

1 **Growth performance, nutrient digestibility and intestinal morphology of rainbow**
2 **trout (*Oncorhynchus mykiss*) fed graded levels of the yeasts *Saccharomyces***
3 ***cerevisiae* and *Wickerhamomyces anomalus***

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5 Aleksandar Vidakovic*¹, David Huyben¹, Henrik Sundh², Andreas Nyman¹, Jouni Vielma³,
6 Volkmar Passoth⁴, Anders Kiessling¹, Torbjörn Lundh¹

7 ¹Department of Animal Nutrition and Management, Swedish University of Agricultural
8 Sciences, P.O. Box 7024, 750 07 Uppsala, Sweden.

9 ²SWEMARC, Fish Endocrinology Laboratory, Department of Biological and
10 Environmental Sciences, University of Gothenburg, P.O. Box 463, 405 30 Gothenburg,
11 Sweden

12 ³Natural Resources Institute Finland (Luke), Survontie 9 A, 405 00 Jyväskylä, Finland.

13 ⁴Department of Molecular Sciences, Uppsala BioCenter, Swedish University of Agricultural
14 Sciences, P.O. Box 7015, 750 07 Uppsala, Sweden

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16 Corresponding author: *Aleksandar Vidakovic; telephone: +46 (0) 072 247 44 02, E-mail
17 address: Aleksandar.vidakovic@slu.se

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22

23 **Abstract**

24 In a 10-week study, we evaluated the effects of replacing 20%, 40% or 60% of fishmeal
25 (present in control diet at 300 g kg⁻¹) on a digestible protein basis with yeast *Saccharomyces*
26 *cerevisiae* or a yeast mixture of *Wickerhamomyces anomalus* and *S. cerevisiae* on growth
27 performance, nutrient digestibility, nutrient retention and intestinal health of rainbow trout
28 (*Oncorhynchus mykiss*). Triplicate tanks with 35 rainbow trout (144.7 ± 25.1 g mean ± SEM)
29 were fed rations of 1.5% of total biomass per tank. Replacement of 60% of fish meal with
30 yeast mixture resulted in lower specific growth rate of 1.0 versus 1.2% day⁻¹ for other diets.
31 Apparent digestibility coefficients for crude protein and most amino acids were highest in
32 fish fed fish meal-based diet, with similar values for fish fed the diet with 20% replacement
33 with yeast mixture. Diet with 20% replacement with yeast mixture resulted in highest
34 phosphorus digestibility. Replacement of 60% of fishmeal with *S. cerevisiae* resulted in
35 oedematous mucosal fold tips in the proximal intestine. The results of this study suggest that
36 these yeasts can replace up to 40% of fishmeal under current inclusion levels in diets for
37 rainbow trout without compromising growth performance, nutrient digestibility or intestinal
38 health.

39

40 **Introduction**

41 Alternative protein sources to fish meal in aquaculture diets should be of comparable
42 nutritional value, without compromising the intestinal health of fish. In order to facilitate
43 sustainable production of aquafeeds, these alternatives should not compete with human food
44 sources or utilise arable land for production. Plant protein sources, such as soy and other
45 legumes, are still the main alternative to fish meal in most commercial fish diets, despite
46 issues relating to anti-nutritional compounds (Gatlin *et al.*, 2007). However, the long-term
47 use of plant protein sources as a high-quality protein for the rapidly expanding aquaculture
48 industry is questionable. The availability of plant protein sources for animal feed may
49 become limited over time due to human population growth and lack of viable agricultural
50 land for major production increases (Brown, 2012).

51

52 Single-cell protein (SCP), such as yeast, bacteria and microalgae, may be a sustainable
53 alternative to fish meal in aquafeeds but are not currently included as major protein sources
54 in commercial fish diets, except as probiotics or as other additives at low inclusion levels (i.e.
55 <5% dietary inclusion) (Martínez Cruz *et al.*, 2012, Navarrete and Tovar-Ramirez, 2014).
56 Such SCP can be produced using industrial by-products as substrates, allowing long-term
57 sustainable use of resources (Nasseri *et al.*, 2011). A considerable amount of research has
58 been performed on the effects of feeding yeasts to salmonids (Mahnken *et al.*, 1980, Rumsey
59 *et al.*, 1990, Rumsey *et al.*, 1991, Li and Gatlin Iii, 2003, Abdel-Tawwab *et al.*, 2008, Refstie
60 *et al.*, 2010, Øverland *et al.*, 2013, Abro *et al.*, 2014, Hauptman *et al.*, 2014, Vidakovic *et al.*,
61 2015). However, no studies have focused on high inclusion levels (i.e. >20% dietary

62 inclusion) of intact baker's yeast in diets for rainbow trout (*Oncorhynchus mykiss*). Whole
63 dried baker's yeast (*Saccharomyces cerevisiae*) has a reported protein content of above 450
64 g kg⁻¹ dry matter (DM) and an amino acid profile characterised by slight methionine
65 deficiency (Vidakovic *et al.*, 2015, Langeland *et al.*, 2016). In addition, Vidakovic *et al.*
66 (2015) observed lower methionine digestibility in diets containing intact *S. cerevisiae* than
67 in a fish meal-based reference diet. Several other authors have indicated potential for using
68 crystalline methionine supplementation in diets with *S. cerevisiae* to achieve minimum
69 nutrient requirements and maintain adequate growth (Murray and Marchant, 1986, Gaylord
70 *et al.*, 2010, Hauptman *et al.*, 2014).

71

72 The yeast *Wickerhamomyces anomalus*, formerly known as *Hansenula* and *Pichia anomala*,
73 is a species characterised by efficient utilisation of various organic substrates, similar protein
74 content to *S. cerevisiae* and high phytase activity (Vohra and Satyanarayana, 2001, Olstorpe
75 *et al.*, 2009). High phytase activity of *W. anomalus* may confer an additional advantage of
76 breaking down phytic acid in diets and consequently increasing phosphorus retention in fish,
77 while reducing phosphorus discharge. Existing literature suggests that phytase is able to
78 remain active at 80° C for up to 15 minutes and is likely to be de-activated during extrusion
79 processing at temperatures above 100 ° C (Vohra and Satyanarayana, 2001, Kumar *et al.*,
80 2012). However, study by Huyben *et al.* (2017a) demonstrated that yeast is able to survive
81 the extrusion temperatures and could potentially produce phytase during feed storage and
82 digestion.

83 Same authors demonstrated that feeding *W. anomalus* resulted in similar amino acid uptake
84 in rainbow trout compared with fish meal, but the effects of this yeast on growth performance
85 and digestibility in fish are unknown.

86

87 The main aim of this study was to investigate the effects of feeding diets with graded
88 replacement of fish meal with the yeast *S. cerevisiae* or a mixture of *W. anomalus* and
89 *S. cerevisiae* on growth performance, nutrient digestibility, nutrient retention and intestinal
90 morphology in rainbow trout. The need for crystalline methionine supplementation in diets
91 with yeast was also studied.

92

93 **Materials and Methods**

94 *Facilities and fish*

95 The experiment was carried out at Kälärne Research Station (Vattenbrukscentrum Norr AB,
96 Kälärne, Sweden) and the experimental period was 10 weeks (July to October 2014). Four
97 weeks before the experiment, 840 rainbow trout weighing 93.7 ± 3.8 g (mean \pm S.D.) were
98 netted and anaesthetised with 100 mg L⁻¹ tricaine methane sulphonate (MS-222 Western
99 Chemical Inc., Ferdale, WA, USA). Fish were randomly allocated (35 fish per tank) to 24
100 cubic fibreglass tanks, each 340 L in volume. The tanks were supplied with 10 L min⁻¹ flow-
101 through water with a mean temperature of 12.9 ± 1.2 °C that was derived from Lake Ansjön,
102 after passage through a rotating drum filter. Two days before the beginning of the experiment
103 (week 0), fish were netted, anaesthetised with 100 mg L⁻¹ MS-222 and weighed. This

104 procedure was repeated at 3, 7 and 10 (end) weeks. Duration of light exposure was set at 12
105 h during the entire experiment and water temperature was recorded daily. In order to decrease
106 the stocking density and prevent negative fish interactions, 5 fish in week 3 and 15 fish in
107 week 7 were removed from each tank and euthanised with an overdose of MS-222 (300 mg
108 L⁻¹), followed by exsanguination by cutting through the gill arches. The experiment was
109 carried out in compliance with laws and regulations concerning experiments with live
110 animals overseen by the Swedish Board of Agriculture and approved by the Ethics
111 Committee for Animal Experiments in Umeå, Sweden.

112

113 *Diets and feeding*

114 Before the experiment, fish were fed a commercial diet (3mm Nutra, Skretting AS, Norway)
115 for three weeks and switched to experimental diets for one week to check for diet acceptance.
116 The diets used in the experiment comprised one fish meal-based reference (control) and seven
117 test diets (Table 1). The fish meal (FM) diet was formulated similarly to a commercial diet
118 for rainbow trout, with high-quality, low-temperature dried fish meal as the main protein
119 source. The test diets were based on the FM diet, with replacement of the fish meal with yeast
120 ingredients on a digestible protein basis, according to digestibility values for arctic charr,
121 established in an earlier study by Langeland *et al.* (2016). The yeast *S. cerevisiae* replaced
122 20% (diet S20), 40% (diet S40) and 60% (diet S60) of fish meal and a 70:30 biomass ratio
123 of the yeasts *W. anomalus* and *S. cerevisiae* replaced 20% (diet W20), 40% (diet W40) and
124 60% (diet W60) of fish meal. All diets were formulated on a iso-nitrogenous basis,
125 accounting for 10% lower crude protein (CP) digestibility of yeast than fish meal (Vidakovic

126 *et al.*, 2015, Langeland *et al.*, 2016) and based on the nutrient requirements for rainbow trout
127 recommended by NRC (2011). All diets with the exception of diet S60-Met were
128 supplemented with crystalline L-methionine up to a total methionine content of 9 g kg⁻¹ diet,
129 i.e. well above the required level of 7 g kg⁻¹ diet based on NRC (2011).

130 Molasses was used as a substrate for production of *W. anomalous*, while harvesting was
131 performed using technology developed by Jästbolaget AB (Sweden), which was originally
132 designed for *S. cerevisiae*. In this set-up, it was not possible to obtain a pure fraction of
133 *W. anomalous* with a protein content of nearly 60% previously obtained in laboratory
134 conditions (unpublished data). Therefore, a mixture of *W. anomalous* and *S. cerevisiae* (70:30
135 ratio) was used to obtain a moderate protein content. The chemical composition of the yeasts
136 and diets is given in Tables 2 and 3.

137 The diets were produced by extrusion at the Natural Resources Institute Finland (Laukaa
138 Research Station) with a twin-screw extruder (3 mm die, BC-45 model, Clextral, Creusot
139 Loir, France). All ingredients were mixed in a vertical Metos mixer with the addition of
140 boiling water to a final moisture content of about 20%. During the extrusion process, feed
141 mash was heated to 120-130°C for 30 s, air-dried overnight in a vertical oven at 60°C and
142 then coated with lipids using a vacuum coater (Pegasus PG-10VC, Dinnissen, Sevenum,
143 Netherlands).

144 The diets were distributed daily by automatic feeders (Arvo-Tec T 2000, Huutokoski,
145 Finland) every 20-30 min for 12 h. Feed waste was collected according to Helland *et al.*
146 (1996) using automatic feed waste collectors (Hølland Teknologi, Sandnes, Norway). Each

147 diet was fed to three randomised tanks at near-satiation fixed rations of 1.5% of total fish
148 biomass in each tank. The satiation levels were determined using control (FM) feed in the
149 week prior to the experiment. The fixed feeding rations were selected in order to target the
150 physiological function of the diets and avoid possible compensatory feeding due to
151 nutritional differences. The feed allowance was corrected after each weighing and feeding
152 resumed on the second day after each weighing. Due to incomplete oil absorption during
153 vacuum coating, diets S60, S60-Met, W40 and W60 were found to gradually obstruct the
154 feeders, consequently reducing the feed distribution to the fish. Therefore, feeders
155 distributing diets S60, S60-Met, W40 and W60 were replaced with daily loaded belt feeders
156 (Hølland Teknologi, Sandnes, Norway) for the last period of the experiment (week 7 to 10)
157 thereafter distributing the fixed rations of 1.5% of total fish biomass in each tank. Dry matter
158 (DM) determination of feed and feed waste is described below. Feed intake was calculated
159 as: $\text{Feed given DM (g)} - (\text{Feed waste DM (g)}/\text{recovery})$, where recovery was determined by
160 the percentage of DM recovered from each diet that passed through empty tanks under the
161 same experimental conditions, according to Helland *et al.* (1996).

162 *Sampling of fish and faeces*

163 Before the start of the experiment, 10 fish from the holding tanks were sampled, euthanised
164 as described above and then stored at -25°C until whole-body analysis was performed. In
165 weeks 3 and 7, 5 and then 15 fish from each tank were removed and euthanised as described
166 previously, and the faeces were collected for analysis of digestibility. At the end of the
167 experiment (week 10), the remaining 15 fish in the experimental tanks were netted and
168 euthanised. Body weight was recorded for each fish. Three fish from each tank were

169 randomly sampled and used for microbiota sampling in a parallel study by Huyben *et al.*
170 (2017a). Faeces were collected from remaining 12 fish. During this procedure, the distal
171 intestine located after the ileorectal valve was dissected and faeces were collected by gentle
172 scraping with a scalpel without washing. Collected faeces were pooled as one sample per
173 tank for digestibility analysis. Prior to the faeces collection, whole viscera and liver from five
174 fish per tank were removed and weighed to calculate viscerosomatic index (VSI) and
175 hepatosomatic index (HSI). Following the faeces collection, five fish per tank were selected
176 for whole body analysis and the remaining two fish were discarded.

177 *Sample preparation and chemical analysis*

178 Whole fish stored at -25°C were thawed and homogenised with a mixer (B-400, Büchi
179 Labortechnik AG, Flawil, Switzerland). Homogenised fish, experimental feed and faeces
180 were freeze-dried, ground with a coffee grinder (KG40, DeLonghi Appliances, Italy) and
181 stored at -25°C until analysis.

182 The DM and ash content were determined according to Jennische and Larsson (1990). In
183 brief, the DM content was determined by measuring the weight difference before and after
184 heating the samples in an oven at 103°C for 16 h. Ash content was determined after
185 incineration at 550°C for 3 hours. Total nitrogen (N) was determined using the Kjeldahl
186 method with a digester and analyser (2020 and 2400 Kjelttec, FOSS Analytical A/S, Hilleröd,
187 Denmark) and CP was calculated as $N \times 6.25$ (Nordic Committee on Food Analysis, 1976).

188 Crude lipid (CL) content was analysed using an extraction system (Soxtec System HT 1043
189 Extraction Unit, FOSS Analytical A/S, Hilleröd, Denmark) without acid hydrolysis

190 according to the manufacturer's recommendations (ANKOM Technology, Macedon, NY,
191 USA) with modifications by Hooft *et al.* (2011).

192 Determination of gross energy (GE) was performed in an isoperibol calorimeter (Parr 6300,
193 Parr Instrument Company, Moline, IL, USA) and expressed as MJ kg⁻¹. Inert marker, TiO₂,
194 was analysed according to Short *et al.* (1996). Nutrient detergent fibre content (NDF) was
195 analysed by the amylase neutral detergent method according to Mertens (2002).

196 The amino acid (AA) content of diets and faeces was analysed at a certified laboratory
197 (Eurofins Food & Agro Testing Sweden AB, Linköping, Sweden) by ion exchange high-
198 performance liquid chromatography, according to ISO-13903 (2005). In brief, samples were
199 oxidised for 16 h with performic acid and then hydrolysed for 23 h with 6M HCl. Individual
200 AA were separated on an ion-exchange chromatograph (Biochrom 30 amino acid analyser,
201 Biochrom Ltd., Cambridge, England) and the peaks were identified, integrated and quantified
202 with EZChrom Elite (Biochrom Ltd., Cambridge, England).

203 Determination of phosphorus content was performed by plasma emission spectroscopy
204 (Spectro Analytical Instruments GmbH & Co., Kleve, Germany) at a certified laboratory
205 (Agrilab AB, Uppsala, Sweden) after extraction of samples with HNO₃ as described by
206 Bahlsberg-Pålsson (1990).

207

208

209 *Intestinal morphology*

210 Proximal and distal intestinal tissues were collected from four fish per tank using the
211 ileorectal valve as the indicator of the transition from proximal into distal intestine, fixed in
212 phosphate-buffered (0.1 mM, pH 7.2) 4% formalin for 24 h at 4°C, washed in 0.9% NaCl
213 and stored in 70% ethyl alcohol (EtOH) until histology was performed. Tissues were
214 dehydrated through an alcohol gradient and Histolab-clear (Histolab Products AB,
215 Gothenburg, Sweden) and embedded in paraffin wax using standard procedures. Sections (7
216 µm) of the proximal intestine were produced with a Shandon finesse microtome (Thermo
217 Fisher Scientific, Waltham, MA, USA), mounted on 3'-aminopropyltriethoxysilane (APES;
218 Sigma-Aldrich)-coated slides and dried at 37°C for 24 h. Tissue slides were stained with a
219 combination of haematoxylin-eosin and alcian blue 8 GX, pH 2.5. The sections were
220 examined under a Nikon eclipse E1000 microscope and photographs taken with a Nikon
221 DXM1200 camera (Nikon Instruments Europe, Amsterdam, Netherlands). Intestinal sections
222 (n=8-12) from the proximal intestine were analysed for three different morphological
223 parameters. From each fish, four non-overlapping areas per intestine were assessed for
224 mucosal fold height and width (µm) and goblet cells per mm epithelium, using Biopix
225 imaging software (Biopix AB, Gothenburg, Sweden). Histological samples were randomised
226 and blindly evaluated.

227

228 *Calculations*

229 Weight gain (WG), specific growth rate (SGR) and feed conversion ratio (FCR) were
230 calculated using the following equations:

231 $WG (\%) = ((FW - SW)/SW) \times 100$

232 $SGR (\% \text{ day}^{-1}) = 100 \times ((\ln FW - \ln SW)/T)$

233 $FCR = FI / (FW - SW)$

234 $RFI (\% \text{ of body weight day}^{-1}) = 100 \times (FI / (T \times (SW + FW)/2))$

235 where RFI is the relative feed intake over the whole experimental period expressed in
236 percentage of body weight, FW is the final weight (g) of the fish, SW is the initial weight of
237 the fish (g), T is the duration of the experiment (days) and FI is total feed intake (g) on an
238 DM basis.

239 Hepatosomatic index and viscerosomatic index were calculated according to the following
240 equations:

241 $HSI (\%) = (W_{Liv}/FW) \times 100$

242 $VSI (\%) = (W_{Vis}/FW) \times 100$

243 where W_{Liv} is the weight of liver (g), W_{Vis} is the weight of viscera (g) and FW is fish weight.

244 The VSI values include the faeces weight (≤ 0.5 g).

245 Nutrient retention was determined as:

246 $(\text{Nutrient retained in the body}/\text{Nutrient ingested}) \times 100.$

247 Apparent digestibility coefficients (ADC) were calculated as:

248 $ADC_{\text{diet}} (\%) = [1 - (F/D \times D_i/F_i)] \times 100$

249 $ADC\ DM\ (\%) = [1 - (D_i/F_i)] \times 100$

250 where F is % nutrient (or kJ g⁻¹GE) in faeces, D is % nutrient (or kJ g⁻¹GE) in diet, D_i is %
251 inert marker in diet and F_i is % inert marker in faeces.

252 *Statistical analysis*

253 The effects of diet on growth performance (FW, WG and SGR), FCR, ADC, relative feed
254 intake (RFI), protein and gross energy retention and relative organ weight (HSI and VSI)
255 were evaluated using the model PROC MIXED, including the fixed factor of test diet and the
256 random factor of tank. Significant effects of the diets were determined using *post hoc* least
257 squared means (LSMEANS) with Tukey's adjustment for multiple pair-wise comparisons.
258 Tank was the experimental unit and significance level was set to p<0.05. All data were
259 normally distributed and analyses were performed using Statistical Analysis System version
260 9.3 (SAS Institute Inc., NC, USA).

261

262 **Results**

263 *Growth performance, body indices, nutrient retention and body composition*

264 In terms of growth performance, no differences were observed for FW and WG between
265 different treatments (Table 4). However, tendency (p=0.06, Table 4) for lower final weight
266 was observed for fish fed diets S60 and W60. For fish fed diet W60 significantly lower SGR
267 was observed, while fish fed diets S60 and S60-Met SGR did not differ from fish fed the FM
268 diet. No significant differences (p=0.64) in FCR were observed among any of the diets.

269 Assessments of relative body indices showed that fish fed diet W20 had significantly higher
270 HSI than fish fed diet W40. There were no differences in VSI between fish fed different diets.
271 There were no differences in nutrient retention (CP, CL, energy and phosphorus) between
272 fish fed the different diets (Table 4). Phosphorus retention tended to differ ($P=0.06$) among
273 the different dietary groups. Highest retention was observed for diet S60 and lowest for diet
274 W20.

275 The whole body composition did not differ between different diets, with the exception of CL
276 content which was significantly lower in fish fed S60 diet than in fish fed FM, S20 and S40
277 diets.

278 *Relative feed intake and apparent digestibility*

279 The relative feed intake (RFI) varied from 0.91 to 1.18 % of BW day⁻¹ for total duration of
280 the experiment (Table 4). The RFI in fish fed diet S40 was higher than in fish fed diet S60.
281 The average feed waste reported per tank (\pm SEM) was 285.7 ± 74.8 g during the whole
282 experimental period.

283 The values for apparent digestibility of DM were higher in fish fed FM diet than in fish fed
284 diet S60-Met. Apparent digestibility of CP was higher for fish fed the FM diet than fish fed
285 the yeast-based diets, except for diet W20 (Table 5). In addition, significantly higher ADC
286 of CP was found for fish fed diet W20 than fish fed diets S60 and S60-Met. The highest ADC
287 for sum of indispensable amino acids (IAA) was recorded for fish fed the FM diet, which
288 again did not vary from fish fed diet W20. For fish fed diet W20, ADC of sum of IAA was
289 significantly higher than for fish fed diets S60, S60-Met and W60. Similarly, ADC of all

290 individual IAA, except threonine, was typically highest for fish fed the FM and W20 diets,
291 while the lowest ADC was found for fish fed diets S60 and S60-Met. The highest ADC of
292 threonine was recorded in fish fed the FM diet. Lastly, ADC of phosphorus was significantly
293 higher for fish fed diet W20 than for fish fed the FM diet.

294 Faeces collected from fish fed different diets varied greatly in respect to DM content. The
295 lowest DM (14.9%) was found in fish fed diet W60 and the highest (17.3%) in fish fed the
296 FM diet.

297

298 *Intestinal morphology*

299 In the proximal region of the intestine, there were no apparent effects of diet on the height of
300 the villi (Table 4). All dietary treatments, including FM, displayed oedematous mucosal fold
301 tips. The mean width of the oedema was significantly enhanced in fish fed diet S60 compared
302 with fish fed the FM diet (Figure 1). However, the more pronounced oedema observed in fish
303 fed diet S60 was not infiltrated by any immune cells and therefore was not classified as
304 enteritis. Number of goblet cells was highest in fish fed the FM diet, but no significant
305 differences were observed between the different diets (Table 4).

306 **Discussion**

307 In terms of growth performance, earlier studies such as that of Hauptman *et al.* (2014)
308 reported that replacing more than 37.5% (11.2% dietary inclusion) of fish meal with grain
309 distiller's dried yeast in diets for rainbow trout resulted in decreased growth performance. In
310 earlier work (Vidakovic *et al.* (2015), we found that 40% fish meal replacement (28.9%

311 dietary inclusion) with *S. cerevisiae* resulted in lowered growth performance of Arctic charr
312 (*Salvelinus alpinus*). However, fish meal replacement with yeast in the present experiment
313 was based on digestible protein rather than crude protein, which may have indirectly
314 improved fish performance to match that of the FM diet (Table 3). On the other hand, the
315 results of the present study are in line with findings by Langeland *et al.* (2016), who in a
316 series of digestibility experiments observed similar growth rates of Arctic charr fed 30%
317 dietary inclusion of *S. cerevisiae* and an FM-based reference diet. However, Langeland *et al.*
318 (2016) fed the fish *ad libitum*, which resulted in higher dietary feed intake in fish fed diets
319 with yeast compared with in the present study, where fixed rations were applied.

320 Previous research by de la Higuera *et al.* (1981) has shown that when diets for rainbow trout
321 contain *W. anomalus* as the only protein source (812 g kg⁻¹ diet), feed intake and growth
322 decreased significantly. The present study showed that when fish meal was replaced with
323 *S. cerevisiae* as well as *W. anomalus* and *S. cerevisiae* mix at 60 % or at 32.1 and 35.5 %
324 dietary inclusion, there were negative effects on feed intake. However, at the same time the
325 FCR, FW and WG were not significantly affected. While the decreased feed intake of diet
326 S60 may be a function of the observed decreased daily feed ration (DFR) caused by feed
327 delivery issues, the decreased intake of diet W60 could be a result of lower preference for
328 this diet. In addition, fish fed diet W60 had lower SGR than fish fed FM and S20 diet. This
329 may as well be a combined effect of lower feed intake and poorer protein quality. Despite
330 the comparable CP levels between the diets, the actual AA content per unit CP was lower in
331 the *W. anomalus* and *S. cerevisiae* mix (Table 2), indicating a possibly lower biological value
332 of this protein source due to higher non-protein nitrogen content. It remains uncertain

333 however whether prolonged feeding with test diets would amplify the slight differences in
334 growth. Additionally, it is possible that if *ad libitum* feeding had been applied in the present
335 study, differences in growth performance would have been amplified.

336

337 A possible explanation for slightly reduced DFR for diets S60, S60-Met and W 40 could be
338 the observed poorer physical feed pellet quality and oil absorption, causing decreased
339 delivery of feed by feeders during trials and thus lower feed intake by the fish, which was
340 especially evident for diet S60. In addition, the feed recovery test (Table 5) shows that the
341 pellets containing higher levels of *S.cerevisiae* + *W. anomalus* mix had lower recovery rate
342 when compared with most diets, indicating that the pellets dissolved quicker in water. On the
343 contrary, the recovery of S20 diet was improved when compared to FM diet, illustrating
344 possible beneficial effect on pellet quality when *S. cerevisiae* is added at lower inclusion
345 rates. Similar observations have been reported previously for diets with high inclusion of
346 yeast extract (Langeland *et al.*, 2016). Hauptman *et al.* (2014) also observed alterations in
347 physical pellet quality in diets with yeast and indicated strong correlation between yeast
348 inclusion rate and the pellet loss during Holmen durability pellet testing. Aas *et al.* (2011)
349 found that the physical pellet quality could modify the rate of passage in rainbow trout and
350 consequently affect the nutrient utilization in trout. Poor oil absorption was also observed for
351 diets W40 and W60 while the fish fed diet W60 achieved lowest growth performance when
352 measured as SGR. However, observations regarding physical pellet quality and oil absorption
353 could not be confirmed in the present study, as no physical pellet quality analysis was
354 performed. Recent studies have suggested modifying conditions during extrusion as a means
355 to improve the digestibility of yeast protein (Vidakovic *et al.*, 2015, Langeland *et al.*, 2016).

356 Other authors have emphasised the importance of feed processing aspects when working with
357 extruded diets (Aguilar-Uscanga and François, 2003, Klis *et al.*, 2006, Baeverfjord *et al.*,
358 2006). More research is needed in order to optimise the production process to improve pellet
359 quality and nutrient delivery of diets with high inclusion of yeast.

360 The lack of difference in growth performance of fish fed methionine-enriched and non-
361 enriched diets could have several explanations. The total methionine content of diet S60-Met
362 (7.8 g kg⁻¹ DM) was slightly above the minimum requirement for rainbow trout (7 g kg⁻¹ DM
363 (NRC, 2011), even with no addition of crystalline methionine. However, the requirements
364 were established on the assumption that bioavailability of these amino acids is close to 100%,
365 which is rarely the case in practical diets. Moreover, the sum of methionine and cysteine for
366 diet S60-Met was 13.9 g kg⁻¹ DM, which is well above the requirement of 11 g kg⁻¹ DM set
367 by NRC (2011), and the digestibility of methionine was therefore still sufficient to meet this
368 requirement. Huyben *et al.* (2017b) fed dorsal aorta-cannulated rainbow trout the same basic
369 diets as in this study (FM, 60S and 60W) and found that post-prandial plasma levels of
370 methionine were significantly higher in fish fed the yeast diets compared with fish fed the
371 FM diet. Those authors suggested that the higher methionine supplementation in the yeast-
372 based diets created a surplus of free methionine in the plasma and proposed that dietary
373 supplementation may not be necessary.

374

375 Studies by Vidakovic *et al.* (2015) and Langeland *et al.* (2016) report lower apparent
376 digestibility of protein in diets for Arctic charr containing *S. cerevisiae* than in diets
377 containing fish meal. Apparent digestibility of all IAA in the present study, with the

378 exception of threonine, was highest for fish fed the FM and W20 diets. Moreover, the ADC
379 of IAA for all experimental diets were either above or slightly below 90 % which is higher
380 than what was reported in earlier studies using yeast protein sources for salmonids.

381 The reduced ADC of IAA in diets S60, S60-Met and W60 may indicate lower limiting
382 inclusion levels of these ingredients. Additionally, the total amount of IAA per unit crude
383 protein differed between the two yeast products used (Table 2), possibly explaining slightly
384 lower growth in fish fed diets containing a mix of *W. anomalus* and *S. cerevisiae* compared
385 with fish fed diets containing *S. cerevisiae*.

386 The higher phosphorus ADC in fish fed diet W20 compared with fish fed diet FM may
387 indicate a possible effect of phytase activity by the yeast *W. anomalus*. In fact, fish fed all
388 experimental diets had numerically higher phosphorus digestibility than fish fed the FM diet.
389 Huyben *et al.* (2017a) used the same diets as in the current trial and found that there was a
390 reduction in number and abundance of culturable yeast cells in the diets after the extrusion,
391 however yeast containing diets still had relatively high abundance of culturable yeast cells.
392 These surviving yeast may still be a source of phytase in the diets after the extrusion.
393 Additionally, it has been suggested that diets can have lower digestibility of phosphorus in
394 the presence of fishmeal due to the higher calcium content (NRC, 2011). Lowest retention of
395 phosphorus was observed in fish fed diet W20, while having the highest phosphorus ADC at
396 the same time. The reason for this is currently unknown but such results can point to a
397 possible analytical error. To the best of our knowledge, there are no published studies on the
398 phytase activity of yeasts in salmonids. Our observation therefore indicates a possible
399 direction for future work, especially when using yeast in fish diets to improve phosphorus
400 retention and consequently reduce phosphorus emissions to the environment.

401

402 The more pronounced oedema in the mucosal fold of the proximal intestine in the fish fed
403 S60 diet indicates reduced intestinal health (Figure 1). This was most likely a result of the
404 diet, and is in agreement with reduced growth in fish fed the S60 diet. In mammals, oedema
405 can be a result of stress-induced reduction of the barrier function of the microvasculature
406 induced by mast cell activation and can result in fluid leakage and accumulation in the villi
407 (Wilson and Baldwin, 1999). Furthermore, oedematous villi can be associated with general
408 inflammation (Serra and Jani, 2006). Although the oedema observed in this study was not
409 apparently infiltrated by immune cells, the possibility of an early stage of inflammation, more
410 severe in fish fed S60 diet, cannot be excluded. In addition, oedema can be related to hypoxic
411 conditions in the enterocytes. The tip of the villi are normally hypoxic, but the hypoxic area
412 can extend further down in the villi during neutrophil infiltration and/or decreased blood
413 perfusion of the intestine (Colgan and Taylor, 2010). Huyben *et al.* (2016) who fed rainbow
414 trout the same diets as in the present study found that fish fed the yeast-based diets displayed
415 signs of haemolytic anaemia. Those authors suggested that high levels of nucleic acids in
416 yeast-based diets could overwhelm anti-oxidative processes and impair red blood cells,
417 consequently leading to cell lysis, and recommended limited use of yeasts in fish diets. It can
418 therefore be proposed that haemolytic anaemia was one reason for the possible hypoxia-
419 induced oedema observed in the present study. Further studies are needed to confirm the
420 aetiology behind intestinal oedema in rainbow trout.

421 Except for fish fed diet S20, faeces DM gradually decreased with increased yeast inclusion
422 level (Table 3), which indicates that the yeast induced signs of diarrhoea. This is also

423 supported by a decreased ADC of DM in fish fed diet S60-Met, compared to fish fed FM
424 diet. In yeast cells, 10-25% of cell biomass may be represented by cell walls and these contain
425 high proportions of chitin (Klis *et al.*, 2006), which has been shown to induce diarrhoea in
426 fish when given in high amounts (Lindsay *et al.*, 1984, Shiau and Chin, 1999, Olsen *et al.*,
427 2006, Kraugerud *et al.*, 2007). However, the NDF content of the 60% yeast-based diets was
428 less than half that of the fish meal diet (Table 3), possibly due to lower cellulose inclusion
429 (Table 1), which may have affected intestinal mucus secretion. Threonine is an IAA present
430 in high concentrations in mucins (NRC, 2011) and fish are known to produce excessive
431 mucus in stressful conditions (Eddy and Fraser, 1982, Khan and McGeer, 2013). Previous
432 studies by Vidakovic *et al.* (2015) showed that feeding Arctic charr a diet with 28.9% dietary
433 inclusion of intact *S. cerevisiae* resulted in disruption of the intestinal barrier function and
434 coincided with decreased ADC of threonine. In the present study, low ADC values for
435 threonine, coupled with lower faecal DM for fish fed all experimental diets except FM,
436 indicate increased intestinal mucus excretion. In view of these results, together with
437 observations on intestinal morphology, presence of intestinal stress in fish fed diets with
438 higher yeast inclusion levels cannot be ruled out. Therefore, the impact of yeast and the role
439 of threonine ADC as an indicator of increased mucus production in the intestines merit
440 further examination.

441 Based on the feed formulation used in this study, it can be concluded that methionine
442 supplementation of diets with high *S. cerevisiae* inclusion is not required. Furthermore,
443 findings of intestinal inflammation in fish fed diet S60 indicate that such a high inclusion rate
444 cannot be recommended, as it may have negative effects on fish. Hence, further research

445 focusing on possible anti-nutritional effects of yeasts is needed in order to develop these
446 SCPs in diets for salmonids. It can be concluded that both *S. cerevisiae* and a 70:30 mix of
447 *W. anomalus* can replace up to 40% of fish meal protein without negative effects on growth
448 performance, nutrient retention or intestinal health. To the best of our knowledge, such high
449 inclusion rates of yeasts in fish diets without reductions in growth and health have not been
450 achieved previously. Observations related to poor lipid absorption in high yeast inclusion
451 diets point to a need for further studying the effects of yeast inclusion on physical pellet
452 quality.

453

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465

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- 589
- 590

591 Table 1. Formulation of the experimental diets (g kg⁻¹, as-is)

Ingredient	Diet ¹							
	FM	S20	S40	S60	S60-Met	W20	W40	W60
Fish meal	300	240	180	120	120	240	180	120
Soy protein concentrate	135	135	135	135	135	135	135	135
Wheat gluten	120	120	120	120	120	120	120	120
Fish oil	110	115	120	125	125	115	120	124
Rapeseed oil	50	50	50	50	50	50	50	50
Wheat meal	60	60	60	60	60	60	60	60
Wheat starch	100	75	45	10	10	65	20	0
Min-vit premix ^a	15	15	15	15	15	15	15	15
Monocalcium phosphate	10	10	10	10	10	10	10	10
β-Cellulose	93	65	42	24	29	64	41	0
Titanium oxide	5	5	5	5	5	5	5	5
L-methionine	2	3	4	5	0	3	5	6
<i>S. cerevisiae</i>	-	107	214	321	321	-	-	-
<i>W. anomalus</i> + <i>S. cerevisiae</i>	-	-	-	-	0	118	239	355

592 ¹Fish meal-based reference diet (FM) and diets with 20%, 40% and 60%
 593 fish meal protein replaced with *Saccharomyces cerevisiae* (S20, S40, S60)
 594 or a 70:30 mix (biomass ratio) of *Wickerhamomyces anomalus* and *S.*
 595 *cerevisiae* (W20, W40, W60), with an additional *S. cerevisiae* diet without
 596 methionine supplementation (S60-Met).

597 ^aMineral-vitamin premix contains (per kg): retinol acetate 400000 IU,
 598 cholecalciferol 150000 IU, all-race-tocopheryl acetate 15000 IU, menadion
 599 sodium bisulfite 500mg, thiamine HCl 1 g, riboflavin 1.5 g, calcium d-
 600 pantothenate 4.5 g, biotin 150 mg, folic acid 300 mg, vitamin B12 0.02 mg,
 601 niacin 6 g, pyridoxine HCl 1 g, ascorbic acid (Stay C) 15 g, inositol 10 g,
 602 zinc 7.5 g, manganese 3 g, iodine 200 mg.

603

604 Table 2. Proximate chemical composition, amino acid profile (g kg⁻¹ DM)

605 and energy content (MJ kg⁻¹ DM) of intact baker's yeast (*Saccharomyces*

606 *cerevisiae*) and yeast mix (*Wickerhamomyces anomala* and *S. cerevisiae*)

	Ingredient	
	<i>S. cerevisiae</i>	<i>W. anomalus</i> + <i>S. cerevisiae</i> ³
Crude protein	466	422
Sum of amino acids	423.5	360.4
Crude lipid	10	9
Ash	63	70
Gross energy	19.9	20.4
Indispensable amino acids		
Arginine	22.2	18.8
Histidine	9.9	7.9
Isoleucine	23.3	20.5
Leucine	32.6	28.4
Lysine	36.3	30.3
Methionine	7.1	4.9
Phenylalanine	19.5	17.2
Threonine	22.5	19.5
Valine	27.2	22.2
Sum	200.5	169.8
Dispensable amino acids		
Alanine	24.9	21.5
Aspartic acid	45.0	37.6
Cysteine ^{1,2}	5.8	4.0
Glutamic acid	67.4	58.0
Glycine	21.6	18.0
Ornithine	0.5	0.6
Proline	17.5	15.0
Serine	23.1	21.5
Tyrosine	17.1	14.4
Sum	223.0	190.6

607 ¹Amount present after oxidation of cysteine and cystine to cysteic acid.

608 ²Conditionally indispensable (NRC, 2011).

609 ³Mixture of 70:30 *W. anomala* to *S. cerevisiae*

610

611

612 Table 3. Proximate chemical composition, amino acid profile (g kg⁻¹ DM) and energy content (MJ
 613 kg⁻¹ DM) of the experimental diets and faecal dry matter

	Diet ¹							
	FM	S20	S40	S60	S60- Met	W20	W40	W60
Dry matter (%)	92.4	91.1	91.9	91.3	90.4	91.8	92.3	93.3
Crude protein	425	433	440	454	453	432	446	463
Total amino acids	387	389	392	382	416	366	399	393
Crude lipid	196	207	208	203	192	208	200	186
NDF ²	113.9	88.2	63.9	44.9	44.9	81.7	68.0	25.4
Ash	68.4	66.4	62.8	62.6	59.6	65.2	63.2	61.6
Gross energy	23.6	23.6	23.7	23.9	23.9	23.6	23.6	23.8
Phosphorus	9.3	9.7	9.8	9.8	10.1	10.7	10.1	9.8
Indispensable amino acids								
Arginine	22.1	22.4	22.0	21.3	22.6	20.4	21.9	21.7
Histidine	9.5	9.3	9.5	9.4	9.7	8.8	8.9	9.4
Isoleucine	16.5	16.8	16.8	16.9	18.5	16.1	17.2	17.4
Leucine	30.1	30.3	29.5	28.7	31.9	29.0	30.6	30.2
Lysine	24.1	24.4	24.6	24.4	26.6	22.6	24.4	24.3
Methionine	11.1	12.2	11.4	11.6	7.8	11.3	12.4	12.3
Phenylalanine	18.6	18.9	19.0	18.9	20.8	17.6	19.8	19
Threonine	15.4	15.5	16.3	15.7	16.3	14.3	16.3	16.3
Valine	19.6	19.6	19.9	19.6	21.2	18.2	19.6	20.6
Sum	167.0	169.4	169.0	166.5	175.4	158.3	171.1	171.2
Dispensable amino acids								
Alanine	19.8	19.9	20	19	20.8	19.1	20.0	19.7
Aspartic acid	34.7	34.4	35.1	34.2	37.8	32	34.6	35.1
Cysteine ^{3,4}	5.7	5.6	6.1	5.8	6.1	5.3	5.5	5.6

Glutamic acid	80.3	80.8	81.4	79	91.1	76.9	86.8	82
Glycine	20	19.5	19	18.1	20.0	18.5	19.3	18.5
Proline	26.2	25.7	26.9	25.8	27.0	24.8	26.5	26.3
Serine	19	18.7	19.5	18.7	21.6	17.5	20.3	19.5
Tyrosine	14.9	15.2	15.7	15.3	16.3	13.8	15.2	15.3
Sum	220.6	219.8	223.7	215.9	240.7	207.9	228.2	222.0
Faeces								
Dry matter (%)	17.3	15.3	16.5	16.8	15.8	16.3	15.4	14.9

614 ¹Fish meal-based reference diet (FM) and diets with 20%, 40% and 60% fish meal protein replaced
615 with *Saccharomyces cerevisiae* (S20, S40, S60) or a 70:30 mix (biomass ratio) of *Wickerhamomyces*
616 *anomalus* and *S. cerevisiae* (W20, W40, W60), with an additional *S. cerevisiae* diet without
617 methionine supplementation (S60-Met).

618 ²NDF = Neutral detergent fibre.

619 ³Amount present after oxidation of cysteine and cystine to cysteic acid.

620 ⁴Conditionally indispensable (NRC, 2011).

621

622

623 Table 4. Growth performance, relative organ weight, nutrient retention and intestinal morphology of rainbow trout fed
624 experimental diets. SW = start weight, FW = final body weight, SGR = specific growth rate, WG = weight gain, FCR =
625 feed conversion ratio, DFR = daily feeding rations, RFI = relative feed intake, HSI = hepatosomatic index, VSI =
626 viscerosomatic index. Data presented are least square means \pm standard deviation.

	Diet ¹								P-value
	FM	S20	S40	S60	S60-Met	W20	W40	W60	
Growth performance ²									
SW (g)	147.6 \pm 1.2	145.3 \pm 3.9	146.6 \pm 1.2	142.7 \pm 4.7	140.2 \pm 2.7	142.4 \pm 2.9	148.0 \pm 1.2	144.6 \pm 2.9	0.52
FW (g)	355.0 \pm 13.7	345.5 \pm 4.3	343.7 \pm 21.9	322.5 \pm 0.2	315.8 \pm 21.0	340.4 \pm 17.0	332.0 \pm 13.0	288.6 \pm 21.0	0.06
SGR (% day ⁻¹)	1.2 ^a \pm 0.0	1.2 ^a \pm 0.1	1.2 ^{ab} \pm 0.1	1.2 ^{ab} \pm 0.1	1.2 ^{ab} \pm 0.1	1.2 ^a \pm 0.1	1.2 ^{ab} \pm 0.2	1.0 ^b \pm 0.1	0.04
WG (%)	139.9 \pm 7.4	137.9 \pm 15.1	133.9 \pm 21.1	126.6 \pm 10.9	124.8 \pm 9.6	139.3 \pm 7.9	124.8 \pm 33.6	99.5 \pm 4.4	0.06
FCR	0.92 \pm 0.1	0.91 \pm 0.0	1.0 \pm 0.2	0.94 \pm 0.1	0.97 \pm 0.1	0.89 \pm 0.0	0.94 \pm 0.1	0.97 \pm 0.1	0.64
DFR (% of BW)	1.7 ^a \pm 0.1	1.5 ^{ab} \pm 0.1	1.6 ^{ab} \pm 0.1	0.9 ^b \pm 0.1	1.2 ^{ab} \pm 0.1	1.5 ^{ab} \pm 0.1	1.2 ^{ab} \pm 0.1	1.4 ^{ab} \pm 0.4	<0.01
RFI (% of BW day ⁻¹)	1.1 ^{ab} \pm 0.0	1.1 ^{ab} \pm 0.0	1.2 ^a \pm 0.0	0.9 ^b \pm 0.0	1.0 ^{ab} \pm 0.0	1.1 ^{ab} \pm 0.0	1.0 ^{ab} \pm 0.0	0.9 ^b \pm 0.1	0.01
Relative body indices									
HSI (%)	1.71 ^{ab} \pm 0.08	1.68 ^{ab} \pm 0.02	1.43 ^{ab} \pm 0.02	1.42 ^{ab} \pm 0.10	1.59 ^{ab} \pm 0.07	1.76 ^a \pm 0.08	1.38 ^b \pm 0.06	1.55 ^{ab} \pm 0.10	0.01
VSI (%)	9.96 \pm 0.37	9.88 \pm 0.32	9.67 \pm 0.34	9.91 \pm 0.41	10.69 \pm 0.54	10.04 \pm 0.29	9.5 \pm 0.34	10.74 \pm 0.06	0.25
Nutrient retention (%)									
Protein (Nx6.25)	49.1 \pm 1.4	49.3 \pm 0.7	44.3 \pm 2.1	44.9 \pm 1.1	43.6 \pm 2.8	50.3 \pm 3.7	44.3 \pm 0.8	42.9 \pm 2.9	0.18
Crude lipids	88.3 \pm 4.8	86.7 \pm 1.9	78.4 \pm 4.1	77.14 \pm 2.0	82.6 \pm 0.8	87.4 \pm 8.4	79.1 \pm 3.2	82.0 \pm 1.1	0.56
Gross Energy	45.3 \pm 2.3	47.3 \pm 0.7	41.1 \pm 3.3	39.2 \pm 1.8	40.4 \pm 3.1	46.2 \pm 4.9	41.0 \pm 3.7	38.0 \pm 0.5	0.19
Phosphorus	44.2 \pm 3.8	46.6 \pm 5.0	39.6 \pm 2.4	52.7 \pm 2.6	39.5 \pm 3.9	36.8 \pm 2.2	44.3 \pm 1.0	42.2 \pm 5.2	0.06
Whole body composition ^a									

Protein (g kg ⁻¹)	169.1 ± 0.4	170.1 ± 0.7	169.9 ± 2.3	174.6 ± 3.4	170.3 ± 1.4	169.9 ± 0.9	169.8 ± 1.64	171.1 ± 1.9	0.43
Crude lipids (g kg ⁻¹)	116.1 ^a ± 2.3	115.4 ^a ± 2.9	115.8 ^a ± 3.1	98.4 ^b ± 2.3	103.9 ^{ab} ± 2.9	114.1 ^{ab} ± 4.8	104.0 ^{ab} ± 2.23	102.2 ^{ab} ± 5.6	0.04
Gross energy (MJ kg ⁻¹)	8.6 ± 0.1	8.7 ± 0.1	8.5 ± 0.3	8.0 ± 0.2	8.2 ± 0.1	8.5 ± 0.3	8.2 ± 0.32	8.1 ± 0.1	0.30
Ash (g kg ⁻¹)	24.5 ± 0.7	24.5 ± 0.5	23.6 ± 0.9	24.9 ± 0.2	23.8 ± 1.2	24.8 ± 0.3	23.3 ± 0.27	26.4 ± 0.6	0.06
Intestinal morphology ³									
Mucosal fold height (µm)	293 ± 11.5	270 ± 15.4	267 ± 19.0	303 ± 5.8	299 ± 25.1	289 ± 11.8	272 ± 16.3	300 ± 22.4	0.43
Mucosal fold width (µm)	10.37 ± 0.7 ^a	10.29 ± 0.6 ^a	11.54 ± 0.7 ^{ab}	15.67 ± 1.3 ^b	12.10 ± 1.5 ^{ab}	10.30 ± 0.9 ^a	9.60 ± 1.6 ^a	9.93 ± 1.1 ^a	0.01
Goblet cells mm ⁻¹	55 ± 5.4	53 ± 4.1	46 ± 2.4	41 ± 4.7	46 ± 4.1	38 ± 4.9	40 ± 4.6	40 ± 1.7	0.74

627 ¹Fish meal-based reference diet (FM) and diets with 20%, 40% and 60% fish meal protein replaced with

628 *Saccharomyces cerevisiae* (S20, S40, S60) or a 70:30 mix (biomass ratio) of *Wickerhamomyces anomalus* and *S.*

629 *cerevisiae* (W20, W40, W60), with an additional *S. cerevisiae* diet without methionine supplementation (S60-Met).

630 ²n= 3. Values within rows with different superscripts are significantly different (P<0.05).

631 ³n=8-12

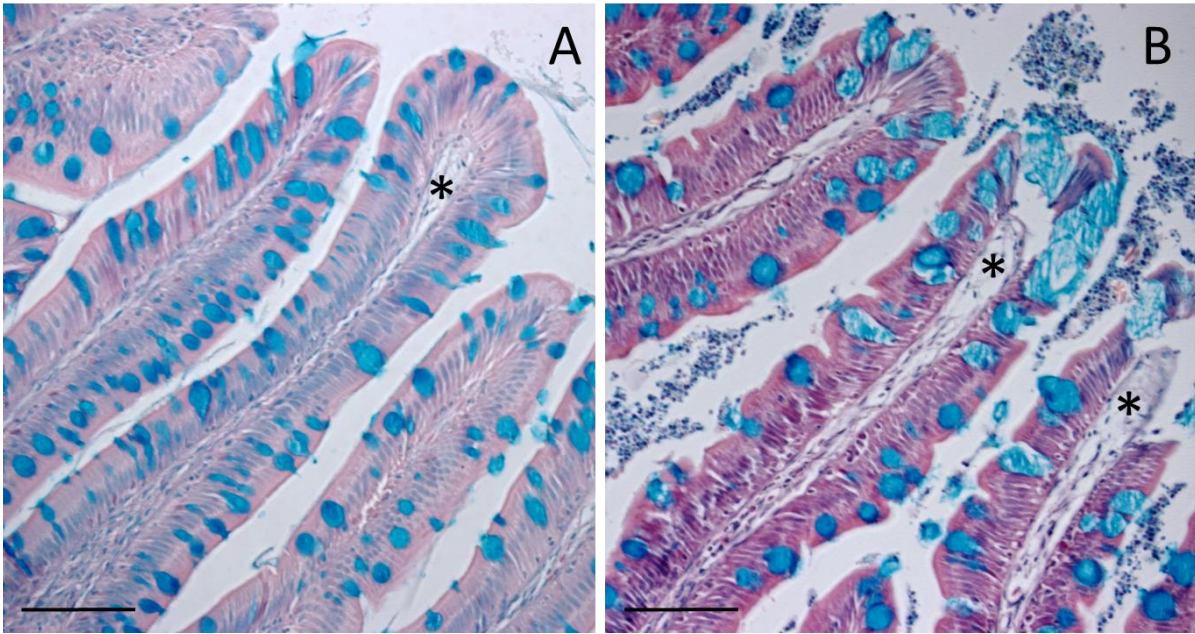
632 ^aWhole body composition of the fish sampled before the experiment (initial sample): 164.7 g kg⁻¹ crude protein, 65.8 g kg⁻¹

633 crude lipids, 7.98 MJ kg⁻¹ gross energy, 25.0 g kg⁻¹ ash

Table 5. Apparent digestibility coefficient (ADC; %) for dry matter (DM), crude protein (CP), phosphorus and indispensable amino acids (IAA) and the feed recovery (FR%) of the experimental diets for rainbow trout, n=3. Data presented are least square means \pm standard deviation.

	Diet ¹								P-value
	FM	S20	S40	S60	S60-Met	W20	W40	W60	
DM	74.94 \pm 0.22 ^a	73.44 \pm 0.49 ^{ab}	73.57 \pm 0.62 ^{ab}	72.75 \pm 0.45 ^{ab}	72.31 \pm 0.61 ^b	74.66 \pm 0.17 ^{ab}	72.47 \pm 0.36 ^{ab}	72.86 \pm 0.86 ^{ab}	0.04
CP	91.23 \pm 0.12 ^a	87.67 \pm 0.41 ^{bc}	86.77 \pm 0.82 ^{bc}	86.33 \pm 0.77 ^c	86.10 \pm 0.87 ^c	89.53 \pm 0.27 ^{ab}	88.13 ^{bc} \pm 0.17	86.97 \pm 0.60 ^{bc}	<.0001
Phosphorus	65.23 \pm 1.69 ^a	69.66 \pm 0.87 ^{ab}	67.43 \pm 2.52 ^{ab}	71.40 \pm 1.13 ^{ab}	70.83 \pm 2.63 ^{ab}	75.10 \pm 0.15 ^b	71.43 \pm 1.07 ^{ab}	68.73 \pm 2.34 ^{ab}	0.04
IAA									
Arginine	96.01 \pm 0.24 ^a	93.02 \pm 0.13 ^{bc}	91.64 \pm 0.78 ^{bc}	90.59 \pm 0.85 ^c	91.21 \pm 0.88 ^{cd}	94.02 \pm 0.12 ^{ab}	93.24 \pm 0.11 ^{bd}	91.96 \pm 0.16 ^b	<.0001
Histidine	93.83 \pm 0.22 ^a	89.73 \pm 0.22 ^{bc}	88.78 \pm 0.48 ^c	88.01 \pm 0.85 ^c	88.26 \pm 0.83 ^c	91.58 \pm 0.08 ^{ab}	90.21 \pm 0.30 ^{bc}	89.04 \pm 0.19 ^c	<.0001
Isoleucine	94.69 \pm 0.21 ^a	89.89 \pm 0.44 ^{bd}	87.61 \pm 1.00 ^{cd}	85.71 \pm 1.24 ^c	86.37 \pm 1.16 ^{cd}	91.60 \pm 0.25 ^{ab}	89.67 \pm 0.09 ^{bd}	87.04 \pm 0.14 ^{cd}	<.0001
Leucine	95.32 \pm 0.16 ^a	91.45 \pm 0.31 ^{bc}	89.41 \pm 0.87 ^{cd}	87.59 \pm 1.08 ^d	88.35 \pm 0.93 ^d	93.05 \pm 0.21 ^{ab}	91.58 \pm 0.13 ^{bc}	89.33 \pm 0.12 ^{cd}	<.0001
Lysine	94.47 \pm 0.19 ^a	89.80 \pm 0.36 ^{bc}	88.31 \pm 1.00 ^{bc}	86.83 \pm 1.26 ^c	87.27 \pm 1.21 ^c	91.75 \pm 0.19 ^{ab}	90.77 \pm 0.09 ^{bc}	88.30 \pm 0.18 ^{bc}	<.0001
Methionine	95.14 \pm 0.26 ^a	93.96 \pm 0.21 ^{ab}	92.99 \pm 0.55 ^{ab}	92.37 \pm 0.69 ^b	89.12 \pm 0.92	94.91 \pm 0.11 ^a	94.47 \pm 0.17 ^{ab}	93.44 \pm 0.07 ^{ab}	<.0001
Phenylalanine	95.81 \pm 0.28 ^a	92.63 \pm 0.29 ^{bcd}	91.02 \pm 0.73 ^b	89.88 \pm 0.91 ^d	90.24 \pm 1.04 ^{cd}	93.53 \pm 0.39 ^{ab}	93.28 \pm 0.63 ^{abc}	90.56 \pm 0.07 ^b	<.0001
Threonine	92.16 \pm 0.38 ^a	85.53 \pm 0.40 ^b	83.59 \pm 0.84 ^{bc}	79.99 \pm 1.10 ^d	81.27 \pm 1.30 ^{cd}	87.56 \pm 0.15 ^b	85.44 \pm 0.42 ^b	82.38 \pm 0.18 ^{bcd}	<.0001
Valine	94.55 \pm 0.22 ^a	89.66 \pm 0.38 ^b	87.51 \pm 0.95 ^{cd}	85.58 \pm 1.22 ^d	86.32 \pm 1.15 ^{cd}	91.27 \pm 0.23 ^{ab}	89.51 \pm 0.16 ^b	87.25 \pm 0.17 ^{cd}	<.0001
Sum of IAA	94.46 \pm 0.20 ^a	91.04 \pm 0.27 ^{bcd}	89.87 \pm 0.65 ^b	88.52 \pm 0.87 ^d	88.90 \pm 0.92 ^d	92.41 \pm 0.14 ^{ab}	91.57 \pm 0.15 ^{bc}	89.48 \pm 0.16 ^c	<.0001
FR (%) [*]	65.02 \pm 3.59 ^b	85.65 \pm 0.44 ^a	61.78 \pm 0.29 ^b	53.77 \pm 1.62 ^{bc}	51.42 \pm 2.82 ^{bc}	58.28 \pm 1.71 ^b	40.60 \pm 6.76 ^c	42.46 \pm 3.11 ^c	<.0001

¹Fish meal-based reference diet (FM) and diets with 20%, 40% and 60% fish meal protein replaced with *Saccharomyces cerevisiae* (S20, S40, S60) or a 70:30 mix (biomass ratio) of *Wickerhamomyces anomalus* and *S. cerevisiae* (W20, W40, W60), with an additional *S. cerevisiae* diet without methionine supplementation (S60-Met). * n=2



1

2

Fig 1.

3

Sections from proximal intestine stained with haematoxylin and eosin/alcian blue stain (pH 2.5).

4

Oedematous mucosal fold tips (*) were visible in the FM diet group (A), but the oedema was

5

enhanced in the S60 diet group (B). Scale bar represents 100 μ m.

6