11-ketotestosterone, 11-KT, and (B) testosterone, T, levels at 1200, 2100 and 3000 DD during the treatment exposure window and 3800 and 5200 DD during the recovery period ( $n = 6$ ). Data are presented as mean  $\pm$  SEM. Superscripts denote significant differences between temperature treatment groups at each time point ( $p < 0.05$ ).

**Figure 4.** Normalised relative expression level of selected germline-specific genes in testis. (A) *piwil1*, (B) *piwil2*, (C) *nanos2*, (D) *nanos3* and (E) *gfal1*. Data are presented as mean  $\pm$  SEM ( $n = 6$ ). Superscripts denoted significant differences between treatments at a given time ( $p < 0.05$ ). CT, 27°C; HT1, 36°C; HT2, 37°C.

**Figure 5.** Normalised relative expression level of Bcl-2 family genes in testis. (A) *bcl-xLa*, (B) *bcl-xLb*, (C) *baxa*, (D) *baxl*, (E) *bcl-2* and (F) *mcl-1a*. Data are presented as mean  $\pm$  SEM ( $n = 6$ ). Superscripts denoted significant differences between treatments at a given time ( $p < 0.05$ ). CT, 27°C; HT1, 36°C; HT2, 37°C.



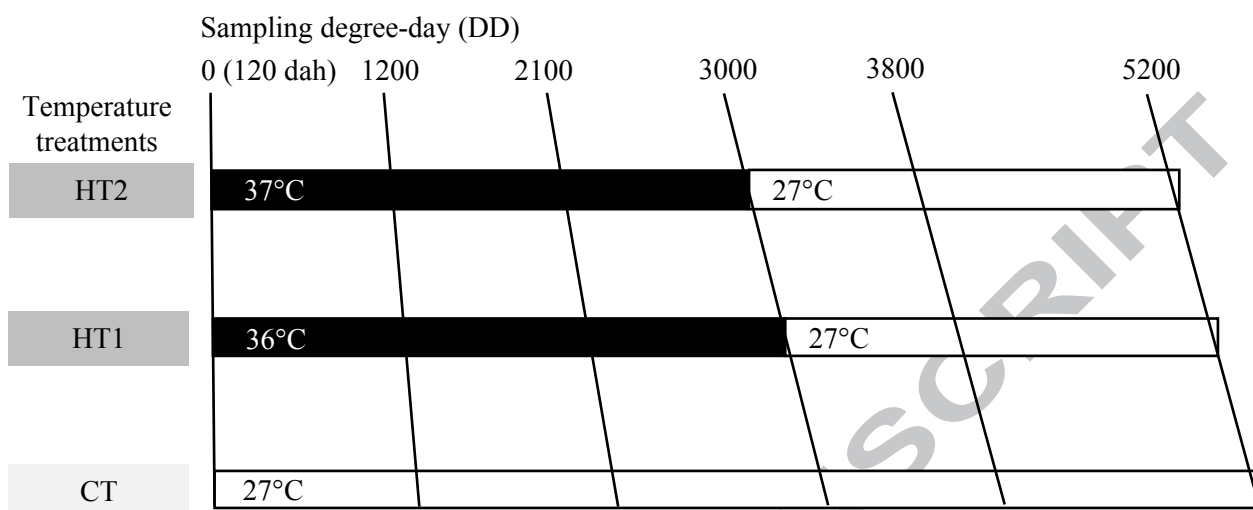


Figure 1.

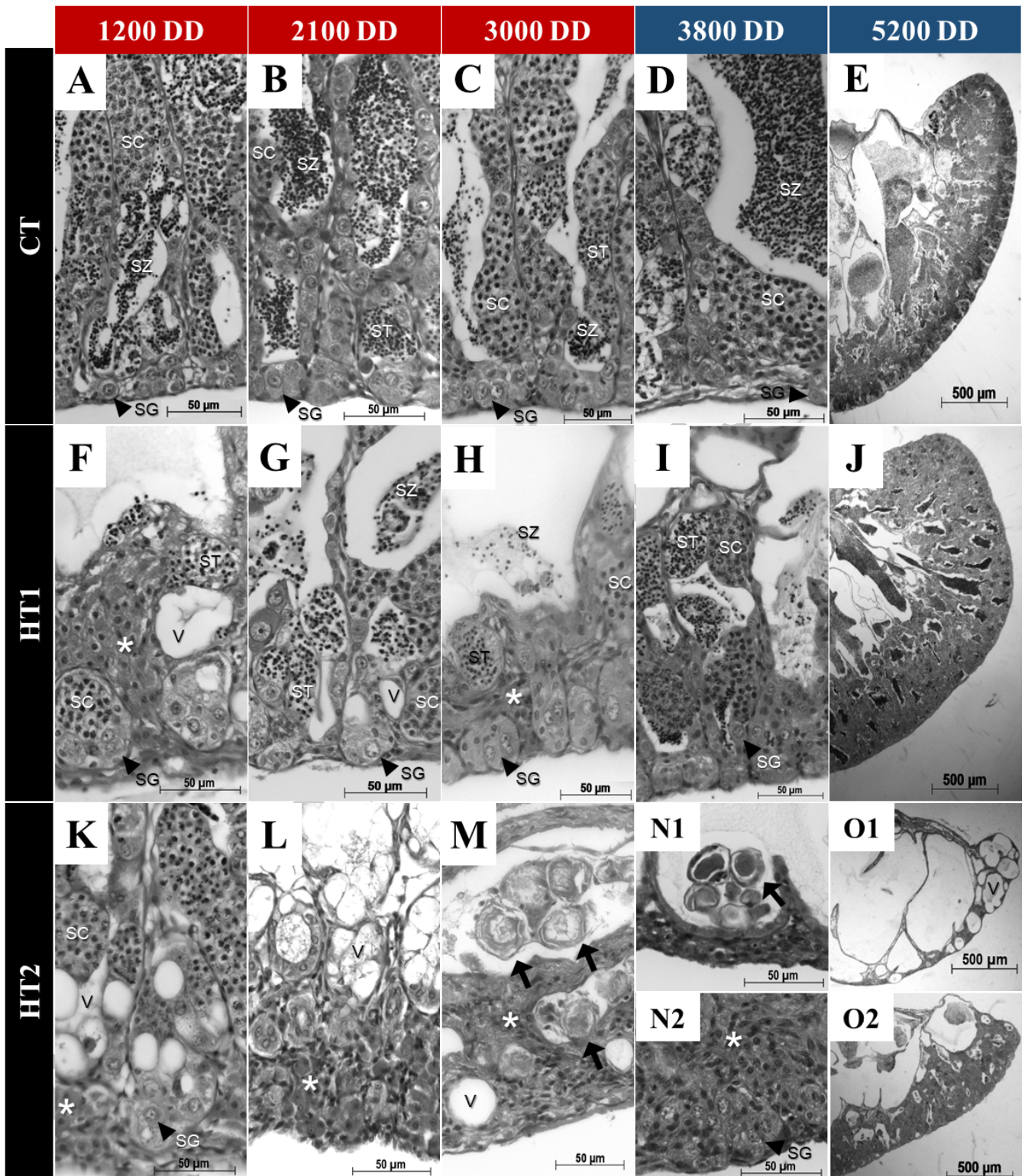


Figure 2.

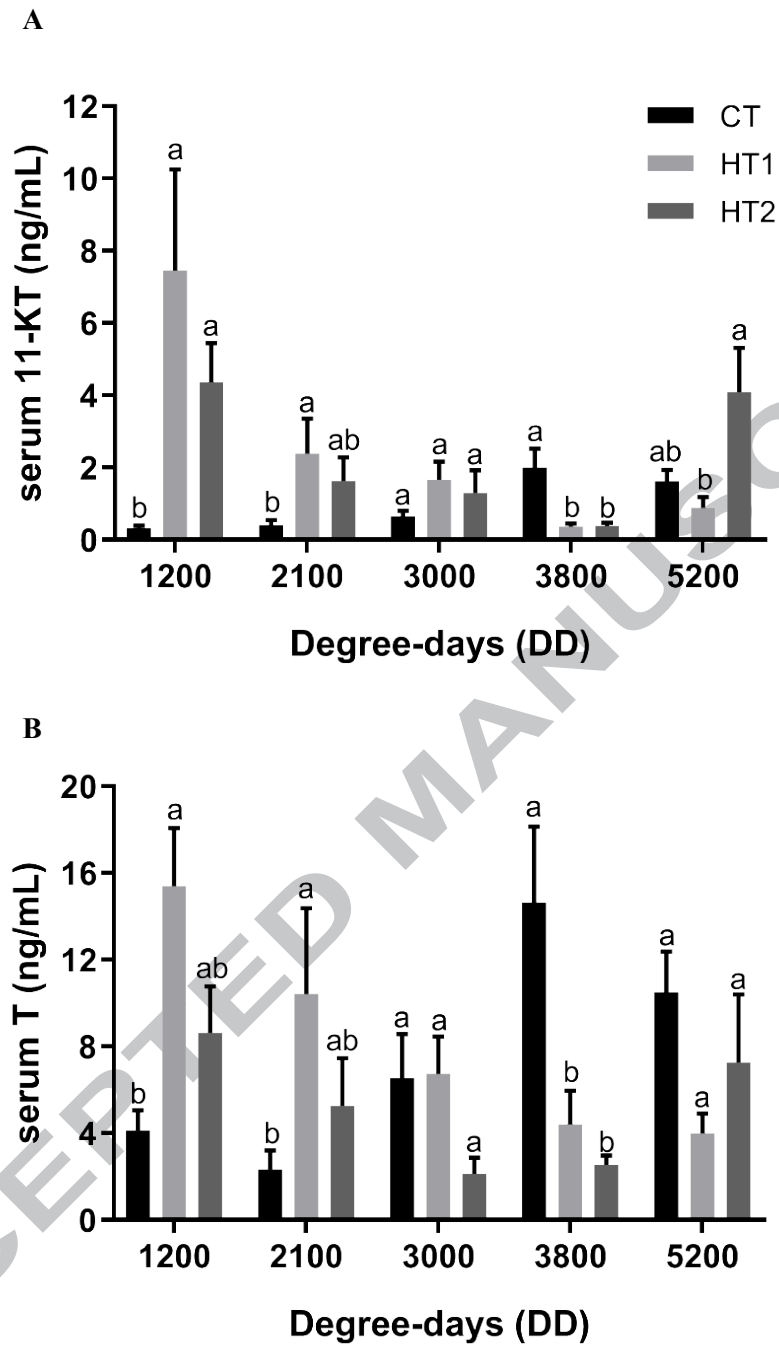


Figure 3.

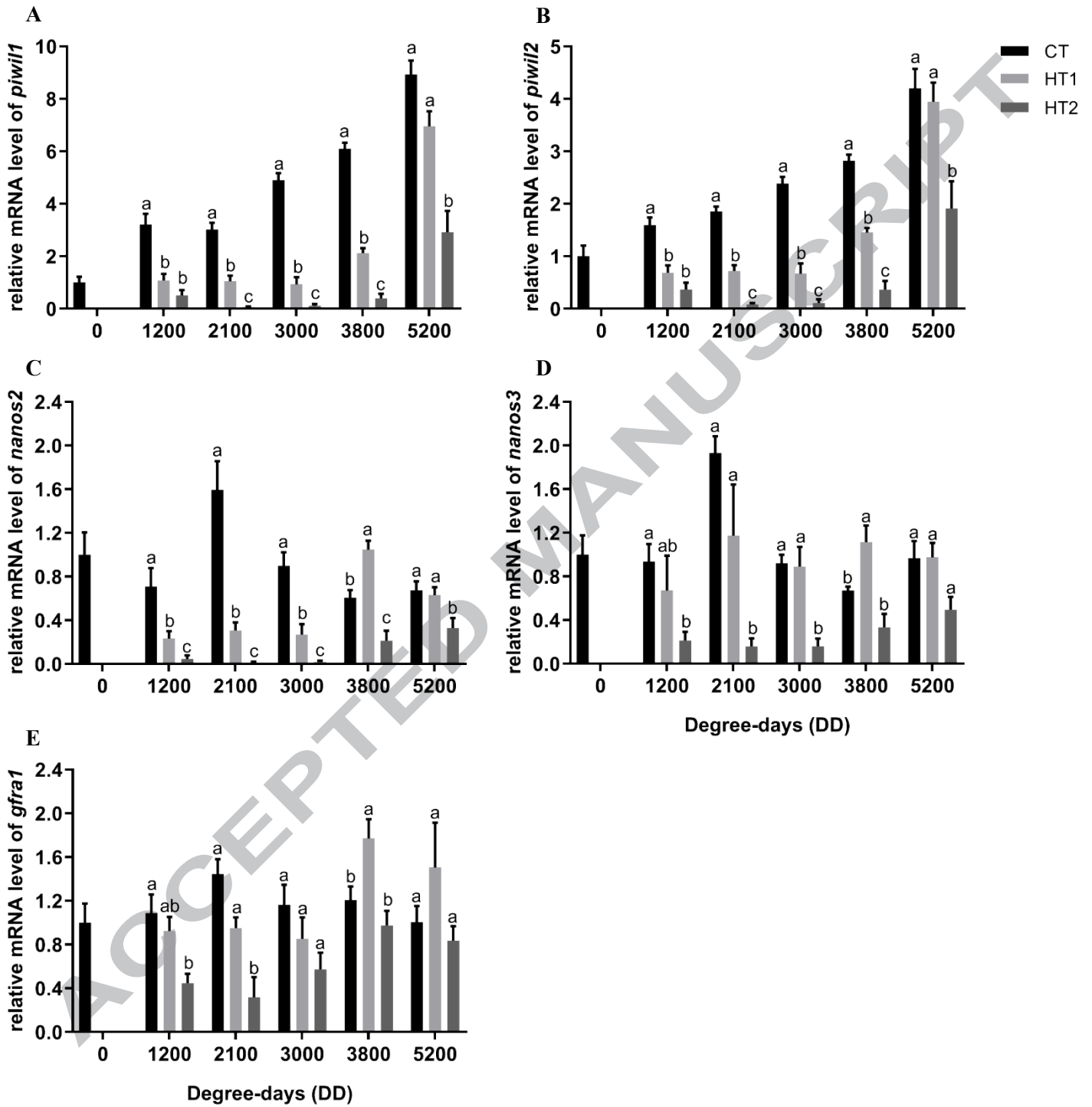


Figure 4.

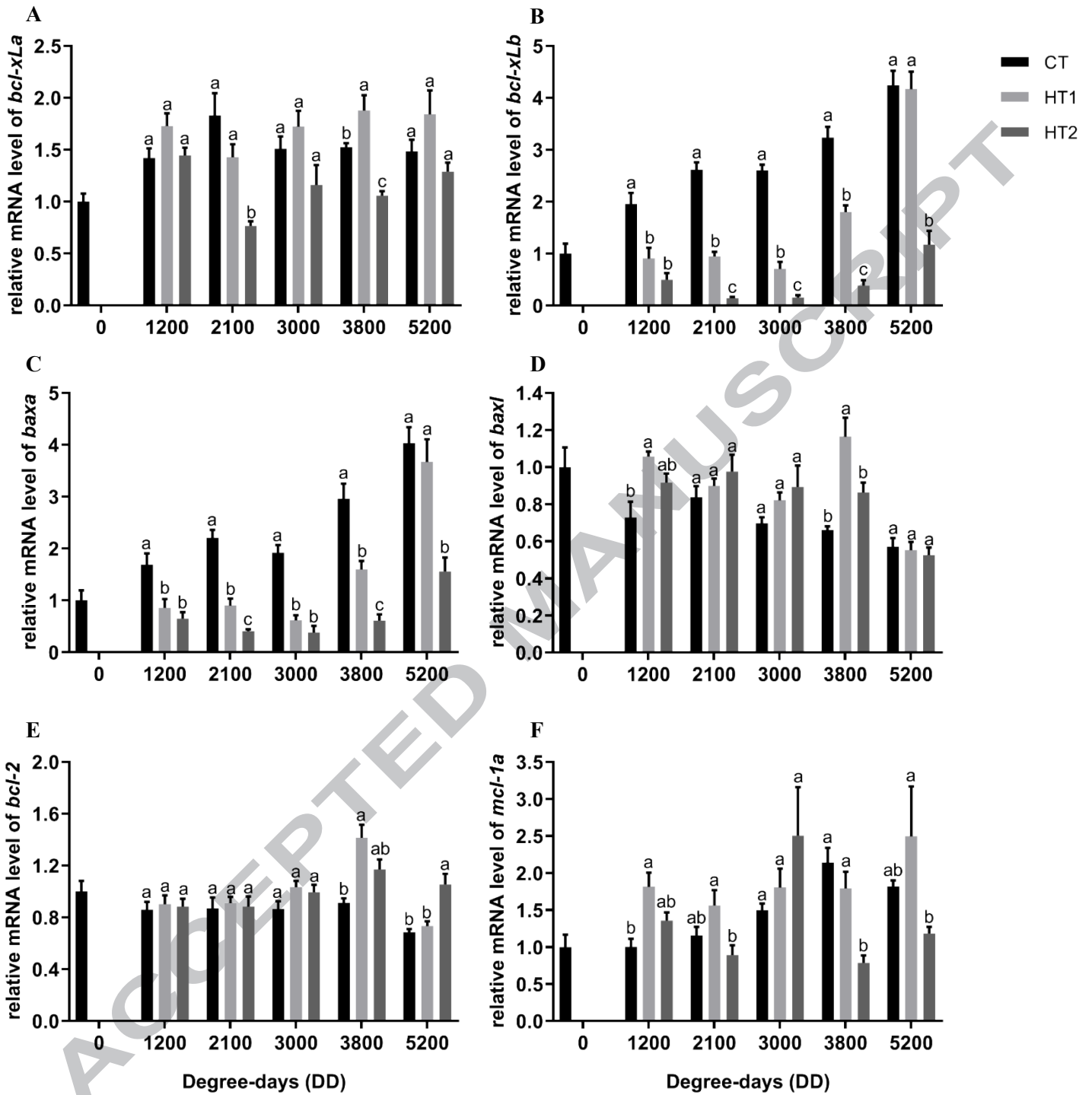


Figure 5.

## Paper highlights:

- High temperature changed expression of testicular germ cell markers and bcl-2 family genes.
- Heat-induced germ cell loss was apparent with hormonal and histological changes in the testis.
- When returned to favourable temperature, germ cells appeared to proliferate producing functional spermatozoa.

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